

U10B

DAY	DATE	MONTH	YEAR	TIME	VENUE
Sunday	22	November	2020	12pm-1pm	San Remo Recreation Centre
Saturday	21	November	2020	9.15am-10.15am	Cowes YMCA
Saturday	28	November	2020	9.15am-10.15am	Cowes YMCA
Saturday	5	December	2020	9.15am-10.15am	Cowes YMCA
Saturday	12	December	2021	9.15am-10.15am	Cowes YMCA
Saturday	19	December	2021	9.15am-10.15am	Cowes YMCA
Saturday	23	January	2021	9.15am-10.15am	Cowes YMCA
Saturday	6	February	2021	9.15am-10.15am	Cowes YMCA
Saturday	20	February	2021	9.15am-10.15am	Cowes YMCA
Saturday	27	February	2021	9.15am-10.15am	Cowes YMCA

U12B

OIZD					
DAY	DATE	MONTH	YEAR	TIME	VENUE
Saturday	14	November	2020	9am-10am	San Remo Recreation Centre
Saturday	21	November	2020	9am-10am	San Remo Recreation Centre
Saturday	28	November	2020	9am-10am	San Remo Recreation Centre
Saturday	5	December	2020	9am-10am	San Remo Recreation Centre
Saturday	12	December	2020	9am-10.30am	San Remo Recreation Centre
Saturday	19	December	2020	9am-10.30am	San Remo Recreation Centre
Saturday	9	January	2021	9am-10.30am	San Remo Recreation Centre
Saturday	23	January	2021	9am-10.30am	San Remo Recreation Centre
Saturday	30	January	2021	9am-10.30am	San Remo Recreation Centre
Saturday	6	February	2021	9am-10.30am	San Remo Recreation Centre
Saturday	20	February	2021	9am-10.30am	San Remo Recreation Centre
Saturday	27	February	2021	9am-10.30am	San Remo Recreation Centre
Saturday	13	March	2021	9am-10.30am	San Remo Recreation Centre
Saturday	20	March	2021	9am-10.30am	San Remo Recreation Centre
Saturday	27	March	2021	9am-10.30am	San Remo Recreation Centre
Saturday	3	April	2021	9am-10.30am	San Remo Recreation Centre



U14B

DAY	DATE	MONTH	YEAR	TIME	VENUE
Saturday	14	November	2020	10am-11am	San Remo Recreation Centre
Saturday	21	November	2020	10am-11am	San Remo Recreation Centre
Saturday	28	November	2020	10am-11am	San Remo Recreation Centre
Saturday	5	December	2020	10am-11am	San Remo Recreation Centre
Saturday	12	December	2020	12pm-1.30pm	San Remo Recreation Centre
Thursday	7	January	2021	5.45pm -7.15pm	Cowes YMCA
Thursday	14	January	2021	5.45pm -7.15pm	Cowes YMCA
Thursday	21	January	2021	5.45pm -7.15pm	Cowes YMCA
Thursday	28	January	2021	5.30pm-7pm	Newhaven College
Thursday	11	February	2021	5.30pm-7pm	Newhaven College
Thursday	18	February	2021	5.30pm-7pm	Newhaven College
Thursday	25	February	2021	5.30pm-7pm	Newhaven College
Thursday	4	March	2021	5.30pm-7pm	Newhaven College
Thursday	18	March	2021	5.30pm-7pm	Newhaven College
Thursday	25	March	2021	5.30pm-7pm	Newhaven College
Thursday	1	April	2021	5.30pm-7pm	Newhaven College
Thursday	8	April	2021	5.30pm-7pm	Newhaven College
Thursday	15	April	2021	5.30pm-7pm	Newhaven College

U16B

DAY	DATE	MONTH	YEAR	TIME	VENUE
Saturday	21	November	2020	1pm-2pm	San Remo Recreation Centre
Saturday	28	November	2020	1pm-2pm	San Remo Recreation Centre
Monday	7	December	2020	6.30pm-7.30pm	Cowes YMCA
Monday	4	January	2021	7pm-8pm	San Remo Recreation Centre
Monday	11	January	2021	7pm-8pm	San Remo Recreation Centre
Monday	18	January	2021	7pm-8pm	San Remo Recreation Centre
Wednesday	3	February	2021	7pm-8pm	Newhaven College
Wednesday	10	February	2021	7pm-8pm	Newhaven College
Wednesday	17	February	2021	7pm-8pm	Newhaven College
Wednesday	24	February	2021	7pm-8pm	Newhaven College
Wednesday	3	March	2021	7pm-8pm	Newhaven College
Wednesday	10	March	2021	7pm-8pm	Newhaven College
Wednesday	17	March	2021	7pm-8pm	Newhaven College



U18B

DAY	DATE	MONTH	YEAR	TIME	VENUE
Saturday	14	November	2020	12pm-1pm	San Remo Recreation Centre
Saturday	21	November	2020	12pm-1pm	San Remo Recreation Centre
Saturday	28	November	2020	12pm-1pm	San Remo Recreation Centre
Saturday	5	December	2020	12pm-1pm	San Remo Recreation Centre
Sunday	13	December	2020	12.30pm-2pm	San Remo Recreation Centre
Monday	4	January	2021	5.30pm-6.45pm	San Remo Recreation Centre
Monday	11	January	2021	5.30pm-6.45pm	San Remo Recreation Centre
Monday	18	January	2021	5.30pm-6.45pm	San Remo Recreation Centre
Thursday	11	February	2021	6pm-7.30pm	Newhaven College
Thursday	18	February	2021	6pm-7.30pm	Newhaven College
Thursday	25	February	2021	6pm-7.30pm	Newhaven College
Thursday	4	March	2021	6pm-7.30pm	Newhaven College
Thursday	18	March	2021	6pm-7.30pm	Newhaven College



