



Hallam
Senior College
Sports Academy

Australian Rules Football Academy Girls' Program

The Hallam Senior College Sports Academy offers students a unique Australian Rules Football Development Program that provides specialisation in conditioning, training and playing whilst simultaneously providing career pathways connected to the Australian Rules Football Industry.

Aims

- ✓ Recognise high performance conditioning, skill training and playing as an integral educational tool and implement it as part of the student's study
- ✓ Develop advanced skills, knowledge and understanding of Australian Rules Football
- ✓ Allow students to participate in competency based learning that will contribute to their ENTER score
- ✓ Promote and enhance self discipline, goal setting, time management and leadership through team participation and team experiences
- ✓ To increase the employability skills of students connected to the Sport & Recreation industry.

The program is accessible to Year 10, 11 and Year 12 students from Hallam Senior College.

Weekly Program Includes

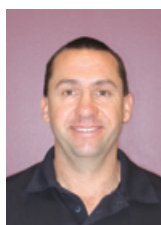
Rehabilitation, strength & conditioning and/or physiotherapy, skills practice and match play, community links & structured workplace learning.

Playing Opportunities

The 1st XVIII participate in the following competitions:

- ✓ VSSSA Knockout Competition
- ✓ Interstate Sporting Exchanges

Coach



Brett Alexander
Head Coach

- Bachelor of Education (Physical Education)
- AFL - NCAS Level 2
- 2009 Bonbeach FC Assistant Coach
- 2008 Sth Eastern U/18 Youth Girls Interleague Assistant Coach
- 06-08 Hallam U/18 Youth Girls Assistant Coach
- 2000 ROC Football Club Assistant Coach
- 95-99 Dandenong Stingrays Fitness Coach

Sports Academy Scholarships

The Hallam Senior College Sports Academy offers Sports Scholarships on a year by year basis to successful applicants. Sports scholarships cover all associated costs within the Sports Academy. For more information and application forms, please contact the College or visit: www.hallamssc.vic.edu.au

VSSSA

State Semi-finalists
2008, 2009

Victorian Representatives

Ellie Blackburn
Kristy Borg
Lauren Chalkley
Chantelle Hawkins
Alicia Heins
Ripley McLachlan
Chloe McMillian



Jessie's Pizza



Recreate Physiotherapy
448 Centre Rd
Berwick Victoria 3806
phone: 03 9702 6800



Hallam Senior College
Linking Learning and Life

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