

600m

1:21.1	Ephraim	Lerkin	Cairns	8-Jul
1:23.0	Ephraim	Lerkin	Goroka	19-Jan
1:23.6	Fred	Messach	Goroka	19-Jan
1:23.9	Fred	Messach	Cairns	8-Jul
1:25.2	George	Yamak	Cairns	8-Jul
1:27.8	Martin	Orovo	Goroka	19-Jan
1:28.2	Fred	Messach	Goroka	26-Jan
1:30.5	Abel	Siune	Goroka	19-Jan

800m**Electronic Time**

1:51.43	Ephraim	Lerkin	Kimbe	9-Mar
1:51.95	Ephraim	Lerkin	Sydney	4-Apr
1:52.82	Martin	Orovo	Bangkok, Thailand	19-May
1:53.78	Ephraim	Lerkin	Apia, Samoa	16-Jul
1:55.31	Kaminie	Matlaun	Kimbe	9-Mar
1:55.75	Kaminie	Matlaun	Apia, Samoa	16-Jul
1:56.65	Messach	Fred	Apia, Samoa	16-Jul
1:56.02	Martin	Orovo	Kimbe	9-Mar
1:57.55	Ephraim	Lerkin	Apia, Samoa	15-Jul
1:57.93	Kaminie	Matlaun	Apia, Samoa	15-Jul
1:58.06	Ephraim	Lerkin	Kimbe	5-Mar
1:58.23	Messach	Fred	Townsville	25-Jun
1:58.25	George	Yamak	Bangkok, Thailand	19-May
1:58.74	Messach	Fred	Apia, Samoa	15-Jul
1:58.91	Messach	Fred	Kimbe	9-Mar
1:59.26	George	Yamak	Kimbe	5-Mar
1:59.68	Valtine	Buskins	Kimbe	5-Mar
1:59.74	Kaminie	Matlaun	Townsville	25-Jun
2:00.28	Ronnie	Metalom	Kimbe	9-Mar
2:00.32	Martin	Orovo	Kimbe	5-Mar
2:01.43	Jonah	Theo	Kimbe	5-Mar
2:01.64	Valentine	Buskins	Kimbe	17-Nov
2:01.89	Valentine	Buskins	Kimbe	17-Nov
2:02.00	Sialis	Passigan	Kimbe	17-Nov
2:02.39	Benjamin	Aliel	Lawrence KS	17-Apr
2:02.83	Leka	Vagi	Kimbe	5-Mar
2:02.86	Joachim	Lolok	Kimbe	17-Nov
2:03.00	Benjamin	Aliel	Sioux City	12-Apr
2:03.10	Ronnie	Metalom	Kimbe	5-Mar
2:03.54	Samuel	Pai	Kimbe	17-Nov
2:04.08	Samuel	Pai	Kimbe	17-Nov
2:04.19	Nathan	Telly	Kimbe	17-Nov
2:04.32	Sialis	Passigan	Kimbe	17-Nov
2:04.34	Rodney	Penny	Kimbe	17-Nov
2:05.22	Joachim	Lolok	Kimbe	17-Nov

2:05.75	Gregory	Mete	Kimbe	17-Nov
2:05.91	Boniface	Piwas	Kimbe	17-Nov
2:05.98	Joachim	Lolok	Port Moresby	
2:06.17	Lionel	Lens	Kimbe	5-Mar
2:06.43	Daniel	Longbut	Kimbe	17-Nov
2:06.48	Ephraim	Lolok	Kimbe	17-Nov
2:06.82	Kamelo	Yamandi	Kimbe	5-Mar
2:06.85	John	William	Kimbe	17-Nov
2:07.01	Daniel	Baul	Kimbe	5-Mar
2:07.19	Shadrick	Tansi	Kimbe	5-Mar
`2:07.02	Rodney	Penny	Kimbe	17-Nov
`2:08.10	Ephraim	Lolok	Kimbe	17-Nov
2:08.39	Eggie	Jack	Kimbe	17-Nov
`2:08.42	Nathan	Telly	Kimbe	17-Nov
`2:08.67	Daniel	Longbut	Kimbe	17-Nov
2:09.20	Andrew	Kunsap	Kimbe	17-Nov
2:09.50	Daniel	Longbut	kokopo	28-May
2:09.68	Cornelius	Ulelenge	kokopo	28-May
2:09.80	Billy	Laurahoi	Kimbe	17-Nov
2:09.85	Wilson	Nason	Kimbe	17-Nov
2:09.90	Willie	Kalai	Kimbe	17-Nov
2:10.00	Wartovo	Simon	kokopo	28-May
2:10.34	Chris	Morogo	kokopo	28-May
`2:10.42	Jaguar	Ireng	Kimbe	17-Nov
`2:10.42	Rabbie	Enos	Kimbe	17-Nov
2:10.87	Sammy	Tovai	kokopo	28-May
2:11.12	Jack	Karatete	kokopo	28-May
`2:11.61	Andrew	Kunsap	Kimbe	17-Nov
2:11.63	Walter	Brian	kokopo	28-May
`2:11.65	Billy	Laurahoi	Kimbe	17-Nov
`2:11.85	Jaguar	Ireng	Kimbe	17-Nov
2:11.93	Richard	Parule	kokopo	28-May
2:12.08	Melky	Elison	kokopo	28-May
`2:12.29	Garry	Diou	Kimbe	17-Nov
2:12.53	Ephraim	Tonge	kokopo	28-May
2:13.08	Allan	Kamara	kokopo	28-May
2:13.18	Peter	Turmur	kokopo	28-May
2:14.24	Stanley	Tovai	kokopo	28-May
`2:14.29	Billy	Laurahoi	Kimbe	17-Nov
`2:14.93	Gregory	Mete	Kimbe	17-Nov
`2:15.00	Kingsford	Reki	Kimbe	17-Nov

