

2019

REPRESENTATIVE

PLAYERS AND PARENTS

FOOTBALL GUIDELINES

FSCFA EXECUTIVE COMMITTEE

President – Kerri Warren 0438 515805

Secretary – Kate Webster 0417 550852

Rep Convener – Craig Howker 0427 245754

Technical Director – Ray Hale 0427 959784

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**REPRESENTATIVE VISION STATEMENT**

“Far South Coast Football will endeavor to create a football program for representative local talented footballers consistent with the FFA National Curriculum. We will endeavor to develop and deliver a unified program which lifts the overall technical ability of our representative local players and coaches”.

**REPRESENTATIVE MISSION STATEMENT**

“Far South Coast Football will endeavor to provide a positive football experience for player’s, parents and coaches. Whilst winning is our aim for representative football our emphasis is on coach and player development. Better coaching makes better football enjoyment”.

**PLAYER REQUIREMENTS**

The Player is required to:

* attend all training sessions as directed by the team coach or manager,
* maintain all personal items (boots, ball, uniform etc.) in good condition,
* behave in a responsible and dignified manner and wear the official team uniform when representing FSCFA,
* let the coach know when he/she cannot attend training,
* accept all disciplinary measures including suspension and/or termination of squad selection,
* accept all selection decisions made by FSCFA coaches
* always listen to the coach and help whenever possible during training sessions,
* never bully or make other people feel bad,
* display and encourage good sportsmanship,
* respect the decisions of match officials,
* try his/her hardest at every training session/game,
* tell the coach if injured at training or in a game,
* exhibit exemplary behaviour at all times and leave all areas (including fields, benches, dressing rooms, hotels and buses) in the same condition when he/she arrived,

**NOTE:** A breach of these requirements may result in disciplinary action of a reduction in playing times or removal from the representative team.

**PARENT AND GUARDIAN REQUIREMENTS**

The parent or guardian is required to:

* review and discuss the Player Obligations with his/her child under these guidelines,
* support and encourage his/her child’s, their teammates’, and the coach’s efforts at all times,
* respect opposition players, coaches, supporters and team officials at all times,
* accept all selection decisions made by FSCFA coaches,
* respect the decisions of the match officials at all times,
* refrain from providing instructions to the players or team,
* get his/her child to training sessions and games on time and ready to begin,
* discuss any issues with his/her child privately and away from the game with the coach, team manager or rep convener.
* inform coaches in advance of any training or games his/her child will miss or may arrive late to,
* not make negative comments to parents, players, spectators, the media or on social media regarding FSCFA representative teams, coaches or players,
* avoid any confrontation with players, coaches, match officials, spectators or opposition parents and refrain from any unsporting and poor parenting behaviour including verbal or physical abuse of same at training, before, during, and after games,
* ensure his/her child’s personal health habits are maintained to a standard conducive to sporting excellence,
* encourage his/her child to maintain all personal items (boots, ball, uniform etc.) in good condition,
* be bound by and comply with all relevant rules, regulations and policies issued by FNSW and FFA including, but not limited to, the FNSW Grievance & Disciplinary Regulations, the FFA Spectator Code of Behaviour and the FFA National Member Protection Policy. accessible on the FNSW and FFA websites or available on request;

**INSURANCE COVER**

Sanctioned events undertaken by the FSCFA will provide coverage for players and coaches under the Football NSW insurance scheme. Football NSW remains committed to providing the football community with a first class Sports Insurance Programme whilst maintaining the affordability of registration.

Whilst the plan provides basic levels of cover for players and others participating in Football, it is not all encompassing (this is necessary to keep the cost of insurance affordable for players) and does not seek to replace the need for private health and other insurances.

Further information can be found on the Football NSW webpage at

<http://www.gowgatessport.com.au/football/nsw/>

**PLAYER QUALIFICATION**

To qualify to play in a FSCFA representative team, players must register or intend to register with a team as per Section 1.2 – Affiliations and play a minimum of FIVE games in the calendar year

**REPRESENTATIVE TEAM COMPOSITIONS**

Each team will have a head coach and team manager with an optional assistant coach.

Our teams will consist of the following age groups and maximum team numbers

Non-Competitive Age group

* SAP U9-11 2 teams of 14 players
* Under 12 Girls development program 14 players

Competitive Age group

* Under 12 Boys 16 players and 2 training players
* Under 13 Boys 16 players and 2 training players
* Under 14 Boys 16 players and 2 training players
* Under 14 Girls 16 players and 2 training players
* Under 15 Boys 16 players and 2 training players
* Under 16 Girls 16 players and 2 training players
* Under 16 Boys 16 players and 2 training players
* All Age Men’s 18 players
* All Age Women’s 18 players

**NOTE:** Training players will be deemed to be those players identified during the trial selection process as needing further additional training, for future selection in the local representative teams. These players may be called upon by the coaching staff to replace injured or absent players during the representative season where the need arises.

