

LAMEROO SPORTS CLUB INC



LAMEROO
SPORTS CLUB

CLUB OPERATIONS MANUAL & GUIDELINES

Version 3 – September 2024

Lameroo Netball Club
Lameroo Football Club
Lameroo Tennis Club
Lameroo Cricket Club

with facilities utilised by “major users” referred to throughout

SOUTHERN MALLEE SUNS



LAMEROO BASKETBALL CLUB



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1.0 **Introduction & Welcome to Lameroo Sports Club Incorporated**

The Lameroo Sports Club Inc. governs the Lameroo Football, Netball, Lawn Tennis and Cricket Clubs. These four Clubs are managed by the Sports Clubs' Constitution and each Club has its own By-Laws. The Lameroo Sports Club requires this Club Operations Manual and Guidelines to be utilised by members of all four sporting Clubs.

This also applies to major users of the facility:

THE SOUTHERN MALLEE SUNS & THE LAMEROO BASKETBALL CLUB.

Please note that this information can also be found on the Lameroo Sports Club Inc

https://websites.mygameday.app/club_info.cgi?c=0-7567-94165-253234-0&SID=355668

If you are a new member then welcome and thank you for your support. If you are a returning member, welcome back!

Please read through the enclosed Club policies and guidelines to familiarise yourself on how we operate and behave as a whole Club. The procedures and information contained within have been designed to assist the Committee/s in operating the Club, as a whole, with the continuity and spirit in which the Club was founded.

The last few years have seen great changes at the Lameroo Sports Club. While we still hold the 4 main sporting bodies, The Lameroo Football Club, The Lameroo Netball Club and the Lameroo Cricket and Tennis Clubs, we have shifted focus with the end of the Mallee Football and Netball Association.

Our Football and Netball Clubs (while still operating a 'house end' for hosting matches and trainings, has now joined with Pinnaroo to form the new club of the Southern Mallee Suns (which is part of the River Murray Association). Our role as the Lameroo Sports Club to continue to support football and netball in our community and the continued participation in sports through providing the best facilities possible to cater for a huge increase in playing teams and spectator crowds as part of this larger community of sport.

Our role is also to continue to pride ourselves on offering sporting experiences at grassroots level, (ranging from cricket and tennis coaching, basketball to Fast 5 Fitness sessions) engaging as much of the community for health and wellbeing outcomes as possible.

We pride ourselves on being a family Club. Being a member of the Club isn't just for the players, it's also for the families and friends of the players. Part of the enjoyment felt by the players is seeing their parents, grandparents, past players and friends taking an active role in their sport.

We are a Club administered and run by volunteers so it is vital that everyone participates to spread the load evenly across all members, whether by helping on game day, at training or at fundraising events. Without these contributions, we would not be able to function as a Club.

We have created a Code of Conduct for each group of people participating within the Club and it is vital that all understand and comply with these policies. Whether coaching, volunteering or supporting, everyone connected to the Club represents the Lameroo Sports Club Inc, and their behaviour reflects our values. Please familiarise yourself with these procedures and other information and bear them in mind when supporting to make the experience fun for all the players and officials.

Once again, thank you for being involved in our great Club as we strive to ensure every member enjoys the sports we offer.

Lameroo Sports Club Inc
Executive Committee

1.1 Statement of Purpose and Values

The Lameroo Sports Club Inc aims to provide an opportunity for players to participate in their chosen sport and enhance their health and wellbeing through this organised sport. The Club will, at all times, endeavour to provide for the health, welfare and well-being of its players, supporters and spectators. This aim will be achieved by promoting and developing the following values and objectives:

A sense of social and Club values

- An environment to nurture the physical and mental development of our members;
- Respect for officials, opposition players and supporters;
- The virtues of fair and disciplined play;
- Equal opportunities for everyone;
- A responsible environment in relation to alcohol.

