

ATHLETICS PNG
55th NATIONAL OPEN & UNDER 18 CHAMPIONSHIPS
10 TO 12 JUNE 2016

update May 3

COMPETITION TIMETABLE *Draft*

DAY ONE - FRIDAY 10 JUNE 2016

TIME	EVENTS	DIVISION	SEX
12:00	TECHNICAL MEETING	Sir Ignatius Kilage Stadium	
14:45	800M Semi Final	U18	M Note 1
15:00	800M Semi Final	OPEN	M Note 1
15:15	400M Heats or Final	U14	Girls
15:30	400M Heats or Final	U14	Boys
15:45	400M Heats or Final	U16	Girls
16:00	400M Heats or Final	U16	Boys
16:15	400M Heats or Final	U18	W
16:30	400M Heats or Final	U18	M
16:45	10000M	OPEN	M
17:30	400M Heats (if necessary)	OPEN	W
17:45	400M Heats	OPEN	M
18:00	5000M	OPEN	W

Note 1 The 800m for Open Women and U18 Women
and for the U16's will be straight finals on Sunday
For U14 U16 and U18 400m finals will be run on
Friday if there are insufficient entries to run heats
400m Finals in the Open division will be on Saturday

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DAY TWO - SATURDAY 11 JUNE 2016

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07:00	10000m	Open	W
08:00	400M Hurdles Final	Open	W
08:20	400M Hurdles Heats	Open	M
08:45	1500M Final	OPEN	M
09:00	Triple Jump	OPEN	M
09:00	Shot Put	OPEN	M
09:00	Discus	U18	M
09:00	100M - Octathlon	OPEN	M
09:10	100M Semi Final	U 14	Boys
09:30	100M Semi Final	U14	Girls
09:45	100M Semi Final	U 16	Boys
10:00	100M Semi Final	U16	Girls
10:15	100M Semi Final	U 18	W
10:30	100M Semi Final	U18	M
10:45	100M Semi Final	OPEN	W
10:45	High Jump	Open/U18/U16	W
10:45	High Jump	Heptathlon	W
11:00	100M Semi Final	OPEN	M
11:00	Long Jump - Octathlon	OPEN	M
11:15	200m Semi Final	U14	Boys
11:30	200m Semi Final	U14	Girls
11:45	200m Semi Final	U16	Boys
12:00	200m Semi Final	U16	Girls
12:15	200m Semi Final	U18	M
12:30	200m Semi Final	U18	W
12:45	200m Semi Final	Open	W
12:45	200m	Heptathlon	W
13:00	200m Semi Final	Open	M
13:00	Medal Presentations	10000m	M/W
13:00	Medal Presentations	400m H	M/W
13:00	Medal Present 1500m /	Shot /TJ	OM
13:00	Medal Presentations	Discus	U18M
13:00	Medal Presentations	H Jump	Women
13:00	High Jump	Open	M
13:00	Triple Jump	Open/U18	W
13:00	Javelin	U18/U16	M
13:00	Shot Put - Octathlon	OPEN	M
13:30	Shot Put	Open/U18	W
13:30	Shot Put	Heptathlon	W
14:00	1500M Final	U18	W
14:15	1500M Final	U18	M
14:45	1500M Final	OPEN	W
15:00	100m Final	U14	Boys
15:05	100m Final	U14	Girls
15:15	100m Final	U16	Boys
15:20	100m Final	U16	Girls
15:30	100m Final	U18	W
15:35	100m Final	U18	M
15:40	100m Final	Open	W
15:45	100m Final	Open	M
16:00	Long Jump	U18/U16	M
16:00	Long Jump	Heptathlon	W
16:00	400M Final	U 14	Boys
16:05	400M Final	U14	Girls
16:10	400M Final	U 16	Boys
16:15	400M Final	U16	Girls
16:20	400M Final	U 18	W
16:25	400M Final	U18	M
16:30	400M Octathlon	Open	M
16:45	400M Final	OPEN	W
16:50	400M Final	OPEN	M
17:00	3000m Steeplechase Final	OPEN	M

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DAY THREE - SUNDAY 12 JUNE 2016

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Draft

10:00	110m Hurdles	Octathlon	M
10:00	110m Hurdles	U18/Open	M
10:30	100m Hurdles	U18/Open	W
10:30	100m Hurdles	Heptathlon	W
11:00	High Jump	U18/U16	M
11:00	Long Jump	Open/U18/U16	W
11:00	Javelin	Open	M
11:00	400m Hurdles Final	Open Men	M
11:15	3000m	U18	W
11:40	3000m	U18	M
12:00	High Jump	Octathlon	M
12:00	200M Finals	U14	Girls
12:05	200M Finals	U14	Boys
12:15	200M Finals	U16	Girls
12:25	200M Finals	U16	Boys
12:30	Discus	Open	M
12:30	Triple Jump	U18	M
12:35	200M Finals	U18	W
12:45	200M Finals	Open	W
12:50	200M Finals	Open	M
13:00	800m Finals	U16	Girls
13:05	800m Finals	U16	Boys
13:10	800m Finals	U18	W
13:15	800m Finals	U18	M
13:20	800m Finals	Open	W
13:20	800m Finals	Heptathlon	W
13:30	Javelin	U16	Girls
13:30	Javelin	Octathlon	M
13:30	800m Finals	Open	M
13:45	Long Jump	Open	M
13:45	Medal presentations	400m Open	M/W
	Medal presentations	100/110H	M/W
	Medal presentations U18	TJ/ LJ/HJ	Men
	Medal present 3000m SC/	Jav/Discus	Men
14:15	Shot Put	U18	M
14:15	Discus	U18/Open	W
14:10	4 x 100m Relay	U18	W
14:20	4 x 100m Relay	U18	M
14:30	Javelin	Open/U18	W
14:30	Javelin	Heptathlon	W
14:30	4 x 100m Relay	Open	W
14:40	4 x 100m Relay	Open	M
14:45	Medal Presentations	HJ/LJ	M
	Medal presentations	U18 3000m	M/W
	Medal Presentations	Discus	W
15:15	3000m Steeplechase	Open	W
15:40	5000m	Open	M
16:15	1000m	Octathlon	M
16:50	4 x 400m Relay	U18	W
17:00	4 x 400m Relay	U18	M
17:10	4 x 400m Relay	Open	W
17:20	4 x 400m Relay	Open	M
17:30	Medal presentations all remaining events		