

## **Coaches Conduct**

- Encourage all players to play within the rules and in a spirit of sportsmanship
- Place the enjoyment of the players above all else [winning is not everything].
- Provide an enjoyable learning environment for all players, not just the better players in the team, to enjoy and develop in the game setting.
- Provide sufficient and worthwhile court time to ALL players in every game to allow them to learn, enjoy and develop in the game setting.
- Never ridicule or berate a player for errors or mistakes, be constructive in instruction at all times [balance feedback when providing a constructive or corrective comment with something the player is also doing well].
- Do not abuse or attempt to intimidate referees or score-table officials [be a positive role model].
- Encourage all players, team, staff and parents to support the team in a positive and constructive fashion.
- Ensure all players and parents understand the importance of sportsmanship at all times.
- Do not berate or attempt to intimidate opposition players or coaches and encourage supporters to cheer and support their team without passing negative comment on the opposition, referees or officials.
- Enjoy your coaching that is why everyone is involved in sport TO HAVE
  FUN. If it is fun for you, this will carry over to the most important people of all, the players.



# **Terminology for Coaches**

TERM	DEFINITION
"Man Up"	1v1 defence
"Ball"	The defender on the ball handler
"Help"	Defence is one pass away
"Box Out"	To make contact with the offensive player before rebounding by putting themselves between the player & the ring
"Kick Ahead"	To advance the ball up the court by passing
"Close Out"	To have your hand above the ball when contesting the shooter
"Split Line"	Imaginary line down the middle of court going from basket to basket
"Lane Line"	Imaginary line going from one end of the court to the other along the edge of the key

## **Coaches Guidelines**

### Physical contact:

As coaches, it is important to be aware of what is deemed as acceptable physical contact with players.

The practice of taking a player by the arm to lead them to a position on the floor or physically "moving" the player during a demonstration is something that coaches need to avoid [point to or move to the position yourself & ask a player to "stand here" "can you move here" etc.]

Similarly, the practise of placing hands on a player to assist with teaching a fundamental or "correcting" positioning is a teaching method coaches would do well to eliminate from their coaching style [demonstrate yourself or use other experienced players to demonstrate]

While this contact is usually very minimal, it can make a young player feel uncomfortable and may be deemed unnecessary by the parent or guardian watching from the stand. Even innocent contact may be construed as unnecessary or inappropriate by the player or their parent.

If contact is necessary, communicating this contact prior may prove beneficial.

#### Communication:

This is another area where common sense should prevail.

Coaches need to ensure they are not saying things that can be interpreted as offensive or insensitive.

Coaches need to avoid comments that may unduly embarrass or offend a player and this would include comments that could be interpreted as referring to the religion, sex, race or beliefs of a player.

Coaches should also avoid making loud comments to or about a player that may cause embarrassment through other players or supporters being able to hear the comment.