800m

Manual Time

2:00.0	George	Yamak	Goroka	26-Feb
2:01.8	Benjamin	Aliel	Goroka	21-Jun
2:01.9	George	Yamak	Goroka	21-Jun
2:03.4	Messach	Fred	Goroka	2-Jun

2:03.7	Simbai	Kaspar	Goroka	21-Jun
2:04.2	Martin	Orovo	Goroka	26-Feb
2:05.64	Samuel	Pai	Kokopo	26-Sep
2:05.9	Jonah	Theo	Port Moresby	28-Feb
2:05.9	George	Yamak	Goroka	26-Jan
2:05.98	Joachim	Lolok	Port Moresby	22-Sep
2:06.0	George	Yamak	Goroka	30-Jan
2:06.4	Messach	Fred	Goroka	11-May
2:06.11	Daniel	Longbut	Kokopo	26-Sep
2:07.28	John	July	Kokopo	26-Sep
2:07.8	Israel	Takap	Goroka	21-Jun
2:08.43	Eldan	Toti	Port Moresby	22-Sep
2:08.8	Gregory	Mete	Goroka	2-Jun
2:09.3	Wepison	Timothy	Goroka	2-Jun
2:09.31	Ephraim	Lolok	Port Moresby	22-Sep
2:09.65	William	Wakai	Kokopo	26-Sep
2:10.24	William	Telle	Kokopo	26-Sep
2:10.3	Andipas	Georasi	Goroka	21-Jun
2:11.49	Rabbie	Enos	Kokopo	26-Sep
2:11.70	Billy	Laurahoi	Port Moresby	22-Sep
2:11.74	Konang	Irang	Port Moresby	22-Sep
2:12.13	Christian	Toisiet	Port Moresby	22-Sep
2:12.16	Sailas	Shaun	Port Moresby	22-Sep
2:12.65	Janise	Pue	Kokopo	26-Sep
2:13.0	John	William	Goroka	2-Jun

1000m

2:52.65	Karo	Iga (Oct)	Kimbe	6-Mar
2:54.29	Cletus	Mosi (Oct)	Kimbe	6-Mar
2:57.71	Moses	Darius (Oct)	Kimbe	6-Mar

1500m

4:02.00e	Martin	Orovo	Bangkok,Thailand	20-May
4:06.09e	Messach	Fred	Apia,Samoa	17-Jul
4:06.72e	George	Yamak	Kimbe	7-Feb
4:07.73e	Messach	Fred	Kimbe	7-Feb
4:08.67e	Simbai	Kaspar	Bangkok,Thailand	20-May
4:08.94e	Martin	Orovo	Kimbe	7-Feb
4:08.94e	Andipas	Georasi	Townsville	26-Jun
4:09.05e	Simbai	Kaspar	Kimbe	7-Mar
4:09.98e	George	Yamak	Apia,Samoa	17-Jul
4:10.15e	Andipas	Georasi	Kimbe	7-Mar
4:10.92e	Andipas	Georasi	Apia,Samoa	17-Jul
4:11.63e	George	Yamak	Bangkok,Thailand	20-May
4:13.1	George	Yamak	Goroka	15-Jun
4:13.4	Messach	Fred	Goroka	15-Jun