They will be realized by providing as far as reasonable

- Competent coaches and assistants;
- Adequate facilities, amenities and equipment;
- Supervised social functions encouraging family participation;
- Regular communication and consultation with players and parents;
- Active leadership and management of the Club.

All players, coaches, officials, parents, supporters and Committee members have a responsibility at all times, when representing any of the four Lameroo Sports Club Inc sporting Clubs, to conduct themselves in an appropriate manner consistent with these values and Codes of Conduct.

2.0 Club Code of Conduct

The Lameroo Sports Club Inc endeavours to teach and support our players not only on the fields or courts but also in their daily lives. To do this we need to be committed to modelling the types of behaviour and qualities we espouse.

Players, spectators and officials should ensure that both on and off field behaviour is consistent with the principles of good sportsmanship. Therefore:

- Swearing or abuse by club officials, players or spectators is not permissible at any time.
- Disputing umpire's decisions or behaving in an aggressive manner toward them is unacceptable. If there is a genuine concern, there are appropriate channels of communication in place, speak to your team manager, coach or captain to address any concerns.
- Aggressive behaviour and abuse toward opposition players, coaches, club officials or spectators is unacceptable.
- Consumption of alcohol is strongly discouraged while under age sport is being conducted.

Please note that Codes of Conduct may also be outlined in any of the individual Clubs' Member Protection Policy, and are to be used in conjunction with these guidelines.

2.1 **Administrators Code of Conduct**

The Administrators Code of Conduct is a positive document for all Club Administrators. It affirms their responsibility for the correct and appropriate management of the Club and its coaches, team managers, officials, players and supporters. Administrators are responsible for reinforcing the concepts of responsibility, trust, competence, respect, safety, honesty, fairness, professionalism, equity and sportsmanship within the Club to promote a positive image within the Association.

Integrity

- Ensure you are aware of your obligations to provide a child safe environment. This includes risk management, child safe policy, appropriate screening of staff/volunteers and mandatory notification obligations of certain people in the organisation. Training for this can be completed at www.playbytherules.net.au.
- Ensure your Club is accessible for all to participate.
- Create pathways for people, particularly new and young people, to participate in our Club - give them "a say" on decisions that affect them, provide leadership opportunities and most importantly listen to them.
- Ensure that the types of programs, rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of all players.
- Ensure quality supervision and instruction for all players.
- Ensure volunteers are adequately trained.
- Direct coaches and officials to highlight appropriate behaviour and skill development.
- Ensure that everyone emphasises fair play, not winning at all costs.
- Remember, you set an example - your behaviour and comments should be positive and supportive.
- Implement policy and practices, and lead by example, in relation to responsible use of alcohol and in relation to recreational and performance enhancing drugs.
- Adopt and implement relevant sport safety policies and practices.

Respect

- Promote a culturally tolerant environment.
- Respect the rights, dignity and worth of all participants - regardless of their gender, ability, cultural background or religion.

2.2 **Coaches Code of Conduct**

The Coach's Code of Conduct is a positive document for all coaches. It affirms a coach's support for the concepts of responsibility, trust, competence, respect, safety, honesty, professionalism, equity and sportsmanship.

Safety and Health of Participants

- Place the safety and welfare of the participants above all else.
- Be aware of and support the sport's injury management plans and return to play guidelines.

- Be aware of Sports Club policies, including the Safeguarding Children and Young People policy and uphold the principals and expectations outlined at all times.

Coaching excellence

- Help each person (athlete, official, etc) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each participant as an individual.
- Obtain appropriate qualifications and keep up-to-date with the latest coaching practices and the principles of growth and development of participants.

Honour the sport

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Respect the decisions of officials and administrators.
- Show respect and courtesy to all involved with the sport.
- Display responsible behaviour in relation to alcohol and other drugs.

