



## **PORTARLINGTON DEMONS FOOTBALL AND NETBALL CLUB INC.**

Portarlington Demons Football Netball Club Inc

Email Address : [pdfnc@hotmail.com](mailto:pdfnc@hotmail.com)

Website : [www.portarlingtonfc.vcfl.com.au](http://www.portarlingtonfc.vcfl.com.au)

Address: P.O. Box 75 Portarlington VIC 3223

A.C.N. 00188956

A.B.N. 15863703212

**2018**

### **Portarlington Demons Football Netball Club – Junior Football Development Program Handbook**

1. Portarlington Demons Football Netball Club -Vision, Mission and Values
2. Portarlington Demons Football Netball Club – Junior Football Development Program Statement
3. Introduction
4. Junior Football Development Philosophies
5. Junior Committee Role
6. Junior Coaches Role
7. Code of Conduct
  - a. Players
  - b. Parents & Spectators
  - c. Coaches
8. Player Responsibilities
  - a. Uniforms
9. Parents/Guardians Responsibilities
10. Cyber Policy – AFL Barwon
11. Registration Process & Membership Cost
12. Junior Football Fixture
13. Complaints Process

#### **1. Portarlington Demons Football Netball Club Vision, Mission and Values:**

All players are to conduct themselves in a manner that recognises our club's vision, mission and values:

##### **Vision**

"For the Portarlington Demons FNC to be recognised as a place that provides a sports outlet for the community that fosters health and well being as well as a place where people enjoy being a member of a successful club".

##### **Mission**

"To develop and utilise our skills in all areas so as to optimise our performance both individually and collectively. This will bring the outcomes of team and club success and respect to all sectors of the club".

##### **Values**

- Building success through community partnerships
- We pride ourselves on being a family club
- We respect our opponents and ourselves
- Proud and passionate
- Honesty and integrity

- Commitment, competitiveness and comradeship
- Loyal and trustworthy
- Youth development building future leaders

## **2. Junior Football Development**

***Within a safe and friendly environment, we will provide an opportunity for boys and girls to develop their physical and intellectual capabilities through sport. Safety, welfare and well being of the players attending our club are a priority at all times. Our club is dependent upon the commitment and dedication of our many volunteers***

## **3. Introduction**

This document has been prepared to provide you with a valuable resource for the season ahead. The document contains information on the following:-

- PDFNC Objectives
- Basic Principles
- Junior Committee Role
- Junior Coaches Role
- Player Responsibilities
- Parent/Guardian Responsibilities
- General Information

It is important to read and understand the contents of this document so that you thoroughly understand what is required of you as a:-

- Player
- Parent/Guardian
- Supporter
- Member

of the Portarlinton Demons Football Netball Club

## **4. Junior Football Development Philosophies**

The philosophies underpinning our club are:

- To have every child play and enjoy the game
- To develop skills and good sporting behaviours
- To understand the value of team work and succeeding as a team. (This isn't about a win loss ratio)
- To develop all players in all aspects of the game.

The junior football department at Portarlinton covers the groups from **Auskick to Under 15.**

The junior program under the guidance of junior coordinators has continued to improve due to its positive and professional approach by many volunteers over the last few years.

The junior committee has been established to develop and implement procedures and guidelines for all players, parents and coaching staff.

The ongoing junior program will ensure that the juniors will focus on fun, enjoyment and learning before winning.

All parents will be asked to assist when they can and contribute to the running not only of their child's team but to the club as a whole.

#### **Support of Junior Players:-**

All supporters should be there to support the junior players as much as possible. These players are the future of the club and need every encouragement to improve and enjoy the football.

### **5. Junior Committee Role**

The PDFNC is administered by an executive committee who meet once a month during and outside the football season. A Junior Football Committee meets once a month and reports directly to the executive committee. All members of the junior football committee, coaches and team managers' report directly to the Junior Coordinator.

The junior football department is about total development based on team principles, not about individuals or parent egos. The department will focus on developing game sense and skills in a positive and fun environment. We are about building good club people by instilling respect and commitment.

The Junior Football Committee will oversee all aspects of the junior program with the emphasis on ensuring all players are willing to commit and play with Portarlinton will get a game of football that they will enjoy and be happy to return to the club year after year.

The junior committee organises volunteer coaches and assistants for each team. They will ensure we have the right people for the right roles. The committee will ensure that volunteers who take on roles are trained and assisted throughout the year.

The committee will distribute weekly awards to each team from which have been provided by businesses or sponsors. These awards are evenly distributed to all players so all players receive recognition during the season.

### **6. Junior Coaches Role**

All coaches of junior teams will be accredited to the appropriate level with regular updates of accreditation when required. Coaches will base their coaching on the philosophies of coaching as approved by the Junior Football Committee. Coaches will ensure they provide fun a learning environment for the players.

Each coach will be able to determine and understand the ability of the individual players and foster and develop them in all areas and functions of the game.

