



2020 Competition Structure & Rules

Rules Amended 10th of June 2020 – Covid-19

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1 CLUB COMPETITION STRUCTURE AND SEASON DATES

1.1 Grade structure

Premier and Premier Reserve Grades

The Premier Competition (Premier and Premier Reserve grades) is a closed competition. Only teams who have gained entry from the previous season are eligible to play in the Premier competition. During the season, the automatic promotion/relegation at the end of each round allows movement between the grades. All Premier and Premier Reserve Grades will consist of 8 teams.

- 1.1.1 At the start of the season, each club and school is limited to a maximum of two teams per grade. This restriction does not apply during the season after automatic promotion/relegation. Team positions will be readjusted at the beginning of the next season to comply with the two teams per section policy.

Senior grades (not open to schools)

The Senior competition has open grades (i.e. each club can enter teams at an appropriate level). Team's placings within the grades will be *based* on the previous season's final rankings however Netball Wellington Centre may move teams up or down depending on a team's player composition and advice from the club.

As in previous years Senior 5-7 will be made up of 8 teams where possible but may be reduced to 6 or 7 teams if necessary.

1.2 Club Competition Dates and Format – Premier and Premier Reserve

2020 Winter Comp variations due to Covid-19 –Prem, Prem res 11 Week Club Comp Premier and Premier Reserve

Round 1	27 th June – 8 th of August
Round 2 (3 Week)	15 th of August to 29 th of August
FINAL (1 Week)	5 th of September

Round 1 (7 Games)

The winter netball competition starts with three Premier grades, four Premier Reserve grades. Each of these grades will play a round robin in the first round, with the top two teams automatically promoted to the grade above at the end of that round, and the bottom two teams automatically relegated to the grade below. **With the exception of Premier Reserve 4, they will not drop down.**

Round 2 (3 Games) Premier and Premier Reserve

Move into top 4 and bottom 4, play 3 weeks round robin.

Top 4: 1, 2, 3, 4

Game 1	1 v 3 - 4 v 2
Game 2	1 v 2 - 3 v 4
Game 3	1 v 4 - 2 v 3

Bottom 4: 5, 6, 7, 8

Game 1	5 v 7 - 8 v 6
Game 2	5 v 6 - 7 v 8
Game 3	5 v 8 - 6 v 7

Final (1 Game) Premier and Premier Reserve**Final**

Finals:	Top 1-4 1 vs 2 - 1 st and 2 nd place Grand Finals 3 vs 4 - 3 rd and 4 th place
Finals:	Bottom 5-8 5 vs 6 – 5 th and 6 th place 7 vs 8 – 7 th and 8 th place

The final placings for the 2019 season will be the starting grades for the 2021 season.

1.3 Club Competition Dates and Format – Senior**2020 Winter Comp variations due to Covid-19 – Senior 10 Week Club Comp****Senior Grade**

Round 1	27 th June – 8 th of August
Round 2 (Three Weeks) Finals	15 th of August – 29 th of August

Round 1 (7 Games)

The winter netball competition starts with three Premier grades, four Premier Reserve grades, and six/seven senior grades.

Each of these grades will play a round robin in the first round, with the top two teams automatically promoted to the grade above at the end of that round, and the bottom two teams automatically relegated to the grade below. With the exception of Premier Reserve 4, they will not drop down.

The Senior Grades, they will play the below format

Senior 1-2 grading round 1	
Pool 1	Pool 2
1	2
4	3
5	6
8	7
9	10
12	11
13	14
16	15

Round 2 grades	
Senior 1	Senior 2
1 st in Pool 1	5th pool 1
1 ST in Pool 2	5th pool 2
2nd pool 1	6th pool 1
2 nd pool 2	6th pool 2
3 rd pool 1	7 th pool 1
3 rd pool 2	7 th pool 2
4 th pool 1	8 th pool 1
4th pool 2	8 th pool 2

Round 2 (3 Games) Senior Final Series

The play-off format will be:

Week 1: Quarter Final	1 v 8, 2 v 7, 3 v 6, and 4 v 5
Week 2: Semi Final	GAME 5 = Winner 1 v 8 v Winner 3 v 6 GAME 6 = Winner 2 v 7 v Winner 4 v 5 GAME 7 = Loser 1 v 8 versus Loser 3 v 6; GAME 8 = Loser 2 v 7 versus Loser 4 v 5
Week 3: Final	Winner of GAME 5 v Winner of GAME 6 Loser of GAME 5 v Loser of GAME 6 Winner of GAME 7 v winner GAME 8 Loser of GAME 7 v loser of GAME 8

2 COLLEGIATE COMPETITION STRUCTURE AND SEASON DATES

- | | |
|---|---|
| • Saturday 27 June | Start of Round 1 |
| • Saturday 11 July | School Holidays - NO COLLEGIATE GRADE GAMES |
| • Saturday 1 st August | End of Collegiate Round 1 |
| • Saturday 8 August | Start of Round 2 |
| • Saturday 5 th of September | FINAL game for Collegiate Competition |

Note: There will be no competition games on:

- Saturday 11 July 2020 (School Holidays)

2.1 Grade Structure

Collegiate grades (open to schools only)

All college teams not in the Premier or Premier Reserve competition play in the collegiate grades according to their level.

All teams in collegiate grades must supply their own umpires (one per team). This umpire must be the same person for the whole game.

In the event that results show a team is clearly in the wrong grade, Netball Wellington Centre may exercise discretion to move a team further than the automatic promotion/relegation would allow, at the conclusion of Round 1.

The Grades for 2020 will be:

- Collegiate 1, 2 & 3
Open Grade competitive teams of any age/school year level. Played at ASB Sports Centre
- Collegiate 4 & 5
Open Grade social teams of any age/school year level. Played at Hataitai Netball Courts
- Junior Collegiate (JColl) 1 and 2
Junior Grade - open only to Year 9 & 10 teams. Played at Hataitai Netball Courts

2.2 Collegiate Competition Dates and Format

Collegiate Competition Dates and Format 10 weeks

Round 1	(5 Games) 27 th of June – 1 st of August No games on the 11 th of July
Round 2 (Finals Round)	(5 Games) 8 th of August – 5 th of September

10 week Collegiate Winter Comp Format

Round 1 - Grading Round

Each Grade will consist of up to 2- 4 sections of 6 teams (maximum of 24 teams per grade), Team's placings within the grades will be based on the previous season's final rankings however Netball Wellington Centre may move teams up or down depending on a team's player composition and advice from the School.

- 5 game round robin
- 6 teams per section in each grade
- Where possible we will try and have no more than 2 teams from each college in each section of each grade.

Round 1 – Collegiate 1-4 and Junior Collegiate grades

- Collegiate grades will consist of up to 2 -4 POOLS of 6 teams. These teams will be seeded on last years rankings.

Round 1 – Collegiate 1-4 and Junior Collegiate

Pool 1	Pool 2	Pool 3	Pool 4
1	2	3	4
8	7	6	5
9	10	11	12
16	15	14	13
17	18	19	20
24	23	22	21

Round 2 – Final Round

Round 2 – Collegiate 1 grades will be based on the following rankings after Round 1. Collegiate 2 – 5 will following that same format based on their rankings after round 1.

