



COVID 19 SAFETY PLAN

**Minyip Murtoa Football and Netball
Club Inc**



Current State of Play

As of 24 June 2021, the Victoria Government announced further easing of COVID19 restrictions, with Victoria taking further steps towards COVID normal.

As for the restrictions relate to sport and physical activity, the restrictions that remain in place can be found by [clicking here](#).

Currently, outdoor community sport can continue for all ages groups & is capped to 1000 people per outdoors space.

Indoor community sport is limited to 300 people per indoor space or allowable number of people per size of the venue, this will also include all club facilities.

The 1 person per 2 sqm rule applies to non-seated spaces when using a COVID Check-In Marshal, otherwise a density quotient of 1 person per 4 sqm applies.

Equipment must be cleaned between uses.

Minyip Murtoa Football & Netball Club Inc will obey to guidelines/restrictions set by the Victorian Government

COVID-Safe Plan

The COVID-Safe plan is groups into five COVID-Safe principles. These include:

- (a) Ensure social distancing is always observed.
- (b) Ensure adequate face coverings.
- (c) Practice good hygiene.
- (d) Keep records and act quickly if players, spectators, coaches, or officials become unwell. (e) Avoid interactions in enclosed spaces.



Club Details

Club/Association Name: _Minyip Murtoa Football and Netball Club

Address of venue/home ground location: Lake Street Murtoa

Club/Association President Name: _Scott Arnold

Contact Details: 0429 340 037 (Phone) scottwarnold9@gmail.com (Email)

COVID Officer Name (if any): Lucy Young

Contact Details: 0448 036 547 (Phone) lucy.young@education.vic.gov.au (Email)

Plan Completion Date: 07/07/2021

Date Plan Reviewed: _____

9/07/21

Date Plan endorsed by Club/Association Committee: _____

9/07/21



Signed Club/Association President

9 / 7 / 21

Date



Signed Club/Association Secretary

9 / 7 / 21

Date



AFL Victoria Return to Play Protocols

To safely return to community football, each AFL Victoria affiliate must undertake to commit to completing the AFL Victoria Return to Play Checklist. A downloadable copy of the Return to Play Checklist can be found by [clicking here](#).

The AFL Victoria affiliate must:

- (a) Receive approval from the Local Government to access the oval returning to play.
- (b) Advise its participants, coaches, volunteers, and parents that, at all training and games, a strict distance of 1.5m between each other must always be observed.
- (c) Ensure that the club/association, and all relevant teams or subsidiaries, have read, understood, and agreed to adhere to the AFL Victoria Return to Play Protocols.
- (d) Nominate a club official(s) to undertake the Australian Government online COVID19 Infection Control Training and submit a certificate of completion to the League Administrator contact prior to the commencement of club/association activity.
- (e) Understand that they must always follow the direction and advice of local and state authorities. People who present to training with symptoms to be sent home immediately.
- (f) Encourage all players, volunteers, and families to download the COVID-Safe App to help in tracing the spread of COVID-19.
- (g) All venues utilise the Victorian Government QR Service for entrants entering the venue at all times.
- (h) Implemented the hygiene protocols as outlined in the AFL Victoria Return to Play Protocols document.

Resources and Templates

To effectively implement Return to Play and COVID-Safe Plan strategies, AFL Victoria has made several resources available to assist community clubs/associations. Templates and tools can be found by clicking the links below:

[Register of Trained Officials Template](#)

[Register of Attendees at Training/Matches Template](#)

[Training Schedule Example](#)

[COVID-Safe App AIS Framework for Rebooting Sport](#)



Government Cleaning Standards Hygiene and Social Distancing Posters

COVID-Safe Officer

As outlined in the AFL Victoria Return to Play Checklist, each club must have a nominated person to act as the COVID-Safe Officer. The below is a guide for assisting that person(s) in discharging their obligations to their club/association.

