



NEW LAMBTON
FOOTBALL CLUB

FOOTBALLISTIQ

WHEN TOO MUCH FOOTBALL IS BARELY ENOUGH

THE NEWSLETTER OF THE NEW LAMBTON FOOTBALL CLUB
JUNIORS



NOVEMBER 2022

NEW LAMBTON FOOTBALL CLUB JUNIORS - OUR VALUES, VISION AND MISSION

New Lambton FC Juniors has adopted a set of values to guide Club behaviour:

1. **Wellbeing:** We develop and promote a safe and supportive environment
2. **Excellence:** We strive for quality and improvement in everything we do
3. **Integrity:** We know and do what is right
4. **Respect:** We respect diverse views and opinions and act with integrity, and treat others as we expect to be treated

Our WEIR values (Wellbeing, Excellence, Integrity and Respect) underpin everything we do as a Club, as well as how we expect all our players, volunteers and others to engage with one another and the community.

Our Values help set our Club's Vision and Mission Statement.

Vision

For New Lambton FC Juniors to be the leading and most respected local community football club and to support and promote football to ensure it is the largest and most popular sport for males and females.

Mission

1. To provide for all our members a Club run to the highest standard, without limitation as to age, race, religion or gender.
2. To improve the publicity of, and public perception of, amateur football at the Club level, so as to foster the continued prosperity of the sport.
3. To encourage and assist new and current players wishing to participate in organised amateur football.
4. To provide high-quality facilities for the benefit of all our members and the wider community.
5. To provide a progression pathway for all our members, from grass-roots through to the highest level of football available.
6. To do all these things whilst having regard for the amateur nature of our membership, and therefore keeping Club / Player costs at the lowest possible level.

New Lambton FC Juniors understands the value of diversity, equity and inclusion and expects its members to treat each other and members of the community with dignity and respect. We are committed to creating an inclusive Club culture where everyone feels respected, valued and safe to contribute their opinions and talents to the success of the organisation so that we can drive positive community outcomes.

We value diverse styles, experiences, and perspectives. People from diverse backgrounds (including but not limited to, Aboriginal and Torres Strait Islander Australians, people with diverse gender identities and sexualities, people from different cultural and linguistic backgrounds, people with disability, and veterans) are welcome!

NOTE FROM THE EDITOR

It is my absolute pleasure to welcome you all to the latest edition of the New Lambton FC Junior's Newsletter FOOTBALLISTIQ!

The rain has kept falling, the wind has kept blowing and the number of post-season events that we had planned that have needed to be postponed and cancelled is a terrible disappointment to all those who put so much work into them, and we know that there are also a lot of participants who are equally disappointed.

Let the sun hopefully now shine!

We hope you enjoy the newsletter.

Cheers and all the best.



UPDATE FROM THE NOVEMBER COMMITTEE MEETING

The November NLFCJ committee meeting went well, although due to unavoidable timing (Melbourne Cup Day) we had reduced numbers in attendance.

1. Club Infrastructure Priorities - these were discussed, and include such things as:

Novocastrian Park: upgrades to the existing changing rooms, upgrades to the referee's facilities, field drainage, storage facility upgrade, installation of tiered seating, installation of additional changing rooms and upgrades to the canteen.

Regent Park: field drainage and irrigation, storage facility upgrade and alternate use of available space.

2. Grant Funding: in line with our facility priorities, we are significantly focussed on securing grant funding to help us meet some of our strategic goals. We have submitted (or are in the process of submitting) 6 grant applications in October / November.

3. AGM: The NLFC Juniors AGM is coming up on 23 November. Details of time and venue shall be released shortly but please mark this date in your calendar as we would love to see a good turnout.

PRESENTATION DAY 2022

In unfortunate news, Council inspected Novocastrian Park the Friday morning prior to the Presentation Day weekend and would not authorise vehicle access to the park for Sunday's Presentation Day. This meant that our planned amusements and rides were not able to operate.

The Committee urgently assessed the options and made the decision to hold the Trophy Presentation and BBQ aspect of the day as scheduled. Given that the ground was still too wet following a week of largely dry weather and the ongoing predicted rain, we could not guarantee a rescheduled event would be likely to proceed.

