

PENGUIN BASKETBALL ASSOCIATION

JUNIOR COMMISSION

Code of Conduct

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Code of Conduct – Overview

Junior Player Policy

Covers attendance, punctuality, behaviour, appearance and attitude towards their team, team mates, coaches and referees. Expectations of court time and training involvement.

Junior Player Expectations

Covers training times, training venues, damage to venues, advice of late arrival or inability to train. Training equipment and effects and scholastic assistance.

To the Coaches

Role model status, showing leadership and assertion of fair constructive praise / criticism. Dealing with unwarranted criticism and boundaries.

To the Parents and Supporters

Process of approaching a coach, fair and tolerated support of your team and the opponent. Support of your child /ren, the team and the Penguin Juniors. Communication channels for satisfactory outcomes.

Team Managers

Role requirements and outline, communication between coach and parents.

Volunteer Program

Assistance offered for those parents prepared to undertake specific duties for the full season.

Fees – Registrations

Breakdown of the payment and distribution of monies.

Skill Development

Requirement of all players wishing to play for the Penguin Juniors in NWBU Intertown roster.

Playing Uniforms

Requirements and voluntary assistance required.

PENGUIN BASKETBALL ASSOCIATION

JUNIOR COMMISSION

Code of Conduct

NAME

The name incorporated association shall be the **PENGUIN BASKETBALL ASSOCIATION – JUNIOR COMMISSION** (in this document called “Penguin Juniors”).

CLUB VALUES

We endeavour to enhance the long-term development of all players to their ultimate potential in their sporting, scholastic, vocational lives.

We deal with fellow club members with honesty and integrity.

While the good of the Penguin Juniors is paramount, we recognise the worth and the contributions of the individual.

CLUB OBJECTIVES

To maintain on-court success at all levels.

To maintain a professional and efficient administrative base to support Penguin club members.

To establish the Penguin Stadium as the physical, social and spiritual home of the Penguin Juniors.

Penguin Basketball Association – Junior Commission

PO Box 265
Penguin 7316
A.B.N. 55 316 371 071

JUNIOR PLAYER POLICY

1. Players are expected to conduct themselves in a manner worthy of the club at all times.
2. Players must wear the correct uniform to and at all games.
3. To play, a player must have paid registration by the due date.
4. Except for Under 10, Inter-town players have no guaranteed court time. In all other grades, players should receive approximately equal court time over the whole season, provided they abide by the rules set down for:
 - a. Attendance and punctuality
 - b. Behaviour and appearance
 - c. Attitude towards their team, team mates, coaches and referees
5. Once selected in a Penguin Under 14 team, players playing continuous seasons with Penguin will be guaranteed a position within a Penguin team.
6. Players not selected in a Penguin team may train with the team only with the consent of the Head Coach and the Coach Coordinator.

JUNIOR PLAYER EXPECTATIONS

1. You must arrive at the venue, at least 15 minutes before trainings and 30 minutes before games in the appropriate uniform to prepare.
2. At some training venues, particularly schools, it may not be appropriate to arrive more than 15 minutes before. Please seek advice from your coach for relevant arrival time.
3. You must treat training venues with utmost respect and leave them clean and tidy. Report any damage immediately to your coach / manager. Any damage that you cause either inadvertently or by misbehaviour will be billed to you, and may result in further disciplinary action if it is the result of misbehaviour.
4. If you cannot attend training (or will be late), you (not your parents) must inform the coach directly (not through someone else) BEFORE the session commences.
5. You must wear a reversible training singlet (if provided) or provide a light & dark T-shirt, water bottle and correct training money to each training.
6. Under 16 and Under 18 players are expected to maintain satisfactory scholastic results. It is not appropriate to miss a training to study unless you have an examination the next day. If you need help with time management, consult your coach or the coach co-ordinator.

JUNIOR PLAYER EXPECTATIONS Cont...

