



# SANFL delivers on the West Coast



**SESSION:** Back: Beau Halbert, Darren Bennett, Mark Threadgold; Middle: Kane Wilkins, John Mahar, Jordy Grills, Kieron Warmington, Andrew Mahar, Richard Peel; Front: Jamie Halls, Bill Antonias and Terry Moschos at the umpiring seminar.



**UMPIRE SEMINAR:** Paul Warmington, Barry Shannon, Paul Cavanagh, Glenn Dunn, Locky Norman, Mark Green, Tim Dodd, Wayne Miller, Bill Antonias and Kingsley Ware.

SANFL recently conducted clinics for coaches, umpires and school children in Ceduna in conjunction with the Far West Football League in preparation for the new season which begins on April 21.

SANFL's state coaching manager Dave Reynolds and country umpiring officer Paul Cavanagh provided their expertise to over 80 participants who took part in the program.

The session delivered to 16 local coaches by Mr Reynolds focused on the best practice in coaching methods, which was quite different to what has been delivered to country coaches in the past.

There were drills designed to make players and coaches think differently in striving for player improvement, as well as working in small and large groups and identifying styles of play for differing opponents.

Mr Reynolds also visited Crossways Lutheran School and Ceduna Area School where students were mentored in the importance of the skills of the game and the importance of being fit and healthy.

The umpiring sessions were attended by 21 umpires who were put through their paces by Mr Cavanagh,

who concentrated on the basics and common sense aspects umpiring.

Knowing the rules, communicating with the players, positioning and controlling the game with authority and common sense played major roles in the presentation.

Both Mr Reynolds and Mr Cavanagh were impressed by the participation and enthusiasm of the community and said they were eager to return at a later date to receive feedback on how their ideas worked in practice.

SANFL community football manager Matt Duldig said it was important for SANFL to continue to run educational sessions on a range of topics in country areas.

"Football is extremely important to regional communities and the SANFL is committed to ensuring the environments local clubs and leagues provide is the very best it can be for all participants," he said.

Far West Football League President Ron Redford said the sessions were well received.

"Feedback from all concerned was excellent, our thanks are extended to SANFL for providing staff who are passionate about the game who deliver modern methods in a most professional manner," he said.



**COACHING:** Dom Denton, Josh Wilkins, Graham Woods, Daniel Smith, Zac Perry, Wilfred Edwards and Dave Reynolds at the coaching session.



**STUDENTS:** SANFL state coaching manager Dave Reynolds addressing Crossway Lutheran School students during the recent coaching seminar.



**SCHOOL VISIT:** Liam Boyd, Pat Edwards, Taleah Haseldine, Tom Clayton, Ali-Li Kargas and Dave Reynolds at Ceduna Area School.



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