4:13.6	Simbai	Kaspar	Goroka	15-Jun
4:13.95e	Abel	Siune	Kimbe	7-Mar
4:13.96e	Kagl	Siune	Kimbe	16-Nov
4:14.58e	Messach	Fred	Townsville	26-Jun
4:15.06e	Simbai	Kaspar	Kimbe	16-Nov
4:16.0	Messach	Fred	Goroka	27-Feb
4:17.0	Simbai	Kaspar	Goroka	1-Jun
4:17.5	Simbai	Kaspar	Goroka	27-Feb
4:17.5	Messach	Fred	Goroka	1-Jun
4:19.6	George	Yamak	Goroka	11-May
4:19.8	Siune	Kagl	Goroka	15-Jun
4:20.52e	Valentin	Buskins	Kimbe	16-Nov
4:21.6	Siune	Kagl	Goroka	1-Jun
4:22.20e	Nathan	Telly	Kimbe	16-Nov
4:22.70e	John	William	Kimbe	16-Nov
4:23.90e	Noel	Peter	Kimbe	16-Nov
4:25.8	George	Yamak	Goroka	11-May
4:26.0	George	Yamak	Goroka	19-Jan
4:26.0	Andipas	Georasi	Goroka	27-Feb
4:26.1	Israel	Takap	Goroka	15-Jun
4:26.4	Andipas	Georasi	Goroka	1-Jun
4:26.7	Andipas	Georasi	Goroka	19-Jan
4:27.02	Valtyne	Buskins	Kokopo	25-Sep
4:27.9	Simbai	Kaspar	Goroka	26-Jan
4:28.89e	Kevin	Galas	Kimbe	16-Nov
4:29.0	Andipas	Georasi	Goroka	13-Jun
4:29.7	Abel	Siune	Goroka	15-Jun
4:30.0	Andipas	Georasi	Goroka	15-Jun
4:30.2	Israel	Takap	Goroka	13-Jun
4:30.70	Israel	Takap	Kokopo	25-Sep
4:30.76	John	July	Kokopo	25-Sep
4:31.3	Abel	Siune	Goroka	1-Jun
4:32.0	Abel	Siune	Goroka	27-Feb
4:32.4	George	Yamak	Goroka	1-Jun
4:32.85	Daniel	Longbut	Kokopo	29-May
4:33.2	James	Kuadua	Goroka	15-Jun
4:33.7	Martin	Orovo	Goroka	19-Jan
4:34.05	Daniel	Longbut	Kokopo	25-Sep
4:34.13	Robinson	Juteis	Kokopo	25-Sep
4:34.63	Andipas	Georasi	Kokopo	25-Sep
4:35.10e	Daniel	Longbut	Kimbe	16-Nov
4:35.2	Israel	Takap	Goroka	1-Jun
4:35.66	Skene	Kiage	Port Moresby	21-Sep
4:35.8	Eggie	Jack	Goroka	1-Jun
4:36.14e	Gregory	Mete	Kimbe	16-Nov
4:36.79	Henry	Murure	Kokopo	29-May
4:37.66	Nathaniel	Thomas	Kokopo	29-May

4:38.01	Louis	Lokeale	Kokopo	29-May
4:38.30e	Willie	Kalai	Kimbe	16-Nov
4:38.32	Laisiat	Bangbangat	Kokopo	29-May
4:38.7	Abel	Siune	Goroka	26-Jan
4:38.79	Stancey	John	Port Moresby	21-Sep
4:38.85	Janis	Pue	Kokopo	29-May
4:39.54	John	Amot	Kokopo	29-May
4:39.60	Henry	Murure	Kokopo	25-Sep
4:40.50e	Andrew	Kunsap	Kimbe	16-Nov
4:40.54	Anthony	Nakui	Kokopo	29-May
4:40:76	Moses	Sipison	Kokopo	29-May
4:40.87	Ian	Vevo	Kokopo	29-May
4:41.59	Richard	Parule	Kokopo	29-May
4:42.92	Apelis	Apollos	Kokopo	29-May
4:43.50	Robin	Ngut	Kokopo	29-May
4:46.64	Neville	Tara	Kokopo	29-May
4:46.85	Micheal	Matiul	Kokopo	29-May
4:47.05	Cypiran	Koini	Kokopo	29-May
4:48.57	Kevin	Daniel	Kokopo	29-May
4:48.82	Melchior	Tomot	Kokopo	29-May
4:49.84	John	William	Kokopo	29-May
4:50.06	Julius	Bunum	Kokopo	29-May
4:52.6	Agi (Bulolo)		Goroka	19-Jan
4:53.63	William	Wakai	Kokopo	25-Sep
4:55:13	Oswald	Kalula	Kokopo	29-May
4:56.35	Banfu	Yaba	Kokopo	29-May
4:55.58e	Karo	Iga (Dec)	Apia,Samoa	16-Jul
4:58.37	Marven	Tokau	Kokopo	29-May
4:59.59	Vanasius	Matare	Kokopo	29-May