Integrity

- Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Ensure you are aware of our Club's policy. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18. Ensure you are aware of your mandated responsibility to report suspicion of harm and risk of harm.
- Ensure all coaches, team managers and trainers working with children under the age of 18, must have a Working with Children Check (applies to volunteers aged over 14) as per the Lameroo Sports Club's Safeguarding Children and Young People Policy.
- Ensure that any physical contact with another person is appropriate to the situation and necessary for the person's skill development.
- Be honest and do not allow your qualifications or coaching experience to be misrepresented.
- Never advocate or condone the use of illicit drugs or other banned performance enhancing substances or methods.
- Never participate in or advocate practices that involve match fixing.

Respect

- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Do not tolerate abusive, bullying or threatening behaviour.

Further information on Coaching Courses, ChildSafe Courses

- Please refer to the Office for Recreation and Sport (ORS) Website for details about courses, such as the “Essentials for Coaching Children” course: <http://forms.bizgate.sa.gov.au/recsport/courses/coursedescriptions.html>
- Complete online ChildSafe training on www.playbytherules.net.au.
- Our Club promotes the Play by the Rules objectives. Refer to www.playbytherules.net.au to read their documentation on a variety of issues such as discrimination, ChildSafe requirements, managing risks, etc.

2.3 Players Code of Conduct

The Players Code of Conduct is a positive document for all players. It affirms a player’s support for the concepts of responsibility, trust, competence, respect, safety, honesty, professionalism, equity and sportsmanship.

Honour the sport

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Respect the decisions of officials, coaches and administrators.
- Show respect and courtesy to all involved with the sport.
- Display responsible behaviour in relation to alcohol and other drugs.
- Never argue with an official - if you need clarification, have your captain, coach or manager approach the official during a break or after the competition.
- Work equally hard for yourself and your team - your team’s performance will benefit and so will you.
- Be a good sport - applaud all good plays whether they are made by your team or the opposition.

Integrity

- Show respect to and acknowledge opponents and officials (eg shake hands before and after the game and say things like ‘good luck’, ‘thanks for the game’, ‘thanks umpire’, ‘three cheers for ...’).
- Cooperate with your coach, team mates and opponents - without them there would be no competition.
- Participate for your own enjoyment and benefit - not just to please parents, coaches or other people.

Respect

- Play fair — no verbal abuse of officials, sledging other players (including vilification) or deliberately distracting or provoking an opponent.
- Respect the rights, dignity and worth of all participants - regardless of their gender, ability, cultural background or religion.
- Do not expect or accept “special” favours from a coach or person involved in team or Club management.
- Speak to an adult or someone you trust if you have an issue, feel unsafe or are concerned about someone else.

Further information on sporting behaviours, online training, complaints, etc

- Our Club promotes the Play by the Rules objectives. Refer to www.playbytherules.net.au to read their documentation on a variety of issues such as discrimination, ChildSafe requirements, managing risks, etc.

2.4 Team Managers and Trainers Code of Conduct

The Team Managers and Trainers Code of Conduct is a positive document for all Team Managers and Trainers. It affirms their support for the Coach and the team and promotes responsibility, trust, competence, respect, safety, honesty, professionalism, equity, good health and well-being and sportsmanship within the team.

Integrity

- Ensure that rules, equipment, length of games and training schedules take into consideration the age, ability and maturity level of participating persons.
- Ensure that parents, coaches, sponsors, trainers and participants understand their responsibilities regarding fair play.
- Remember that the players participate for enjoyment and play down the importance of rewards.
- Condemn unsportsmanlike behaviour and promote respect for all opponents.
- Publicly encourage rule changes which will reinforce the principles of good sporting behaviour. Make a personal commitment to keep yourself informed of sound officiating principles and the principles of growth and development of the players.
- Ensure promotion, well-being and safety of umpires and encourage good sportsmanship before, during and after matches.
- Ensure the good health and well-being of all players within the team, and encourage the correct health, safety and First Aid procedures are followed as required.
- Ensure positive player/umpire relationships are continually developed.
- Ensure you are aware of our Club's Safeguarding Children and Young People policy. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18. Ensure you are aware of your mandated responsibility to report suspicion of child abuse and neglect.
- Ensure all coaches, team managers and trainers working with children under the age of 14, must have a satisfactory Working with Children Check.

