



Knox & District Softball Association Inc

P O Box 2025

Mountain Gate 3156

ABN: 39 130 955 146

COVID-19 SAFETY PLAN

KNOX & DISTRICT SOFTBALL ASSOCIATION INC
GILBERT PARK, KNOXFIELD 3180

COVID-19 SAFETY OFFICER: SUE RIGG

EMAIL: the5riggs@bigpond.com

PHONE: 0417 526 614

Date updated: November 26, 2020

Training Processes

- “Get in, train, get out” – arrive ready to train in training gear.
- Attendees must use hand sanitiser on arrival, and every 30 minutes during the session.
- Clubs must leave 15 minutes in between training sessions
- No contact including high fives/hand shaking
- Any shared equipment is to be sanitised using antibacterial wipes in between uses.
- Balls to be wiped with antibacterial wipes every 30 minutes.
- All clubs must maintain base density requirement of 4 square metres per person and physical distancing (>1.5 metres) when not training
- Sanitising stations will be provided in the pavilion/toilet areas
- Sanitise equipment before, during, after sessions and use of such equipment to be limited.
- No sharing of personal equipment.
- Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).
- Training attendance register kept – QR codes/attendance register.

Personal health

- Graded return to sport to avoid injury.
- Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).
- Washing of hands prior to, during and after training and use of hand sanitiser where available.
- Avoid physical greetings (i.e. hand shaking, high fives etc.).
- Avoid coughing, clearing nose, spitting etc.
- Launder own training uniform and wash personal equipment.

Communications

- Clubs to brief players, coaches, spectators and volunteers on return to training/playing protocols including hygiene protocols, by letter, email, text/WhatsApp message, Facebook post, and reinforcement of hand washing and general hygiene etiquette.
- Should there be a suspected case or confirmed case at the Association or Club, KDSA will immediately seek advice from DHHS via the Coronavirus Hotline on 1800 675 398 for more information and guidance.
- Display checklist and information on website and social media
- KDSA encourages the download of government COVID Safe app by all members

Facilities

- KDSA will elect a COVID-19 Responsible Officer who will take appropriate action in the event of a COVID-19 positive test from a member of the Association
- Restrictions on facility access to limit anyone who has:
 - COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.
 - Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions).
 - Travelled internationally in the previous 14 days.
- Any spectators should observe physical distancing requirements (>1.5 metres).
- Detailed attendance registers to be kept.
- Clubrooms may be used subject to density requirements – maximum allowed is 40 people
- Hygiene and cleaning protocols posters will be displayed
- Provision of appropriate personal hygiene cleaning solutions will be made by KDSA
- Allocation and signage of different doors for entry and exit
- Display signage advising of patron limits for facility
- Ensure there are plenty of bins available, which will be cleaned regularly
- Pay by card when possible – limit the use of cash

Hygiene

- KDSA will provide: Safe hygiene protocols distributed by national/state sporting body or local association, including:
 - Availability of hand sanitiser at entry/exit points to venue.
 - Protocols for sanitising stations, sanitising shared equipment, uniforms.
 - Increasing regular cleans and frequent wiping of high touch surfaces with sanitising wipes.
 - Displaying posters outlining relevant personal hygiene guidance.
 - Avoiding shared use of equipment.
 - Provide suitable rubbish bins with regular waste disposal.

Management of unwell participants

KDSA will offer:

- Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms by any member
- Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants.
- Notification protocols for notifying public health authorities and other attendees of symptomatic participants

Club responsibilities

All clubs will oversee:

- Provision and conduct of hygiene protocols as per the Plan.
- The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.
- Co-ordination of field and training operations.
- Immediately notify the Association and Club if any member has tested positive to COVID-19
- Operation of the club's facilities in accordance with this Plan.

Return to Play

- Check in upon arrival via attendance register/QR code
- Sanitise hands upon arrival
- Before touching any equipment, individuals must use sanitiser and/or soap to wash their hands and all items and surfaces must be sanitised prior to each game
- Keep 1.5m away from others
- Do not share personal items such as drink bottles, phones etc
- Sanitise equipment regularly, especially if sharing
- Do not touch the game ball unless necessary, sanitise between innings with wipes
- No team huddles or conferences with umpires
- Individual kit bags to be outside the dugout, with 1.5m from other bags and dug outs should be cleaned between training sessions and games
- Entry and exit points to the diamonds