3000m

8:54.0	Simbai	Kaspar	Cairns	10-Jul
9:06.1	Siune	Kagl	Cairns	10-Jul
9:08.1	Adipas	Georasi	Cairns	10-Jul
9:15.5	Simbai	Kaspar	Goroka	21-Jun
9:20.75e	Abel	Siune	Kimbe	6-Mar
9:21.33e	Andipas	Georasi	Kimbe	6-Mar
9:22.56e	Messach	Fred	Kimbe	6-Mar
9:23.4	Simbai	Kaspar	Goroka	19-Jan
9:28.32e	James	Kuadua	Kimbe	6-Mar
9:29.9	Sapolai	Yao	Cairns	10-Jul
9:30.0	Siune	Kagl	Goroka	21-Jun
9:33.4	Siune	Kagl	Goroka	13-Jun
9:35.2	Siune	Kagl	Goroka	10-May
9:35.6	Siune	Kalg	Goroka	5-Jan

9:36.8	Siune	Kalg	Goroka	26-Jan
9:38.1	Sapolai	Yao	Port Moresby	28-Apr
9:39.35e	John	William	Kimbe	17-Nov
9:40.1	John	Williams	Goroka	31-May
9:43.4	James	Kuadua	Goroka	13-Jun
9:43.4	James	Kuadua	Goroka	13-Jun
9:44.9	Messach	Fred	Goroka	20-Jan
9:45.55e	Dirik	Toa	Kimbe	17-Nov
9:46.32e	Eggie	Jack	Kimbe	17-Nov
9:47.2	Messach	Fred	Cairns	10-Jul
9:48.52	Israel	Takap	Kokopo	26-Sep
9:49.4	James	Kuadua	Goroka	10-May
9:50.19	Robinson	Juteis	Kokopo	26-Sep
9:51.68e	Tine	John	Kimbe	17-Nov
9:52.5	Andipas	Georasi	Goroka	26-Jan
9:52.66	Andipas	Georasi	Kokopo	26-Sep
9:54.2	Abel	Siune	Goroka	13-Jun
9:55.6	Israel	Takap	Goroka	26-Jan
9:57.3	James	Kuadua	Goroka	21-Jun
9:58.8	Andipas	Georasi	Goroka	10-May
10:01.4	Abel	Siune	Goroka	11-May
10:01.9	Sapolai	Yao	Goroka	20-Jan
10:05.9	Sapolai	Yao	Goroka	21-Jun
10:10.0	Israel	Takap	Goroka	5-Jan
10:11.3	Andipas	Georasi	Goroka	5-Jan
10:14.01e	Stanis	Galai	Kimbe	17-Nov
10:14.8	Towa	Nigir	Goroka	31-May
10:15.1	Camilus	Kolkia	Goroka	31-May
10:18.2	Abel	Siune	Goroka	19-Jan
10:19.95	Kevin	Livai	Kokopo	26-Sep
10:21.7	Dilu	Goiye	Goroka	31-May
10:22.3	Bobby	Jonathan	Goroka	19-Jan
10:22.80	Stancy	John	Port Moresby	22-Sep
10:26.0	Bobby	Jonathan	Goroka	31-May
10:28.4	Tine	John	Goroka	31-May
10:29.9	Enoch	Enn	Goroka	31-May
10:32.5	Katu	Lanza	Goroka	19-Jan
10:48.09e	Paul	Wakai	Kimbe	17-Nov
10:50.6	Morris	Vunuvung	Kokopo	26-Sep
10:54.3	Gine	John	Goroka	19-Jan
10:58.57	Janise	Pue	Kokopo	26-Sep

5000m

15:36.1e	Simbai	Kaspar	Kimbe	9-Mar
15:44.94e	Siune	Kagl	Townsville	25-Jun
15:46.25e	Simbai	Kaspar	Townsville	25-Jun
15:57.00	James	Kuadua	Apia, Samoa	18-Jul