Respect

- Ensure that equal opportunities for participation in sports are made available to all players, regardless of ability, size, shape, sex, age, disability or ethnic origin.

Further information on sporting behaviours, online training, complaints, etc

- Our Club promotes the Play by the Rules objectives. Refer to www.playbytherules.net.au to read their documentation on a variety of issues such as discrimination, Safeguarding Children and Young People requirements, managing risks, etc.

2.5 Members, Spectators and Parent/Guardians Code of Conduct

The Members, Spectator and Parent/Guardians Code of Conduct is a positive document for all spectators and families of players. It affirms their support for their Club and/or child and other players. It aims to instil the concepts of responsibility, trust, competence, respect, safety, honesty, professionalism, equity and sportsmanship to promote a good Club image within the Association.

Integrity

- Remember that the players participate in sport for their own enjoyment - not yours.
- Encourage all players to play according to the rules - settle disagreements quickly and via the correct process without resorting to hostility or violence.
- Ensure you are aware and follow the correct processes to follow if you have an issue or complaint – do not perpetuate issues with gossip or general criticism. If you disagree with a coach or official, raise the issue through the appropriate channel rather than question the coach or official's judgement and honesty in public. Refer concerns about officials through the Team Manager, Coach or Captain.
- Never ridicule or yell at a player for making a mistake or not winning.
- Show appreciation for coaches, officials and administrators - remember they are usually volunteers.
- Applaud good performance and efforts from all individuals and teams. Remember that people learn best from example.
- Congratulate all participants regardless of the game's outcome.
- Support all efforts to remove verbal and physical abuse and vilification from sporting activities regardless of whether it is by spectators, coaches, officials or players.
- Support all policies and practices of the Club. This includes responsible alcohol and drug use and support of Safeguarding Children and Young People strategies.
- Support involvement in modified rules games and other junior and senior development programs.

Respect

- Respect officials' decisions - encourage players to do likewise.
- Respect the rights, dignity and worth of every person, regardless of their gender, ability, cultural background, sexuality or religion.
- Recognise the value and importance of volunteer coaches. They give of their time and resources to provide recreational activities for the players and deserve your support.
- Always remember 2 points:
 - Sportsmanship.
 - Make it enjoyable for everyone.

Further information on sporting behaviours, online training, complaints, etc

- Our Club promotes the Play by the Rules objectives. Refer to www.playbytherules.net.au to read their documentation on a variety of issues such as discrimination, Safeguarding Children and Young People requirements, managing risks, etc.

2.6 Officials Code of Conduct

The Officials Code of Conduct is a positive document for all Club Officials. It affirms their support for the officiating of matches within the rules of the game. This document reinforces the concepts of responsibility, trust, competence, respect, safety, honesty, fairness, professionalism, equity and sportsmanship to promote a positive image within the Association.

Integrity

- Apply rules and regulations to match the skill levels and needs of all players and to make participation more fun.
- Keep up to date with the latest trends in officiating and the principles of growth and development for players within the sport.
- Compliment and encourage all participants - you are a role model and a source of a players confidence-building.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Place the safety and welfare of the participants above all else.
- Ensure that equipment and facilities meet safety standards and that they are appropriate to the age and ability of all players.
- Be familiar with relevant policies and procedures relating to a ChildSafe environment.
- Ensure you are aware of your mandated responsibility to report suspicion of child harm and risk of harm - complete the online training on www.playbytherules.net.au.

Respect

- Promote a culturally appropriate environment.
- Respect the rights, dignity and worth of all participants, regardless of their gender, ability, cultural background or religion.