**PLAYING AND COACHING STRUCTURE**

All representative teams playing under the Far South Coast Football Association will be governed by “The National Football Curriculum” as set down by Football Federation Australia.

The curriculum is available to view on the FFA webpage at

<https://www.ffa.com.au/sites/ffa/files/2017-09/FFA%20National%20Curriculum_1ma6qrmro1pyq10gzxo5rcn7ld.pdf>

**COACHING STANDARD**

Our Coaching and national curriculum implementation will be overseen by the appointed FSCFA Technical Director.

All Representative Coaches will need to/or be achieving the required FFA accreditation within the age group that they have been selected to coach.

Our aim to have every coach complete an FFA accredited coaching course as set out in the National Curriculum.

All coaches, assistant coaches and team managers will have a working with children check completed.

**PLAYER FEES**

There will be 2 types of player fees:

1. Player Fee
2. Tournament/Game day Fee

Player fee

An individual player fee will apply to any player selected into a FSCFA representative team. This fee will help to cover the cost of selected uniforms items, training equipment, coaching courses and some playing equipment.

The fee has been set at a rate to ensure equal cost allocation across season for our competitive teams with some players getting more items one year compared to another and also keep costs down for parents and players involved. For our SAP program the fee is designed to provide the participants with sense of identity. Uniform allocation is a once per season allocation

This fee is set at the rate below for the relevant player:

$120 Junior player boy/girl:

* Will include the following uniform items: 1 x Training Jacket, 1 x Polo, 1 x Kit Bag, 1 x Playing shorts and 1 x Playing socks. (See Uniform section for additional items or cost of replacement)

$50 Junior training player boy/girl:

* Will also include the following items: 1 x Training Jacket and 1 x Polo (for players selected as replacements into the starting teams, player fees will be negotiated between the Rep Convener and the player/parent dependent on tournament involvement.)

$55 All age player men/women:

* Will also include the following items: 1 x Polo, 1 x Playing shorts, and 1 x Playing socks. (See Uniform section for additional items or cost of replacement)

Player fees can be paid through the following methods:

* Direct debit to IMB Name: FSCFA Rep teams BSB: 641800 Acc: 200812214 (please include player name and team)
* By fundraising
* Directly to the Rep Convener (please include player name and team)

Player fees to be **finalised by the 20th of April**

**NOTE:** All uniform items will be embroidered with the players name and FSCFA Logo except for playing uniforms.

Tournament Fee

The current approx. tournament fees for the season are as follows and are subject to change once tournament details are finalised:

Eurobodalla/Shoalhaven Gala day - $70 per team

Kanga Cup - $1800 per team

Karl Posselt Cup - $250 per team

Branch Championships – No Cost

Country Cup (if successful) – No cost

Tournament fees will be confirmed prior to events occurring and payment methods will be either by fundraising, direct debit or direct payment to the rep convener.

**NOTE:** All costs associated with travel and accommodation to FSCFA sanctioned events must be borne by the player or parent.

**FUNDRAISING**

FUND RAISING SHOULD BE BOURNE BY PARENTS AND SHOULD NOT INCLUDE COACHING STAFF OR TEAM MANAGER UNLESS THEY HAVE CHILDREN PARTICIPATING IN SAME TEAM

To assist players and parents with the cost of playing fees the FSCFA has a number of fundraising opportunities for you to organise and run. These can be either as individuals, small groups or whole teams. Any funds raised will be credited directly towards that player, players or team for their player fees. Any residual amounts will become part of the FSCFA representative account and be utilized for the development of FSCFA representative teams.

Fundraising activities include and are not limited to the following:

* Summer seafood/meat tray raffles in local caravan parks
* Christmas hamper raffle
* Trailer of wood winter raffle
* Chocolate drive
* Trivia Night
* $1000 draw.

Fundraising activities will be coordinated by the Rep Convener and the parents committee. Nominations for fundraising events are to be emailed to the rep convener 6 weeks prior to starting and are to include the player or players involved for the purposed of crediting monetary values. For further information on how to fundraise or fundraising activities please contact the Rep Convener.

There may also be a requirement for whole of event fundraising by all teams. These events will be set by the Rep Convener when required and would include Tournament Canteens and Grand final booklets. These funds will be used to ensure playing shirts are kept updated and bulky training equipment can be purchased.

