



Commitments and Responsibilities

of

PCSA Representative Players

Information for Players and Parents

WELCOME

On behalf of the Penrith City Softball Association, PCSA, welcome to Representative Softball this year.

You/your child has been selected in a PCSA representative team because their potential to attain higher honours in softball has been recognised. We will endeavour to provide you/your child with the assistance needed to achieve your/their goals and aspirations.

We wish you/your child every success!

We trust you/your child will enjoy their involvement with PCSA Representative Softball and that ***all of us*** can contribute to your/their success. It is a great opportunity for you/your child as a talented athlete, and we encourage you/your child to make the most of it.

Feel free to discuss you/your child's progress or relay any concerns that you/your child may have to the Manager or Coach.

Jo Beach

Vice-President Representative Affairs (VP-REPS)
Penrith City Softball Association (PCSA)

PCSA Media Policy

Members must not use electronic communication (eg Facebook, Twitter, Snapchat etc) in a manner that intimidates, offends or humiliates any person in a manner that can be deemed as bringing Penrith City Softball Association, its members or softball into disrepute.

This includes harassment, vilification and bullying.

Any Offence carries a 4 week suspension minimum .



Once selected for a PCSA Representative team all players are expected to:

- Attend all team meetings.
- Attend all training sessions.
- Assist in fundraising as requested, **pay Rep Levies and Uniform Monies by due date required.**
- Attend competitions entered by the team.
- And **MUST** attend State Championships & selected Gala Days.
- Be available to help at PCSA hosted tournaments.

NOTE – All Representative teams & development teams/squads will be rostered for duties during PCSA hosted events.

REPRESENTATIVE PLAYER/ DEVELOPMENT PLAYER LEVY

- A Representative Player Levy of \$100 is to be paid by each Representative player for the representative team/s (\$100 for each team, if more than one team) that they play in during that respective representative season.
- A Development Player Levy of \$50 may be applied to each Development player for the Development team/s (\$50 for each team, if more than one team) that they play in during that respective representative season.
- The levy fee is to be paid by the third week of the representative team starting training. The only exception will be the Opens & Over 35s teams, if they do not train - they must pay the levy 3 weeks prior to taking the field at the State Championships.
- All players must hand in their signed paperwork when paying the Representative Player Levy fee, or when requested by the 'Representative Team Manager' of an alternate date for official PCSA representative paperwork to be completed by. As approved by Penrith City Softball Association Executive Committee.

PCSA Bank Account Details for payments

BSB: 062589 Acct No: 010414892 Account Name: Penrith City Softball
Ref No: Surname, Age Group ie U15s – Levy or Uniforms

Where your Rep Levy Goes

NSW Softball - State Championship Entry Fees

Umpires Fees for State Championships - (2 x State)

PCSA – Team Allowance

Score Book/Patches

Training/Game Balls – (6 x State)

TRAINING

- The Head Coach arranges the training programmes and sessions after consultation with their Support Staff. Training sessions are usually two - three hours' duration and may be on weeknights or weekends (or both). The duration and occurrence of training times will depend on various factors such as:- the age of the players, up-coming tournaments etc. Training sessions are sometimes called with very little notice, although Managers and Coaches try to be flexible and co-operative in their schedules. Alterations to training schedules will be advised to all concerned, via the Team Manager and/or Head Coach as soon as possible.
- Players are expected to attend **ALL** training sessions. If a player is unable to attending training, they must contact their Team Manager by phone or text message prior to the team training session. Repeated or unexplained absences **may** result in a player being removed from the team. In the event that a doctor/physiotherapist has been consulted with, for an injury or illness, please obtain a medical certificate and provide to Team Manager **ASAP**, outlining the recovery period and how long player is unavailable to train. This will assist the Head Coach to modify/adjust the training sessions to include the player as per medical guidance.

COMPETITION PROGRAM

- At the present time, **NSW State Championships** for all U10's teams are played during the month of March/April and the U12's teams are played in November. The U14's teams are played in September, the U16's teams are played in April/May and the U18's teams are played in May/June. The Open Mens team play in November, The Open Womens team play in October (usually the long weekend), the new 23Us is played in February/March & the Over 35's teams are played over the June long weekend. All of these dates are subject to change by Softball NSW.
- PCSA Representative teams may also compete in other Invitational or Gala-Day tournaments as lead-up tournaments to the NSW State Championships, as the Head Coach and Support staff sees fit.

