



## ROSS FAULKNER COACH OF THE MONTH – JULY 2015

### Ross Sutherland (North Footscray Football Club)

The Ross Faulkner AFCA Western Region “Coach of the Month” for **July 2015** is **Ross Sutherland** from the **North Footscray Football Club**. This award recognises some of the great work being done by coaches in the western region community and reinforces the importance of good coaching in local football, schools and Auskick.

*“Ross has been involved in junior football for six years this is his first year as head coach. He has bought three groups of players and families together. The team looks like playing finals which is a great achievement..”*

*Respects the playing group by treating them as young adults. Ross will not tolerate unfair play removes his own players from the ground if they are unduly rough. Acknowledges good performances in the opposition teams. Look for games to be played in good spirit.*

*Ross prepares a written training plan for each training session which covers fitness, skills and match simulation. Drills are clearly explained and demonstrated. The purpose of the drill is also clearly explained to give context for match day outcomes”*

Ross receives a Coaching resource pack courtesy of AFCA Western Region for being the monthly winner. Paul’s nominating North Footscray Football Club, will also receive a \$100 voucher to use for Ross Faulkner Sporting Goods. For all sporting needs and resources please visit [www.rossfaulkner.com](http://www.rossfaulkner.com)

