

Netball New Zealand Community Netball COVID-19 Level guidelines

As at 20 April 2020

Important – Please note – This is a working document. These guidelines are subject to change on advice from the Ministry of Health and Sport NZ

Alert Level 4

All Netball activity postponed

Sport New Zealand Guidelines

Please note – due to the physical nature of Netball and the inability to maintain 1 metre distancing requirements Netball is considered to be a contact sport.

Contact Sport

Outside bubble - No contact sports outside your bubble allowed. Can train alone at home, or places readily accessible from home without the need to drive. If exercising outdoors, maintain physical distancing. Low-risk activities only: care must be taken not to be injured and require medical care.

Within bubble - Contact sports can take place, including in outdoor place that can be readily accessed from home. Low-risk activities only: care must be taken not to be injured and require medical care.

Netball New Zealand guidelines

- No organised Netball activity.
- All events and competitions postponed, on hold or cancelled.
- National Domestic Championships – Netball NZ Under18's and Netball NZ Open Champs – postponed till 2021.
- All trainings, programmes, activities on hold – (except on an individual basis or within designated bubble or online)
- Participants are encouraged to stay fit and healthy within their bubble. The NetballSmart website provides simple programmes to support this at www.netballsmart.co.nz alongside the NetFit NZ platform at <https://netfitnetball.com.au/netfit-clinic-nz/>
- The Netball community are encouraged to engage in online Netball development opportunities which are outlined in the weekly Community Netball Newsletter.
- All workshops and meetings to be conducted online.
- NNZ, Zone and Centre offices and facilities closed.
- All staff and volunteers work from home.

Alert Level 3

Tuesday 28 April – Monday 11 May TBC

All Netball Activity postponed

Sport New Zealand Guidelines

Please note – due to the physical nature of Netball and the inability to maintain 1 metre distancing requirements Netball is considered to be a contact sport.

Contact sport

Outside bubble **No contact sports** outside bubble allowed.

Within bubble Can train at home or outside with bubble members if personal contact is limited to bubble, activity is low risk, any associated travel is within allowed amount. Low-risk activities only: care must be taken not to be injured and require medical care.

Netball New Zealand guidelines

- No organised Netball activity.
- All events and competitions postponed, on hold or cancelled.
- National Domestic Championships – Netball NZ Under18's and Netball NZ Open Champs – postponed till 2021.
- All trainings, programmes, activities on hold – (except on an individual basis or within designated bubble or online)
- Participants are encouraged to stay fit and healthy within their bubble. The NetballSmart website provides simple programmes to support this at www.netballsmart.co.nz alongside the NetFit NZ platform at <https://netfitnetball.com.au/netfit-clinic-nz/>
- The Netball community are encouraged to engage in online Netball development opportunities which are outlined in the weekly Community Netball Newsletter.
- The Netball Community are invited to consider how they may return to or get involved in Netball volunteering via the NNZ Channels and Community Netball Newsletter.
- All workshops and meetings to be conducted online.
- NNZ, Zone and Centre offices and facilities closed.
- All staff and volunteers work from home.

Alert Level 2

Prepare to Play

As at 20/04/20 – subject to change

Sport New Zealand Guidelines

Please note – due to the physical nature of Netball and the inability to maintain 1 metre distancing requirements Netball is considered to be a contact sport.

Contact sport

Further advice is being developed on whether and what, **contact sport** will be possible under Alert Level 2 Conditions on gatherings would have to be met, e.g. indoor facilities cannot have more than 100 people, and outdoor facilities cannot have more than 500 people. People feeling unwell must stay home

Netball New Zealand guidelines (Based on Netball classified as a contact sport)

1 metre physical distancing requirements are adhered to for all netball activities.

Hygiene, equipment and tracing protocols implemented (tbc MOH)

- Non-contact team trainings are allowed with a focus on preparation for return to play.
- Face to face workshops and meetings are allowed.
- All development activities must adhere to the Ministry of Health guidelines.
- NNZ, Zone and Centre offices can open with appropriate measures in place (refer to workplace measures [here](#))
- Prepare to Play resources can be found at the NetballSmart website www.netballsmart.co.nz alongside the NetFit NZ platform at <https://netfitnetball.com.au/netfit-clinic-nz/>
- The Netball community are encouraged to engage in online Netball development opportunities which are outlined in the weekly Community Netball Newsletter.
- National Domestic Championships – Netball NZ Under18's and Netball NZ Open Champs – postponed till 2021.

Alert Level 1

Return to Play

As at 20/04/20 – subject to change

Sport New Zealand Guidelines

No restrictions (other than general public health measures at this alert level)

Netball New Zealand guidelines

- Netball activity may resume.
- Netball competitions resume at Centre level.
- Centres encouraged to concentrate on local delivery - Competitions other than at local Centre level are not permitted.
- All trainings, programmes, activities resume.
- Face to face workshops and meetings are allowed.
- NNZ, Zone and Centre offices can open with appropriate measures in place (refer to workplace measures [here](#))
- Appropriate hygiene, equipment and tracing protocols implemented (tbc MOH)
- General public health measures implemented (tbc MOH)
- Injury prevention strategies can be found at the NetballSmart website www.netballsmart.co.nz
- National Domestic Championships – Netball NZ Under18's and Netball NZ Open Champs – postponed till 2021.