TEAM MANAGEMENT

- Parents and players must be aware that PCSA Representative teams are playing in very strong, competitive tournaments - especially at NSW State Championships.
- The players are under the Head Coach's control whilst they are on the diamond, and under the Team Manager's control when they are in the Dugout and in between games. **Parents are not allowed near the dugouts when tournaments are on.**
- In the U10s & U12s Representative teams, all players are required to take the diamond and play in some portion of every game. In all other representative age groups - U14s, U16s, U18s, 23Us, Opens & Over 35s - only 9 players can take the field and/or bat at one time, and the remaining players will be **"on the bench"** players to allow for replacements.
- The Head Coach and Support Staff have the sole responsibility of determining the team line up. Players may be **"on the bench"** for some time because if less than 9 **"legal"** players are available the match is forfeited. A player may sit on the bench for an entire tournament (although coaches try to avoid this), a player may be used as a **"designated player"**, as a fielder only, batter only or as a pinch hitter or pinch runner only once in a game.
- The Team Manager has control of the team in all other matters of organisation, discipline and care. The Manager is generally more accessible during a tournament as they can leave the dugout during a game and at training, they are more than happy to speak with you if you have any questions or there is an urgent matter.
- Only team officials and players are allowed in the dugouts and team areas during matches at tournaments and NSW State Championships. Parents and/or Guardians are **not** allowed in the dugout.
- If a player suffers an injury, parents are still **not** permitted in the official area. The Team Officials will deal with the players' injury and will notify the respective parents, as soon as possible.
- The Scorer/Statistician performs an official function at tournaments and are **not** to be approached during the game for updates.
- Players are **not** allowed to leave the team area during matches, whether they are playing or not. During tournaments and championships, players are under the Team Manager's complete control from start to finish and are expected to be with their team at all times. Players should not leave the team (or team area) **without permission** from the Manager during a tournament or championship.

FUNDRAISING

- It is the responsibility of each team to do their own fundraising, if they wish. Players and parents will be asked to help in fundraising ventures for PCSA. This may take the form of running raffles, manning the BBQ or such like events during the course of the year. All players and parents may be asked to take part in this activity and should do so, as it is considered part of the players' commitment to our association.
- Teams may seek to find sponsorship. Sponsorship advertising can only be applied to training shirts and training equipment. At no time are sponsorship logo's/advertising etc, to be applied to any official PCSA Representative uniforms or clothing.

UNIFORMS

- **ALL** uniforms **MUST** be paid for, prior to delivery of uniforms. **No uniforms** will be handed out until full payment is received by Direct Credit to PCSA bank account.
- At **ALL** tournaments and championships where PCSA Representative teams are entered, it is **MANDATORY** for **ALL** players to wear PCSA Representative uniforms as indicated below, without variance. Failure to comply, **will** result in the player being asked to remove incorrect clothing, and if needed, return home and correct the variance **BEFORE** being allowed to take their place in the team at that particular event.
- PCSA Representative uniforms are to be kept in good order with out rips, tears or holes. The PCSA Representative uniform is to be Clean and Tidy, with shirts tucked in at all times by the players.
- The PCSA Representative uniform is as follows:-
PCSA Playing shirt, PCSA playing pants (drawstring or belted, with a **BLACK** belt), white socks with red stripe, black playing cap/visor with red 'P'. If a compression shirt is worn, it **MUST** only be **BLACK** in colour - including the stitching, and **NOT** contain **ANY** logos or brands. The official PCSA Representative Jacket is also part of the official uniform, can be worn during warm up & training but cannot be worn on the field during games. The official PCSA black playing jumper, has PCSA in white on the front & players number/name on the back in white, and **can** be worn on the field during games.

- The PCSA playing shirt has two current logos. They are the Softball NSW logo and PCSA name logo. The player's representative number will appear on the back of the shirt in red (this is compulsory), players' surname can also be added above the number, but is not compulsory. **NO** other logo, decal etc is allowed on the PCSA representative shirt, this includes sponsors names or logos.
- Players are required to wear a Black helmet and will be given a red 'P' sticker and their PCSA Representative number stickers (also red) to be put on their helmet.

