



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
<p>Under 8's <u>Inexperienced</u> (Born 2012 / 2013 / 2014)</p>	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 5 basketballs used. Please provide bench personnel for your game.</p> <p>Modified rules are used in the Under 8 junior competition to promote learning and development and is an introduction to the sport of basketball. This age group is for the development of ALL players and as such it is expected that ALL players receive equal playing time.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules.</p> <p><u>RULES (modified):</u></p> <ol style="list-style-type: none"> 1st half of games – Training session conducted by WBA assigned Coach (First 6 games of the season only). Team Coaches strongly encouraged to be involved. HEAVY FOCUS ON BASIC FUNDAMENTALS – SHOOTING; PASSING; DRIBBLING. 2nd half of games – 3 on 3 format at each end of the court (team against team) (First 6 games of the season only). Coaches allowed on court to provide direction and coaching but MUST not interfere with games in any way. Junior free throw line. Only half-court defence will be allowed (applicable to full court games) Only man-to-man defence allowed (encourage players to KEEP HANDS OUT). <i>Please refer to "Definition of Zone Defence" at end.</i> No deliberate "double teaming" of players. Coaches expected to encourage players to implement basic man to man defensive principles. No "3 seconds in keyway" rule. Obvious violations called, then explained to player and ball returned to same team from the appropriate point. If the same violation occurs immediately after, then the ball is turned over. Coach to provide more detailed feedback to player to correct. Fouls and jump balls called as normal. Referee must give a brief description of each call to the players. Coaches to provide follow-up feedback to players that continually break rules. Stadium Scoring only used to record attendance and fouls. NO SCORING AND PLAYERS CANNOT FOUL OUT. No finals or premiership points. Teams must be registered and financial. Mixed teams allowed. Lowered backboards Players MUST be in the correct age group.



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
<p>Under 8's Experienced (Born 2012 / 2013 / 2014)</p>	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 5 basketballs used. Please provide bench personnel for your game.</p> <p>Modified rules are used in the Under 8 junior competition to promote learning and development and is an introduction to the sport of basketball. This age group is for the development of ALL players and as such it is expected that ALL players receive equal playing time.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules.</p> <p><u>RULES (modified):</u></p> <ol style="list-style-type: none"> 1st half of games – Training session conducted by WBA assigned Coach (First 6 games of the season only). Team Coaches strongly encouraged to be involved. HEAVY FOCUS ON BASIC FUNDAMENTALS – SHOOTING; PASSING; DRIBBLING (but at a higher level than U8 Inexp). 2nd half of games – 5 on 5 format Coaches allowed on court to provide direction and coaching but MUST not interfere with games in any way. Junior free throw line. Only half-court defence will be allowed Only man-to-man defence allowed (encourage players to KEEP HANDS OUT). <i>Please refer to "Definition of Zone Defence" at end.</i> No deliberate "double teaming" of players. Coaches expected to encourage players to implement basic man to man defensive principles. No "3 seconds in keyway" rule. Obvious violations called, then explained to player and ball returned to same team from the appropriate point. If the same violation occurs immediately after, then the ball is turned over. Coach to provide more detailed feedback to player to correct. Fouls and jump balls called as normal. Referee must give a brief description of each call to the players. Coaches to provide follow-up feedback to players that continually break rules. Stadium Scoring only used to record attendance and fouls. NO SCORING AND PLAYERS CANNOT FOUL OUT. No finals or premiership points. Teams must be registered and financial. Mixed teams allowed. Lowered backboards Players MUST be in the correct age group.



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
<p>Under 10's Inexperienced (Born 2010 / 2011)</p>	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 5 basketballs used. Please provide bench personnel for your game.</p> <p>Some modified rules are used in the Under 10 junior competition to enable the further develop of the fundamental skills introduced in the Under 8s. There is still a heavy focus on skill learning but in a more “game like” environment. Equal playing time for all is still expected.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES(modified):</u></p> <ol style="list-style-type: none"> 1. Junior free throw line. 2. Lowered backboards. 3. Coaching focus on correct shooting technique – (“Focus on process, not outcome”). 4. Only half-court, man-to-man defence will be allowed. <i>Please refer to “Definition of Zone Defence.</i> 5. No cross-court violation called. 6. Defensive team will NOT form a “wall” at half court. (Offensive team to ENCOURAGE players use correct court spacing - ie min 2 x offensive players inside 3 point line). 8. No deliberate “double teaming” of players. Coaches expected to encourage players to implement basic man to man defensive principles. 9. Offensive players allowed 5 seconds in keyway. 10. Violations called in the back court - referee to explain reason to player and ball returned to same team from the appropriate point. If the same violation occurs immediately after by the same team, then the ball is turned over. 11. Fouls and jump balls called as normal. Referee must give a brief description of each call to the players. 12. Coaches to remain on the sideline but can move up and down court to provide directing and coaching. 13. NO scores on scoreboard. 14. Inexperienced Division Only - Stadium Scoring only used to record attendance and fouls. PLAYERS CANNOT FOUL OUT. 15. No finals or premiership points. 16. Teams must be registered and financial. 17. Players MUST be in the correct age group



