



# THE ACORN

SEASON 2019 ISSUE 7

## PRESIDENT'S REPORT

Hi all,

A big thanks to all everyone on the weekend. All teams played in great Oakleigh Dragons spirit

After a couple of weeks of please explains from the SMJFL, we all conducted ourselves well and we don't have any issues with the SMJFL. (Thank you)

We need all coaches and Team Managers to take control of their group. Please maintain this until the end of the season.

Next Sunday we have Grub at the Club hosted by the U12 Boys and we also have a theme for the night. Bring/wear your favourite T-Shirt but keep it clean please. There will be a prize for best T-Shirt so don't forget.

We are still going green at the Dragons and asking people to bring their own plates. If you do forget to bring your own, you can use the club's kitchen plates, washing after use. (There is a dishwasher).

As mentioned many times, 50 % of the current committee are moving on and we need to replace them next year or sooner. The football club committee is very rewarding and if you work well in a team environment start thinking about it now.

If you would like to help out and be involved in **your** kids local football club please make yourself know to Kath and myself. Remember, many hands make light work.

See you Sunday

Pat Heverin

# GO DRAGONS

### 2019 COMMITTEE

President: Pat Heverin

Vice President: David Cash

Secretary: Kathy McGeoch

Treasurer: Jackie Phillips

Sponsorship Co-ordinator: George Wintle

Child Safety Officer: Lisa O'Driscoll

Registrar: Jackie Phillips

Bar Manager: Jim Hall

Coaching Co-ordinators: Jeff Fortune & David Cash

Canteen Manager: Clancy Phillips

General: Sharon Westin-Shaw

### 2019 MAJOR SPONSORS



### GRUB GOES GREEN!

Don't forget, we encourage you to bring your own plates and cutlery to Grub at the Club. Dinner plates from the canteen can be used (you must wash after use) while we trial this system but we hope you'll get on board with this initiative.



### DATES TO REMEMBER

**23 JUNE** – Next Grub at the Club. Wear your favourite t-shirt and win a prize!!

**22 JULY** – Collingwood players Q&A

**28 JULY** – Team Photos @ Scammell. Time TBC.

Keep an ear out for upcoming pie nights for your team.



### COULD YOU BE OUR NEW SOCIAL CO-ORDINATOR?

The Committee is again calling for someone to help in a Social Co-ordinator role. The role generally requires someone to arrange and co-ordinate a variety of social events for Club members together with other volunteers (one or two functions a year). This can be a Non-Committee Role, attendance at Committee meetings only when required. Contact Kathy at [secretaryOYCFC@gmail.com](mailto:secretaryOYCFC@gmail.com) for more details.

Please see the [website](#) for details on all committee roles. Many are being vacated at the end of this season and the club needs volunteers to continue offering a great standard for all members.

### DO YOU HAVE SOMETHING TO SHARE?

If you have any photos you'd like in the next Acorn, please email them with a description to Sharon at [s\\_westin@hotmail.com](mailto:s_westin@hotmail.com)

CONGRATULATIONS

**100**  
GAMES

Rhys Wright U13  
Xavier Soldati U15  
Jonah Guergues U15

**50**  
GAMES

Oscar Morton U13  
Tyson Rabel U11

Having a milestone game?

Send details and pics to Sharon at [s\\_westin@hotmail.com](mailto:s_westin@hotmail.com)





## COACHES' REPORTS

### U12 MIXED **TIM MORELAND**

Perfect weather for footy today as we hosted Beaumaris at Scammell Reserve.

Congratulations again to Bailey and Theo who ran through the banner for their 50th games for the club. Both are important players for the team and they both contributed importantly again today.

Really strong effort from all of the team today to see us having a 60 – 14 win.

We held them goalless in the first half and this was often on the back of some solid and quick running defence from Isaac, Jake, Ethan and Spencer. Their rebound off the half back line was a big reason we got into our forward half on many occasions.

Our wingers were really important and played smart all day. Probably the smartest game Raffa has played for us and he was in the right positions all the time. This result in him getting quite a few possessions and able to either rebound or creat forward opportunities. Well done Raf. Aply assisted by a few others – Angus, Yanni, Daniel and Aidan moved well across the middle and when on ball looking dangerous for 4 quarters.