* PCSA Uniform Prices (approx..) are subject to change without notice.

PCSA Rep shirt	\$ 60.00
PCSA Playing pants Drawstring – Junior /Senior	\$ 54.00/ \$60.00
PCSA Playing pants belted Junior /Senior	\$ 75.00/ \$80.00
PCSA Playing Jumper	\$ 54.00
PCSA Socks	\$ 18.00
PCSA Cap/s (U10s & U12s)	\$ 18.00/ \$24.00
PCSA Visor (U14's and up)	\$18.00
PCSA Jacket	\$ 70.00

MEDICATIONS AND ALLERGIES

- If a player is required to take any medication, suffers from any allergies or has a current/past medical condition that could be relevant (asthma, anaphylaxis etc) please notify the Team Manager in writing by completing the Medical History form at the end of this policy and also any current medical action plans for your child. This information is kept confidential and is held by the Team Manager only and will be returned to you if requested, at the completion of the teams representative season.
- Team Managers **must** be informed of any injuries or illness as a PCSA Representative player at any time during the representative season for training and tournaments. It is the Coaching Staff's responsibility, in consultation with the player/player's parents and the Manager, to decide on a player's medical fitness for each match.

INJURY MANAGEMENT

Whether the injury occurs at training or elsewhere, players are expected to notify the Team Manager as soon as practicable. Professional medical attention should be sought immediately for any serious injury. A medical certificate for the injury **is** required, including an indication of the estimated time that the player will be unable to train/play. This certificate is to be given directly to the Team Manager. In the event of a long-term injury, which excludes a player from participating in training activities for more than 1 month, they are expected to contact their Team Manager as soon as possible to provide the injury information to - who will then speak with the Head Coach and VP Rep-Affairs, as their position in the team may need to be reviewed by the PCSA Executive Committee.

SO YOU'VE GOT A QUESTION!

If it's about

Uniforms, tournaments or training sessions (location, times etc.) or any personal or administrative issues/concerns.

- Speak to the Team Manager

If it's about

A player's development, skill level requirements, fitness requirements or a technically related question for equipment.

- Speak to the Team Coach

If it's about

A major issue, which you feel has not been or cannot be satisfactorily resolved at the team level e.g. Head Coach or Manager.

- Speak to the VP-REP Affairs

WET WEATHER ARRANGEMENTS

Generally the policy of **“it's on regardless”** applies, however a training session may be relocated to another venue or cancelled, if weather conditions or field conditions are beyond reasonable acceptance. The Head Coach will make any required decision at the earliest opportunity and will advise the Team Manager - who will advise the parents/players via text/phone as soon as possible.

PCSA General Code of Ethics

All persons are required to comply with this regulation, you **must** meet the following requirements in regard to your conduct during any activity held by or under the auspices of Softball Australia, Softball NSW, Penrith City Softball Association or an Affiliated Club and in any role you hold within Softball Australia, Softball NSW, Penrith City Softball Association or an Affiliated Club:

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealings with others.
3. Be professional in, and accept responsibility for your actions.
4. Make a commitment to providing quality service to all stakeholders.
5. Demonstrate a high degree of individual responsibility especially when dealing with or around persons under 18 years of age, as your words and actions are an example.
6. Be aware of, and maintain an uncompromising adherence to Softball Australia standards, rules regulations and policies.
7. Operate within the rules of softball including national and international guidelines which govern Softball Australia, Softball NSW, Penrith City Softball Association/Member Association and Affiliated Clubs.
8. Understand your responsibility if you breach, or are aware of any breaches of this Code of Ethics.
9. Do not use your involvement with Softball Australia, Softball NSW, Penrith City Softball Association/Member Association or an Affiliated Club to promote your own beliefs, behaviours or practices where these are inconsistent with those of Softball Australia, Softball NSW, Penrith City Softball Association/Member Association or an Affiliated Club.
10. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
11. Refrain from any form of abuse towards others.
12. Refrain from any form of harassment towards, or discrimination of others.
13. Provide a safe environment for the conduct of the activity.
14. Show concern and caution towards others who may be sick or injured.
15. Be a positive role model.