7. You must attend training and games unless you are receiving professional treatment. You should not attend training or games if you are sick.
8. You must inform the coach or manager of any injuries that may hinder or prevent you during training or games. This is especially important for rehabilitation of any injury.
9. Mobile phones are to be switched off or turned to silent whilst training so not to interrupt those present.
10. You must follow the instructions of the coach or manager at trainings. This is especially important for your own safety.
11. You will not argue or remonstrate with referees in any way during a game. You will be immediately substituted from the game if you do so. If you have a problem, tell your coach. The coach will then bring this to the attention of the referees.
12. You will support your team at all times, whether you are on the court or on the bench, both verbally and with correct body language.
13. You must complete cool down routines, debrief and complete any administrative tasks before leaving the training or game venue.

TO THE PLAYERS

Welcome to the Penguin Basketball Club. We hope that you will have a positive and worthwhile experience for the next 12 months and beyond.

Basketball is important, but keep a balance in your life. Be the best student you can be, be the best person you can be and be the best player you can be.

When playing or training, we want you to play hard, play smart and play fair. Respect your opponents by competing at all times. When it is easy, do not belittle them, when it is hard keep trying.

Play for Penguin first, your team second and lastly for yourself. You must be willing to make personal sacrifices for the good of your team and club. You should be proud to be a part of the Penguin Juniors, but no one is bigger than the club.

It is vital you communicate with others. If you have issues (or positives) work them out with your teammates. If you cannot resolve them, talk to your coach. If they still have not been resolved talk to the Coach Co-ordinator.

TO THE COACHES

Yours is the most important job in the club.

Be a positive role model for your players. Your players' actions will generally mirror the leadership you provide. The expectations for players are also the expectations for you (and more).

Be firm but fair when dealing with players. Player actions which are contrary to the interests of others, the team or the club must not be tolerated.

Use a variety of approaches with players. Balance criticism with praise where appropriate. Players must learn to deal with constructive criticism, and also learn not get carried away with success. Constructive criticism means dealing with criticising player behaviour not criticising the individual.

Enjoy the experience. It is most rewarding to be able to work closely with a committed group or player, parents and supporters. The club thanks you for the sacrifices you make.

TO THE PARENTS AND SUPPORTERS

We are privileged to be able to work with your son or daughter for the next 12 months and hopefully beyond.

We know and appreciate the enormous personal sacrifices you make, so that your son or daughter can be involved in a worthwhile pursuit. Our success would not be possible without your support.

Penguin has amongst the finest junior coaches on the North West Coast. The time, personal and financial sacrifices they make is balanced by the rewards of success, personal friendship and the opportunity to work with some of the finest young people.

Please be supportive of them. They have to make many decisions every day concerning the welfare of the club, the team and the individual players, and it is not easy. Effective communication is the key between yourself and the coaches.

If you have positive feedback please provide this at any time. If however you have issues that need to be resolved, please follow the appropriate process:

1. Wait a night and then talk to the coach. 95% of problems are resolved here. Coaches are instructed not to deal with negative feedback following a game.
2. If after talking to the coach, the issue has still not been resolved talk to the Coach Co-ordinator.

3. Finally, if there is still a problem contact the President who represents the Management Committee.

Please follow the above process. Coaches and club management will not deal with issues that have not followed proper procedure. This ensures that everyone communicates and deals with each other openly, honestly and with integrity (a core value of the Penguin Juniors).

During games or trainings, please support the whole team, not just your son or daughter individually. Coaching from the sidelines, no matter how little or great your knowledge is not appropriate. The coach is the sole source of technical feedback.

By all means, be passionate and vocal. Give encouragement to the Penguin team, and praise good play by our opponents. Refrain from negative feedback towards referees, without them we have no game.

Finally, the club and its management and coaches make many decisions daily for the benefit of the interests of the Penguin Juniors first and foremost. Most of the time, these have only positive consequences. Some of the time, they have short-term negative impact on individuals. Accept both of these equally, and educate your child on how to handle success as well as how to negotiate hurdles they encounter. Their ability to cope with both success and failure is the most important lesson we can teach them. It will prepare them to become great citizens, which is our ultimate goal and the mission of the Penguin Juniors.