Stevie was Captain today and continues to improve each game. His attitude to training this season has been behind Stevie's consistency in games. He's training how he wants to play and is reaping the rewards. Keep this going Stevie.

I had a chat to individual players before the game and couldn't ask for more in what I spoke to them about. Nick, Mitch, Lachie, Justin, Matt R, Jimmy and Zach lifted and worked hard on aspects of their game we discussed. Seeing some awesome things guys!

Antonios is as rock solid as last year and with Nicho being a late inclusion sured up our tall stocks and became consistent contributors.

Really pleased to see Robbie, Henry and Caleb listening and getting to as many contests as possible which is super team play. Keep training hard at this boys.

Andrew and I are excited to see what our team can do moving forward. We are still trying the cement our basic style of play but already we can see the benefits of consolidating the learnings at training which is seeing a real exciting fast paced team game.

A massive thank you again to all the helpers and parents on each game day. It's really appreciated and makes our day a lot easier. Don't forget it's our Grub at the Club next week!

Let's continue to get to training, working as a team, helping each other out and trying to improve each game.

GO DRAGONS!

### U15 BOYS **GONZALO VALENZUELA**

**Oakleigh 28.18-186 Def 1.2-8 Waverley Hawks**

A great win by the boys, coach David Park changed the teams around to have some of the boys play in the middle that had not had a go before. Highlights were Luca Asseta kicking a goal, usually is in the backline. Xavier Soldati Kicking 8 for the game and Evan Manaras kicking 6. A great effort from all the boys. Well done.



## COACHES' REPORTS CONT...

### U11 MIXED DARREN GRENFELL

**Opponent:** South Melbourne JFC    **Away Game:** Scammell Reserve

**Result:** Oakleigh Dragons won by 3 points (4.7.31 vs 4.4.28)    **Match Day Captain:** Tyson

Pre-Game: An injury, an illness, and Alex away on an overseas holiday, left us with 20 players this week. Our opponent, top of the ladder and so far 6-0 this year, including an earlier win against us a month ago, would mean we were in for a tough challenge. To make this game even bigger, we also got to celebrate Tyson's 50th game – congratulations skipper.

The Match in a paragraph: For those with a heart condition, this was not a match for you. At each break the margin was no more than 6 points. Goals were extremely hard to come by, as the first half was dominated by defense, with each team only managing to score one goal each. The Dragons continued to fight and run. Many players were exhausted as the battle continued, neither side prepared to lose. With a slender lead the Dragon's held strong in the dying minutes. A fantastic win by the team.

Special mentions from the game:

- The defensive effort by the backline. Lead by Will, Ethan and Rayaana, and well assisted by Jacob and Dean.
- The team goal of the season, from Will taking a goal saving mark on the South Melbourne goal line, a quick switch to Oliver T – who then ran and carried the ball with 4 bounces, before sending the football long to Josh, then a couple of touches later a Tom goal. Inspiring stuff.
- The dominant ruck combination of Oliver Palmer and Austin.
- The tackling and brave efforts shown by Seb, Dean, Ben, Drew, Ethan, Oliver T and Sam.
- The selfless defense of Mitch, Ben and Ethan to nullify South Melbourne's most dangerous player.
- An all-round great contribution by 20 players.

Round 7 Goal Scorers: Tom (2), Oliver Palmer, Tyson

Most Pleasing aspect of the game: Hearing the final siren with our nose in front - a fitting result to celebrate Tyson's milestone match.

Player that caught the coach's eye: Will. Saved more goals than a professional soccer goal keeper.

### U10 MIXED MARCUS SPENCER

We played against: Ashwood    At: Away

For the second time this season we ventured to Essex Heights to play against Ashwood. In the first game they jumped us early.....but not today. We have moved to a team within a team model where the boys rotate between zones with the same group and the early indications are that it will pay dividends. In the first quarter the midfield team took control, sharing the ball with constructive handball and delivering well into the forward line. Campbell and Josh S took advantage with Josh kicking the first two goals of the game.

