



RETURN TO TRAINING

AUSSIE HOOPS TERM 3



PLANNING THE RETURN

As governments ease restrictions, Aussie Hoops Centres can now plan to resume activities in Term 3. Basketball Australia has published extensive guidelines for the safe Return to Basketball (which can be found at (<https://australia.basketball/covid-19/>)). Each State/Territory has guidelines which are consistent with these national guidelines.

This plan is to assist Aussie Hoops Centres resume indoor or outdoor training or exercise regardless and is prepared with all available information available at the time of preparation. It is important to note that each State/National jurisdiction may differ, and Aussie Hoops Centres must also reference:

- Restrictions as issued by their State/Territory government;
- Guidelines issued by their State/Territory association.

In the various stages of return, the number of people in stadiums (and the flow of people in and out of stadiums) needs to be monitored and controlled and heightened cleaning and sanitation regimes need to be followed.

Clubs and associations should consider whether this monitoring and compliance role can be carried out by existing court supervisors or whether a dedicated "Bio Security Officer" be instigated.

Whichever approach is taken, clear communication of the measures put in place is essential to assist the participants and their families to understand and comply with those measures. If anything, we should aim to "over communicate" rather than assume people will understand what is required.

All States/Territories have now allowed a limited return to organised sporting activities, in stages, depending upon the size of gatherings dictated by the Government. A summary of measures recommended to be implemented by Aussie Hoops Centres is:

Groups of 10 or less	Groups of 20 or less	Groups of 50 or less
<ul style="list-style-type: none">▪ Small groups only (max 10 people in total, no more than 7 athletes)▪ Incidental contact only – NO deliberate body contact activities▪ No spectators▪ Outdoors preferred▪ Individuals provide equipment (e.g. balls) and sanitise during session	<ul style="list-style-type: none">▪ No spectators▪ Maximum of 20 people (including coach/manager) on single court▪ Use only 1 court when courts are adjacent▪ No sharing drink bottles▪ Sanitise all shared equipment between sessions	<ul style="list-style-type: none">▪ Limited spectator area, with distancing of 1.5 metres between seats▪ Use of adjacent courts permitted but with designated person to manage numbers▪ No sharing drink bottles▪ Sanitise all shared equipment between sessions
Groups of 100 or less	Groups of 200 or less	Groups of 500 or less
<ul style="list-style-type: none">▪ Permitted with active reminder to players to adhere to health protocols	<ul style="list-style-type: none">▪ Permitted with active reminder to players to adhere to health protocols	<ul style="list-style-type: none">▪ Permitted with active reminder to players to adhere to health protocols

SETTING UP THE VENUE

It is impossible to set out definitive guidelines and this document is not intending to do that. Clubs and associations need to consider the specific circumstances of each venue and the restrictions imposed by their state/territory government and (if applicable) the venue owner.

Things to consider:

1. **Indoors or outdoors?** Are indoor activities allowed under government restrictions?
2. **How many people?** What is allowed in your venue as per government restrictions?:
 - » For example, a facility that has two courts side by side, may initially be able to return only utilising one court whereas a facility that has two courts in separate halls may be able to start with both courts operating.
 - » Is there somewhere that parents can observe the court, but not be courtside?
 - » Coach: Aussie Hooper ratio of a minimum of 1:8.
3. **People Flow:** Can you change the 'flow' of people entering and exiting the venue? The first group must have cleared the venue before another group enters. Accordingly:
 - » Groups waiting to come onto court must be in a separate area
 - » If a venue has one entry/exit point may need to start on a smaller scale than a venue where people can enter through one door and exit from another (e.g. Fire Exit).
 - » If one entry/exit point is used, use rope, A-frame sign or other means to safely separate people walking in/out.
4. **Scheduling:** Allow at least 5 minutes between the conclusion of one and the commencement of the next.
5. **Signage:** Display signs at the entry to their stadiums as per the recommendations.
6. **Toilets and Change Rooms:** It is important that whenever people are present at the facility that toilet facilities should be provided, and they should be cleaned throughout each day/night. The availability of toilets is a factor that may limit the number of people an Association allows into the facility at any given time.
7. **Public water fountains and general seating areas:** Centres should close or roped off any general seating areas to the general public in accordance with the relevant reactivation level.