	Collegiate 1A	Collegiate 1B	Collegiate 1C	Collegiate 1D
1	Pool A 1 st	3 rd ranked 2nd	Pool A 4 th	3 rd ranked 5 th
2	Pool B 1 st	4 th ranked 2nd	Pool B 4 th	4 th ranked 5 th
3	Pool C 1 st	Pool D 3 rd	Pool C 4 th	Pool A 6 TH
4	Pool D 1st	Pool C 3 rd	Pool D 4 th	Pool B 6 TH
5	1 st ranked 2nd	Pool B 3 rd	1 st ranked 5th	Pool c 6th
6	2 nd ranked 2nd	Pool A 3 rd	2 nd ranked 5 th	Pool D 6 TH

In the event that results show a team is clearly in the wrong grade, Netball Wellington Centre may exercise discretion to move a team further than the automatic promotion/relegation would allow, at the conclusion of Round 1.

The winners of these grades will be decided on points. No finals will be held for a 10 week competition.

The final placings for the 2019 season will be the starting grades for the 2021 season.

Cancellation of Games at Hataitai

-

Collegiate grades played at Hataitai may be cancelled due to bad weather. Cancellations will be notified via the following media:

- Published on the NWC website (www.netballwellington.co.nz)
- NWC Facebook Page.

There is no opportunity to catch up games lost to weather.

If a game is cancelled due to weather the following applies:

During Round 1

Games will continue according to the draw (i.e. the cancelled game will not be played) and final placing will be based on the number of games completed.

During Round 2

Games will continue according to the draw and quarter-final places will be based on the number of games completed.

Team Places

Final Team places will be determined on Round 2 rankings, (with the highest placed team in the round robin will be declared the winner of the grade, and so on). If still undecided then the Round 1 results and ranking will be considered.

3 GENERAL COMPETITION INFORMATION

3.1 Game lengths and breaks

Grade	Game length	Quarter length	Breaks
All grades	40 min	10 min	90sec, 2 min, 90 sec

3.1.1 Timing of Matches

Timing of matches is generally undertaken from the Pavilion (Hataitai) or the Games Office (ASB) with start and finish times of each quarter signified by a central bell/hooter.

All games should start on the central bell. The end of the Quarter shall occur on the umpires whistle at the end of the central bell.

Where a game does not start on the starting bell due to the umpires being late to the game:

The game shall start as soon as the umpires are present on the court, but no extra time shall be played past the end of the quarter indicated by the central bell.

3.1.2 Stoppages

Premier

Stoppages – Players in court may ask the Umpire for a stoppage without the reason of Injury/illness or blood being required. All other procedures around the Stoppage are conducted as per current International Rules. (ANZ Stoppage Rule)

Premier Reserve, Senior & Collegiate grades follow the International Rules process for stoppages.

DO NOT STOP THE INDIVIDUAL ON-COURT AUTOMATED TIMER FOR ALL GRADES

During a stoppage:

(a) For injury/illness of a player or blood:

(b) In an emergency or other circumstances, implement the following procedure:

3.1.2.1 The umpires allows time for blood when noticed or for injury/illness when requested by an on-court player (in extreme circumstances the umpires may hold time without a request being made).

3.1.2.2 The player concerned must leave the court immediately and any substitutions made within 30 seconds. The timekeepers advise the umpires when 10 seconds remain.

Only primary care person/s are permitted on the court to assist the player from the court.

In the event that the primary care person/s advise the umpires that the player concerned cannot be removed safely within 30 seconds, the umpires will extend the time for the player to leave the court.

The umpires may authorise other persons (including team officials) to assist the player to leave the court if needed.

During the stoppage both teams may make substitutions and/or team changes, provided these are completed within the 30 seconds for the stoppage.

If no substitution is made for the injured/ill player, or for a player who is bleeding, play may resume with the position left vacant. If the player is the Centre and no substitution is made, one player must move to play as Centre to allow the match to continue.

If the position is left vacant the player concerned or a substitute may subsequently, after advising the umpire, take the court immediately after one of the following:

A goal has been scored (in this case the player or the substitute must play in the position left vacant)

A stoppage for injury/illness or blood

An interval.

3.1.2.3 In extreme circumstances and in consultation with the event organiser, the umpires may decide to abandon a match if the safety of players and/or officials is considered to be at risk.

3.1.2.4 Once the injury has been attended to and the game is safe to recommence the umpire blows the whistle to re-start the game and play restarts from where the ball was when play stopped:

If the ball was out of court play restarts with a throw in

If an infringement was signalled before play was held play restarts with the sanction awarded

If the ball was on the ground or the umpire is unable to say which team had possession of the ball, play restarts with a toss up between any two opposing players allowed in the area.

3.2 Competition points

Win	4 points
Draw	2 points
Bonus Points	
Loss by 3 points or less (40 minute games)	1 point to losing team
Default/Forfeit	-2 points + any applicable fine (15-0 score will be applied at the time of the default and revised at the end of the round)
Failure to perform umpire duty	-2 points + any applicable fine

If two or more teams are tied on points, the leading team shall be the team with the higher points differential (goals for minus goals against).

If this cannot be determined or is equal then, the leading team shall be the team with the higher goal ratio (goals for divided by goals against).

3.2.1 Default/Forfeit Score

At the time of a team defaulting/forfeiting a game, a score of 15-0 will be applied. However this will be revised at the end of the round to take into account both teams ranking within the grade. The score for the defaulting/forfeiting team will always be zero. The score applied to the other team will always be a minimum of 15, but can be higher by using the following formula.

Find both team's average points differential for the round and minus one from the other. E.g. if the teams' point differentials are 240 and 50 over a seven week round, the average will be 34.28 & 7.14, meaning a score line of 27-0 will be applied (34 minus 7 equals 27).

3.3 Results

Results and the points tables are updated weekly on the Netball Wellington Centre website (www.netballwellington.co.nz). Clubs are responsible for checking results and informing the NWC of errors. Errors identified after finalists or promoted/relegated teams have been notified will not be amended. Please ensure that you check the results and any errors are communicated to NWC by Monday 9am following the last game played within the round.

3.4 Provision of scorers

All teams must provide a scorer for each scheduled game. Unless otherwise agreed, the role of scorer should be rotated between the teams either at each quarter time or swapped from one team to the other at half time.

A representative from each team should be with the scorer/scorecard at all times to prevent disputes regarding the score. Unless there is evidence to the contrary that is satisfactory to Netball Wellington Centre, the official score will be the score on the scorecard. Except in Premier 1, the scorer/team representative may change during the game.

3.5 Procedure for a tied Play Off Game

In the event that the score is level at full time in a Play Off game the following procedure will be implemented to find an outright winner to the game.

If this procedure is not followed and extra time is not taken, the highest ranked team on the points table will be declared the winner. A Play Off game is any game in which there must be a winner and includes a quarter final, semi final, final, promotion or relegation game.

3.5.1 For all grades, in the event that the score is level at full time in a Play Off game the following process will apply;

The scorer must notify the umpires immediately that the game is drawn.

The umpire will hold play in the position where the ball is held.