Ashwood had more of the ball in the second quarter and our backline team had to step up. Oskar, Nathan and particularly Elliott S stood out and repelled every Ashwood attack. In the second half, we played excellent team football, hitting targets, switching the ball and putting together handball chains. The final margin was probably around six goals, but more importantly, we continued our improvement as a team.

It is pleasing to be able to say for the third game in a row that this was our best performance of the year. The boys are really starting to work together, sharing the ball and working defensively to be accountable for an opposition player. We have harder games to come and we are looking forward to testing ourselves against the strongest teams in our grade.



## COACHES' REPORTS CONT...

### U14 GIRLS SIMON GREELY

#### Dragons vs East Brighton Vampires

The girls started off this game like never before – 3 X first time goal kickers in the first quarter! Adele, Petrina and Grace were all very excited to put one through the big sticks. The hard work of the backline and on-ballers paid off with some scoreboard rewards, which was pleasing.

The next 2 quarters were an arm wrestle with neither side scoring. Our backline never gave an inch and our chasing and pressure was outstanding.

In the last quarter we had a purple patch of about 7 minutes where we kicked 3 goals – one to Alice and two to another first-time goal kicker, Lucia. The girls worked really hard to keep in in our forward line and finished off the game strongly.

Thank you to Quan for taking training last Friday and to Lucia and Elise who both did an excellent job as Captain/Coaches during the match, as I was unwell. They did the pre-game warm up, the speeches at the breaks and the after match wrap up. They did a fabulous job and are a credit to their families and our club. I might have put myself out of a job!

Oakleigh 6.5.41 Hampton 0.1.1

Goals – (Four First Time Goal Kickers) Lucia (2), Adele, Petrina, Grace and Alice

Best Players – Great team effort

### U12 GIRLS EMILY HEVERIN & JACQUIE MORGAN

This week our girls played against East Brighton Vampires at their home ground. The girls fought really hard and played well, but unfortunately didn't come out with a win. Even though we lost we are so proud of our girls efforts. They worked as a team and kicked two really awesome goals. It was great to see at the end all the girls diving into the mud and laughing and joking around. We are happy to see all the girls skills developing and improving. Thank you so much for all the awesome parents who have helped us out the past couple of weeks get the team ready and on the field.

### U17 BOYS NATHAN LITTLE

#### Waverley Park Hawks v Oakleigh JFC

If there is such a thing as a friendly grudge match then the match played between Waverley Park Hawks and the Dragons this week was it. The majority of boys from the two teams were close mates, knew each other from school or had played footy together in previous seasons. This made for a great day, especially for a lot of the parents who had watched the boys grow and mature over their footy careers.

The Hawks got the jump on us in the first quarter and had quickly marched away to a 31 point lead by quarter time. Once we'd woken up, we outscored them in both the second and third quarters and had pegged their lead back to a mere eight points close to three quarter time. The boys were pumped going into the last quarter and peppered away at the goals but just couldn't convert. A good effort to come back but our slow start killed us in the end.

A belated congratulations to Liam Heverin for celebrating his 150th game before the long weekend. Great effort, Liam!  
Go Dragons!





### U16 GIRLS GEORGE WINTLE

On the weekend the under 16 girls team played Waverley Hawks away. The team continue to improve and all the parents and coaches admire the teams enthusiasm and determination. Well done team!!!

### U9 MIXED MARK D'ROZARIO

Round 7 was played against East Malvern back on home turf at Princes Highway. We had 20 this week with the handy inclusion of Jonathan, who got the ball within the first few seconds of going on the ground. It was goal for goal in the first quarter and in the second East Malvern kicked a couple of goals and stayed ahead for the rest of the game. We came up against a good tackling team that didn't allow the boys to run, which is our strength. We were also slow with moving the ball and did not structure correctly in the middle during ruck contests and allowed the opposition to play on at all occasions and run through the middle quite easily. These are areas that we can work on during training to be better prepared for the next game. The second half showed improvement and it was tightly fought. Our guys had plenty of shots at goals and chances to get back in the game, but good tackling from the opposition and a lack of quick movement cost us in kicking an extra three or four goals. It is all little coaching improvements that Fergal and I will need to work on with the kids to get the team work a bit better. The second half also showed our willingness to fight out a game and not give up. The boys worked a lot harder to get the ball in to the forward line and keep the ball out of the back line. The mental resolve and the toughness in the team is terrific and there is plenty of improvement to be made to make them only stronger.

