



# Sports Operations Samoa PG2019

**7<sup>th</sup>- 20<sup>th</sup> July, 2019**

# 26 Sports in the Program

## 16 Compulsory Sports



Athletics



Basketball



Boxing



Football



Golf



Judo



Rugby 7s



Sailing



Swimming



Table Tennis



Taekwondo



Tennis



Triathlon



Vaa



Volleyball

Indoor/beach



Weightlifting

# 10 - Optional Sports



Archery



**Badminton**



Cricket



**Lawn Bowls**



Netball



**Powerlifting**



Rugby L. 9s



**Shooting**



Squash



**Touch Rugby**

## Sport Tentative Program (version 4)

[illegible]



# Athletics – total medals 48

## Men's Events -: 25

100m  
**100m (Ambulant)**  
200m  
400m  
800m  
1500m  
5000m  
10,000m  
3000 Steeplechase  
Half Marathon  
110m Hurdles  
400m Hurdles  
4x100m relay  
4x400m relay  
Decathlon/Octathlon  
Pole Vault  
Javelin Throw  
**Javelin Throw (amb)**  
High Jump  
Long Jump  
Triple Jump  
Discus Throw  
Hammer throw  
Shot Put  
**Shot Put (seated)**

## Women's Event : 23

100m  
200m  
400m  
800m  
1500m  
5,000m  
10,000m  
3,000m Steeplechase  
Half Marathon  
100m Hurdles  
400m Hurdles  
4x100m Relay  
4x400m Relay  
Heptathlon  
Pole Vault  
Javelin Throw  
High Jump  
Long Jump  
Triple Jump  
Discus Throw  
Hammer Throw  
Shot Put  
**Shot Put (Seated)**

Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>	Sa 20 <sup>th</sup>
APE	APE	APE	APE	APE	A

## Venue

Apia Park Stadium







# Archery- 10 medals

## Women's Medals Events

- Compound 50m Ranking round
- Recurve 70m Ranking Round
- Match Play Compound
- Match Play Recurve

Mon 8 <sup>th</sup>	Tue 9 <sup>th</sup>	We 10 <sup>th</sup>	Th. 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>
AP	AP	AP	AP	AP	AP

**Venue : Archery Field Faleata**

## Men's Medals Events

- Compound 50m Ranking round
- Recurve 70m Ranking round
- Match Play Compound
- Match Play Recurve

## Mixed Team Events

- Mixed Compound
- Mixed Recurve





# Badminton 6 medals



## Mens Medal Events

- Singles
- Doubles

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>
APE	APE	APE	APE	APE	APE

## Women's Medal Events

- Singles
- Doubles

## Mixed/Open Events

- Mixed Doubles
- Mixed Team

## Venue

**New Multi center**  
**Faleata**



# Basketball : 4 medals

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>
APE	APE	APE	APE	APE	APE	APE	APE

3x3

We 17 <sup>th</sup>	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>	Sa 20 <sup>th</sup>
APE	APE	APE	AP

## Women's Events

- 5 a side
- 3 a side

## Men's Events

- 5 a side
- 3 a side

## Gym 2 Faleata





# Boxing: Gym 1 Faleata

Mon 15 <sup>th</sup>	Tue 16 <sup>th</sup>	Wed 17 <sup>th</sup>	Thr 18 <sup>th</sup>	Fri 19 <sup>th</sup>	Sat 20 <sup>th</sup>
APE	APE	APE	APE	APE	AP

## Women's Events : 6 gold

- Flyweight 49kg-51kg
- Light-weight 57kg-60kg
- Middle-weight 69kg-75kg

## Men's Events: 10 golds

- Light flyweight 46kg – 49kg
- Flyweight 52kg
- Bantam Weight 56kg
- Light Weight 60kg
- Light Welterweight 64kg
- Welter-weight 69kg
- Middle weight 75kg
- Light Heavyweight 81kg
- Heavy-weight 91kg
- Super Heavyweight over 91kg.



# Cricket : Faleata Ovals

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo 15 <sup>th</sup>
AP	AP	AP	AP	AP	AP	REST	AP

## Women's Events:

- Women's Team

## Men's Events

- Men's Team





# Football:2 Golds

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>	Sa 20 <sup>th</sup>
APE	APE	APE	APE	APE	APE	REST	APE	APE	APE	APE	APE	AP

## Women's Events

- Women's Team

## Men's Events

- Men's Team



## Soccer Stadium Faleata



# Golf: 4 Golds

We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>
AP	AP	AP	AP

## Fagalii Golf Course

### Women's Events

- Women's Individual
- Women's Team

### Men's Events

- Men's Individual
- Men's Team





# Judo: 18 Gold

## Women's Events: 9

- Extra light Weight under 48kg
- Half Light-weight under 52kg
- Light weight under 57kg
- Half Middle –weight under 63k
- Middle weight under 70kg
- Half Heavy Weight Under 78kg
- Heavy weight over 78kg
- Open
- Team Event