Trophy Presentation times remained as previously advised and all players received a sausage sandwich and drink to celebrate with their team. All tickets sold were refunded via the payment portal.

Despite the postponement of the rides, we still had a good turn-out and nice weather, good company and a BBQ saved the day!

A big THANK YOU to all our sponsors and partners, players, families and supporters, especially Steve, Megan, Angie, Tess and Anita.

Without all your hard work, the day wouldn't have been the success it was.

UPGRADES TO OUR SOCIAL MEDIA CHANNELS

In some exciting news, there have been a number of upgrades to our social media channels.

Whilst TeamApp shall continue to be the Club's main point of contact with all our members and volunteers, we have implemented our own Facebook page as well as our own website - both of these are accessible through our main TeamApp page.

We are in a growth and development phase at the moment, so please be patient if there are any intermittent IT issues.

TeamApp:

https://newlambtonfcjuniors.teamapp.com/dashboard?_detail=v1

Facebook:

<https://www.facebook.com/profile.php?id=100087312821848>

Website:

https://websites.mygameday.app/club_info.cgi?c=0-8218-110082-0-0&clubID=110082

Instagram:

<https://www.instagram.com/newlambtonfcjuniors/>

Twitter: <https://twitter.com/nlfcjuniors>

WOMEN IN FOOTBALL SCHOLARSHIP PROGRAM

No sport brings people together like football. We believe diversity and inclusion are our biggest strengths – that's why we want more women in non-playing roles.

Northern NSW Football has launched its Women in Football Scholarship Program to help break down barriers to female participation and increase representation of women and girls in football.

The scholarship program, part of the NSW Football Legacy Program, upskills women in non-playing roles and enhances female voices within the football community.

The program includes referee, coach and volunteer education and development.

The referee education and development includes all-female level three and four referee courses, all-female level three assessor courses, a regional match official development program and match official camp scholarships.

The coach education and development includes all-female skill training certificate, MiniRoos certificate and Football Australia C Licence courses. There are also individual scholarships for FA / AFC B licence and Sport NSW Fast Track for Female Coaches workshops.

The volunteer education and development features a partnership between NNSWF and Online Services Australia to provide a range of web-based courses to club volunteers free of charge.

"The Women in Football Scholarship Program is a really great chance for women and girls in football to access education and opportunities," NNSWF Legacy Plan Manager Annelise Rosnell said. "We want to see more female coaches, match officials and club administrators in the game and this scholarship program will certainly help facilitate that outcome. "I would definitely encourage anyone interested to look into these courses and workshops to see how they could enhance their career in football."

The NSW Football Legacy Program is a \$10 million investment from the NSW government to support female football through the construction of new community facilities, participation initiatives, high performance, leadership and development programs as well as tourism and international engagement.

Link: [Women in Football Scholarship Program](#)

For more information about the Women in Football Scholarship Program, contact NNSW Football at legacy@northernnswfootball.com.au or 4941 7200

DAUGHTERS AND DADS FOOTBALL

Do you want to strengthen the bond you share with your daughter through physical and social activities?

Young females often face more barriers when it comes to participating in sport including:

1. Limited opportunities and programs available
2. Lack of encouragement to participate
3. Lack of confidence to get involved

In collaboration with the University of Newcastle and the NSW Office of Sport, NNSWF will be piloting a football version of their award-winning, community and evidence-based Daughters and Dads program.

The Daughters and Dads Football Program is fully funded under the NSW Football Legacy Program and introduces football to fathers or father figures and their daughters through a range of physical and social activities.

The program aims to break the barriers to female participation and increase representation of women and girls in football and will kick-off with a dads only information session to introduce the program and the importance of fathers and father figures in female growth and development.

Following the dads only session there are eight weekly 90-minute sessions where daughters and dads spend quality time together. Each session includes:

1. A 30-minute education session introducing the weekly theme

2. A 60-minute practical session

Following the completion of the program there's an opportunity to connect with local clubs if your daughter's interested in playing football in the 2023 season.

The program is for fathers and father figures (stepfathers, grandfathers, uncles, older brothers, or trusted family friends) and their daughters aged 5-12.