FSCFA is responsible for the financial requirements through NSW fair trading each year as such the Rep Convener will produce a monthly statement to the FSCFA executive meeting to show how the representative funds are being raised and utilized to fund representative activities.

**UNIFORMS**

Playing uniforms

Team playing uniform is to be worn by all members of the allocated team playing under the FSCFA. The current playing uniform is sky blue shirt, sky blue shorts and sky blue socks and for goalkeepers a shirt and shorts.

The alternate playing uniform is Maroon shirt, sky blue shorts and sky blue socks.

No current player can take the field of play for a team from the FSCFA in any other uniform items unless sanctioned by the FSCFA committee.

The use of skins or shin pad holders is only sanctioned for use provided they are either sky blue or white in colour for players and black in colour for Goalkeepers. No other coloured skins or shin pad holders are to worn on FSCFA sanctioned games.

All team playing shirts including goalkeeping shirt, goalkeeping shorts and goalkeeping gloves will be provided by the FSCFA.

Team Uniform

The FSCFA currently has a team uniform to be worn by players attending sanctioned events whereby they are representing the FSCFA. This team uniform includes the following items:

* Jacket
* Hoodie
* Polo
* Trackpants
* Kit bag

These items have been endorsed for use by the FSCFA committee and bear the logo of the Association and the name of the player they belong to.

Team travelling uniform will be provided by the FSCFA as detailed in the allocation found under player fees.

Additional uniform items are available to purchase through the Rep Convener with order forms, sizes and prices found at the end of this booklet.

**SEASON DATES**

The FSCFA representative season commences on the 1st of February and ends on the 30th of November.

These dates are at the discretion of the Technical Director and rep convener in consultation with coaching staff for each team.

There is a mandatory 2 month break from the 1st of December until the 31st of January.

**COMPETITIONS/TOURNAMENTS**

**Player ID Cards**: Players are required to have an ID card for all sanctioned games with FSCFA. With the move to the new Play Football registration platform all previous photos have been deleted.

**All Players** are to email a passport style photo (head and shoulders only) to Mick Grealy on [mickgrealy@hotmail.com](mailto:mickgrealy@hotmail.com) by the 1st of March with the following information included in your email: Name, DOB, Home club and FFA number.

The current confirmed competition dates for the 2019 season are:

* SAP Gala day Sunday the 10th of March, Cookbundoon Oval, Goulburn.
* Eurobodalla Gala Day Saturday March 1st in Merimbula and 30th of March in Moruya. (all teams)
* Branch Championships Sat 27th and Sun the 28th of April, (ages to be confirmed)
* Branch Championships Sat 11th and Sun 12th of May, Ison Park, Nowra (ages to be confirmed)
* Country Cup Sat 8th and Sun 9th of June Venue to be confirmed (for winning teams of Branch Championships)
* Kanga Cup 8th to 12th July, Canberra (all junior teams)

The current planned competition dates for the 2019 season are:

* SAP Gala days
* Karl Posselt Cup October long weekend, Merimbula, teams TBA
* All age Branch Championships October, Merimbula

**NOTE:** All costs associated with travel and accommodation to FSCFA sanctioned events must be borne by the player or parent.

**PLAYER DEVELOPMENT**

The aim of the FSCFA is not only winning matches, it’s also the development of players and coaches and as such consideration should be given to an equal and appropriate playing time for all players.

In naming a team a coach should try as much as possible to give all players equal time on the field, preferable over the length of a game but certainly over the length of a tournament. There will be some rotation to give players development and learning opportunities. With younger players, this will assist in determining what will eventually be their best position(s).

If a coach is aware of justifiable circumstances (injury, discipline, lack of attendance at training) in which a reduction in playing time will be given to a player, this issue should be addressed by the coach as early as possible prior to the tournament with the player and their parents.

If a coach chooses to discipline players through reduced playing time this should be:

* In line with a breach of the player requirements as set out in the representative guidelines
* A player is given a first warning as to the risk of such discipline.
* The player will be informed at the point of discipline when their behaviour has warranted reduced playing time.
* Player’s parents will be informed as to why this is happening.

Any comment regarding playing time or performance made by players or parents must be made exclusively to the coach. Parents or Players who have concerns about player development can follow the steps outlined in the complaint and grievance resolution section of the representative guidelines.

**TRAINING NIGHTS**

Training nights are to be determined by the team coaches and can be located anywhere in the FSCFA district, dependent on ground availability. Rep team coaches need to liaise with their local club to facilitate this ground usage.