## Men's Events: 9

- Extra light weight under 48kg
- Half Light weight under 66kg
- Light weight under 73kg
- Half Middle weight under 81kg
- Middle weight under 90kg
- Half Heavy weight under 100kg
- Heavy weight over 100kg
- Open
- Team Event

Mo. 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>
AP	AP	AP

## Harvest Center/ Netball Gym Apia Park



# Lawn Bowls: Faleata Greens

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	M 15 <sup>th</sup>	Tue 16 <sup>th</sup>	We 17 <sup>th</sup>	Th 18 <sup>th</sup>
AP	AP	AP	AP	AP	AP	REST	AP	AP	AP	AP

## Women's Events

- Singles
- Pairs
- Triples
- Fours

## Men's Events

- Singles
- Pairs
- Triples
- Fours



# Netball: Multicenter Gym

Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>	Sa 20 <sup>th</sup>
APE	APE	APE	APE	APE	AP

## Women's Event

- Team Event



**New Multi center  
Faleata**



# Powerlifting: 15 Gold

## Women's Events: 7

- Up to 47kg
- Up to 52kg
- Up to 57kg
- Up to 63kg
- Up to 72kg
- Up to 84kg
- +84kg

## Men's Events: 8

- Up to 59kg
- Up to 66kg
- Up to 74kg
- Up to 83kg
- Up to 93kg
- Up to 105kg
- Up to 120kg
- +120kg

Week 2	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>
	AP	AP

Harvest Center/  
Netball Gym Apia Park





# Rugby 7s: Apia Park Stadium

## Women's Events

- Women's Team

## Men's Events

- Men's Team

Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>
APE	APE	APE



# Rugby League 9s: Marist Stadium Lotopa

Th 18<sup>th</sup>

Fr 19<sup>th</sup>

AP

AP

## Men's Events

- Team

## Women's Event

- Team





# Sailing: Mulinu'u Bay

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>
AP	AP	AP	AP	AP	AP	REST	AP	AP	AP

## Women's Events

- Hobie Cat Gender Neutral
- Laser Radial

## Men's Events

- Hobie Cat Gender Neutral
- Laser

## Mixed/Open Events

- Hobie Cat Team Event
- Laser Team Event
- Laser Radial Team Event



# Shooting: Shooting Range Tafaigata

Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>
AP	AP	AP	REST	AP	AP	AP

## Women's Events

### Pistol

ISSF 25m Pistol 30x30 + finals

## Men's Events

### Pistol

ISSF 50m Mens 60 shots + final

25m Rapid fire Men 30+30 + Finals M

## Gender Neutral

### Pistol

OSF 25m Sport Pistol 30+30 Finals

OSF 25 Standard Pistol 60 shots

## Clay Pigeon Shooting

### Gender Neutral

DTL- Single Barrel (Individual / Team)

DTL – Double Barrel (Individual / Team)

DTL – Point Score (Individual / Team)

# Shooting Range Tafaigata

**EVENTS TO BE FINALIZED**



# Squash: Squash Courts Faleata

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo 15 <sup>th</sup>	Tu 16 <sup>th</sup>	We 17 <sup>th</sup>	Th 18 <sup>th</sup>	Fr 19 <sup>th</sup>
APE	APE	APE	APE	APE	APE	REST	APE	APE	APE	APE	APE

## Women's Events

- Singles
- Doubles
- Women's Team

## Men's Events

- Singles
- Doubles
- Men's Team

## Mixed/Open Events

- Mixed Doubles



# Swimming: 40

## Men's 19 & Women's 19

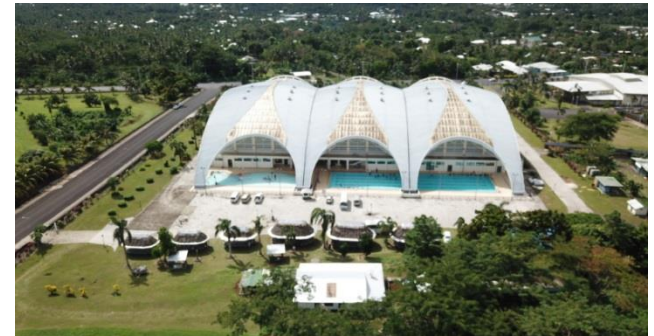
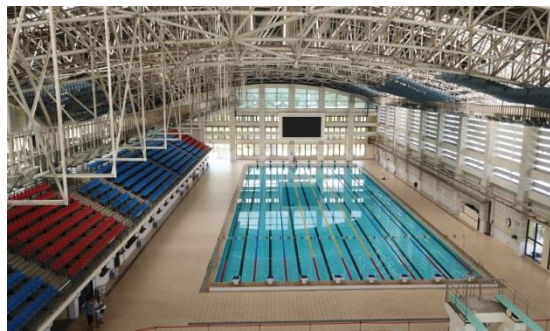
- 50m Freestyle
- 100m Freestyle
- 200m Freestyle
- 400m Freestyle
- 800m Freestyle
- 50m Backstroke
- 100m Backstroke
- 200m Backstroke
- 50m Breaststroke
- 100m Breaststroke
- 200m Breaststroke
- 50m Butterfly
- 100m Butterfly
- 200m Butterfly
- 400m Medley
- 4x100m Freestyle
- 4x100m medley
- 4x200m Freestyle
- 5km Open Water

## Mixed Open Events 2

- 4x50m Freestyle
- 4x50m Medley

Mo 8th	Tu 9th	We 10th	Th 11th	Fr 12th	Sa 13th
OW	APE	APE	APE	APE	APE

## Aquatic Center Faleata



# Table Tennis: SDA Gym Lalovaea

## Women's Events

- Singles
- Doubles
- Women's Team
- Women's Ambulant
- Women's seated

## Men's Events

- Singles
- Doubles
- Men's Team
- Men's Ambulant
- Men's seated

## Mixed Open Events

- Mixed Doubles.