1. Be introduced to the uniting game of football in a social and judgement-free environment
2. Learn how to be your daughter's 'personal coach' on and off the field
3. Have fun whilst boosting yours and your daughter's physical, social, emotional and mental health
4. Learn key skills to help your daughter's growth and development and how to overcome gender barriers

Link: [Daughters & Dads | Northern NSW Football](#)

There is currently a wait-list for the 2022 sessions, follow the link to register for Term 1 2023.



MINIROOS KICK OFF PROGRAM STARTED IN TERM 4 2022

The MiniRoos Kick Off program commenced in late October, and we have an enthusiastic and energetic group of mini's who spend some quality football time being led and mentored by one of our Club favourites and leaders, Mackenzie DAVIS.

Mackenzie pours her heart and soul into the game, with a particular interest area and focus on females and youth players.

We hope the MiniRoos Kick Off program only grows stronger and stronger.

Thank you Mackenzie!!!



Mackenzie DAVIS - Coach, Player, Club Legend and Women's Advocate

UPCOMING COACHES COURSES

What a season 2022 was. Having good coaches is why players return to football each year.

To all of those people who volunteered to be coaches throughout the season, we and our players thank you for your continued dedication and support as a coach at our club.

It's easy to continue or start your coaching journey in 2023 with enhanced resources and upcoming training opportunities.

Resources and training opportunities – the NNSWF coach resources page has everything you need to take your skills to the

next level with FAQs, upcoming course dates and tips.

FIND A COACHING COURSE: [Coaches | Northern NSW Football](#)

More resources

Online learning: [Online Learning | Play Football](#)

Coaching webinars: [Coaching Webinars | Play Football](#)

Coaching session ideas: [Coaching Sessions | Play Football](#)

Join coaches from across northern NSW on our Coach Development Facebook Group: <https://www.facebook.com/groups/221293712202792>

REGISTER TO COACH IN 2023: <https://www.playfootball.com.au/coach/register-a-coach>

Questions: If you have any questions NNSWF's Ryan Doidge is available to chat on (02) 4941 7200 or on e-mail at coached@northernnswfootball.com.au

We can't wait for you to continue with or join our coaching team in season 2023.

UPCOMING REFEREES COURSE

We know it's the end of the season, but the below courses have been planned to date and will take place within the Hunter region and the wider football community:

Level 4 Referee Courses – for New Match Officials

Level 4 Referee Course - Mayfield West

Saturday 19 November 2022: 8.30am to 4.30pm

Cost – \$120 for course and New Referee Starter Package

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25719>

Level 4 Referee Course - Mayfield West

Saturday 26 November 2022: 8.30am to 4.30pm

Cost – \$120 for course and New Referee Starter Package

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25721>

Level 4 “Fast Track” Referee Course for Adults (with elements of Level 3 Referee Course) - Mayfield West

Tuesday 15 November 2022 and Wednesday 16 November 2022: 6.00pm to 8.30pm (both dates)

Cost – \$120 for course and New Referee Starter Package

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25718>

Level 4 “Fast Track” Referee Course for Adults (with elements of Level 3 Referee Course) - Mayfield West

Sunday 20 November 2022: 8.30am to 1.30pm

Cost – \$120 for course and New Referee Starter Package

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25720>

Referee Courses to Gain Extra or Higher Qualifications

Level 3 Referee Course - Laurieton

Saturday 12 November 2022: 10.00am to 5.00pm

Cost – \$50

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25717>

Level 2 Referee Course - Speers Point

Saturday 5 November 2022: 9.00am to 4.00pm

Cost – \$80

Registration Link:

<https://education-ffa.sportingpulse.com/event.asp?ID=25710>

The above registration links are live and registrations for all of the courses can commence.

Further courses will be planned soon, including for the first quarter of 2023.

Please help us to improve the game day experience for your football-playing family, friends and broader football community – the game needs more new match officials.

Attendance at these courses will help to raise individual and statewide standards of officiating.

FOOTBALL FOCUS

This month, our focus will be on Steve MANNING, our Club's President and likely one of the most familiar faces of the NLFC Juniors.

