

## MYTH BUSTERS – BASKETBALL RULES.

NABA conducted the Level 0 Referee course in Oct 2020. The referee coach was a level 3 ref and a level 2 ref coach. His name is Daryl “Fish” Fishwick.

Here is Fish’s top 10 Myth busters when it comes to ref calls:

### 1. I played basketball 20 years ago I know everything about the rules.

Fish shared with us that the rules and interpretations change often. Unless you have done your level 0 or refresher in 2020, the green shirt ref development squad in Northam know more than you. Do not yell or appeal from the sideline.

### 2. The lines on the court are OUT of bounds.

When inbounding on a sideline throw in, the players foot can be on the line, but not over the line. When making a free throw the shooting players foot must be behind the line. The players setting up the key at a free throw must be behind the line.

### 3. 3 seconds in the key

This is about the offensive team disadvantaging the defensive team. If there is no defensive player in the keyway the offensive can camp in there for as long as they want to receive a pass and shoot. If there is a defensive player in the key and the offense camps in there to block out the defence and receive a pass, they have 3 seconds to do all of that. Everytime a shot goes up and hits the ring, the 3 sec resets. Refs will give a warning to offensive players if they are in there too long.

### 4. A player who is sliding to collect the ball is “in motion”. it is not travel.

### 5. Block Vs Charge

A defender who is **moving** backwards **facing** their offensive opponent (who is coming forwards), has correct defensive positioning, has their **feet** on the ground, is in position **first**, is not closing the gap, and is hit in the chest by the oncoming offensive player: it is not a block, it’s a charge. The defender does not have to be stationary for it to be a charge. If the offensive team got there first or the defence was in the air, it is a block.

### 6. Foot violation. “Foot” means from the hip down.

A deliberate act to use “foot” to play the ball. The first time it is a violation not a foul. Continual foot violations will be an unsportsmanlike foul.

### 7. Carry does not exist. It is double dribble

A player can bounce a ball as high as they like as part of their normal dribble motion, so long as their hand remains on the **TOP** of the ball (the northern hemisphere of the ball). When a player moves their hand under the ball and rolls it over to the top, that is double dribble.

**8. Discriminatory comments** (AGE Race Gender) are an automatic ejection from the stadium, **no warnings**. Under 18s will be placed in the care of their coach if parent is not present, who will also have to leave the stadium.

**9.** Cross court is no longer – it is “**back half/front half**” and is about the last **TEAM** who had “Control” of the ball before it went into the back half.

**10.** The **ARROW** only gets moved after there is “control of the ball” by a team. Don’t change it early.