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>	Su 14 <sup>th</sup>	Mo15 <sup>th</sup>	Tu 16 <sup>th</sup>
APE	APE	APE	APE	APE	APE	REST	APE	APE

**Seventh Day  
Adventist  
Gym. Lalovaea**



# Taekwondo: Harvest Center / Apia Park Gym

## Women's Events

- Fly 46kg-49kg
- Bantam 49kg-53kg
- Feather 53kg-57kg
- Light 57kg-62kg
- Welter 62kg-67kg
- Middle 67kg-73kg
- Heavy 73kg and above

### TEAM

47kg; 54kg; 61kg; 68kg; 68+kg

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10 <sup>th</sup>
APE	APE	APE

## Men's Events

- Fly 54kg-58kg
- Bantam 58kg-63kg
- Feather 63kg-68kg
- Light 68kg-74kg
- Welter 74kg-80kg
- Middle 80kg-87kg
- Heavy 87kg and above

### TEAM

54kg; 63kg; 72kg; 82kg; 82+kg





# Tennis: Tennis Courts Apia Park

Mo 8 <sup>th</sup>	Tu 9 <sup>th</sup>	We 10	Th 11	Fr 12	Sa 13	Sun 14	Mo 15	Tu 16	We 17	Th 18	Fr 19
APE	APE	APE	APE	APE	APE	REST	APE	APE	APE	APE	APE

## Women's Events

- Singles
- Doubles
- Women's Team

## Men's Events

- Singles
- Doubles
- Men's Team

## Mixed Open Events

- Mixed Doubles



# Touch Rugby: St Joseph's College

Mo 8	Tu 9	We 10	Th 11	Fr 12	Sa 14
AP	AP	AP	AP	AP	AP

## Women's Events

- Women's Team

## Men's Events

- Men's Team

## Mixed/Open Event

- Mixed Team



# Triathlon: Tanoa Waterfront

Fri 12<sup>th</sup>

Sat 13<sup>th</sup>

AP

AP

## Women's Event

- Women Individual

## Men's Event

- Men Individual

## Aquathlon

- Mixed Team of 3





# Va'a: Mulinu'u Bay

Mo 8	Tu 9	We 10	Th 11	Fr 12	Sa 13
AP	AP	AP	AP	AP	AP

## Women's Events






- V6 Marathon
- V1 Marathon
- V1 500m
- V6 500m
- V6 1500m
- V12 500m









## Men's Events

- V6 Marathon
- V1 Marathon
- V1 500m
- V6 500m
- V6 1500m
- V12 500m



# Volleyball (Indoor/Beach): NUS Gym

M 8	T 9	W 10	T 11	F 12	Beach
					

Indoor	T 11	F 12	S 13	S 14	M15	T 16	W 17	T 18
								

## Women's Events

- Team Indoor
- Team Beach

**Waterfront New  
Beach Courts**

## Men's Events

- Team Indoor
- Team Beach

**NUS Gym  
Indoor**

# Weightlifting: Gym 1

Tu 9 <sup>th</sup>	We 10 <sup>th</sup>	Th 11 <sup>th</sup>	Fr 12 <sup>th</sup>	Sa 13 <sup>th</sup>
APE	APE	APE	APE	APE

## Women's Events

- Up to 48kg
- Up to 53kg
- Up to 58kg
- Up to 63kg
- Up to 69kg
- Up to 75kg
- Up to 90kg
- Over 90kg



## Men's Events

- Up to 56kg
- Up to 62kg
- Up to 69kg
- Up to 77kg
- Up to 85kg
- Up to 94kg
- Up to 105kg
- Over 105kg





# Training Venues

- All sports will be provided with training venues with equipment.
- All competition and Training Venues will be equip with ICE bath facilities for recovery.
- Fitness gyms will be available on a schedule basis.
- Countries will be allocated a 25seater bus a 15 seater van and a sedan for the CDM.
- CDM will have sole authority of using these vehicle on team transportation to training and competitions.
- Transportation pool will also be available.

# Key Areas and Dates

- IF delegates to be confirmed
- IF to assist with Tech.Off. numbers to be confirmed (overseas and locals)
- Numerical entries 1st round (7<sup>th</sup> July 2018)
- Numerical Entries 2<sup>nd</sup> round 6 mths before O.Ceremony
- Refer Charter



**SEE YOU IN 2019**