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
<p>Under 10's Experienced (Born 2010 / 2011)</p>	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 5 basketballs used. Please provide bench personnel for your game.</p> <p>Some modified rules are used in the Under 10 junior competition to enable the further develop of the fundamental skills introduced in the Under 8s. There is still a heavy focus on skill learning but in a more “game like” environment. Equal playing time for all is still expected.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES(modified):</u></p> <ol style="list-style-type: none"> 1. Junior free throw line. 2. Full height backboards. 3. Coaching focus on correct shooting technique – (“Focus on process, not outcome”). 4. Only half-court defence will be allowed. 5. No cross-court violation called. 6. Only man-to-man defence allowed. <i>Please refer to “Definition of Zone Defence.</i> 7. Defensive team will NOT form a “wall” at half court. (Offensive team to ENCOURAGE players use correct court spacing - ie min 2 x offensive players inside 3 point line). 8. No deliberate “double teaming” of players. Coaches expected to encourage players to implement basic man to man defensive principles. 9. Offensive players allowed 5 seconds in keyway. 10. Fouls and jump balls called as normal. Referee must give a brief description of each call to the players. 11. Coaches to remain on the sideline but can move up and down court to provide directing and coaching. 12. NO scores on scoreboard. 13. Stadium Scoring used as per usual, though no results to appear on website. 14. No finals or premiership points. 15. Teams must be registered and financial. 16. Players MUST be in the correct age group



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
Under 12's (Born 2008/ 2009)	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 5 basketballs used. Please provide bench personnel for your game.</p> <p>Normal rules are used in the Under 12 junior competition to with a focus on in game development of players and the introduction to team basketball concepts. Equal playing time for all is still expected.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES (normal):</u></p> <ol style="list-style-type: none">1. Normal free throw line.2. Normal height backboards.3. Only man-to-man defence allowed. <i>Please refer to "Definition of Zone Defence".</i> (Offensive team to ENCOURAGE players use correct court spacing - ie min 2 x offensive players inside 3 point line).4. Double teaming allowed subject to <i>"Definition of Zone Defence"</i> rules.5. Offensive players allowed 3 seconds in keyway.6. 3pts shots only count as 2 points.7. Fouls and violations called as normal.8. Coaches to remain on the sideline and to remain in designated coaching area.9. Stadium Scoring as per normal.10. Scores on scoreboard (subject to Sportsmanship guidelines).11. Finals and premiership points counted.12. Teams must be registered and financial.13. Players MUST be in the correct age group



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
Under 14's (Born 2006/2007)	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 6 basketballs used. Please provide bench personnel for your game.</p> <p>Normal rules are used in the Under 14 junior competition with a focus on further developing in game development of players and more advanced team basketball concepts. Equal playing time for all is still expected.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES (normal):</u></p> <ol style="list-style-type: none">1. Normal free throw line.2. Normal height backboards.3. Only man-to-man defence allowed. <i>Please refer to "Definition of Zone Defence".</i>4. Double teaming allowed subject to <i>"Definition of Zone Defence"</i> rules.5. Offensive players allowed 3 seconds in keyway.6. 3pts shots only count as 2 points.7. Fouls and violations called as normal.8. Coaches to remain on the sideline and to remain in designated coaching area.9. Stadium Scoring as per normal.10. Scores on scoreboard (subject to Sportsmanship guidelines).11. Finals and premiership points counted.12. Teams must be registered and financial.13. Players MUST be in the correct age group



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
Under 16's (Born 2004/ 2005)	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 6 basketballs – Women / Size 7 basketballs – Men;</p> <p>Please provide bench personnel for your game.</p> <p>Normal rules are used in the Under 16 junior competition with a focus on individual player development and executing advanced team basketball concepts. Equal playing time for all is encouraged.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES (normal):</u></p> <ol style="list-style-type: none">1. Normal free throw line.2. Normal height backboards.3. Zone defence allowed.4. Offensive players allowed 3 seconds in keyway.5. 3pt shots as per normal.6. Fouls and violations called as normal.7. Coaches to remain on the sideline and to remain in designated coaching area.8. Stadium Scoring as per normal.9. Scores on scoreboard (subject to Sportsmanship guidelines).10. Finals and premiership points counted.11. Teams must be registered and financial.12. Players MUST be in the correct age group