1. How long have you been involved in the Club?

It's been that long, I can't even remember - 40, maybe 50 years?

2. Who is your favourite Australian football team?

That's a tough one, as there are so many. Central Coast Over 35's football competition has two teams called the Shelly Beach Fossils and the Killarney Vale Pharts - it'd be hard to split those two apart.

3. If you could change one thing in the world, what would it be?

I would make everything that's bad for me, good for me. I'd start with time and gravity, the two most powerful negative forces in my life. I would find the world's smartest scientists and ask them to find me more time and to reverse gravity's effect on my life. Then I'd figure out a way to sell my new-found powers to people – but I'd give it away to all of the people I love.

4. Do you have any words of wisdom?

If I could offer you only one tip for the future, sunscreen would be it - the long-term benefits of sunscreen have been proved by scientists whereas the rest of my advice has no basis more reliable than my own meandering experience, I will dispense this advice now

Enjoy the power and beauty of your youth, oh, never mind

You will not understand the power and beauty of your youth until they've faded, but trust me, in 20 years, you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked

You are not as fat as you imagine

Don't worry about the future

Or worry, but know that worrying is as effective as trying to solve an algebra equation by chewing Bubble gum

The real troubles in your life are apt to be things that never crossed your worried mind - the kind that blindsides you at 4 p.m. on some idle Tuesday

Do one thing every day that scares you

Saying, don't be reckless with other people's hearts - don't put up with people who are reckless with yours

Floss

Don't waste your time on jealousy - sometimes you're ahead, sometimes you're behind

The race is long and in the end, it's only with yourself

Remember compliments you receive, forget the insults - if you succeed in doing this, tell me how

Keep your old love letters, throw away your old bank statements

Stretch

Don't feel guilty if you don't know what you want to do with your life - the most interesting people I know didn't know at 22 what they wanted to do with their lives

Some of the most interesting 40-year-olds I know still don't

Get plenty of calcium

Be kind to your knees - you'll miss them when they're gone

Maybe you'll marry, maybe you won't

Maybe you'll have children, maybe you won't

Maybe you'll divorce at 40, maybe you'll dance the 'Funky Chicken' on your 75th wedding anniversary

Whatever you do, don't congratulate yourself too much or berate yourself either - your choices are half chance, so are everybody else's

Enjoy your body, use it every way you can - don't be afraid of it or what other people think of it

It's the greatest instrument you'll ever own

Dance, even if you have nowhere to do it but your own living room

Read the directions even if you don't follow them

Do not read beauty magazines, they will only make you feel ugly

Get to know your parents, you never know when they'll be gone for good

Be nice to your siblings, they're your best link to your past and the people most likely to stick with you in the future

Understand that friends come and go

But a precious few, who should hold on

Work hard to bridge the gaps in geography and lifestyle

For as the older you get the more you need the people you knew when you were young

Live in New York City once but leave before it makes you hard

Live in northern California once but leave before it makes you soft

Travel

Accept certain inalienable truths

Prices will rise, politicians will philander, you too, will get old and when you do, you'll fantasise that when you were young

Prices were reasonable, politicians were noble and children respected their elders

Respect your elders

Don't expect anyone else to support you

Maybe you have a trust fund, maybe you'll have a wealthy spouse but you never know when either one might run out

Don't mess too much with your hair or by the time you're 40 it will look 85

Be careful whose advice you buy but be patient with those who supply it - advice is a form of nostalgia, dispensing it is a way of fishing the past from the disposal, wiping it off, painting over the ugly parts and recycling it for more than it's worth

But trust me on the sunscreen

5. Word on the street is that you grew your beard so you didn't have to shave each morning, giving you an extra 10 minutes each day to focus on the Club - is this true?

100% correct - vive la football.



Steve MANNING - President of the New Lambton FC Juniors

JOKE OF THE MONTH

Two hunters are out in the bush when one of them collapses.

He's not breathing, so his friend calls 000.

"My friend is dead! What should I do?"

The operator replies, "Calm down, sir, first make sure that he's really dead."

There's silence, then a loud bang.

Back on the phone, the guy says, "Ok, now what?"

OUR SPONSORS AND PARTNERS