Play will then continue, on the umpire's whistle, from this position until one team has a two goal margin (**not two goals scored**).

3.6 Team bench regulations

These rules apply for all grades.

All court side lines are to be clear of spectators, team gear/equipment and spectator/player items, including (but not limited to)

Bags, drink bottles/drink bottle crates, balls, prams/pushchairs, wheelchairs, umbrellas (at Hataitai) etc

3.6.1 Games at the ASB Sports Centre

At the ASB Sports Centre team benches will be located in the middle side-line (in between the courts) on each side of the court console desk. Only team officials and registered team members are permitted to sit on the team bench.

Teams are to notify the umpires of the position of their bench.

Team 1 (which is the first team listed in the draw) has the bench to the right-hand side of the court console desk (facing the court). Team 2 (which is the second team listed on the draw) has the bench on the left-hand side of the court console desk.

The time keeper and the scorer are to be seated at the court console desk (in line with the centre circle) so that their position is clear to the umpires.

Exceptions to this positioning will be made if bench and automatic scoreboard facilities are not available.

During play team officials and bench players must remain at the team bench, except that bench players may leave the team bench for a valid reason (such as to warm up).

3.6.2 Games at the Hataitai Netball courts

The scorer (and time keeper where applicable) are to be situated in line with the centre circle so that their position is clear to the umpires.

Coaches, managers and team area must take up a position at the side of the court close to the centre of the court.

Teams may choose to stand on opposite sides of the court, but the positions must be clear to the umpires.

During play, team officials and bench players must remain within the team area, except that bench players may leave the area for a valid reason (such as to warm up).

4 COMPETITION RULES

Unless otherwise stated within these Competition rules, the International rules (as per the International Rule Book) apply to the 2020 NWC Winter Competition. These Rules may be varied, amended, revoked or added to by the NWC Board at any time however, other than clarification to remove ambiguity, or to rule on a situation not provided for, every effort shall be made not to change these Rules during the Winter Competition.

4.1 Disputes and Rulings

When a Competition rule is ambiguous, open to interpretation, or two rules are contradictory, or silent on a particular circumstance, NWC reserves the right to make a decision based on the intention of the specific rule or these rules generally and in the best interests of the competition and in the Spirit of the Game.

4.2 Competition Gender

The 2020 NWC Winter Competition is a female-only competition.

Transgender players may apply for dispensation to play and will be covered by Section 3.4 of Part VII (Integrity Regulations) of Netball NZ's Regulations.

4.3 Affiliation of a Member Club, Member School or Member Team

Teams will only be accepted into the Netball Wellington Centre competition if they are part of a Member Club, Member School or Member Team. A team, school or club wishing to become a member of Netball Wellington Centre must apply in writing to the Centre, enclosing an affiliation fee of \$130 and an application to register their uniform. After an absence of two playing years, a team, club or school must reapply to Netball Wellington Centre and pay the affiliation fee.

4.4 Registration of teams

Clubs and schools must return the "Annual Registration Form" with the number of teams and their grade as outlined in the registration information. Teams not registered in this manner will not be entered in the competition (unless the Board exercises its discretion to accept late entries).

4.4.1 Team Rankings

Clubs and schools must number their teams ranking from highest to lowest (with the highest team being numbered 1). Where there is more than one team from that club or school in a grade, the highest ranked team is that with the lowest number. Teams that move through promotion/relegation during the season retain their number even if it places them out of sequence with the other teams in their club or school. Teams are welcome to also advise a team name, however the ranking number will also be associated with the team, i.e. Ories 1 White.

Please note that clubs and schools must use all reasonable endeavours to ensure that teams are ranked strictly in accordance with their ability, as this will assist in making our competition as competitive as possible, and ensuring players enjoy their season.

4.5 Registration of players (For All Grades)

4.5.1 Players can only be registered in one club or school team during the season. The only exception to this is where a transfer has been approved during the season pursuant to rule 4.13.

4.5.2 It is preferable that all players attending secondary school register to play for their school. However, if a secondary school player registers for a Club team (regardless of whether they played for the club in previous seasons) the Club must advise NWC and complete a notification form.

- 4.5.3 No players attending primary or intermediate school will be accepted as registered players for any competitions or grades within the NWC Winter Competition. Dispensation requests regarding this rule will be reviewed by the NWC Board and final decisions made at its discretion.
- 4.5.4 Players can register with another club in another Centre only after a notification form has been completed and confirmed by the NWC General Manager. Player welfare is important to NWC and having this information will allow us to support and guide players more in this area.
- 4.5.5 Players will commit to NWC for their representative teams and school netball teams. This will take precedence over club teams for external tournament fixtures. Players must trial for NWC representative teams and if unsuccessful they may request a dispensation to trial for another centre.

NOTE: Representative players must be registered as a representative player with only one netball Centre/Zone in any one calendar year. All players must be registered in the Centre/Zone for which they are a representative player by **31 July**, unless the Centre/Zone in which the player was registered prior to 31 May consents in writing to the transfer.

4.6 Player registration at start of season

Clubs, schools and member teams must complete their team registration online and ensure that it includes the names and date of birth (as a minimum) of all players in that team. This must be completed and advised to the Centre by 10th June 2020 for all teams.

N.B. It is recommended that Clubs ensure that all players have completed a club registration form prior to registration with Netball Wellington Centre. Club registration forms should include a statement whereby the player agrees to be a member of the club and hence Netball Wellington Centre. Copies of the club registration form of each player should be held by the club secretary/co-ordinator and a copy may be requested by Netball Wellington Centre, should proof of registration be required (e.g. in the event of representative team or player development squad selection).

4.7 Player registration after season start

- 4.7.1** Clubs, schools and member teams must notify Netball Wellington Centre if there are any changes to Premier, Premier Reserve, Senior or Collegiate team registrations by **26th July 2020**. **Up to this date, players may be registered and de-registered at no additional cost.**
- 4.7.2 After **26th July 2020**, all additional player registrations during the season must be notified in writing to Netball Wellington Centre. **Once a team has 16 registered** players every additional registration will incur a fee of \$30.00. All changes or additions to teams must comply with the grading rules (see rule 4.8).
- 4.7.3 Clubs, schools and member teams can register a player on Saturday, at the time of registration, by filling in Player Registration form available at the Games Office. A new player may take the court on that day but the registration will not be confirmed until the player is checked against the grading rules by NWC Staff in the following week and a fee of \$30 is paid (where the team has more than **16 registered players**). Therefore, it is the responsibility of the club/school to check a player is eligible to play for their school/club team and in the correct grade or the team may risk losing points or incurring a fine.

The fine for playing an unregistered player is \$50 plus \$30 registration fee and forfeiting the game.

The fine for playing under another person's name is \$50 and forfeiting the game.

