



## **MACQUARIE UNIVERSITY AUSTRALIAN FOOTBALL CLUB**

### **RECRUITMENT PROPOSAL – SEASON 2010**

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#### **THE CLUB**

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Macquarie University AFC has been playing in the Sydney AFL since 1969 fielding a side across First Grade, Reserve Grade, Third Grade and in 2007 entered a side in the Under 18's whilst in 2009 fielded a women's side.

In 2009 First Grade won our 4th Premiership Flag by beating UTS in the Division 2 Grand Final and the club is still the only AFL club in Sydney to win Three First Grade Premierships in a row 1998, 1999 & 2000.

As part of the Elite sports program with Macquarie University we have strengthened our playing group along with coaches and support personnel to take the club to that next level where we can truly become a force within our respective divisions within the Sydney AFL competition.

Macquarie University itself has set its goals extremely high with a view to becoming one of the elite sports University's in Australia. MU now have many international, national and elite sports stars based at the facilities spread across the many acres of land and state of the art complexes that house world class equipment including a gym, indoor & outdoor pool, fitness rooms etc.

The club was formerly known as the Macquarie University Kookas until a few years ago when we aligned ourselves closer to the university by taking on the name Macquarie University Warriors.

In 2009 the Warriors had over 130 registered players fielding teams in Division 2, Division 3, Division 4, Under 18's Challenge Cup and the women's competition. 2010 will see first grade move up to the Division 1 competition with all other sides remaining in their current division.

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## THE PLAYERS AND STAFF

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### **2010 Senior Coach – Daniel Kenny**

- Previous Club Pennant Hills AFC
- Melbourne Demons Football Club NSW Development Coach 2006 -2008
- NSW/ACT Under 15 Talented Player Program Coach 2007

### **2010 Assistant coach – Dean Connors**

- Previous Club Pennant Hills AFC.
- Currently works Development Manager for NSW/ACT AFL in Sydney West
- Sydney AFL Winner of Division 2 B&F 2009 “Sanders Medal” & Sydney AFL Under 18 2003 “Kealey Medal”

### **2010 Assistant Coach – Scott Cations**

- Previous Club Old Scotch, VAFA
- Best on Ground Sydney AFL Division 2 Grand Final 2009
- MUAFC First Grade Best Finals Player 2009

### **2010 President – Lee Jefferies**

- 2008-2009 MUAFC Reserve Grade Coach
- MUAFC Club Person of the year 2007-2008
- Former Westbrook JAFCL Club President, Chairman Sydney North Juniors & Board Member AFL QLD

### **Current Playing Group**

- 110 senior players
- 6 Warriors listed as Swans Reserve Top Up players in 2009
- A number of young talented player program players from the Starz and Pigeons
- Large number of interstate players from Victoria , South Australia & Queensland
- 20% of the playing list are students at Macquarie University
- Playing list comprises 30% of players from the Hills District
- Majority of the Club Committee is made up from members of the playing group
- Pathway club for juniors
  - Westbrook Bulldogs AFC
  - Pennant Hills Demons AFC
  - Hornsby Eagles Juniors
  - North Ryde Dockers

As a club we continue to grow and attract players resulting in a steady increase in numbers with year on year our growth at over 15% for the last 3 years.

### **The Social Side of the Warriors**

Mac Uni has always been known as a club with a great social side off the field. With a major sponsor such as Epping Pub what else would you expect. "The Ping" is our off field home ground and regularly sees over 50 Warriors including partners having a drink & dinner after a home game. In 2009 we had a crowd over 500 at our JB Cup game v's Sydney Uni and over 150 at our presentation night at North Ryde RSL.

Families have always been an integral part of Mac Uni and it's no uncommon for kids to out number players in the change room before and after games. Face painting and jumping castles are provided for kids at certain home games whilst the WAGS enjoy a glass of Sav Blanc at the top of the hill.

### **Season 2010**

*"Out with the OLD and In with the NEW"*

Macquarie University will play in a newly designed strip for the first time changing from the traditional Green and Gold to Red, Black and White.

New jumper designs are being put together by various suppliers and once approved by committee and playing group the new designs will provide a great platform to launch our 2010 season.

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## THE FACILITIES

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### The Oval

Now a full weather playing field with great lighting for playing and training, the field is situated 13.5km's from the CBD and short road trip on the M2 motorway.

First Grade & Reserve Grade generally train on the main oval during the season with Third Grade, Under 18's and girls team training on the "Top Oval" or Northern Oval.

The main ground is full size and ready to play everyday with ground staff that go that extra mile to see it is ready for us each and every week. Opposition clubs love playing on Roger Sheerin as it has an amphitheatre feel with high surrounding banks that envelope the oval.



## **The Gym and Pools**

Situated the same distance from the CBD the gym and pools are back in the body of the university but only a short walk or drive from the playing fields.

There are numerous classes that our players enjoy and can be utilised by our playing group when they receive yearly memberships as part of our Club Fees.

Throughout season 2009 we held numerous sessions in the gym whether it was boxing classes or spin classes. Its quite common for the club to transfer training sessions to the gym when inclement weather makes the grounds to wet to train on.

The pools are one indoor and one outdoor, both heated with the indoor great for recovery and the depth is just over 1.3m so players can walk as well as swim. We hold aqua classes for our players on a regular time frame during the season to aid recovery after tough games or use as fitness when the grounds are rain affected.





# WHY PLAY ANYWHERE ELSE?

## Join the Warriors for Season 2010



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