

The Parent Test



To gain entry into the world of your children's sport, this test must be completed every week, after every game.

Pass rate of 100% required.

Fail the Parent Test and you lose!

I love my child.....	Yes
My child has respect for me through my actions at his / her game.....	Yes
I cheered, I clapped, I acknowledged my child's good effort and the efforts of team mates.....	Yes
I applauded the good efforts of the opposition.....	Yes
I only looked for reasons for results and not excuses.....	Yes
I acknowledged that not all umpire / referee decisions were necessarily correct - but I outwardly accepted the game rulings.....	Yes
I supported my child, but I didn't interfere with his / her game.....	Yes
I acknowledged and encouraged the importance of fair play.....	Yes
I might be disappointed, but I know my child will learn from any loss.....	Yes
I enjoyed the company of other parents.....	Yes
I acknowledge that children have different skill levels.....	Yes
I know what my child likes about sport.....	Yes
I always want my child to play the right way.....	Yes
I want my child to be happy.....	Yes



I acknowledge that good fun is more important than a good win.	Yes
I have encouraged my child to play for the fun of the game.	Yes
I found at least one reason to be happy at my child's game - and I smiled.	Yes
My child respected opponents.	Yes
I encouraged my child to be relaxed at the game.	Yes
My child still has self-respect.	Yes
I have acted in a way my child wants me to act.	Yes
I acknowledge that it is not what I say, but what I do, that impacts on my child.	Yes
I let my child compete today without pressure.	Yes
I did not bribe or apply emotional pressure on my child.	Yes
I gave my child the opportunity to learn from competition, without robbing him / her of the true understanding of winning and losing.	Yes
I want my child to still enjoy sport when he / she is an adult.	Yes
Should I slip in any way I will endeavour to fix my faults immediately, because I love my child.	Yes

This is an important test because your children need you to pass it every time. It's up to all of us to create the right climate for their game.

If you've been able to answer yes to every question in the Parent Test you're welcome back next week.

*If you're struggling with any part of the Parent Test, it's up to you to do some homework and get it right.
It's not hard – we can all do it.*