



# Riverland DNSP 2019

Emerging Group Mondays 5:45-7:00pm @ Berri

Elite Group Mondays 7:00-8:30pm @ Berri

**Program to commence 29th April through school terms 2 , 3**

We are accepting new registrations for players born 05, 06, 07, 08 for the 2019 group. Please email registration forms or questions to [riverlanddnsp@outlook.com](mailto:riverlanddnsp@outlook.com)

Forms available on the Riverland Basketball Website or [click here](#)

## Program content

Practices include the following core content:

**Ball handling**

**Passing**

**Dribbling**

**Shooting**

**Rebounding**

**Individual offence**

**Individual defence**

**Team Strategies**

**Defensive Principles**

**Physical Testing**

## Benefits of the program

Professional coaching at individual, small group and squad training sessions

Exposure to national pathways

Opportunity to represent the program & SA Country Basketball

SA Country training uniforms (at own cost)

For more info please contact: **Danny Millard 0421476073**

For up-to-date info please join Facebook group: **Riverland DNSP**

Email: [riverlanddnsp@outlook.com](mailto:riverlanddnsp@outlook.com)