Further information on sporting behaviours, online training, etc

- Our Club promotes the Play by the Rules objectives. Refer to www.playbytherules.net.au to read their documentation on a variety of issues such as discrimination, acceptable behaviours, ChildSafe requirements, managing risks, etc

2.7 Breaches of the Codes of Conduct

The Lameroo Sports Club Inc views breaches of the Codes of Conduct seriously and will take action where a breach occurs.

Please refer to the Lameroo Sport's Club's "Grievance Policy and Procedure" outlined in "Club Operations Manual and Guidelines".

3.0 Sports Club Policies and Procedures

One of the critical components of our game is the passion that people show for the team & Club that they support. Whilst this passion is usually harnessed and used to support our game, it sometimes can boil over to create negative situations. We must all work together in the attempt to eliminate this negative passion.

At the very core of our Club is the maintenance of equity of opportunity to play sport. This has a profound impact on the self-esteem of the players, the development of their skills, fitness and understanding of the game. To this end the following compulsory Sports Club policies must be adopted by the individual sporting clubs.

The current policies of the Lameroo Sports Club include:

INCLUSION POLICIES

- Diversity, Equality and Inclusion Policy
- Equal Opportunity and Inclusion Policy
- Bullying and Harassment Policy
- Volunteer Management Policy
- Disability Discrimination Policy
- Refund, Fee Waiver and Hardship Policy

MANAGEMENT POLICIES

- Risk Management Policy
- Safeguarding Children and Young People Policy
- Work Health & Safety Policy and Procedures
- Communication Policy
- Social Media Policy
- Privacy Policy
- Alcohol Management Policy
- Drugs Policy
- Smoking Management Policy
- Black Arm Band Policy
- Grievance Policy and Procedure

Details of some of these policies can be found throughout this document, or can be accessed via the Lameroo Sports Club Inc website

https://websites.mygameday.app/club_info.cgi?c=0-7567-94165-253234-0&sID=355668

It is also acknowledged by the Lameroo Sports Club Inc that there are specific League and/or Association Policies that the individual Clubs' need to abide by. Each individual Club should be aware of these policies and procedures and how they affect them.

These policies are intended to work in conjunction with any League and/or Association Policies, by the individual Clubs, as applicable.

In addition to the above named policies, the Lameroo Sports Club also hold protective insurances, such as Public Liability, Property Cover and Directors Liability Insurance.

3.1 Grievance Procedure

At times, people may have issues that concern them and/or their child or another player or Club Official. The Sports Club requires that all issues are resolved to the satisfaction of all parties in a timely fashion.

All members have a responsibility to participate in reasonable actions to resolve issues. In the event of a grievance being raised by someone please refer to the Grievance Policy and Procedure which includes a flow chart actions to be taken.

Please refer to the Lameroo Sport's Club's Grievance Policy and Procedure outlined in "Club Policy & Procedure Manual".

3.2 Diversity, Equality & Inclusion

The individual Clubs endorse and support the Lameroo Sports Club Inc Policy for Equal Opportunity and Tolerance. In summary of this Policy, the Club is committed to an environment which promotes tolerance by prohibiting certain conduct. An outline of what is considered to be vilification and/or discrimination is contained below.

- No player, spectator or team official shall behave in a way that humiliates, intimidates, ridicules, incites, threatens, vilifies or insults another person because of that person's race, gender, marital/parental status, physical or intellectual impairment, sexuality, age or political affiliation or beliefs.
- To vilify someone is to speak ill of them.
- The behaviour may be in the form of name-calling, general abusive language or talking about someone behind their back.

For further information, the Lameroo Sports Club Diversity, Equality and Inclusion Policies can be found in the "Club Policy & Procedure Manual".

