

SUNSHINE COAST FOOTBALL COMPETITION RULES

APPENDIX C

INTERCHANGE RULES

1.0 APPLICABILITY

Interchange rules will apply for all competitive matches excluding Premier Men and Premier Reserve Men.

2.0 PLAYERS

A maximum of **fourteen (14) players** may be listed on the team sheet and used in the **Juniors Under 12 divisions**.

A maximum of **sixteen (16) players** may be listed on the team sheet and used in the game in **Juniors Under 13 - Under 18, Under 20, 3rd Division, 4th Division, 5th Division, Over 35's, Over 42's, all Senior Women's** competitions.

3.0 FIELD MARKING

An area one (1) metre either side of the halfway line shall be marked **off the field of play**. This shall be known as the "interchange zone".

4.0 PROCEDURE

4.1 All interchanges shall take place within the interchange zone.

4.2 The number of interchanges that may be made is **unlimited**.

4.3 A player who has been replaced may return to the field for another player.

4.4 Interchanging is only permitted when the ball is out of play and the referee signals the exchange.

4.5 A coach or manager requesting interchange shall notify the assistant referee or referee at an appropriate time (e.g. when the ball is out of play).

4.6 The player leaving the field shall do so only from the side line, within the interchange zone and shall only cross that line within the Zone.

4.7 The player entering the field shall do so from the interchange zone, but only after the player leaving the field has passed completely over the side line.

4.8 The interchange is complete when the player who was off the field enters the field of play.

5.0 ADDITIONAL INFORMATION

5.1 A player nominated for interchange shall be subject to the authority and jurisdiction of the referee whether called up to play or not. (i.e. players on the bench are under the same control as players on the field).

5.2 If, during the interchange, an interchange player enters the field before the replaced player has completely left the field, the referee shall ensure the replaced player leaves the field, caution the entering player and then re-start the game.

5.3 If during an interchange, the entering player enters the field or the replaced player leaves the field from a place other than the interchange zone, the referee shall caution the offending player.

5.4 Once a player signs the team sheet it will be taken that the player has participated in the match unless otherwise noted by the Referee.

5.5 Players interchanging with the goal-keeper, either from the bench or from the field shall be recorded by the referee.