



Gungahlin Flames Basketball Club Inc. COVID-19 Health Update #1

Friday 3rd April 2020

Dear Flames families,

I am writing to update you on the current status of basketball due to the health pandemic of COVID-19. Please see below some important pieces of information from a Basketball ACT (BACT) competition and Gungahlin Flames Basketball Club (GFBC) perspective.

2019/20 SUMMER SEASON

As you have previously been notified, BACT made a decision in line with the Government and Basketball Australia (BA) restrictions to end the 2019/20 summer season of basketball effective immediately as of Sunday 15th March 2020.

Competition Results:

No games were held during the weekend of 13/14/15 March (Round 13) with the last round of competition results for juniors being the 28/29/1 March (Round 12). With two rounds remaining for the junior competitions, consultation was made with the clubs to still award the competition Champions and Runners Up based on the ladder standings after 28/29/1 March (Round 12).

Of the GFBC's 10 junior teams who compete for finals, not including U10's, the club had 8 teams in the top 4 who were eligible for Semi Finals. Based on the above decision by BACT, the club only had one of those teams in the top two on the ladder.

Congratulations to the U12 Boys Division 6 team who were awarded **CHAMPIONS** for the 2019/20 summer season. Medals will be mailed to the club and dropped off to the players in that team.

We would also like to take this time to congratulate all Flames teams on such a fantastic effort. The players have all done a tremendous job in working on their skills, turning up to trainings and giving it their all in games.

A huge thank you to our coaches and managers that volunteered their time to assist in providing a fun and inclusive environment for the players. Lastly a big thank you to the families for being taxi every week to trainings and games, and supporting your children's basketball endeavors.

Whilst it has been very strange and sad ending the season so abruptly, we can only hope that the kids had fun and made some new friends along the way!

Competition Fees:

The clubs have not been advised of any refund from BACT for cutting the summer season short by two rounds. Flames is not in a position to refund players unless it is provided by BACT. We will inform all families if this changes.

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2020 WINTER SEASON

The latest information we have been provided from BACT is to plan for the 2020 junior winter season as per normal, however the start dates would likely be delayed by a couple of weeks to mid-May.

BACT have indicated that they would like clubs to nominate expected teams by Tuesday 14th April in order for the competition staff to plan the fixture grids with rough numbers. Clubs will not be required to make any payments to BACT until a confirmed start date and length of season has been determined.

Player Registrations:

Flames has opened registrations online for the 2020 winter season. For the moment we are just taking registrations as an expression of interest for those who anticipate playing once basketball resumes. Register EOI by clicking here: [REGISTER NOW](#)

Player Fees:

Flames will not be taking any payments for the 2020 winter season until BACT has confirmed the dates and prices.

Club Presidents have an online meeting with BACT on Monday 6th April to be given an update on the current status and plans for winter. Further information will be provided next week.

BACT have released a series of FAQ's regarding the health situation of COVID-19 on their website which can be found here: <http://www.basketballact.com.au/faq-covid-19/>

HOME WORKOUTS

As per the current health restrictions on social distancing the club is not permitted to hold any training sessions or small group sessions. But this doesn't mean you cannot work on your own basketball skills at home.

Over the coming months, the club will be providing players with a series of at home workouts. In the meantime there are a bunch of different training apps that you can download including *Homecourt*. There is also a local Canberra basketball training group called *CE Elite Basketball Training* that are posting some fantastic drills to practice at home or outside. Carlie Smith and Eric McAlister are the elite players that run CE Elite and you can follow them on Instagram. They will also be assisting Flames in providing some at home workouts.

On behalf of the club, I hope all of the Flames community is staying safe during this time. Please do not hesitate to contact the club if you have any questions.

Sincerely yours in basketball,

Jesamine Wheeler | Gungahlin Flames Basketball Club President

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