3.3 Duty of Care

- Coaches are responsible for the supervision all players within their team/side.
- Coaches are not responsible for the supervision of any siblings of players at training that are not involved in that team.
- Coaches have the right to cancel training or matches due to weather conditions – refer to individual Club heat and wet weather guidelines as per Association or State Body guidelines (whichever is relevant for your Club).
- It is the Coaches responsibility to be present at every training session. Where this is not possible, another Coach or Team Manager may step in. No training session may take place unless a suitable replacement is sourced with the appropriate certifications, ie WWCC, where possible.
- If an injury occurs during a training session or match, the Coach, Team Manager or designated Club Official has a duty of care to remain with the player until a parent or appropriate adult can be contacted and arrange for collection of the injured player.

3.4 Medical Information

- Coaches are to ensure that all medical forms are completed by every player at the start of the season and kept in the medical wallet in Coaches kit at all times. It is your responsibility as the coach to become familiar with any medical needs for the players in your team.
- Coaches, Assistant Coaches, Junior Coaches are required to fill out a medical form and this is contained in the medical wallet in Coaches kit for the team that

they are appointed to. For senior teams that do not have a coach, the form will stay with the Club's Secretary.

- Any medical information needs to be forward onto the Club Secretary to ensure that our data base is updated annually. If a player has "anaphylaxis" or "Asthma", a management plan needs to be contained in the medical wallet in the coach's kit which needs to be provided by the parent of the player.
- On Match days and at most trainings, there is usually a First Aid officer at the local oval. A list of current First Aid holders for our Club includes, but is not limited to those listed in Appendix A at the end of this document.
- In the event of an injury, players to report to the First Aid room to receive appropriate care. The incident will be recorded also for the purpose if an insurance claim needs to be lodged for any out of pocket expenses not covered by Medicare.
- All players and coaches should be registered with their relevant league and or association. Refer to your Club Secretary for information about what you are covered for in regard to insurance.

3.4 Rosters

Any player rostered on for volunteer duties for the Club is required to be present for that duty, unless timely notice has been given and/or a suitable replacement has been found. Our Club relies on volunteers to help keep the Club running, so your assistance and participation in this is greatly appreciated and valued.

3.5 Club Membership/Subscription Fees

All player subscriptions are to be paid in full by or at the first game of the season, unless otherwise stipulated by the Club's Committee. Club Insurance for players of affiliated Clubs is only available if payment has been received. Subscriptions can be paid to the Treasurer at any trainings prior to the first game, or at a suitably arranged time. Please also refer to the Clubs' Refund, Fee Waiver and Hardship Policy which can be found in the Sports "*Club Policy & Procedure Manual*".

3.6 Club Functions

All players are encouraged to attend match presentations, both home and away, where possible, as this is a positive reflection on our Club. Players are also encouraged to attend organised Club events, dinners and fund-raising activities throughout the season.

3.7 Junior Player Support

If asked, senior players are to be available to mentor and support junior player development. Be mindful that the Clubs' junior players are our future, so any assistance and support you can offer will be well-received by the junior players.

3.8 Social Media

Respect to the individual sporting clubs, Club officials, fellow team-mates, members, the League and anyone associated with the Club must be displayed at all times when using social media such as Facebook, Instagram, Snapchat and the like, or if you are interviewed or asked for comment.

Please refer to the Lameroo Sport's Club's "Social Media Policy" outlined in "Club Policy & Procedure Manual

3.9 Drugs, Alcohol and Smoking

The Club supports a zero tolerance to drugs and encourages the responsible consumption of alcohol. The Lameroo Sports Club Inc is a Good Sports Accredited Club.

Please refer to the Lameroo Sport's Club's "Drug's, Alcohol & Smoking Policy" outlined in "Club Policy & Procedure Manual".

3.10 Workplace Health & Safety

The club is committed to ensuring a safe environment at all times. It represents our Club's commitment to its members, volunteers and visitors, acknowledging the role that sporting clubs and associations play in building strong, healthy and safe communities.

Please refer to the Lameroo Sport's Club's "Workplace Health & Safety Policy" outlined in "Club Policy & Procedure Manual".