PCSA General Code of Ethics for Parents/Guardians and Spectators

Parent/Guardian Code of Ethics

In addition to Softball Australia's General Code of Ethics, as a parent/guardian of player/participant in any activity held or sanctioned by Softball Australia, Softball NSW, a Member Association or an Affiliated Club, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Remember that **your** child participates in sport for their **own** enjoyment, not yours.
2. Focus on your child's efforts and performance rather than winning or losing.
3. Never ridicule or yell at your child and any other children for making a mistake or losing a competition.
4. Show appreciation for good performance and skilful plays by all players (including opposing players).
5. Respect officials' decisions and teach children to do likewise.
6. Do not physically or verbally abuse anyone associated with the sport (player, coach, umpire, official etc.)
7. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Spectator's Code of Ethics

In addition to Softball Australia's General Code of Ethics, as a spectator in any activity held or sanctioned by Softball Australia, Softball NSW, a Member Association or an Affiliated Club and in your role as a spectator you must meet the following requirements in regard to your conduct during any such activity or event:

1. Applaud good performance and efforts from all players and teams. Congratulate all players on their performance regardless of the game's outcome.
2. Respect the decision of officials and teach young people to do the same.
3. Never ridicule or scold a young person for making a mistake. Positive comments are motivational.
4. Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
5. Show respect for your team's opponents. Without them there would be no game.
6. Encourage players to follow the rules and the officials' decisions.
7. Do not use violence, harassment or abuse in any form (i.e. do not use foul language, sledge or harass players, coaches, officials or other spectators).
8. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Penrith City Softball Association Representative Team – 2020

Health / Medical Information Sheet

Player's Name: _____ Team: U10 U12 U14 U16 U18 23U OP O35 (circle)

DOB: _____ MALE / FEMALE (circle)

Player's Mobile: _____

Parent / Guardian 1 Name: _____ Mobile number: _____

Parent / Guardian 2 Name: _____ Mobile number: _____

EMERGENCY CONTACTS

Emergency Contact 1 Name: _____ Mobile number: _____

Emergency Contact 2 Name: _____ Mobile number: _____

Do you give permission for an Ambulance to be called in an emergency? No / Yes (circle)

MEDICAL HISTORY

Players Health:

List any current or recurring injuries or other matters that the coaching staff need to be aware of:

Do you have any allergies? No / Yes (circle)

If yes give details and provide appropriate action plan:-

Players Medication: List any current medications that may be required during the representative season:

Please list the following details:-

Doctor's Name: _____ Phone: _____

Dentist's Name: _____ Phone: _____

Medicare Number: _____ Expiry Date: _____

Private Health Fund: No / Yes (circle) Name of Fund: _____.

Signed: _____ Date: _____
(Parent/Guardian)

Penrith City Softball Association Representative Team - 2020

PLAYER COMMITMENT FORM

I, _____ have read the above information regarding my
(Player's Name)

Commitment that is required to the PCSA _____ team, and any other team
(Team Age Group)
that I may be selected in, to represent PCSA, and agree to adhere to all the conditions relating to the PCSA Player Code of Conduct, PCSA Social Media Policy and PCSA Code of Ethics. This information can also be found on the PCSA Website.

I understand that my position in the team is pending until all the requested paperwork has been completed and returned to the Team Manager and all monies due/outstanding are paid in full to PCSA.

I _____ understand & agree with PCSA General Code Of Ethics
(Player)

Signed: _____ Date: _____

**TO BE COMPLETED BY PARENT/GUARDIAN
WHERE PLAYER IS UNDER 18 YEARS OF AGE**

I acknowledge that _____ has read or had the
(Player's name)

information regarding their commitments to the PCSA _____
(Team Age Group)

team read to them, and they agree to adhere to all conditions relating to the PCSA Player Code of Conduct, PCSA Social Media Policy and PCSA Code of Ethics. We are aware that this information can also be found on the PCSA Website.

We understand that the position in the team is pending until all the requested paperwork has been completed and returned to the Team Manager and all monies due/outstanding are paid in full to PCSA.

I _____ understand & agree with PCSA Parent/Guardian & Spectator Code Of Ethics.
(Parent/Guardian)

Signed: _____ Date: _____
(Parent/Guardian)