

Mental Health Information Night

Promoting Good Mental Health in our Community

Supported by the Gippsland Mental Health Alliance

Can you recognise the signs that someone is struggling to cope?
Do you know the ways to promote good mental health?
What mental health issues are affecting our community?
Where do you refer someone for help and treatment?
How can you access education to be more informed?

A panel of experienced Mental Health and drug service providers from Latrobe Regional Hospital, Latrobe Community Health Service, MI Fellowship and Lifeline welcome you to this free information session to promote awareness of mental health issues in the Gippsland community and identify ways we can all help someone on their road to recovery.

Date: Thursday 13th August, 2015

Venue: Buln Buln Football and Netball Club, Station Street, Buln Buln

Time: 7.45 pm