COVID-19 SAFETY OFFICER

You must have a person who is responsible for:

- Manage the restrictions so that the basketball restart is conducted in a controlled manner.
- Overseeing social distancing.
- Overall numbers of participants (and minimising the number of non-participants in the venue).
- People, management of basketball hygiene and player compliance (hand hygiene, entry and exit to the stadium and court).

The role may be performed by the Aussie Hoops Program Coordinator or other role (e.g. court supervisor) provided that it doesn't detract from fulfilling the role. Basketball Australia recommends a dedicated Safety Officer, which may be a voluntary position.

ATTENDANCE AT AUSSIE HOOPS PROGRAMS

Aussie Hoops Centres should advise all participants of the following protocols as soon as they register.

- Maximum gathering sizes as directed by the government will be strictly adhered to.
- Participants and parents must wait in designated area.
- Participants cannot enter the court area earlier than the designated time.
- Participants should shower and change at home before the session, using hot water and soap, prior to putting on clean training clothing.
- Participants must leave the venue immediately after the program concludes, and shower in the same manner on arrival at home. Clothes should be washed after each training session.
- Where possible, social distancing (1.5m) should be maintained.
- Parents will not be courtside but may observe from a safe place that is not at the courts (if applicable). Alternatively, allowing a small number of parents to observe, which may be rotated.
- In any area where seating is required it should be set according to social distancing guidelines with enough only for the numbers allowed.



