



NORTHERN ELITE ACADEMY TRAINING

To advance your playing ability, you have to put in extra work away from your games that you play and the associated training sessions. To develop an edge, it is imperative the extra work you do is of an excellent quality. The N.E.A.T. Program will identify aspects to your game that requires improvement and put a plan in place to assist your development.

Venue – Diamond Valley Fitness & Leisure Center

- U/12s to U/16's – Tues Morn @ **6.30am – 7.30am**

Coach – Alan McAughtry

- Australian Assist Coach 2009 – 2013 (U/17 & U/19 Men)
- VIC METRO & NPP Coach 2001 - Current
- FIBA Accredited Coach 2009 – Current
- 2015 U20 Victorian Women's Head Coach
- Diamond Valley SCM Big V Head Coach

Program Includes

- 18 sessions of skill development – Footwork, Dribbling, Passing & Shooting
- Agility development
- Individual feedback throughout and at the completion of the 18 sessions
- Suited to Rep Level Players

Cost - \$270 + GST per person (\$297 total)

Payment can be made in full or by a weekly installment of \$16.50 by direct debit.

Call the DVBA office for more information on 9432 4720

Northern Elite Academy Training singlet can be purchased for \$45 (Recommended for new athletes to this program to purchase)

The Program will start Tuesday 6th October 2015 until 15th December 2015 and return Tuesday 2nd February to finish 22nd March 2016.

We will break for Melbourne Cup Weekend and December/January school holiday period.

Places are limited. To register, please complete the Athlete Information Form and return to the Diamond Valley Basketball Office including payment.