



Medical Trainer

Objective

- To provide medical treatment and advice to the Coach and players for the team allocated to his/her care.

Responsibilities

- Maintain a current First Aid certificate.
- Develop/revise code of conduct regarding injury treatment for coaching staff and players.
- Assist the Head Trainer to provide recommendations to the Club President on the recruitment of appropriate football support staff.
- Assist the Head Trainer to ensure adequate supplies of strapping tape and medical supplies are available in accordance with Club policy.
- Instruct the players placed under their care, in the treatment of any injury.
- Be in attendance on team training nights as arranged by the Head Trainer.
- Wear appropriate attire as required by the Southern Football League (SFL).
- Be in attendance in the change rooms prior to the game at a time agreed upon with the team coach.
- Provide game day medical support to all players.
- Provide post game treatment of any injuries to players.
- Provide regular reports to the relevant coaches on the state of any injury to any player.

Relationships

- Reports to the Coach and Head Trainer.
- Liaises with the Secretary & Coaches

Accountability

Accountable to the Head Trainer, President, Club Executive, and Southern Trainers Association.

Dress Code

- Be dressed in Black or White trousers with S.T.A. approved white tops. Minimum requirement by STA is STA logo on front left breast of clothing. The words 'TRAINER' and CLUB name on back of all clothing.
 - All clothing to be sourced by each Club
 - Clubs can modify existing clothing if desired
 - STA to provide electronic copy of their logo to SFL. SFL will distribute to each member Club
 - Only black print to be used
 - Clothing tops (t-shirt/polo shirt and wet weather top) shall be white
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Qualifications

- Obtain or hold a current qualification assessed by the STA as suitable for the position. The SFL preference is Level 1 or 2 Sports Trainer Accreditation.
- Not enter the playing arena for any purpose other than to attend to a player and shall not remain on the playing arena for any period longer than is necessary for such purpose.

Southern Trainers Association will provide a list of all accredited and registered trainers to the SFL by the Monday following round 3 of that season.

AFL Rules of the Game

- **13.5 OFFICIAL WITHIN FIFTY-METRE ARC**
- Unless attending to an injured Player or making every endeavour to vacate the area, no Official is permitted within the Fifty-Metre Arc during the time when a defensive Player is preparing to Kick or in the act of Kicking the football back into play after a Behind has been scored.
- Where an Official contravenes this Law, the opposing Team shall be awarded a Free Kick at the back line of the Centre Square, to be taken by the Player from the opposing Team who is closest to that location.

This document is based on the AFL Club Management Medical Trainers job description.
