



MEREWETHER UNITED FOOTBALL CLUB

FLOW CHART FOR HOW TO USE DEFIBRILLATOR

1. Follow DRSABC (Danger, Response, Send for help Call 000, Open Airway, Check for breathing- start CPR
2. Commence CPR- mask in blue section defibrillator. 30 compressions followed by 2 breaths. Attach defib asap)
3. Defibrillator- get from canteen
4. Shaver, scissors in back pocket. Shave hair under pad placement
5. Turn on defibrillator
6. Pull green tab to release pads
7. Stick on pads
8. Listen to defib instructions- stand back whilst reading rhythm, get others away so no interference
9. When instructed push button for shock
10. Defib will instruct to continue CPR

Ensure:

- **If pacemaker** do not put pad over pacemaker- normally raised limp and scar and normally on left over heart. If on left just put pads in opposite cross
- **Patient is not conscious when giving shock**- during CPR if patient rouses stop and put in recovery position.
- **If child** can use adult pads one over sternum and one between shoulder blades.