The COVID-Safe Officer must:

- (a) Undertake the Australian Government online Infection Control Training education module and email the course completion certificate to the League Administrator. The course is free and can be undertaken by [clicking here](#).
- (b) Familiarise themselves with the latest AFL Victoria Return to Play Protocols, with all protocols and resources to be found by [clicking here](#).
- (c) Ensure there is adequate signage available at the club's/association's grounds and premises to assist in with public adherence to COVID-19 hygiene requirements. A range of signage and COVID19 products can be found by [clicking here](#) (DHHS), [clicking here](#) (AFL Victoria) or [clicking here](#) (Victorian Government).
- (d) Ensure the COVID-Safe Attendance Register is completed upon the arrival of participants and officials to trainings and matches.
- (e) Ensure the training sessions and match day protocols (as in place at the time) are strictly adhered to.
- (f) Consider any other ideas for managing COVID19 as contained within the Sport Australia COVID19 Officer guide. A copy of that guide can be found by [clicking here](#).
- (g) Ensure the club/association promotes and advertises its COVID-Safe management plans widely to all associated within the club/associations including key external stakeholders (such as local council, sponsors, and spectators).

For all relevant and up to date information for a COVID-Safe Officer to effectively manage the risk and spread of COVID, [click here](#) to access AFL Victoria's resource page.



Step 1: Ensure Physical Distancing

Social distancing is one way to help slow the spread of COVID-19. Social distancing includes staying at home when you are unwell and keeping a distance of 1.5 metres between you and other people wherever possible.

It is important to minimise physical contact especially with people at higher risk of developing serious symptoms, such as older people and people with existing health conditions.

Requirement: The club/association must ensure players, spectators, officials, coaches, and any associated staff are 1.5m metres apart as much as possible. This can be done by displaying signage to show patron limits at the entrance of enclosed areas, minimising the build-up of people waiting to enter and exit the club/venue (toilets/canteen), and/or using floor markings to provide minimum physical distancing guides.

Club/Association Action:

- **Dedicated entry and exit points for training groups**
- **Staggered arrival times for trainings**
- **Display patron limits at all entrance to enclosed areas**
- **Have a trained COVID Safety Officer at all club functions**



Step 2: Face Coverings

Masks are mandatory in Victoria within public indoor space and are used as part of a comprehensive strategy of measures to suppress transmission and save lives; the use of a mask alone is not sufficient to provide an adequate level of protection against COVID-19.

Requirement: The club/association must ensure all players (except where completing rigorous physical exercise), coaches, officials and spectators entering the clubs public indoor venue are wearing a fitted face mask as per the public health advice.

Club/Association Action:

- **Display signs at all entry points to enclosed spaces**
- **Ensure that we follow the public health advice**



Step 3: Practice Good Hygiene

Practising safe hygiene is an important step in the fight against the contraction and the spread of COVID19.

Good hygiene includes, but is not limited to, the following actions:

- a) wash your hands often with soap and water. This includes before and after eating and after going to the toilet
- b) use alcohol-based hand sanitisers when you cannot use soap and water
- c) avoid touching your eyes, nose and mouth
- d) clean and disinfect surfaces you often use such as benchtops, desks and doorknobs
- e) clean and disinfect objects you often use such as mobile phones, keys, wallets and work passes
- f) increase the amount of fresh air by opening windows or changing air conditioning

Requirement: The club/association must frequently and regularly clean and disinfect shared spaces, including high-touch communal items such as doorknobs and dispensers.

The club/association should clean surfaces with appropriate cleaning products, including detergent and disinfectant, replace high-touch communal items with hygienic alternatives and should utilise a cleaning log in shared spaces.

Appropriate and sufficient soap and hand sanitisers should be available for all players, coaches, officials, and spectators to use throughout trainings and match days.

Club/Association Action:

- **clean high touch areas with disinfected between teams/training & player groups**
- **provide alcohol-based hand sanitiser for use on arrival, during and departure**
- **provide soap in all bathrooms**
- **clean all equipment used with disinfected between teams/ training & player groups**
- **no shared equipment between players**



Step 4: Keep records and act quickly if players/coaches/officials/spectators become unwell.

Contact details collected by clubs/associations at their home grounds or venues make contact tracing more efficient and help stop the spread of COVID-19.