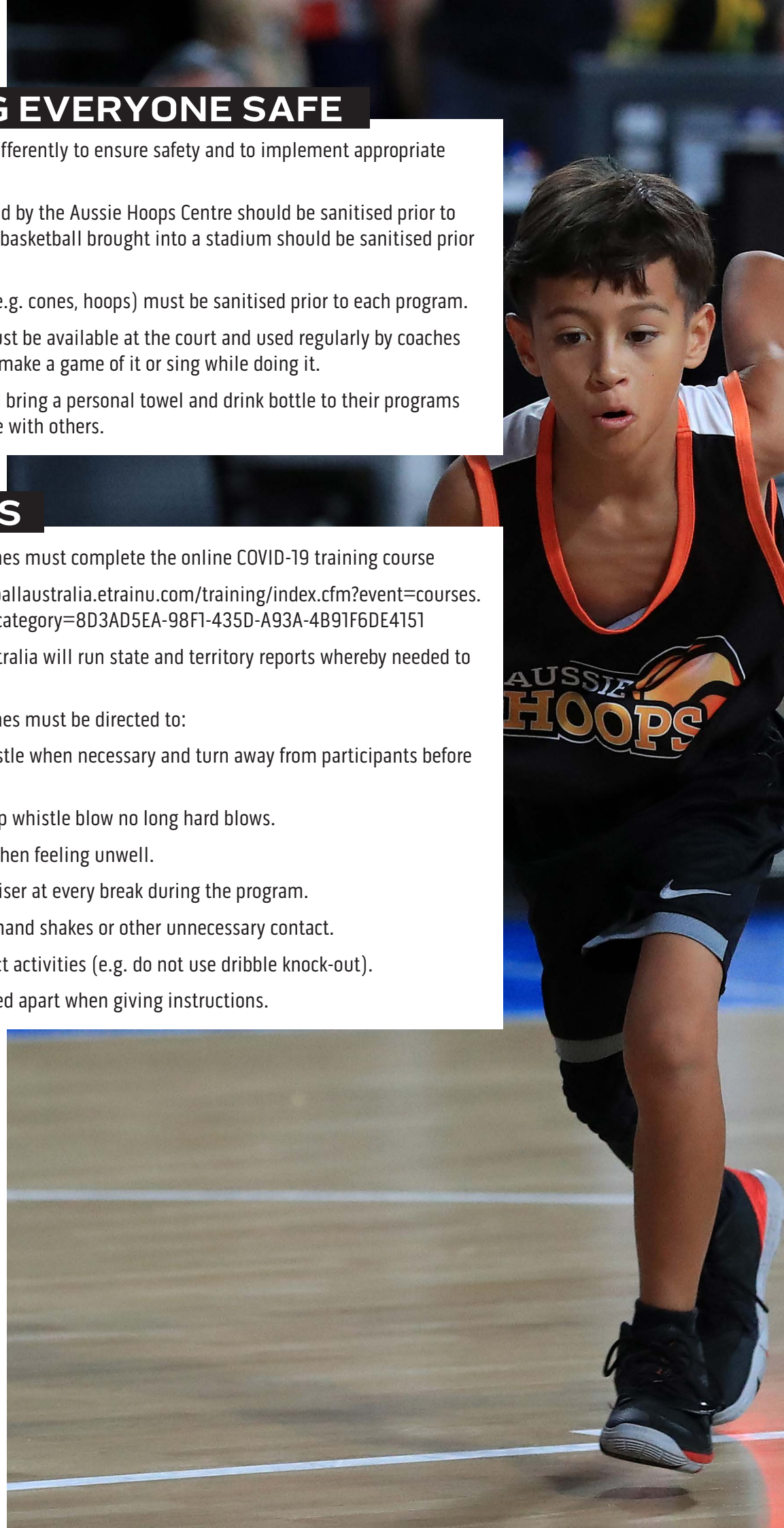
KEEPING EVERYONE SAFE

We need to do things differently to ensure safety and to implement appropriate social distancing:

- Basketballs provided by the Aussie Hoops Centre should be sanitised prior to each program. Any basketball brought into a stadium should be sanitised prior to use.
- Other equipment (e.g. cones, hoops) must be sanitised prior to each program.
- Hand sanitising must be available at the court and used regularly by coaches and participants – make a game of it or sing while doing it.
- Participants should bring a personal towel and drink bottle to their programs and not share these with others.

COACHES

- Aussie Hoops coaches must complete the online COVID-19 training course
 - <https://basketballaustralia.etrainu.com/training/index.cfm?event=courses.pricing.main&category=8D3AD5EA-98F1-435D-A93A-4B91F6DE4151>
 - Basketball Australia will run state and territory reports whereby needed to monitor this.
- Aussie Hoops coaches must be directed to:
 - Only use a whistle when necessary and turn away from participants before blowing.
 - Use short, sharp whistle blow no long hard blows.
 - Do not coach when feeling unwell.
 - Use hand sanitiser at every break during the program.
 - No high-fives, hand shakes or other unnecessary contact.
 - Use non-contact activities (e.g. do not use dribble knock-out).
 - Keep kids spaced apart when giving instructions.



PARTICIPANT & STAFF INFORMATION TO BE COMPLETED ON ARRIVAL

PERSONAL INFORMATION

Date:

Name:

Phone Number:

HEALTH CHECK

Temperature (Optional)

(to be taken by BSO or nominated delegate upon entry to venue)

Have you had any of the following symptoms in the past 14 days:

- Sore throat
- Fever
- Cough
- Shortness of breath

YES / NO

Have you had any contact with a person known to have COVID-19 or any other sickness in the past 14 days?

YES / NO

If you answer 'yes' to any of questions above, you cannot participate this week.

Do you understand the basis of the current restrictions and agree to comply with Government (and Aussie Hoops) safety measures including:

- Social distancing of 1.5m where possible;
- Hand and body hygiene;
- and Respiratory hygiene (sneezing and coughing into elbow or disposable tissues)

YES / NO

If you answer 'no' to the above questions then you cannot participate.