3.10 Member Protection Policy and Information Officer

The Lameroo Football Club abides by the SANFL Member Protection Policy, which can be found at the following location;

<https://sanfl-content.imgix.net/content/uploads/2021/04/27140341/BMS-HRS-POL-0001-013-Member-Protection-Policy-042021.pdf>

The Lameroo Netball Club abides by the SA Netball Association (SANA) Member Protection Policy, which can be found at the following location:

https://netball.com.au/sites/default/files/2019-07/Member-Protection-Policy-and-Attachments_FINAL-APRIL-2017.pdf

The Lameroo Cricket Club abides by the SA Cricket Association (SACA) Member Protection Policies and named SACA MPIO Officers, which can be found at the following location:

<https://www.saca.com.au/community/safeguarding-children-and-young-people>

The Lameroo Lawn Tennis Club refers to the Tennis Australia Member Protection Policy, which can be found at the following location: <https://www.tennis.com.au/wp-content/uploads/2024/08/TA-Member-Protection-Policy-effective-12-Oct-2023.pdf>

3.11 Hot Weather Policy

The Lameroo Football Club abides by the SANFL Heat Policy. The Policy can be found online at <https://sanfl-content.imgix.net/content/uploads/2019/02/26084712/SANFL-Heat-Policy.pdf>

The Lameroo Netball Club abides by the SANA Heat Policy. The Policy can be found online

<https://sa.netball.com.au/sites/sa/files/2020-01/NSA-POL-32-2-Extreme-Weather-Guidelines-for-Member-Clubs-Associations.pdf>

The Lameroo Cricket Club abides by the SACA Heat Policy. The Policy can be found online at:

<https://www.sacapremiercricket.com.au/heat-management-guidelines>

The Lameroo Lawn Tennis Club abides by their Club rules with regards to their Heat Guidelines. These guidelines can be found in the Tennis Clubhouse or in their season fixture booklet. These guidelines clearly define the temperature requirements to decide whether matches are played or not.

3.12 League Rules

All sporting Clubs under the Lameroo Sports Club Inc are part of a League. Each League has their own relevant rules for the competition. These rules can be obtained from each sporting Clubs' Committee, or the League Secretaries, and must be adhered to. For more information, please contact a Committee member of the relevant local Club.

3.13 Committee Information

Contact information about various committee and members can be found in Appendix C

4.0 Coaching

4.1 The Role of the Coach

- Development of all players skills, knowledge and attributes
- Acknowledge that all players are unique and have their particular strengths and weaknesses, which need to be addressed.
- Positively support and encourage players for their efforts helping to build self-esteem.
- Every effort should be made to ensure all players have the opportunity to play as much sport as possible in relation to:
 - The number of games played in a season
 - The on-field/on-court playing time each week
- Endeavour to give players the tools that they will require to advance to become good sports people.
- It is understood that a players' attendance and attitude at training may have an influence on selection.

4.2 Professional Conduct

- Coaches are not to involve themselves in negative dialogue with the opposition, officials, players, spectators or umpires.
- Coaches and Team Managers or Captains are responsible for the conduct of their officials, players and parents and should ensure that all behave in a responsible manner, accepting decisions of the umpires and officials.
- Coaches are required to report, to the Committee, any official or spectator who they believe are behaving in a manner which may reflect badly on the Club, as soon as possible.
- Coaches are required to have a current Working with Children Check and to provide these details to the Child Safety Officer for lodging on the online portal.
- All coaches to have read and familiarised themselves with the Lameroo Sports Club's 'Safeguarding Children and Young' People Policy.
- All coaching appointments are for a term of 1 year unless otherwise stipulated by the Club's Committee.

4.3 Coach Accreditation & Professional Development

To coach within the sporting Club's, it is recognised as best practice that all coaches are accredited as Level One coaches or are striving to achieve this accreditation. The Club may cover some costs incurred in Level One Accreditation.

