

## ARJFC Committee Meeting 15 April 2020 Minutes

Date: Wednesday, 29 April 2020

**Location:** Virtual meeting via Zoom (Covid19 restrictions)

Attendees: ARJFC Coaches & Managers, ARJFC Technical Director Ryan

Campbell, ARJFC Committee members, Kerry Conquest (Club Registrar), Allison Markovitch, Penny Howard, ARJFC Protection

Officer, Daniel Alexander.

Chair: Troy Anderson ARJFC President

Meeting Opened: 7.30pm

Meeting Minutes: Penny Howard

**1. Meeting introduction** - Troy thanked Coaches and Mgrs for putting their hands up to coach and look after the kids, acknowledged ARJFC Committee members and outlined purpose of this meeting is to touch base and explore options for engaging the kids whilst we wait for commencement of 2020 season, possibly in July.

Troy introduced Technical Director, Ryan Campbell, advised Ryan has been working hard with WPL girls to keep fitness and skills up while we wait for recommencement of football.

2. **Technical Director assistance** - Ryan spoke on the online training program he has been doing with WPL and U13 girls via internet Zoom, three nights per week. He conducted Zoom sessions tonight, of 64 WPL girls, 40 were online doing their skills workout, followed by the U13 girls with their skill session. Not a lot of space is required, the girls set up in lounge rooms, backyards, patios, back decks.

Ryan highlighted, as well as keeping a love of football alive for kids, social and emotional aspects of being part of a team are important, especially for younger age groups, where it is good for kids to see and interact with their team mates. Discussed options for coaches:-

- playfootball website have a 'play at home challenge' kids can link into;
- coaches can have a Zoom session with their team (Zoom is free to use and kids are probably already across using it for school);
- get parents/ kids involved in a challenge, maybe juggling, have kids send in a video which could go up on the Club page;

- Ryan will video his next session with WPL girls and upload it to facebook page, as a guide for coaches. How does the zoom session work? Ryan sets up the drill, has his laptop positioned so the girls can see his drill setup while he demonstrates the drill, then he watches the screens of girls doing their drills and gives feedback.

Ryan reiterated he is available to assist coaches with setting up drills etc and open to any suggestions from coaches. Feel free to contact Ryan at any time.

## Ryan's email = ryancampbell66@hotmail.com

**3. 2020 Season duration.** Question was asked about what the season would look like. Troy advised, with no definite start date yet, any discussion around what the season would look like, is only hypothetical. Troy handed over to Kerry Conquest to give a rundown on information coming from NNSW Football.

Kerry advised NNSW Football are very definite there will be a 2020 season. The season will be pushed to the end of October 2020. Planning is around a return to football activities either early to mid July 2020. Netball are working on 18 July commencement.

As soon as we get the go ahead, we are ready to go. There will be 3 to 4 fitting nights organised for players that need new gear (either they have grown out of last year's or are new to the Club). Each team has training gear bagged ready for handout including balls, bibs, training shirts.

There will be communal gear available in the home dressing shed for use by all teams includes popup goals, poles, cones. These need to be returned to the Clubhouse after each training session, can't be taken away as it is there for everyone's use.

There is a training session diary and injury register in the Clubhouse. It is important the ground diary is filled in for every training session in case there is any dispute with Council about our ground usage. Any injuries requiring first aid are to be notated in the Injuries Register. There is a basic Frist Aid kit and icepacks in the Clubhouse.

**4. Working With Children Check.** Troy introduced Daniel Alexander, ARJFC Protection Officer. Daniel spoke on 'Working With Children' checks, asking all Coaches and Team Manager's to resupply their WWC details direct to Daniel so he can do the required verification with the Office of Children's Guardian. Daniel acknowledged Coaches and Mgrs would already have input this information into playfootball during registration, however the required information is difficult to extract from playfootball. If the Club does not ensure WWC checks are completed, there are substantial fines for both the Club and individual.

Daniel is happy to answer any questions re WWC.

## Daniel's email = daniel.alexander80@gmail.com

**5. Communication -** the most up to date information is on Adamstown Rosebud JFC Facebook page. You don't need a facebook account to access the Club's facebook page.

Club's webpage @ ARJFC.org.au is another source for information. Another option is Adamstown Rosebud Womens Premier League facebook page.

Troy advised we try to limit email as the primary means of communication as playfootball is not that relaible with email distributon.

There will be another meeting down the track to discuss game day administration such as scorecards etc, once we have a start date.

- **6. Lead time for training/2020 season** this is an unknown but feeling is there will not be much lead time between commencement of training and competition start. In the meantime, encouraging kids to have a run, kick a ball will be helpful preparation for when the season recommences. Hopefully with season extension to end of October, all age groups are likely to get close to a full season. May mean playing midweek games, during school holidays, having gala days. Suggested as gala days can be quite competitive, there is also a non-competitive gala day.
- 7. Coaches and Manager Handbook has been distributed.

Thank you to all Coaches and Team Managers for attending the zoom forum.

Meetng closed at 8.20pm.

Next Mtg: TBA