



## RUNNER

**Reports to:** Team Manager and Team Coach

### Purpose of the role

The role of the Runner is to assist coach on match day by delivering messages to players during the match.

### Qualifications & Desirable Characteristics

- Effective communication skills
- Organisational and time management skills
- Positive and enthusiastic
- General level of fitness

### Duties & Responsibilities

- To deliver messages from the coach to players whilst each quarter is in progress.
- To deliver the message as quickly as possible and return to the coach's box immediately.
- The runner must not loiter on the ground.
- The runner must not interfere with any players or officials throughout the game
- The runner must be correctly attired in accordance with league requirements

**Time Commitment:** 1 – 4 hours per week or as requested