An attempt will be made to have similar aged teams training at the same venue on the same night for improvement of coaching.

Traditionally Representative teams have been training on either Monday or Friday nights.

FFA requirements are rep teams train a minimum of two nights per week where possible.

**TRAINING EQUIPMENT**

This year we are introducing a minimum set of training equipment for coaches to use with all teams. The AIM is to also to have bulk specialised training for coaches to use for particular training drills.

**Players are required to turn up to training wearing boots and shin pads to all sessions**

**COMPLAINT AND GRIEVANCE RESOLUTION FOR PARENTS AND PLAYERS**

The following is the procedure for complaints and grievances by players or parents against either another player or coach whilst undertaking activities sanctioned by the FSCFA.

**ALL** Inquires are to be directed towards the coach or team manager of the affected team in the first instance.

If you believe that you are unable to gain a resolution to your complaint or grievance after discussing it with the coach or team manager then you are to convey your concern in writing via letter or email to the Rep Convener. Please address the following criteria in your response:

* Team attached to
* All players or parents involved
* Details of the allegation
* Details of the discussion with Coach or Team Manager
* Action taken by the affected party or coach and team manager
* Expected outcome

Your response will be reviewed by the Rep Convener in the first instance and dependent on the details and allegations a decision will be made by him or the matter will be referred to the FSCFA committee for review.

**SELECTION TRIAL DATES FOR THE FOLLOWING YEAR**

The selection trials for the 2020 FSCFA Representative teams will be held at various locations within the FSCFA Boundary and will include a month of continuous weekly trials for each age group for the competitive age groups being;

Boys U12, U13, U14, U15/16

Girls U12, U14, U16

For SAP - selection trials will be undertaken over 2 Wednesday nights at Berrambool Oval Merimbula on the following dates (Subject to confirmation)

Wednesday the 16th & 23rd of October 5pm SAP 9-11 Boys and Girls

All dates and times will be confirmed later in the season.

Players may be identified and invited to train with representative teams throughout the season dependent on playing numbers.

**CONTACT DETAILS**

FSCFA President – Kerri Warren 0438 515805 [soccer@mallacoota.com](mailto:soccer@mallacoota.com)

FSCFA Secretary – Kate Webster 0417 550852 [katewebster71@hotmail.com](mailto:katewebster71@hotmail.com)

FSCFA Registrar – Mick Grealy 0448 833253 [mickgrealy@hotmail.com](mailto:mickgrealy@hotmail.com)

Rep Convener – Craig Howker 0427 245754 [ckjbhowker@bigpond.com](mailto:ckjbhowker@bigpond.com)