Junior Competition Rules Summary

SPECIFIC BY-LAW FOCUS	REVISED LAWS
Under 18's (Born 2002/ 2003)	<p>Game Times – 2 x 20 min halves (2 x timeouts per half – no timeouts in last 3 mins)</p> <p>Size 6 basketballs – Women / Size 7 basketballs – Men;</p> <p>Please provide bench personnel for your game.</p> <p>Normal rules are used in the Under 18 junior competition with a focus on implementing advanced individual skills and executing advanced team basketball concepts to a high level. Equal playing time for all is still encouraged but at the coach's discretion.</p> <p>It is the responsibility of each person involved in the competition to be aware of and abide by the WBA rules (see website).</p> <p><u>RULES(normal):</u></p> <ol style="list-style-type: none">1. Normal free throw line.2. Normal height backboards.3. Zone defence allowed.4. Offensive players allowed 3 seconds in keyway.5. 3pt shots as per normal.6. Fouls and violations called as normal.7. Coaches to remain on the sideline and to remain in designated coaching area.8. Stadium Scoring as per normal.9. Scores on scoreboard (subject to Sportsmanship guidelines).10. Finals and premiership points counted.11. Teams must be registered and financial.12. Players MUST be in the correct age group



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SPECIFIC BY-LAW FOCUS	REVISED LAWS
Zone Defence	<p>The use of Zone Defence is banned for all grades from U14's and below. This is to encourage the development of defensive and offensive skills in the younger athletes</p> <p>Definition of Zone Defence</p> <ul style="list-style-type: none"> Any defence in the half court which does not incorporate normal man to man defensive principles Trapping defences which rotate back to man to man principles are acceptable <p>Violations of Man to Man Defence</p> <ul style="list-style-type: none"> 1 or more players are not in an acceptable man to man position in relation to their man and the ball A cutter moved all the way through the key and was not defended using acceptable man to man techniques e.g. bumped, switched, followed Following a trapping or help and recover situation the team make no attempt to re-establish man to man defensive positioning Teams Zone press and did not assume man to man defensive positioning once the ball was in the quarter court
	<p>Games Managers (with assistance from Referee Supervisors)</p> <p>Officials will:</p> <ul style="list-style-type: none"> Take into account the intention of the defensive team Take into account the time and state of the game Deliberate and pre-meditated use of zone defence at a critical time of a game will be acted on immediately If there is any doubt, the benefit of the doubt will be given to the defensive team
	<p>Penalties for Use of Zone Defence</p> <p>Procedure</p> <ul style="list-style-type: none"> When, in the opinion of the Games Manager (in consultation with relevant referee supervisors), a violation occurs in the first instance, they will provide a warning to the coach of the offending team. If a violation occurs again, the Games Manager will request the referees, through the Referee Supervisor, to charge a "Technical Foul – Coach" on the coach of the offending team at the next dead ball. <p>Penalty: 1 free throw plus possession</p> <ul style="list-style-type: none"> If the same team incurs a further violation the resulting "Technical Foul – Coach" will mean the disqualification of from the game of the offending Head Coach. <p>Penalty: 1 free throw plus possession</p> <ul style="list-style-type: none"> Any further violation during the game the same penalties will apply to the Assistant Coach. Continued violations throughout the season may result in further action being taken by the Competition Officer e.g. disqualification and loss of points.



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Sportsmanship	<p>SCORE MARGIN MANAGEMENT AS AGREED TO & ENDORSED BY ALL JUNIOR CLUB PRESIDENTS.</p> <p>Where a team is:</p> <p>1) More than 30 POINTS - U12 & UP</p> <p>coaches of the winning team are expected to:</p> <ul style="list-style-type: none">• Only play defence to half court (should this not even up the match, teams will be instructed to defend ONLY within the defensive 3 pt line)• Instruct players to dribble with non-preferred hand only• Instruct players to lay up ,where possible, with non-preferred hand only• Play man to man at least an arm length away – keep hands out• No double teaming players• All Players to handle ball in offence prior to shooting• Sub and rest stronger players – this will allow other players to develop• Playing 4 players when the opposition has 4 players• USE ALL YOUR TIME OUTS• Most importantly – be a good sport and role model to not only your players, but to the others. <p>FOR THE BENEFIT OF OUR ASSOCIATION AND OUR MEMBERS, PLEASE ENSURE GOOD SPORTSMANSHIP IS DISPLAYED AT ALL TIMES.</p>
	<p>Scorebench Officials are to:</p> <ol style="list-style-type: none">1. NOT put any further scores on the scoreboard once the appropriate score difference has been reached2. Should the score come back to within the prescribed limit, then regular scoring can recommence as per the scoresheet.