**FOOTBALL NSW**

**PREGNANCY CHECKLIST**

Football NSW supports the position that a pregnant player should be given the opportunity to decide for herself, in consultation with her medical advisers, whether or not to participate whilst pregnant. Football NSW has formed this position in light of the Australian Sports Commission Pregnancy in Sport – Guidelines for the Australian Sporting Industry and on the basis of current medical evidence and legal advice as to the risks of injury and potential liability surrounding the issue.

This checklist has been developed to assist clubs and associations in dealing with the issue prior to and post notification of player pregnancy.

| | **Prior to Notification** | **Yes** | **No** |
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| 1. | Has the club or association included in player contracts, player registrations or the like an obligation on the player to notify the club or association that the player is pregnant?<br><br>For example:<br><br>*"The player undertakes that upon becoming aware that she is, or is reasonably likely to be, pregnant or suffering any illness, injury or other ailment, she will notify [insert the club/association name] (as appropriate and, where practicable, in writing) of the details of that pregnancy, illness, injury or other ailment."* | | |
| 2. | Has the club or association advised players that continued participation in football during pregnancy poses theoretical risks to them and to their unborn child? | | |
| 3. | Has the club or association suggested that pregnant players seek advice from an appropriately qualified medical practitioner as to:<br><br>• the risks involved in participating in football while pregnant;<br><br>• whether it is safe for them to continue participating in football while pregnant and, if so, for how long they should continue to participate. | | |
| 4. | Has the club or association reserved the right of the club or association to request from the player evidence that she has obtained medical advice in respect of her participation whilst pregnant (note this does not refer to the substance of the medical advice as such information is confidential and subject to privacy considerations)? | | |
| 5. | Have the statements in 1 to 4 been included in the player contracts, registration forms or similar documents? | | |

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| 6. | Have the statements in 1 to 4 been displayed in a prominent place where pregnant players are likely to see it? | | |
| 7. | Have appropriate indemnities and/or releases been included in the player contract, registration forms or similar documents? | | |
| 8. | Does the club or association have appropriate insurance, which extends to claims which are made by a pregnant player or her child?<br><br>If yes, is the amount of insurance appropriate? | | |
| | **Post Notification** | | |
| 9. | Has the pregnant player sought advice from an appropriately qualified medical practitioner, independent to the club or association, as to:<br><br>• the risks involved in participating in football while pregnant;<br><br>• whether it is safe for her to continue participating in football while pregnant and, if so, for how long she should continue to participate? | | |
| 10. | Assuming the player has obtained advice from an appropriately qualified medical practitioner, has she decided to:<br><br>• continue to participate?<br><br>• if so, for how long? | | |
| 11. | Is the club or association aware that the pregnant player either has not obtained appropriate medical advice or is ignoring such medical advice?<br><br>If yes, has the club or association taken positive steps to protect both the mother and the unborn child, such as:<br><br>• arranging for the mother to see an appropriately qualified medical expert?<br><br>• counselling the mother to cease competing of her own accord, or out of regard to the unborn child? | | |