Technical Director – Ray Hale 0427 959784 [rha86457@bigpond.net.au](mailto:rha86457@bigpond.net.au)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **FAR SOUTH COAST FOOTBALL ASSOSCIATION** | | | | | | | | |
|  | **UNIFORM ORDER FORM MENS** | | | | | |  |  |  |
| FIRST NAME: |  |  |  |  |  | SURNAME: |  |  |  |
| TEAM: |  |  |  | NAME ON ITEMS: | | |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| ITEM | SIZE |  | QTY |  | COST |  | TOTAL COST | |  |
| TRACK PANTS |  |  |  |  | $27.50 |  |  |  |  |
| TRAINING JACKET |  |  |  |  | $53.90 |  |  |  |  |
| POLO |  |  |  |  | $27.50 |  |  |  |  |
| HOODIE |  |  |  |  | $44.00 |  |  |  |  |
| BAG |  |  |  |  | $36.30 |  |  |  |  |
| SHORTS |  |  |  |  | $18.00 |  |  |  |  |
| SOCKS |  |  |  |  | $11.00 |  |  |  |  |
|  |  |  |  |  | **TOTAL** | |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| **SIZING GUIDES** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Adults Flash Track Pants - measure at the waist the width of an unstretched pair of shorts or pants | | | | | | | | | |
| Size | XS | S | M | L | XL | 2XL | 3XL | 5XL |  |
| measurement | 31cm | 33cm | 35cm | 37cm | 39cm | 42cm | 48cm | 60cm |  |
|  |  |  |  |  |  |  |  |  |  |
| Training Jacket - measure a jumper from the top of the shoulder to the hem or measure a full chest | | | | | | | | | |
| Size | S | M | L | XL | 2XL | 3XL | 5XL |  |  |
| full chest | 119cm | 124cm | 129cm | 134cm | 144cm | 154cm | 114cm |  |  |
| length | 70.5cm | 73cm | 75.5cm | 78cm | 80.5cm | 83cm | 88cm |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Razor Polo - measure the chest on a t-shirt between where the sleeve joins at the armpit. | | | | | | | | |  |
| Size | S | M | L | XL | 2XL | 3XL | 5XL |  |  |
| measurement | 52cm | 55cm | 58cm | 62cm | 65cm | 71cm | 79cm |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Paterson Hoodie - Measure a jumper from the top of the shoulder to the hem or measure a half chest | | | | | | | | | |
| Size | XS | S | M | L | XL | 2XL | 3XL | 5XL |  |
| 1/2 Chest | 54.5cm | 56cm | 58.5cm | 61cm | 63.5cm | 66cm | 71cm | 76cm |  |
| Length | 69cm | 73cm | 75cm | 77cm | 79cm | 81cm | 83cm | 91cm |  |
|  |  |  |  |  |  |  |  |  |  |
| Thin Skins Socks |  |  |  |  |  |  |  |  |  |
| Size | Small | Medium |  | Large |  | Extra Large | |  |  |
| shoe size | 9 to 2 | 2 to 7 |  | 7 to 11 |  | 12 to 14 | |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Nike Shorts - Measure waist circumference in CM | | | |  |  |  |  |  |  |
| Size | S | M | L | XL | XXL |  |  |  |  |
| Measurement | 73-81 | 81-89 | 89-97 | 97-109 | 109-121 |  |  |  |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **FAR SOUTH COAST FOOTBALL ASSOSCIATION** | | | | | | | | |
|  | **UNIFORM ORDER FORM LADIES** | | | | | |  |  |  |
| FIRST NAME: |  |  |  |  |  | SURNAME: |  |  |  |
| TEAM: |  |  |  | NAME ON ITEMS: | | |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| ITEM | SIZE |  | QTY |  | COST |  | TOTAL COST | |  |
| TRACK PANTS |  |  |  |  | $27.50 |  |  |  |  |
| TRAINING JACKET |  |  |  |  | $53.90 |  |  |  |  |
| POLO |  |  |  |  | $27.50 |  |  |  |  |
| HOODIE |  |  |  |  | $44.00 |  |  |  |  |
| BAG |  |  |  |  | $36.30 |  |  |  |  |
| SHORTS |  |  |  |  | $18.00 |  |  |  |  |
| SOCKS |  |  |  |  | $11.00 |  |  |  |  |
|  |  |  |  |  | **TOTAL** | |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| **SIZING GUIDES** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Adults Flash Track Pants - measure at the waist the width of an unstretched pair of shorts or pants | | | | | | | | | |
| Size | XS | S | M | L | XL | 2XL | 3XL | 5XL |  |
| measurement | 31cm | 33cm | 35cm | 37cm | 39cm | 42cm | 48cm | 60cm |  |
|  |  |  |  |  |  |  |  |  |  |
| Training Jacket - measure a jumper from the top of the shoulder to the hem or measure a full chest | | | | | | | | | |
| Size | S | M | L | XL | 2XL | 3XL | 5XL |  |  |
| full chest | 119cm | 124cm | 129cm | 134cm | 144cm | 154cm | 114cm |  |  |
| length | 70.5cm | 73cm | 75.5cm | 78cm | 80.5cm | 83cm | 88cm |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Ladies Razor Polo - measure the chest on a t-shirt between where the sleeve joins at the armpit. | | | | | | | | |  |
| Size | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 |
| measurement | 46.5cm | 49cm | 51.5cm | 54cm | 56.5cm | 59cm | 62cm | 65cm | 68cm |
|  |  |  |  |  |  |  |  |  |  |
| Paterson Hoodie - Measure a jumper from the top of the shoulder to the hem or measure a half chest | | | | | | | | | |
| Size | XS | S | M | L | XL | 2XL | 3XL | 5XL |  |
| 1/2 Chest | 54.5cm | 56cm | 58.5cm | 61cm | 63.5cm | 66cm | 71cm | 76cm |  |
| Length | 69cm | 73cm | 75cm | 77cm | 79cm | 81cm | 83cm | 91cm |  |
|  |  |  |  |  |  |  |  |  |  |
| Thin Skins Socks |  |  |  |  |  |  |  |  |  |
| Size | Small | Medium |  | Large |  | Extra Large | |  |  |
| shoe size | 9 to 2 | 2 to 7 |  | 7 to 11 |  | 12 to 14 | |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Nike Shorts - Measure waist circumference in CM | | | |  |  |  |  |  |  |
| size | S | M | L | XL | XXL |  |  |  |  |
| measurement | 73-81 | 81-89 | 89-97 | 97-109 | 109-121 |  |  |  |  |

