

Weston Creek Woden Dodgers (WCWD) Basketball Club

Covid-19 Safety Plan - from 19 June 2020 (Covid-19 stage 2.2)

The WCWD basketball club has developed Covid-19 protocols to manage the safe return to **basketball training** in line with both the ACT government **Covid-19 stage 2.2 restrictions**, and advice from Basketball ACT (BACT). The stage 2.2 restrictions start in the ACT at midday on Friday 19 June 2020 and allows for full contact training as well as raising the number of people permitted at gatherings from 20 to a maximum of 100, while still complying with the one person per 4 square metres policy. Physical distancing is still to be practised where possible, and good hygiene practices are to be followed.

All coaches/managers are to familiarise themselves with this document prior to the start of any basketball training sessions, and are encouraged to undertake the Dept of Health – Covid-19 infection control training <https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training>

Only Registered players are permitted to commence training, due to insurance coverage.

WCWD Covid-19 policy officer

The WCWD President, Ashley Cross, will act as the Covid-19 policy officer for the club. As the situation evolves this Safety Plan will be adapted to comply with up to date advice and all changes will be widely communicated within the club to all players, parents, coaches, and managers.

If you have any Covid-19 related questions, please contact Ashley Cross on 0420 536 675 or at cross5@homemail.com.au

Covid-19 stage 2.2 summary

- Indoor and outdoor gatherings are permitted to a maximum of 100 people, or
- 1 person per 4 square metres, whichever is less (e.g. 100m² = maximum of 25 people).
- BACT recommends **no more than 20 players (plus one coach/organiser) per half court.**
- A Covid-19 safety plan (this document) is to be developed by the club and distributed.
- **Full contact training is now permitted**, but
- No intentional physical contact, hand shaking or high 5's are permitted.
- Social distancing (1.5 metres) is still to be practised, where possible.
- Players are to bring their own basketball and drink bottle to training.
- All players, coaches, and managers are to use hand sanitiser (provided by the club) before and after each training session.
- One parent/guardian per player permitted at training sessions and they are to watch from a distance and observe social distancing (1.5 metres) rules. They are also to use hand sanitiser when entering and leaving the venue.
- Do not attend training if you are feeling unwell.
- If you are displaying Covid-19 symptoms, get tested immediately and notify the club.

Training venue sizes

- Hedley Beare (Stirling) - larger than 420m² = 100 people (max)
- Mt Stromlo (Waramanga) – larger than 420m² = 100 people (max)
- Alfred Deakin (Deakin) – larger than 420m² = 100 people (max)
- Canberra College (Phillip) – larger than 420m² = 100 people (max)
- Wesley (Forrest) - larger than 420m² = 100 people (max)

Note: A FIBA basketball court is 420 square metres.

Coaches and managers

- There must be at least one coach and one other responsible adult (e.g. manager, 2nd coach, parent) at each training session.
- A record of attendance (children and adults) must be taken, and kept, for each training session. The record must include all persons in attendance, team, venue, date, and time.
- Hand sanitiser and wipes, provided by the club, must be available for use at each training session. ***Please see Ashley Cross for supplies of hand sanitiser and disinfectant wipes.***
- All players, coaches, and managers are to use hand sanitiser (provided by the club) before and after each training session.
- One parent/guardian per player permitted at training sessions and they are to watch from a distance and observe social distancing (1.5 metres) rules. They are also to use hand sanitiser when entering and leaving the venue.
- Shared basketballs are to be cleaned regularly with disinfectant wipes during the training session.
- No intentional physical contact, hand shaking or high 5's.
- Social distancing (1.5 metres) is still to be practised, where possible.
- Ask whether players have any injuries prior to commencing training as circumstances may have changed over the break.
- Ease into training and monitor fitness levels, as some players may have been quite sedentary over the last few months. Schedule more breaks than usual.
- Do not attend training if you are feeling unwell.
- If you are displaying Covid-19 symptoms, get tested immediately and notify the Club.
- Please instruct your team to wait outside the venue (10 metres from entrance) if another team is using the venue prior to your allocated session. Your team may enter after the previous group has departed.

Players

- Bring your own basketball and drink bottle to training. No sharing of drink bottles or towels.
- Please wait outside the venue (10 metres from entrance) if another team is using the venue prior to your allocated session. Your coach will let you know when you can enter.
- All players, coaches, and managers are to use hand sanitiser (provided by the club) before and after each training session.
- No intentional physical contact, hand shaking or high 5's.
- Social distancing (1.5 metres) is still to be practised, where possible.
- Let your coach know prior to training if you have any injuries.
- Let your coach know if you are getting more tired than usual during training as your old fitness level will take a while to return.
- Do not attend training if you are feeling unwell.
- If you are displaying Covid-19 symptoms, get tested immediately and notify the Club.

Parents/Guardians

- Please ensure your child brings a full water bottle and their own basketball to all training sessions. Players are not to share drink bottles or towels.
- Please have your child wait outside the venue (10 metres from entrance) if another team is using the venue prior to their allocated session. Their coach will let them know when they can enter.
- Only one parent/guardian per player permitted at training sessions and they are to watch from a distance and observe social distancing (1.5 metres) rules. They are also to use hand sanitiser when entering and leaving the venue.
- Do not send your child to training if they are feeling unwell.
- If your child is displaying Covid-19 symptoms, get them tested immediately and notify the Club.