4.8 Franchise Players

- 4.8.1 A franchise player is one who is contracted to a franchise in the ANZ Premiership competition. It does not include a training partner.
- 4.8.2 Franchise players can only be registered in the Premier 1 grade. For secondary school franchise players wanting to play for their school, a dispensation request is necessary if the top school team is playing in a grade lower than Premier 1.
- 4.8.3 All franchise players must be registered no later than 25th July 2020 (as per Rule 4.5.2). Late registrations of Franchise players will not be accepted after 25 July 2020.
- 4.8.4 There is no restriction on the number of Franchise or Beko Netball League players in a team.
- 4.8.5 At any stage during the season in any one game, a Premier 1 team or the top secondary school team can only have a maximum of two (2) Franchise players on court at any one time.
- 4.8.6 The Playing up Rule (Rule 4.12.3) applies to Franchise players as well. i.e. in the situation that a Premier 1 Club has 2 teams in Premier 1, and those teams both have Franchise players, the Franchise players registered for the second team can play up in the first team however the rule, only a maximum of two (2) Franchise players on court at any one time still applies. Please note any Franchise players registered in the first team cannot play down in the club's second team.

The fine for playing more than the allowed two franchise players is \$50.00 and forfeiting the game.

4.9 Registered uniform

- 4.9.1 A new club, school or team must submit a colour image of their proposed uniform and bib enclosing a sample of materials to Netball Wellington Centre for approval and registration. Once registered, any other club, school or team may not wear the same uniform. If a club, school or team is disbanded, the uniform shall remain on the register for two years.
- 4.9.2 Any proposed alteration to an existing registered uniform must first be approved by Netball Wellington Centre, following the process described above.

4.10 Dress code

No player may take the court in an unregistered uniform.

Sports shoes must be worn.

Players may wear wedding bands (flat) and medical bracelets only if taped.

Subject to (c), players must not wear jewellery of any kind, including rings, bracelets, necklaces, anklets, friendship bands, necklaces of cultural or spiritual significance, piercings/studs/bars/gauges (including ears, eyebrow, face, nose, tongue, lip, cheek, or body).

In addition to the above, Fitbits may not be worn or concealed under a sweatband or strapping. Players may not take the court wearing bicycle pants no longer than mid-thigh. Players may not wear full-length compression tights, G-strings or skimpy underwear, trousers, track pants or jeans. The sole exception is for players playing outdoors at Hataitai Courts who are allowed to wear long sleeved tops (does not include leggings) of a dark colour (black or navy blue) or another colour where it matches the uniform colour when playing in inclement weather.

A player may apply in writing to Netball Wellington Centre for a variation from the registered uniform for medical or cultural reasons or other special circumstances. For teams playing outside, consideration may be given to players wearing sweatshirts during inclement weather. Umpires will

use their discretion in such circumstances.

A player taking the court in an unregistered uniform or breaching the above dress code will incur a fine of \$20 and may be asked to leave the court.

4.11 Saturday team & player registration

4.11.1 All teams are required to check in with the Game Office, at least 15 minutes prior to game time. Managers need

4.11.2 Managers are advised to complete online registration by 8am on the Monday following the scheduled game. In the event the named player is not online, email confirmation must be sent to the club/College coordinator notifying the unregistered player.

4.11.3 Spot checks for unregistered players will be conducted throughout the season.

4.11.4 Premier grade teams (Premier 1-3) must also complete a Team Game Sheet each week. Substitutions for each quarter must be noted on the Team Sheet, and the sheet handed to the Gams Office - Front desk immediately after the game.

4.11.5 New players must be registered by 8am on the Monday following your schedule gamed. Registrations must be sent via your club/college coordinator.

4.12 Grading Rules

4.12.1 Re-grades

Clubs and schools must apply to Netball Wellington Centre in writing for re-grades of players as follows:

for players who have played at International level at any stage wishing to play in Premier 3 or any grade below Premier 3;

any player who wishes to play in any grade that is more than two grades below the highest grade they have played in the previous two seasons.

The approval or rejection of an application for a regrade shall be made by the Netball Wellington Centre Board in its sole discretion. When considering whether a regrade for a player is appropriate, the Board will take into account:

medical conditions;

return to netball after one or more seasons off;

placement of the next team below within the club;

inability to cope at the higher level previously played;

fairness to other players in the grade the player wishes to be regraded to;

And any representative history.

An application for an emergency regrade may be made in writing to Netball Wellington Centre by no later than 12.00pm on the Friday prior to the Saturday or scheduled game.

4.12.2 Playing up/down grades

No player may play for a team in a club or school other than the club or school for which that player is registered.

No player may play for a team in a grade lower than the grade in which they are registered.

In addition:

Subject to (b), where more than one team from a club is entered in one grade, a player in the lower ranked team (by team number) may play in the higher ranked team, but not vice versa.

College players and Senior Players may play for a lower team in their school/club, but only if they are in the same Collegiate/Senior pool/grade.

All rules regarding playing for other teams apply equally to Premier 1 teams.

4.12.3 Playing up

During all games leading up to finals, players may only play 'up' on a total of **Five** occasions (i.e. for any team in their club that is in a grade higher, or in the same grade but ranked higher than the one in which the player is registered).

Where a player plays up a **Sixth** time, to a higher ranked team, that player is then deemed to be registered as a permanent member of the team they have played up for and will be ineligible to play down for the remainder of the season.

In special circumstances, the Board of Netball Wellington Centre may grant an exemption from this deemed regrade. Application for such regrade must be made in writing through the Netball Wellington Centre. Until such time as an exemption is granted (if any), the regrade stands.

4.12.4 Finals Eligibility

A player may only play for a team in the Final (Premier, Premier Reserve) and Quarter, Semi and Final (Senior) match or in any if that player has taken the court for their own registered team on at least two occasions previously that season.

The "Playing Up" rule (Rule 4.12.2) applies. However Rule 4.12.3 (Playing up limit) will still be enforced during the Finals.

The fine for playing "down" is \$50, plus the team in which the individual played shall forfeit the match in question.

The fine for playing "up" without dispensation and over the two games is \$50, plus the team in which the individual played shall forfeit the match (or matches) in question.

4.13 Transfers and Unfinancial players

Subject to the grading rules, players may transfer between clubs, schools, regions and centres.

Transfers during the season must be notified to Netball Wellington Centre by the club to which the player is transferring, accompanied by a letter of agreement from the club which they are transferring from, that there are no financial obligations.

Netball Wellington Centre does not take responsibility for unfinancial transferring players, unless the player has an outstanding debt or obligation to Netball Wellington Centre. It is the responsibility of clubs, schools and teams to follow up unfinancial transferring players.

4.14 Dispensation or deferment for representative duties

Representative duty is defined as a player, coach or manager travelling away from Wellington within one of the following representative teams a:

Netball Wellington Centre representative team;

Netball Central Zone representative team; Beko Players

Netball New Zealand, International age group, Secondary School or Senior representative netball team.

4.14.1 Deferment

Note: A deferred game cannot be deferred for a second time.

Where a team has **three** or more members (may include the coach or Manager) who are unavailable to play or coach/manage in the scheduled Saturday competition day due to Netball representative duties or NNZ affiliated duties, the team may request **to defer the game**. (Please note: The last game of a round may not be approved to be deferred, as in most cases the new round starts the following week and subsequent draws rely on an outcome).

A deferment request must follow the following procedure;

An application to defer must be made to the Netball Wellington Centre Games Coordinator no later than one week prior to the scheduled game. The application must be accompanied by not less than 3 alternative dates that the game can be played, all at times that are after 5.30pm if a weekday, and name a venue.