Coaches are strongly encouraged to pursue higher levels of accreditation. The Club will support coaches in this activity and may assist with the expenses of such an endeavour.

To remain accredited, coaches are expected to be actively coaching and attend professional development evenings when offered, where possible.

A list of the current coaches and their current Accreditations can be found at the end of this document in Appendix B.

5.0 Incident Reporting

In the event of an incident occurring either at training or on game day the Team Manager is required to complete an Incident Report. The President should be advised ASAP and the completed forms should be passed on as soon as is practicable. It is at the Club Committee's discretion as to how they choose to deal with the incident, ensuring all Sports Club Policies are adhered to.

APPENDIX A - Medical Information

List of Current First Aid holders in the Lameroo Football Club:

- Tony Secomb
- Rodney Maynard
- Craig Zerk
- Stephen Kerley
- Josh Ridgway
- Brad Zerk
- Mark Trowbridge
- Jarryd Finch

List of Current First Aid holders in the Lameroo Netball Club:

- Charmaine Sherman
- Chantal Secomb
- Karen Zerk
- Catherine Ridgway
- Kim Thorpe
- Kate Venning
- Jess Branson

List of Current First Aid holders in the Lameroo Cricket Club:

- Catherine Ridgway
- Haydon Thorpe

List of Current First Aid holders in the Lameroo Tennis Club:

- Catherine Ridgway
- Kim Thorpe
- Paula Zerk
- Hannah Beelitz
- Nigel Beelitz
- Trang Pham

APPENDIX B - Coach Accreditation Information

List of Lameroo Football Club Coaches and their current Accreditations (if available):

Auskick Craig Zerk & Hannah Beelitz

List of Lameroo Netball Club Coaches and their current Accreditations: (if available)

Net Set Kate Venning

Go Jessica Kerley

List of Lameroo Cricket Club Coaches and their current Accreditations: (if available)

Juniors Justin Cattle & Haydon Thorpe

List of Lameroo Tennis Club Coaches and their current Accreditations: (if available)

Juniors Nigel Beelitz
 Paula Zerk
 Kim Thorpe
 Nicole McMahon

APPENDIX C - Committee Information

LAMEROO SPORTS CLUB EXECUTIVE COMMITTEE

President: Craig Altus

Vice President: Kim Thorpe

Secretary: Bailey Vogt

Treasurer: Deb Longstaffe

Football Representatives: Stephen Kerley, Justin Cattle

Netball Representatives: Miryam Van Rooyen, Bailey Vogt

Cricket Representatives: Duane Simon, Craig Altus

Tennis Representatives: Kim Thorpe, Nigel Beelitz

Sports Club Auxiliary: Michelle Trowbridge

SUB COMMITTEE- Governance

Tony Secomb, Kate Venning, Trang Pham

Lameroo Football Club Committee Members:

President Stephen Kerley

Vice-President Jarryd Finch

Secretary Tony Secomb

Treasurer Tony Secomb

General Committee: Josh Ridgway, Justin Cattle, Josh Barrett,

Tom Bell, Tom Walker, Duane Simon, Mark Trowbridge

Lameroo Netball Club Committee Members:

President Miryam Van Rooyen

Secretary Jess Branson

Treasurer Emma Needs

General Committee: Kim Thorpe, Bailey Vogt, Lee Van Rooyen

Lameroo Cricket Club Committee Members:

President Duane Simon

Secretary Bailey Vogt

Treasurer Bailey Vogt

General Committee: Craig Altus, Justin Cattle, Josh Ridgway, William Werner

Lameroo Tennis Club Committee Members

President Nigel Beelitz

Vice-President Harry Brown

Secretary Trang Pham

Treasurer Steph McLean

General Committee: Craig Needs, Nicole McMahon, Guy Ellman- Brown, Rachel Ridgway, Travis Beelitz, Kim Thorpe, Danny Steer, Jess Branson, Sally Mead