Fionn tried hard all day and worked hard rebounding the ball out of defence. Harland was clever in defence stopping a few certain goals on the line. Darcy M and Darcy R worked hard through the middle. Darcy Ryan did a lot of the grunt work in the second half to stop the other teams run and create run for us. Ewan was terrific all day getting plenty of the ball. Ewan, Oliver and Cameron got to plenty of contests to get the ball for our team. Oliver showed his fitness and hard running, as well as ability to tackle hard to keep the ball in our area. Paul got some good marks and plenty of the ball, but was tackled hard on many occasions and couldn't break free. When Andrew got ball he finished well and got a well-deserved goal.

I love working with the team and haven't done enough on structures and set up as the boy's natural game sense has been terrific so far. I will work more on the structures and where to set up in a ball up situation. Work on tackling and moving the ball quickly and how to run in different angles to take the game on and to lead to kicks from down the ground. I think this will help the development of the boys. Looking forward to this week and the next game. Go dragons!

### U16 BOYS JIMMY HUNT

This week the under 16s went out to play Ajax at Princess park.

With a see sawing first quarter it was a tight game at 1/4 time with the boys kicking 1 goal 4 to Ajax 2 goals 2. The boys contested game was good but they were getting led to the ball and they're polish going forward wasn't quite there.

The second quarter they responded well lifting their intensity once again but only managed 2 goals and another 5 points. With the game becoming very tense the message at half time was to keep calm and focussed on playing good footy, which to their credit they did in the third quarter.

The third quarter ended up being their best one of the year with lots of free flow running and good ball movement and piling on the goals. Finally some reward for better options going forward.

They ran out 52 point winners.

Aiden had good polish all day. Hele was quick and dangerous all day and konti moved the ball very well.



## COACHES' REPORTS CONT...

### U13 MIXED CHRIS MORTON

Heart stopper at Hampton!

This week we headed towards the beach to play Hampton at Castlefield Reserve. There was a high level of energy in the rooms as it was Billy's and Jackson's 50th games. Thanks to Mason and Yanni from the U12s who joined us for the game.

The energy led to a good positive start. Jovan was sweeping up on the backline and running the ball out. Jackson was taking on the game through the middle. Angus and Billy both took confident marks in the forward line. William was busy working the ball forward and Yiannis, always looking dangerous, swiftly roved a pack and kicked our first goal. At quarter time we were up one to none.

Hampton got back on top in the second quarter. Jake was tireless in defence, spoiling wherever he could. Allen was pressuring and on top of his opponent. Tom was trying to both nullify his big opponent and create run out of the backline. Dylan was throwing himself into every contest. But Hampton still put on 4 goals. Fortunately, Yiannis kept us in touch with a freaky bouncing leg spinning goal.

In the third quarter we kept them goal less, with some inspiring hard work full of tackles, shepherds, spoils and smothers. Aiden and Rhys were doing their best sharing the ruck. Oscar was under every pack. Mason was holding his own in defence taking a strong mark and making it hard for our opponents with several defensive spoils. Alex was constantly presenting as an option across the half forward line. Yanni was everywhere. At one time running the ball up the ground with 3 bounces. At another, skilfully snagging a goal. At the end of the quarter we were only 4 points down.

The intensity of the game rose to another level in the last quarter as both teams strived to be in front. Byron was driving the ball down the wing, while James and Finn continued to be in amongst it. Yanni managed to force his way through a pack of players to kick his second goal and level the score. The ball seesawed up and down the ground until, Sam taking an advantage of a free kick, played on along the boundary, took a bounce, and kicked an amazing check side through the sticks. We were back in front.

The last few minutes were full of tension as we tried to hold on to the lead. Most of the play was in the backline. There were multiple courageous efforts, but with only a couple of seconds to go, Hampton snapped a major from the boundary line to bring the scores level. A draw!