Phillip Island Rips 2021 Season GIRLS TRAINGING SESSIONS

U10G

DAY	DATE	MONTH	YEAR	TIME	VENUE
Sunday	22	November	2020	1pm-2pm	San Remo Recreation Centre
Sunday	29	November	2020	1pm-2pm	San Remo Recreation Centre
Sunday	6	December	2020	10am-11am	San Remo Recreation Centre
Sunday	20	December	2020	10am-11am	San Remo Recreation Centre
Sunday	17	January	2021	10am-11am	San Remo Recreation Centre
Sunday	24	January	2021	10am-11am	San Remo Recreation Centre
Sunday	7	February	2021	10am-11am	San Remo Recreation Centre
Sunday	21	February	2021	10am-11am	San Remo Recreation Centre
Sunday	28	February	2021	10am-11am	San Remo Recreation Centre



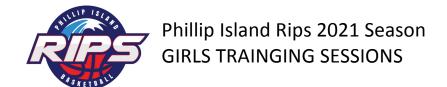
U12G

DAY	DATE	MONTH	YEAR	TIME	VENUE
Saturday	14	November	2020	11am-12pm	San Remo Recreation Centre
Saturday	21	November	2020	11am-12pm	San Remo Recreation Centre
Saturday	28	November	2020	11am-12pm	San Remo Recreation Centre
Monday	30	November	2020	4.30pm-5.30pm	Cowes YMCA
Saturday	5	December	2020	11am-12pm	San Remo Recreation Centre
Monday	7	December	2020	4.30pm-5.30pm	Cowes YMCA
Saturday	12	December	2020	10.30am-12pm	San Remo Recreation Centre
Monday	14	December	2020	4.30pm-5.30pm	Cowes YMCA
Saturday	19	December	2020	10.30am-12pm	San Remo Recreation Centre
Saturday	9	January	2021	10.30am-12pm	San Remo Recreation Centre
Saturday	23	January	2021	10.30am-12pm	San Remo Recreation Centre
Saturday	30	January	2021	10.30am-12pm	San Remo Recreation Centre
Monday	1	February	2021	4.30pm-5.30pm	Cowes YMCA
Saturday	6	February	2021	10.30am-12pm	San Remo Recreation Centre
Monday	8	February	2021	4.30pm-5.30pm	Cowes YMCA
Saturday	20	February	2021	10.30am-12pm	San Remo Recreation Centre
Monday	22	February	2021	4.30pm-5.30pm	Cowes YMCA
Monday	1	March	2021	4.30pm-5.30pm	Cowes YMCA

U14G

DAY	DATE	MONTH	YEAR	TIME	VENUE
Sunday	15	November	2020	9am-10am	San Remo Recreation Centre
Sunday	22	November	2020	9am-10am	San Remo Recreation Centre
Sunday	29	November	2020	9am-10am	San Remo Recreation Centre
Sunday	13	December	2020	11am-12.30pm	San Remo Recreation Centre
Wednesday	6	January	2021	5.45pm-6.45pm	Cowes YMCA
Wednesday	20	January	2021	5.30pm-6.45pm	Cowes YMCA

February U14G training dates to be announced.



U16G

DAY	DATE	MONTH	YEAR	TIME	VENUE
Sunday	15	November	2020	10am-11am	San Remo Recreation Centre
Sunday	22	November	2020	10am-11am	San Remo Recreation Centre
Sunday	29	November	2020	10am-11am	San Remo Recreation Centre
Tuesday	1	December	2020	5.30pm-6.30pm	Cowes YMCA
Tuesday	15	December	2020	5.30pm-6.30pm	Cowes YMCA
Tuesday	12	January	2021	5.45pm-7.15pm	Cowes YMCA
Tuesday	19	January	2021	5.45pm-7.15pm	Cowes YMCA
*Tuesday	2	February	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	9	February	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	16	February	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	23	February	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	2	March	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	9	March	2021	5.30pm-6.45pm	Cowes YMCA
*Tuesday	16	March	2021	5.30pm-6.45pm	Cowes YMCA

^{*} February and March 2021 U16 Girls Rips team training day and venue may change.

U18G

DAY	DATE	MONTH	YEAR	TIME	VENUE
Sunday	15	November	2020	11am-12pm	San Remo Recreation Centre
Monday	23	November	2020	5.30pm-6.30pm	San Remo Recreation Centre
Monday	30	November	2020	5.30pm-6.30pm	San Remo Recreation Centre
Monday	7	December	2020	5.30pm-6.30pm	Cowes YMCA
Monday	14	December	2020	5.30pm-6.30pm	Cowes YMCA
Monday	11	January	2021	5.45pm-7.15pm	Cowes YMCA
Monday	18	January	2021	5.45pm-7.15pm	Cowes YMCA
Monday	1	February	2021	5.30pm-6.45pm	Cowes YMCA
Monday	8	February	2021	5.30pm-6.45pm	Cowes YMCA
Monday	22	February	2021	5.30pm-6.45pm	Cowes YMCA
Monday	1	March	2021	5.30pm-6.45pm	Cowes YMCA
Monday	15	March	2021	5.30pm-6.45pm	Cowes YMCA