15:58.72e	Kagl	Siune	Kimbe	17-Nov
16:01.19e	James	Kuadua	Kimbe	17-Nov
16:01.5	Siune	Kagl	Port Moresby	28-Apr
16:03.03e	James	Gundu	Townsville	25-Jun
16:06.44e	Siune	Kagl	Apia, Samoa	18-Jul
16:09.7e	Israel	Takap	Kimbe	9-Mar
16:09.7e	Abel	Siune	Kimbe	9-Mar
16:15.0e	Siune	Kalg	Kimbe	9-Mar
16:18.87e	Simbai	Kaspar	Apia, Samoa	18-Jul
16:23.8e	James	Kuadua	Kimbe	9-Mar
16:28.0	Siune	Kalg	Goroka	19-Jan
16:29.3	Siune	Kalg	Goroka	31-May
16:33.62e	Israel	Takap	Kimbe	17-Nov
16:41.7	Abel	Siune	Port Moresby	28-Apr
16:42.7	Andipas	Georasi	Port Moresby	28-Apr
16:57.0	Abel	Siune	Goroka	31-May
17:06.84e	Wilford	Willie	Kimbe	17-Nov
17:09.23e	Abel	Siune	Kimbe	17-Nov
17:09.6	James	Kuadua	Goroka	31-May
17:09.7	Dilu	Goiye	Goroka	31-May
17:13.6	Messach	Fred	Port Moresby	28-Apr
17:17.66	Israel	Takap	Kokopo	25-Sep
17:18.9	Israel	Takap	Goroka	19-Jan
17:32.7	Sapolai	Yao	Goroka	26-Jan
17:46.75	Janise	Pue	Kokopo	29-May
17:49.12	Andipas	Georasi	Kokopo	25-Sep
17:49.26	Neville	Tara	Kokopo	29-May
17:50.65	Laisiat	Bangbangat	Kokopo	29-May
17:52.8	Enoch	Enn	Goroka	31-May
18:08.58	Kolish	Kuna	Kokopo	29-May
18:21.31	Kevin	Livai	Kokopo	25-Sep
18:39.81	Sammy	Tovai	Kokopo	28-May
18:44.16e	David	Sialas	Kimbe	17-Nov
18:52.12	Louis	Lokeale	Kokopo	29-May

10000m

32.47.14e	Siune	Kagl	Townsville	28-Jun
32.48.28e	James	Gundu	Townsville	28-Jun
33:34.90e	Simbai	Kaspar	Apia, Samoa	16-Jul
33:36.86e	Siune	Kagl	Apia, Samoa	16-Jul
33:38.37e	Simbai	Kaspar	Kimbe	5-Mar
33:39.01e	James	Kuadua	Apia, Samoa	16-Jul
33:44.79e	James	Kuadua	Kimbe	5-Mar
34.20.3	Siune	Kalg	Goroka	2-Jun
34:29.8	James	Kuadua	Goroka	Feb-26
34:37.9	Simbai	Kaspar	Goroka	2-Jun
34:50.9e	Siune	Kalg	Kimbe	5-Mar

35:07.9	Siune	Kalg	Goroka	Feb-26
35:22.5	Simbai	Kaspar	Goroka	Feb-26
35:23.60e	Kagl	Siune	Kimbe	15-Nov
35:29.0	James	Kuandua	Goroka	2-Jun
35:47.6	Israel	Takap	Goroka	2-Jun
35:52.9	Camilus	Kolkia	Goroka	2-Jun
37:01.4	Enoch	Enn	Goroka	2-Jun
37:11.7	Joejoe	Joel	Goroka	2-Jun
37:45.20e	James	Kuadua	Kimbe	15-Nov
39:44.40e	Cleopas	Kakapa	Kimbe	15-Nov

3000m steeple chase

9:32.99	Simbai	Kaspar	Townsville	Jun-19
9:37.14	Simbai	Kaspar	Apia,Samoa	15-Jul
9:48.20	Simbai	Kaspar	Bangkok, Thailand	19-May
10:11.7	Sapolai	Yao	Port Moresby	27-Apr
10:12.47	Andipas	Georasi	Townsville	27-Jun
10:14.17	Sapolai	Yao	Apia,Samoa	15-Jul
10:16.44	Andipas	Georasi	Apia,Samoa	15-Jul
10:36.6	Andipas	Georasi	Port Moresby	27-Apr
10:40.6	Messach	Fred	Port Moresby	27-Apr

diffied 3000m SC

National Championships (four hurdles no water jump)

9:46.50	Simbai	Kaspar	Kimbe	16-Nov
9:55.53	Isreal	Takap	Kimbe	16-Nov
10:27.52	James	Kuadua	Kimbe	16-Nov
10:47.60	Abel	Siune	Kimbe	16-Nov
10:52.75	Dirik	Toa	Kimbe	16-Nov