It was an encouraging confidence booster that we will take a lot of positives out of. But it also highlighted that we need to get to training to keep improving on our skills and strategies.







### SET UP / PACK UP DUTIES

Duty	Date	Team	Time	Venue
Set-up	23/6/19	U9 Yellow	9.30am	Princes Hwy
Pack-up	23/6/19	U11 Div 5	10.45am	Princes Hwy
Set-up	23/6/19	U12 Mixed	10.00am	WA Scammell
Pack-up	23/6/19	U16 Girls	1.00pm	WA Scammell

### GRUB AT THE CLUB SCHEDULE

(Subject to change during the season depending on game times, your Team Manager will keep you posted).

Date	U8 & U9	U10	U11-U13	U14+	Holidays	Grub at the Club
28/4/19	Round 1	Round 1	Round 1	Round 1		Anzac Round U13
5/5/19	Round 2	Round 2	Round 2	Round 2		U11 & U12G
12/5/19	Round 3	Round 3	Round 3	Round 3	Mothers' Day	
19/5/19	Round 4	Round 4	Round 4	Round 4		
26/5/19	Round 5	Round 5	Round 5	Round 5		U10 & U17
2/6/19	Round 6	Round 6	Round 6	Round 6		
9/6/19	No Games	Queen's Birthday				
16/6/19	Round 7	Round 7	Round 7	Round 7		
23/6/19	Round 8	Round 8	Round 8	Round 8		U12
30/6/19	Round 9	Round 9	Round 9	Round 9	School Holidays	
7/7/19	No Games	School Holidays				
14/7/19	Round 10	Round 10	Round 10	Round 10	School Holidays	U16 & U16G
21/7/19	Round 11	Round 11	Round 11	Round 11		
28/7/19	Round 12	Round 12	Round 12	Round 12		
4/8/19	Round 13	Round 13	Round 13	Round 13		U9
11/8/19	Lightning Carnivals	Round 14	Round 14	Round 14		
18/8/19		Lightning Carnivals	Round 15	Round 15		U15 & U14G
25/8/19			Semi Finals	Semi Finals		
1/9/19			Grand Finals	Prelim Finals	Fathers' Day	Committee
8/9/19				Grand Finals		TBA



## CLUB ROLES

Every issue or two, we will be adding a description of the roles needed to run our club successfully. These will include game day roles, as well as committee roles.

### Trainer

20.15. As per the Sports Trainers in Community Football Policy, all Member Clubs must appoint a minimum of one Trainer per team who holds a minimum qualification of Provide First Aid with an up to date CPR component.

20.16. It is recommended that a venue trainer is present at all matches. If there is no venue trainer with Emergency Response Coordinator (ERC) qualifications present, trainers for under 13 and above age groups must also have completed ERC training.

20.17. A Trainer appointed pursuant to By-Law 20.15 must be present for the duration of all games in which the Trainer's team participates.

20.18. Each team must provide one first aid kit (including ice) for use by the team Trainer(s).

20.19. Medical Practitioners can act as a trainer provided they are in a current clinical practice and registered with the AHPRA. Medical Practitioners must complete the ERC training every three years and CPR training every year and are exempt from holding a Provide First Aid certificate.

20.20. In the event of an injury to a player, a venue trainer or a second or third trainer may enter the field of play. Only 1 trainer is permitted on the team bench. Any additional trainers must be stationed off the field (outside the fence) and must be wearing the appropriate SMJFL bib.

### Secretary (Executive Committee)

Deal with club mail, takes minutes of meetings, attends League meetings as required. Maintain policies. Liaise with League, distribute mail/correspondence as required within club and externally, main contact point for Club. Oversee running of the Club along with President and Vice President.

Role will be vacated at the end of season 2019.

**New Secretary to be identified urgently during season 2019 for smooth transition.**



## SMOKE-FREE

By law, smoking is banned within 10 metres (about two car lengths) of any public outdoor sporting venue during an organised under-18s event.

The ban includes training or practice sessions to prepare for an organised under-age sporting event, and breaks or intervals during the course of the event, training or practice session.

Source: [www2.health.vic.gov.au](http://www2.health.vic.gov.au)