

Ben Howell is a 300 game player for the Avoca Bulldogs having played 391 games.

He is a dual Reserves grade premiership player in 1997 & 1998, and has been a fine contributor to the club since he first donned the boots back in 1991 in the Under 16's.

He has played at interleague level and has won numerous awards during his football journey.

His long kicking from Full back is a key component of his game and his experience is very important for the Bulldogs.

He played his 300th game back in 2012 and is a Life Member of the Club.

Ben played his 350th game in 2015 and one of the highlights of his football career was playing alongside his son Jai in a Reserves game against Navarre in 2019.

Congratulations Ben!



Ben Howell record.



AVOCA FOOTBALL NETBALL CLUB

1991

10 Under 16 Games

1992

9 Under 16 Games
Best Under 13

1993

14 Under 16 Games

1994

17 Under 16 Games
Coach's Award
U14 Lexton F.L Rep

1995

19 Under 16 Games

1996

18 Under 16 Games
U16 Lexton F.L Rep

1997

18 Reserves Games
Reserves Premiership

1998

7 Senior Games
11 Reserves Games
Res. Most Improved
Reserves Premiership

1999

17 Senior Games
1 Reserves Game

2000

9 Senior Games



2001

17 Senior Games

2002

9 Senior Games

2003

12 Senior Games
2 Reserves Games

2004

6 Senior Games

2005

8 Senior Games
2 Reserves games

2006

16 Senior Game

2007

20 Senior Games
Coach's Award

2008

20 Senior Games
Most Consistent

2009

16 Senior Games

2010

13 Senior Games
Coach's Award

2011

9 Senior Games



BEN HOWELL 300 GAMES

179 Senior Games 34 Reserves Games 87 Under 16 Games

Ben Howell played his 300th game of football for the Avoca Football & Netball Club on Saturday July 16th at the Avoca Public Park.

Ben has been an outstanding contributor to the Avoca F/N/C over the past 20 years. He is one of the most consistent performers to play for the Avoca F/N/C and is a Premiership player in 1997 & 1998.

The Avoca F/N/C is very appreciative of Ben Howell's commitment to our club

Ben played 91 games from 2012 to 2019 including his 350th game in 2015.