The game must be played within two weeks of the scheduled game, so the suggested alternative dates referred above must be within this time frame.

Before a deferment is granted the two teams involved must come to an agreement on the date, time & venue for the deferment.

Teams who apply for deferments are responsible for organising the game in consultation with Netball Wellington Centre and for reimbursing each umpire for out of pocket expenses.

Game time change request – Outside the deferment rule. If a team requests for a game time change, a request needs to be made first to NWC and then to the club they are playing. It is up to the club they are playing to agree for the time to be changed. The team putting in the request needs to notify NWC once confirmed with the new game time. The game has to be played before the next competition game. No game time changes can be made to the last game of the round or semi finals and finals.

Game time change request needs to be made and agreed one full week prior to the scheduled game.

4.15 Defaults

Clubs, schools and teams must notify the Netball Wellington Centre of defaults by **12.00 noon** the Friday prior to the scheduled game. All notifications to NWC must be made through the Club Secretary or School by email to games@netballwellington.co.nz.

A default notified prior to 12.00 noon on the Friday before the scheduled game incurs the following penalties:

Premier, Premier Reserve and Senior teams: \$100 plus the forfeiture of the game and loss of two competition points.

Collegiate grade teams: \$40 plus forfeiture of the game and loss of two competition points

A late default fine will be incurred for defaulting after 12.00 noon on the Friday prior to the scheduled game. If the fine is not paid within two weeks of the late default, the team will be withdrawn until payment is made.

A late default (notified after 12.00 noon on the Friday before the scheduled game or a no show on the day) incurs the following penalties:

Premier, Premier Reserve and Senior Competition teams: \$200 plus the forfeiture of the game and loss of two competition points

Collegiate Grade teams: \$100 plus the forfeiture of the game and loss of two competition points

NWC encourages all teams to make this outcome, one of last resort. The team who defaulted will forfeit the game and the score will be recorded as 15-0 in favour of the other team.

4.16 Player Welfare

4.16.1 Fair Play

As well as adhering to the Netball New Zealand Code of Conduct (See 6.1), all members (Players, Coaches, Managers and Officials) are expected to adopt fair play practices in their games.

No foul language or intimidation directed towards players, umpires or staff is tolerated on court or on the sideline during a game.

Teams who are considered to be not applying fair play principles in their participation may be excluded from the competition. Netball Wellington Centre applies the following fair play principles to its competitions:

Fair Play in netball means:

Always playing fair and within the rules.

Always respecting your opponents and officials.

Always giving it heaps, but keeping your cool.

Always respecting and supporting your team-mates, coaches/managers.

Always play to the best of your ability and within the spirit of the game.

Adhere to all Drugfree Sport New Zealand and WADA requirements.

All breaches of Code of Conduct or fair play must be reported to NWC either directly after the game to the Game Office – Front Desk staff, or for formal complaints in writing by 12:00 noon Monday following the game.

Players deemed to have breached fair play may be penalised by the umpires under Rule 13 of the International Rules of Netball

4.16.2 Breaches of the Code of Conduct or Fair Play

All breaches of Code of Conduct or fair play must be reported to NWC either directly after the game to the front desk staff, or for formal complaints in writing by 12:00 noon Monday following the game. The full disciplinary procedure for NWC is outlined in Section 6.2 of these rules.

A single instance/occurrence of misconduct would not make a member liable to have their membership terminated. For cases of misconduct, disciplinary action involves successive warnings before termination is considered. But a single instance/occurrence of serious misconduct would

make a member liable for a severe penalty, which could include termination of membership without the need for any further warning to be given.

Type of Misconduct - The seriousness and consequences of any case of misconduct depend on the circumstances in which it occurs. The following list should therefore be used as a guideline only. If you are concerned about something you have done, discuss it with an NWC Staff member or Board Member.

1. Misconduct - The following are some examples of misconduct

- Swearing at umpires or volunteers
- Breach of Smokefree policy
- Continual lateness for games
- Unsuitable dress or presentation
- Unsatisfactory performance (this applies to volunteers, umpires, coaches etc.)
- Consumption of alcohol
- Breaching the fair play obligations set out in rule 4.16.1.

2. Serious Misconduct - The following are some examples of serious misconduct

- Illegal possession or consumption of drugs
- Violence or threats of violence against others
- Threatening, abusive or insulting behaviour to any person
- An act of negligence or unsafe practice which seriously effects safety or health of any person
- Failure to comply with any of the safety policies, procedures, operating or rules of NWC
- Harassment of any person, sexual, racial or otherwise

This policy incorporates aspects of the Code of Conduct and Ethics of Netball New Zealand.

4.16.3 Pregnancy Guidelines

Netball Wellington Centre considers that pregnancy is a state of health, not an illness. It is important that all athletes are fully informed of the risks. As such NWC follow the Netball NZ Pregnancy guidelines, and suggest anyone either pregnant or involved with a pregnant player (coach, manager or club official) read through the guidelines and follow any appropriate steps to ensure the safety and health of the player and their child.

The Netball NZ Pregnancy guidelines are under section 6.3 of these rules.

Video and photography of players

Netball Wellington Centre will be taking videos &/or photos of games throughout the season to share on their facebook page &/or use for promotional materials only. If a player does not want to be included in videos or photos it is important they advise the Centre at the start of the season.

Parents wishing to video or take photos must respect other player's privacy before displaying these on social media.

4.17 Umpiring duties

4.17.1 Player Umpire Requirements:

Premier, Prem Reserve and Senior 1 - 5 will be required to provide 2-4 umpires after each game every week.

All teams playing in collegiate grades must provide one umpire for their own game.

College teams in Premier & Premier Reserve grades will be required to supply umpires as above.

All player umpires must report to the office immediately following their game for allocation to games in the following round.

Premier 1-3 teams playing the last rounds may need to provide umpires at the earlier round when required.

4.17.2 Player Umpire Duties:

All games must have two umpires;

In all cases, once an umpire begins a game, that umpire must umpire the entire game. Umpires may not be changed during the course of the game (except in the case of injury to the umpire); and/or at the discretion of the NWC Staff.

Player umpires shall, as far as possible, umpire at least two grades below that which they play and should not umpire another team from their club or school.

Failure to report and/or failure to provide umpires as per the schedule will result in a fine of \$50 per umpire plus the loss of two competition points per umpire.

The fine set out above shall increase if the team fails to comply with this requirement more than once. On the second failure, the fine shall be \$100 per umpire. On the third occasion, the fine shall be \$200 per umpire, and so on.

Player umpire must don neutral colours before taking the court to avoid confusing on-court players. Black or white preferable.

Provide own whistle or come prepared to purchase a whistle well in advance of the start of the game. Available at the Games Office - Front Desk. \$6.50 finger whistle or \$5 basic whistle options available. Cash or eftpos available. Loan whistles not provided.

Player umpires must report for duty at the Game Office – Front Desk prior to the start of the game regardless of whether on duty or reserve. Player umpires must sign-in and stay in the near vicinity of the Front Desk until released by NWC Staff. Risk fine if not adhered to.