TEAM MANAGERS

Each team requires a team manager, whose role is to liaise with the team, coach, parents and management. The team manager's role is to provide direct administrative support to the team and to ensure that the club's expectations for the team are followed.

Team Managers must attend monthly meetings to distribute information to the team. They must check the website weekly for other information.

Team Managers must also organise parents to fulfill bench duties and ensure players drinks and belongings are safe during the game.

VOLUNTEER PROGRAM

The club is dependent on the support of volunteers to carry out most of the work it does. A rebate is available at the end of the season to persons who undertake regular approved volunteer work for the Penguin Juniors.

There are a number of jobs in the club that qualify for the volunteer rebate. Please contact the Secretary for more information.

FEES - REGISTRATIONS

The club is financially dependent on registrations for income. The annual registration fees are broken down in the following way:

<u>Junior Jammers</u>	Basketball Tasmania	-	\$19.50
	NWBU	-	\$6.00
	Penguin Juniors	-	\$14.50
	Training Levy	-	\$10.00
	TOTAL	-	\$50.00

<u>Under 10's</u>	Basketball Tasmania	-	\$19.50
	NWBU	-	\$6.00
	Penguin Juniors	-	\$14.50
	Uniform Levy	-	\$5.00
	Per Roster Levy	-	\$20.00
	TOTAL	-	\$65.00

Under 12's

Basketball Tasmania	-	\$34.00
NWBU	-	\$6.00
Penguin Juniors	-	\$15.00
Uniform Levy	-	\$5.00
Training Levy (Inter-town)	-	\$25.00
Per Roster Levy	-	\$20.00
TOTAL	-	\$105.00

Under 14's

Basketball Tasmania	-	\$34.00
NWBU	-	\$6.00
Penguin Juniors	-	\$15.00
Uniform Levy	-	\$5.00
Training Levy (Inter-town)	-	\$45.00
Per Roster Levy	-	\$20.00
TOTAL	-	\$125.00

<u>Under 16's</u>	Basketball Tasmania	-	\$34.00
<u>& Under 18 Girls</u>	NWBU	-	\$6.00
	Penguin Juniors	-	\$15.00
	Uniform Levy	-	\$5.00
	Training Levy (Inter-town)	-	\$45.00
	Per Roster Levy	-	\$20.00
	TOTAL	-	\$125.00

<u>Under 18 Boys</u>	Basketball Tasmania	-	\$34.00
	NWBU	-	\$6.00
	Penguin Juniors	-	\$15.00
	Uniform Levy	-	\$5.00
	TOTAL	-	\$60.00

If you want to reduce the amount of fees payable, you might consider taking on one of the regular tasks around the club which qualifies for a fee rebate. Contact the Secretary for more details.

Registrations are payable at the beginning of each season. Players who have failed to meet payments after the advised due date will not be permitted to play.

Registration fees must be paid by the 3rd week or players will not be allowed to take the court.

Installment payments will be accepted by liaising with the Penguin Juniors Treasurer. Minimum \$40.00 must be paid by 3rd week to cover Basketball Tasmania and NWBU payments.

SKILL DEVELOPMENT

The physical requirements of basketball continue to increase every year. In order to help our players cope with the physical demands of elite level basketball, the club has provided Personal Skill Development training.

Under 14 to Under 18 Inter-town players must undertake regular Skill Development training as part of the training program. Other players are encouraged to be involved also, however it is not compulsory.

All players undertake regular sessions in running technique, agility and flexibility.

PLAYING UNIFORMS

All junior players are required to wear the correct uniform at all games. Playing shorts, numbered singlet and warm up top are compulsory. Playing tops are not to be taken home and remain the property of the Penguin Juniors. Other optional Penguin merchandise is available by contacting the Treasurer.

Local roster uniforms are provided by the Penguin Juniors whilst the upkeep is subsidised by registration fees. Playing tops are not to be taken home and remain the property of the Penguin Juniors. Volunteers are expected to assist with washing and returning the tops each week.