Best practice record keeping includes the following actions:

- a) Record the name and contact details (date, a phone number, entry time) for every person including staff, patrons and contractors entering the premises preferably via the Victorian Government QR Service.
- b) Collect personal details in a way that protects them from disclosure to other customers
- c) Maintain these records for a minimum period of 28 days
- d) Ensure details are accurate - allocate a staff member to oversee that patrons are providing the required information
- e) Deny entry to patrons who will not provide valid contact information
- f) Ensure the information recorded is stored confidentially and securely and only used for the purpose of COVID-19 contact tracing
- g) Digitise records collected on paper within 24 hours e.g. take a readable digital photo
- h) Provide appropriate cleaning and/or access to sanitiser between customer use for shared items such as pens
- i) Provide the information to an Authorised Officer immediately or as soon as practicable if requested.

Club/Association Action:



- Make use of digital QR code for sign in and out register for all player and officials attending training and matches

COVID-19 CONTRACT TRACING



1. Open the Camera App on your phone
2. Focus your camera on the QR code and wait for a box to appear at the top of your phone
3. Go to the website that is opened on your phone.
4. Complete your contact details and answer questions
5. Confirm your check-in
6. Please remember to check out when you leave the facility by completing the same process.

Step 5: Avoid interactions in enclosed spaces

COVID-19 spreads from person to person through contact with droplets produced when an infected person coughs or sneezes. The droplets may fall directly into the person's eyes, nose or mouth if they are in close contact with the infected person. A person may also be infected if they touch a surface contaminated with the droplets and then touch their mouth, nose, or eyes before washing their hands.

Current health advice states that in order to reduce the risk of contact and droplet spread from a person, directly or indirectly, and from contaminated surfaces, people should maintain physical distance of at least 1.5 metres, practice good hand hygiene and engage in routine cleaning and disinfection of surfaces.

Where possible, provide each person with 4 square metres of space in enclosed areas in accordance with general health advice. To achieve this, calculate the area of the enclosed space (length multiplied by width in metres) and divide by 4. This will provide you with the maximum number of people you should have in the space at any one time. Where the nature of the club's/association's activity means it is not possible to provide 4 square metres of space per person, you need to implement other measures to prevent the spread of COVID-19.

Requirement: Where it is practical and safe to do so, review tasks and processes that usually require close interaction and identify ways to modify these to increase physical distancing between workers. Where not possible, reduce the amount of time workers spend in close contact. See below for further information where workers are performing tasks in close contact including vehicle use.



Club/Association Action:

- **Limit the amount of time spent in enclosed spaces**
- **Maintain patron limits in all enclosed spaces**
- **Discourage use of shared items**

Dealing with a suspected case

Anyone who is unwell should attend a football venue. If any player, coach, official or spectator develops symptoms at work such as fever, cough, sore throat, or shortness of breath, the club/association should ask them to seek immediate medical advice.

It is important to remember that if a person becomes sick with these symptoms at work they may be suffering from a cold, the flu or other respiratory illness and not COVID-19.

If, after seeking medical advice your player, coach, official or spectator is confirmed as having COVID-19 DHHS will trace and contact the people the infected person was in close contact with and provide them with instructions to quarantine. It is imperative that the club/association produces all its record keeping documents to help assist DHHS with this process.

If someone is confirmed as having COVID-19 or is getting tested for COVID-19, they should already be at home. However, there may be circumstances where a person involved in your club/association is displaying COVID like symptoms or shares information (e.g. they have been in close contact with someone that has the virus) that causes the club/association to have reasonable concerns about their health and the health of others in the club/association.

Where this occurs:

Isolate the person



If the person has serious symptoms such as difficulty breathing, call 000 for urgent medical help. Otherwise, the club/association must take steps to prevent the person from potentially spreading the virus by isolating them from others. The club/association must also provide appropriate personal protective equipment to the affected person, such as disposable surgical mask, and hand sanitiser and tissues, if available. Also provide protection to anyone assisting the person.

Seek advice and assess the risks

Seek government health advice by calling the Victorian COVID hotline on 1800 675 398. Follow the advice of DHHS. You can also contact the National Coronavirus Helpline on 1800 020 080, which operates 24 hours a day, seven days a week. The National Helpline can provide advice on when and how to seek medical help or about how to get tested for COVID-19.

Clean and disinfect

Close off the affected areas and do not let others use or enter them until they have been cleaned and disinfected. Open outside doors and windows if possible, to increase air flow.

All areas, for example offices, bathrooms, kitchens and common areas and equipment or *PPE* that were used by the person concerned must then be thoroughly cleaned and disinfected.