Player umpires are responsible for the following duties pre-match:

- Nail & jewellery check
 - Establishing & noting on the scorecard which team has the first pass (Evens)
 - Requesting match ball and retaining on console desk.
 - Returning score card and match ball (where applicable) to NWC Games Office – Front Desk.

4.18 Player Umpire Recommendations

4.18.1 Attend 101 Workshop virtual work shops.

Dates TBC for virtual work shops. If you would like to book for your school/club, please contact Sue: gm@netballwellington.co.nz

It is our recommendation all player/umpires are required to undertake and pass the Centre Theory Test. This can be either online through Netball NZ, or under the guidance of the Club or College, prior to the end of Round 1.

4.18.2 Practical umpire Training

Any club can request some practical umpire training for their players from NWC, there will be a cost involved.

4.19 Office duty

All member teams, clubs, and schools are required to fulfil office duties at either Hataitai or ASB Sports Centre during the season to assist with the smooth running of the competition.

Clubs and schools with four or more teams are rostered on their own. Clubs and Schools with less than four teams and Member Team (one team club) will share duty with at least one other club/school/team.

Unless otherwise notified by Netball Wellington Centre, two people must be in the office at all times during the duty period. Teams sharing the roster may choose to provide one person each. The duty people should be responsible adults or senior college students. An office supervisor will instruct and assist.

Only those on duty are allowed behind the desk. Please refrain from creating congestion in the desk area.

Failure to report for office duty, or to complete the entire duty as rostered, will result in a \$100 fine.

4.20 Health & Safety

All accidents, injuries or incidents both on and off the court must be reported to the front desk on the day or as soon as possible thereafter. In the case of injury a NWC Injury form must be completed either by the injured player, or if this isn't possible by a team or club official.

In 2020 Netball Wellington Centre will have Qualified First Aid providers on site at both the ASB Sports Centre and Hataitai Netball Courts if they are available to service these venues.

There will be no first aid at Hataitai on the 27th of June.

5 ADMINISTRATION

5.1 Annual registration fees

All annual registration fees must be paid in full by **16 of August 2020**.

- 50% due 20th July and the remaining 50% due 16th of August 2020.

Late payment will result in a 10% penalty on all outstanding amounts, and may result in suspension from the competition and players being ineligible for representative teams as deemed Unfinancial.

Teams who withdraw **after 23rd of June** must pay the full registration fee. Failure to pay by the due date may result in the team being defaulted.

UPDATED FEES FOR THE 2020 SEASON

11/10 weeks, Prem 40 mins	Prem 1 - 3	Collegiate Prem 1-3	Prem Res	Senior	Collegiate Prem Res	Collegiate 1 - 3	Collegiate 4 - 8
Number of weeks	11	11	11	10	11	10	10
Fees (incl GST)	\$1,350	\$1,230	\$1,350	\$1,320	\$1,230	\$640	\$425
NWC	\$1,202	\$1,142	\$1,202	\$1,172	\$1,142	\$551	\$336
NNZ							
NCZ	\$148	\$89	\$148	\$148	\$89	\$89	\$89
Per player, per team of 10	\$135	\$123	\$135	\$132	\$123	\$64	\$43
Per game (11/10)	\$12	\$11	\$12	\$13	\$11	\$6	\$4

As mention in the club and school virtual Hui's, we will be invoicing at the end of June with the first 50% payment of the fees due on 20 July and the remaining 50% on 16 August 2020.

The registration fee is assessed on the grade in which the relevant team plays in Round 1.

5.2 Summary of fines/charges

Each fine/charge is to be paid within 10 days of the invoice being issued by Netball Wellington Centre. Any disputes regarding fines must be made in writing to Netball Wellington Centre within seven days.

Failure to pay a fine or charge on or before the due date may result in the team being defaulted until such time that the fine or charge is paid.

Fee or charge description	Fine
Default by midday on Friday	Prem, Prem Res & Senior teams: \$100 Collegiate teams: \$40 (+loss of 2 points and forfeiture of game)
Late default	Prem, Prem Res & Senior teams: \$200 Collegiate teams: \$100 (+loss of 2 points and forfeiture of game)
Unregistered player, including incomplete team sheet	\$50 fine plus \$30 registration fee (+loss of 2 points and forfeiture of game)

Playing under another name	\$50 (+loss of 2 points and forfeiture of game)
Playing down a grade or up without dispensation over the 2 times allowed	\$50 (+loss of 2 points and forfeiture of game)
Breach of Franchise Player rule	\$50 (+loss of 2 points and forfeiture of game)
Failure to report for umpiring or failing to umpire or failing to wait until reserve umpires are dismissed	\$50 per umpire (team's 1st offence) (+ loss of two points per umpire) \$100 (team's 2nd offence) \$200 (team's 3rd offence)
Unregistered uniform	\$20 (per player) and player maybe asked to leave the court.
Bib hire	\$5 per set plus \$10 deposit
Failure to report for office duty	\$100

Court hire

Netball Wellington Centre administers bookings for the Hataitai Courts from June until early October and also administers the hire of courts 1 and 2 in the off-season. Saturday and Sunday bookings can be booked at any time. Available times for booking Hataitai Courts are:

Tuesday to Friday 6pm - 10pm (Monday only in the Winter Months)

Saturday & Sunday 8am -5pm

ASB Sports Centre court bookings for netball purposes should be made directly through the ASB Sports Centre Bookings Coordinator. Phone 04 830 0500 or email sportscentre@wcc.govt.nz

2020 Court hire

Hataitai Season Court Hire and use of lights (June - September)	
Court 1	\$250.00 + GST
Courts 3, 4, 5, 6, 7 & 8	\$215.00 + GST
Hataitai Casual/Short term Court Hire	
Members:	
Daytime Hire (till 6pm)	\$15.00 +GST p/h
Evening Hire (6pm-10pm)	\$25.00 +GST p/h (includes hire of lights)
Non-members:	
Daytime Hire – per court	\$18.00 + GST p/h

Evening Hire – per court	\$35.00 + GST p/h (includes hire of lights)
ASB Court Hire	
Peak time: Monday to Friday 6pm - 10pm Saturday & Sunday 8am - 6pm	Must be booked through ASB Sports Centre Bookings Coordinator \$60.00 including GST per court, p/h
Off Peak: Monday to Friday 7am - 6pm Saturday & Sunday 6pm - 10pm	\$40.00 including GST per court, p/h Disclaimer: Costs subject to change on annual basis at the discretion of the ASB Sports Centre

New bookings

New court hire bookings will be allocated in the order that an application form and deposit is received by Netball Wellington Centre.

5.3 Pavilion hire

The Netball Wellington Centre pavilion is available for hire. Netball Wellington does not however hold a liquor licence. As a result, if a liquor licence is required for an event, the hirer bears responsibility for applying for this individually.

Hirer	Time	Rate
Member clubs, schools and teams (for use by the club, school or team other than as set out above)	Daytime (i.e. 8am - 4pm) hire	\$25 + gst p/h
	Evening (i.e. 4pm - 1am) hire	\$35 + gst p/h or \$200 +gst
	Evening Club meeting	\$20 + gst p/h
Members of member clubs, schools and teams for events that are not Member club, Member school or Member team events	Daytime (i.e. 8am - 5pm) hire	\$35 + gst p/h plus bond of \$150
	Evening (i.e. 5pm - 1am) hire	\$250 + gst plus bond of \$150 + gst
Non members	Daytime (i.e. 8am - 5pm) hire	\$50 + gst p/h plus bond of \$150
	Evening (i.e. 5pm - 1am) hire	\$350 + gst plus bond of \$150 + gst

5.4 Valuables

Please do not leave valuables or clothes unattended around the courts. Netball Wellington Centre takes no responsibility for items lost or stolen at the courts. Lost property is retained for up to two months. Enquire at the Games Office at Hataitai or from the Game Office at ASB Sports Centre.

Direct enquiries via email to games@netballwellington.co.nz as soon as able following the event indicating the day, time and court where the item was left.

5.5 Advertising

5.5.1 Club banners

Club banners may be displayed provided that the banner is tied to the fence (Hataitai) or held in such a way so as not to interfere with or cover Netball Wellington Centre signage or to interfere with any game. Any Club or Team that wishes to display sponsor signage, must get permission from the Game Manager, Netball Wellington Centre. Banners that promote a sponsor's logo or name (at Hataitai) will be charged at \$50 per court per game. Banners displayed at ASB Sports Centre are at associated costs as charged by the ASB Sports Centre.

5.5.2 Provision of contact information to commercial agencies

Netball Wellington Centre may provide club and/or school addresses to commercial agencies, but will first ensure that the club or school has not objected to the distribution of their contact information. NWC will not provide the contact information of any individual players to any agencies without the specific consent from each player.

5.6 No smoking policy

Smoking is not permitted within the pavilion, the ASB Sports Centre or inside the surrounds of the Hataitai Netball Courts (in compliance with the Smoke Free Environments Amendment Act 2003).

5.7 Restrictions on court use/access

5.7.1 Hataitai Courts

Dogs, bicycles, skateboards, roller-blades and scooters are not permitted within the fenced perimeter of the netball courts. Umbrellas, pushchairs, prams and wheelchairs may only be used behind the baselines and **not** along the side-lines of the courts so as to avoid impeding umpires.

5.7.2 ASB Sports Centre

Conditions of Use for courts hired at the ASB Sports Centre are outlined on the ASB Sports Centre court-hire contracts and are also sign-posted within the Centre.

A copy of the Conditions of Use will be available for viewing at the Front Desk on Saturdays.

6 DISCIPLINARY

6.1 Netball New Zealand General Code of Conduct & Ethics

As a member of Netball New Zealand (NNZ) you must meet the following requirements in regard to your conduct during any activity held by or under the auspices of NNZ, a Zone or a Netball Centre and in any role you hold within NNZ, a Zone or a Netball Centre: *(reprinted from NNZ Regulations)*

Respect the rights, dignity and worth of others.

Be fair, considerate and honest in all dealing with others.

Be professional in, and accept responsibility for your actions.

Make a commitment to providing quality service.

Demonstrate a high degree of individual responsibility especially when dealing with persons U18 years of age, as your words and actions are an example.

Be aware of, and maintain an uncompromising adherence to NNZ standards, rules, regulations and policies.

Operate within the rules of netball including national and international guidelines which govern NNZ, the Zone and Netball Centres.

Understand your responsibility if you breach, or are aware of any breaches of this Code of Conduct and Ethics.

Do not use your involvement with NNZ, a Zone or Netball Centre to promote your own beliefs, behaviours or practices where these are inconsistent with those of NNZ, a Zone or Netball Centre.

Wherever possible, avoid unaccompanied and unobserved activities with persons under 18 years of age.

Refrain from any form of abuse towards others.

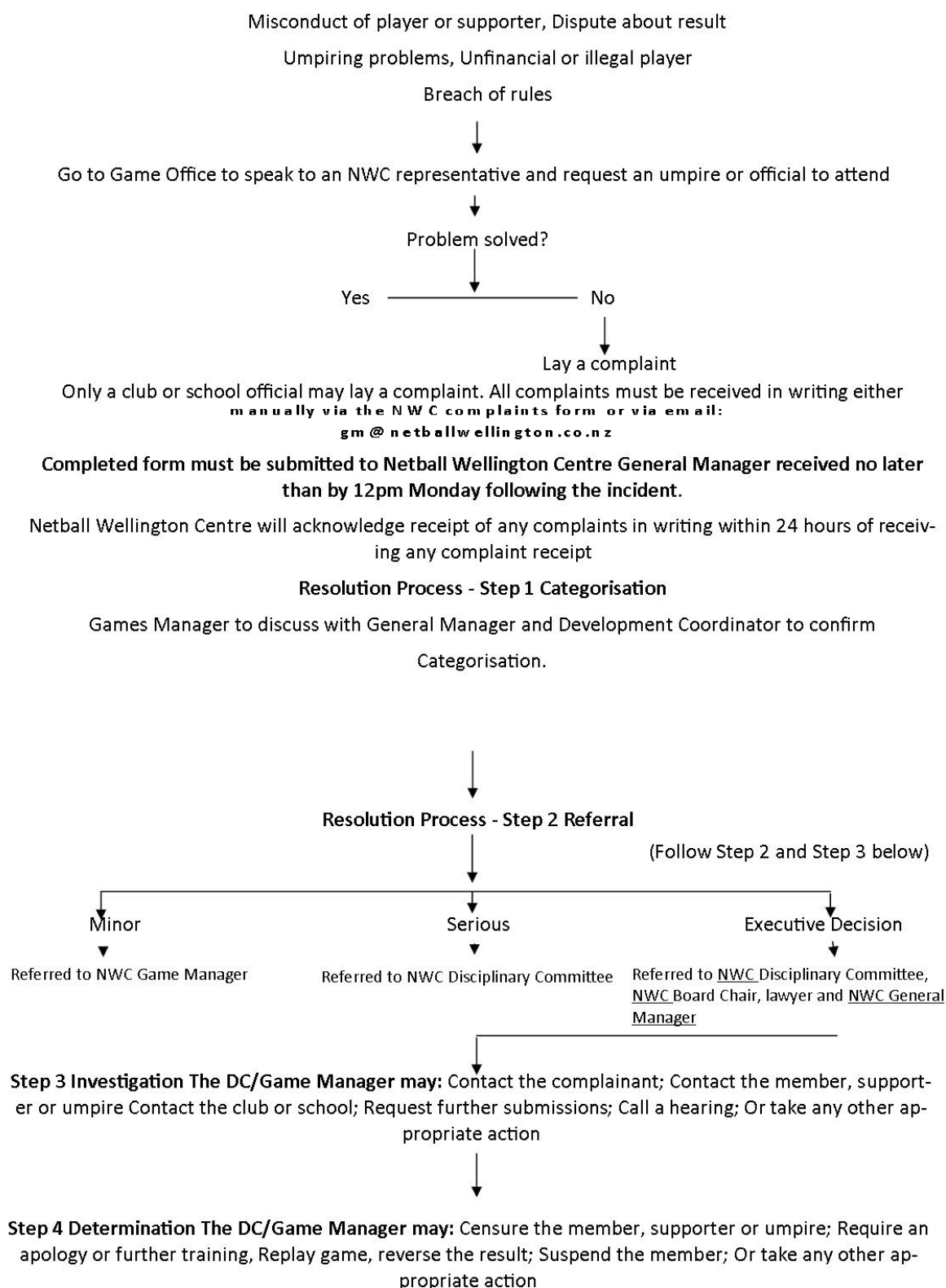
Refrain from any form of harassment towards, or discrimination of, others.

Provide a safe environment for the conduct of any netball or netball related activity.

Show concern and caution towards others who may be sick or injured.

Be a positive role model.

6.2 NWC Disciplinary Procedures



Pregnancy Guidelines

Netball New Zealand considers that Pregnancy is a state of health, not an illness. It is important that all athletes are fully informed of the risks.

Netball is classified as a limited contact sport and therefore there is the potential for a player to fall or collide with either a solid object (i.e. goal post, another player) or a projectile (i.e. the ball). Pregnant players need to be aware that participation in contact or collision sports carries some risks for herself and her unborn child.

The following guidelines outline the responsibilities of the pregnant player, coaches, administrators, umpires and other players when dealing with pregnancy in netball. However as each person and each pregnancy is different, a pregnant player's ongoing participation in netball should be made on an individual basis and these guidelines can only assist all those concerned with pregnancy in netball to make decisions.

The key principle to note is that a pregnant player has the right to participate in her chosen sport and it may be considered discriminatory and prohibited by the Human Rights Act 1993; to use pregnancy as a basis for discrimination.

Responsibilities of the Pregnant Player:

Obtain professional medical advice and a clear understanding of the risks before making a decision on whether to continue to participate in netball and for how long.

Regularly review training and playing programme with medical advisor, taking into account the changes to their physical condition.

Use common sense and avoid taking unnecessary risks.

Bleeding and/or abdominal pain are warning signs, if either or both occur, stop activity and seek immediate medical advice.

Pregnant players should avoid overheating, especially in the first trimester.

Pregnant players **should not** increase the intensity of their training or playing programme at any stage during their pregnancy.

Pregnant players should monitor their heart rate regularly to ensure they always work at less than 75% of your maximum heart rate.

The pregnant player should advise her coach and trainer of their pregnancy so that training can be modified accordingly.

Pregnant players need to also pay special attention to a thorough warm up and cool down, consuming adequate fluids before, during and after exercise.

Remember that it is the pregnant player who shall make the decision as to whether to continue to participate in netball or when to stop.

Responsibilities of the Coach and/or Trainer

Respect and support the rights of players who wish to continue exercising while pregnant.

Encourage and support players to obtain and act on professional medical advice with regard to their continued participation in netball and when to stop.

Avoid giving advice that you are not qualified to give. Coaches & Trainers must be careful when giving advice on how to train during pregnancy that they are not placing themselves in the position of medical experts. A consultative approach between the player, coach, trainer and medical expert is recommended.

Select players as per the relevant selection policy and ensure that this is based on merit and capability without discriminating on the basis of pregnancy.

Retaining the confidentiality of a player's pregnancy must be respected, unless the player agrees to disclosure or there is a serious or imminent threat to the player's life or health.

Remember that the pregnant player shall make the decision as to whether to participate in netball and when to stop.

Responsibilities of the Administrator or Facility Manager

Respect and support the rights of women who wish to continue exercising while pregnant.

Ensure that policies are in place to outline the organisation's commitment to equal opportunity and avoiding discrimination, particularly where pregnant women are concerned.

Ensure that everyone in the organisation understands these policies and that the policies are reviewed and updated regularly.

Evaluate and consider precautions that can be taken to avoid harm to all players, including pregnant players.

Seek professional medical and legal advice when necessary and ensure that this advice is available to coaches, umpires and players when required.

Ensure Coaches understand that they must select players as per the relevant selection policy and ensure that this is based on merit and capability.

Promote adherence to the rules of the game.

Avoid giving advice that you are not qualified to give and encourage pregnant players to obtain and act on medical advice, particularly regarding the risks of continuing to play and when to stop.

It is recommended that a clear statement containing this advice be prominently displayed and included on relevant documents such as the registration form for competitions.

Responsibilities of Umpires and Officials

Respect and support the rights of women who wish to continue exercising while pregnant.

Avoid giving advice that you are not qualified to give.

Apply the rules of netball equally and fairly to all participants at all times.

Prioritise the safety and welfare of all participants above all else

Responsibilities of the Other Players

Respect and support a pregnant player in the same way as they would any other participant.

Adhere to the rules of the game.

Other:

Legal issues to be considered in dealing with pregnant players include; providing safe playing environments and the privacy of the pregnant player. It is recommended that legal and/or medical advice is sought if an issue arises where it is not clear what steps should be taken in a given situation.

Review and Approval of Pregnancy Guidelines

The Pregnancy Guidelines will be reviewed annually against related medical & legislative changes.

Resources:

The following resources are also recommended if further reading on the subject is sought:

Pregnancy in Sport: Guidelines for the Australian Sporting Industry (2002), Australian Sports Commission

Pregnant Athletes: A review of the legal issues (Australia) (2001) – an opinion obtained by the Australia and New Zealand Sports Law Association

Women in Sport: Exercise and Pregnancy, issued by Sports Medicine New Zealand

Mums the Word; Exercise During Pregnancy, New South Wales Sport and Recreation

Sports Medicine Australia's Statement – the Benefits and Risks of Exercise in Pregnancy Journal of Science and Medicine in Sport 5(1):p11-19

Sports Medicine Australia: Exercise in Pregnancy – Fact Sheet No.2

Get Knocked Up or Get Knocked Out –Pregnancy in Sport, The Independent 2 April 2003, A Scott-Howman, Bell Gully

What Athletes Can Expect When they're Expecting, (2006) The Chronicle of Higher Education, Vol 52, Issue 38

7 LIFE MEMBERSHIP & SERVICE AWARDS

7.1 Life Membership

A LM is a person who has been granted a LM of NWC for outstanding contribution or service to netball and/or NWC.

A person shall become a LM of NWC by nomination, recommendation and the vote by a two-thirds majority of those entitled to vote at a NWC AGM.

The nominee must have made an outstanding contribution to netball, with exceptional service in administration, coaching and/or umpiring at Club, School or as an Associate Member within NWC and/or NNZ.

The nominee must hold a NWC Service Award at the time of nomination.

7.2 Service Award

Service Award Qualifications for a Service Award shall be a significant contribution in administration, coaching and/or umpiring at Club, School, Associate Member or NWC level. The work itself must have been of an outstanding nature and the period of itself is not a qualification.

Throughout the season the ability to nominate suitable people for recognition will be advertised through newsletters, website and emails. Clubs, Schools and Associate Members wishing to nominate a person for LM or a Service Award must complete the approved nomination form which will be circulated widely and sourced from NWC or the website. All information pertaining to the nomination must be received by NWC at any time during the year. All nominations will be kept confidential. At the appropriate time nominations will be forwarded to the Convener of the Committee.

Nominations close by 31 October in any year for decision by the AGM in the first week of December.