All coaches will be bound by the Code of Conduct like all parents and players and will ensure that they, their assistants and other volunteers follow the guidelines. The majority of coaches and assistants are likely to be parents of players so the ongoing guidance from other coaches, the junior coordinator and the junior football committee will ensure smooth compliance for fun and learning.

All coaches and team managers are required to have a current 'Working with Children Check'.

## **7. Code of Conduct**

### ***Players***

- Play by the rules
- Cooperate with your coach, team mates and opponents. Without them there would be no competition
- Never argue with an official
- Control your temper, verbal abuse of umpires and sledging of other players and deliberately provoking an opponent are not acceptable or permitted behaviours in any sport
- Work equally hard for yourself and your team. Your team's performance will benefit and so will you
- Be a good sport
- Participate for your own enjoyment and benefit, not just to please your parents or coaches
- Respect the rights, dignity and worth all participants regardless of their gender, ability, cultural background or religion
- Don't use ugly remarks based on gender, ability, cultural background or religion – you'll let down your family and yourself if you do – and many such comments are now illegal.
- Zero tolerance of underage drinking at club functions, games and on club premises

### ***Parents & Spectators***

- Remember that children participate in sport for their enjoyment and benefits, not yours
- Encourage children to participate, do not force them.
- Teach that enjoyment is more important than winning.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players
- Encourage children to always play according to the rules and settle disagreements without resorting to hostility or violence.
- Support all efforts to remove verbal and physical abuse from the game.
- Never ridicule or yell at a child for making a mistake or losing a game. Positive comments are better motivators.
- Lead by example and respect all players, coaches, umpires and spectators – physical or verbal abuse will not be tolerated.
- Congratulate all participants on their performance regardless of the outcome of the game.
- Respect the rights of officials and teach young people to do the same.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Don't use ugly remarks based on gender, ability, cultural background or religion – you'll let down your family and yourself if you do – and many such comments are now illegal.
- Show appreciation of volunteer coaches, officials and administrators. Without them, your child would not be able to participate.
- Show respect for your opponents. Without them there would be no competition

- Encourage players to follow the rules and respect the official's decisions.
- Never publicly criticise umpires – raise personal concerns with club officials in private
- Do not use foul language, sledge or harass players, coaches and officials. Remember, a comment you make from the sidelines can carry and may be heard by players.

### **Coaches**

- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a player for making a mistake.
- Be reasonable in your demands on player's time, energy and enthusiasm.
- Operate within the rules and spirit of the sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All children deserve equal attention and opportunities.
- Avoid overplaying the talented players, all players deserve equal playing time.
- Display control, respect and professionalism to all involved with sport. This includes opponents, coaches, officials, administrators, parents and spectators. Encourage players to do the same.
- Show concern and caution towards sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Any physical contact with players should be appropriate and necessary for the players skill development.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Don't use ugly remarks based on gender, ability, cultural background or religion – you'll let down your family and yourself if you do – and many such comments are now illegal.

## **8. Player Responsibilities**

- Players are to be prepared in their training gear, ready to start at the scheduled time.
- Players are to be on time and attend all sessions.
- If unable to attend training it is the players or parents responsibility to notify the coach or team manager as soon as possible.
- All injured players are required to report their injury to their coach or team manager prior to training.
- Seek immediate medical advice for any injury or illness that is likely to affect training or playing
- Training days start and finish times of training will be advised by coaches of each team as soon as possible.
- It is part of all players' responsibility to ensure that club equipment is looked after.
- Players are required to support all team members on match days.
- This includes arriving at matches on time, injured players assisting where possible and helping to provide a physical presence at all games.

### **a. Uniforms**

- All players must be responsible for supplying shorts, socks, appropriate footwear
- Mouthguards are highly recommended

## **9. Parents/Guardian's Responsibilities**

- It is necessary that parents/guardians help each team in various ways throughout the season.
- Each player's family will be required to fulfil a specific duty several times during the season. Eg; Umpiring, cutting oranges, timekeeping, canteen duty etc.
- It is an important contribution and is much appreciated by coaches, players and the club.

## **10. Cyber Safety Policy – As per AFL Barwon**

See below policy which must be adhered to set by AFL Barwon

### **CYBER SAFETY POLICY**

- AFL Barwon has an obligation to maintain a safe physical and emotional environment for league officials, staff, registered players, umpires, coaches, club members, parents, spectators and sponsors. This responsibility is increasingly being linked to the use of the Internet and Information & Communication Technologies (ICT), and has seen the emergence of a number of related Cybersafety issues. The Internet and ICT devices/equipment bring great benefits to all users and to the effective operation of the WorkSafe VCFL, individual leagues and clubs.
- AFL Barwon places a high priority on the acceptable use of ICT devices/equipment which will benefit members however; it recognises that the presence in the sporting arena of these technologies can also facilitate anti-social, inappropriate, and even illegal behaviour and activities. AFL Barwon aims, therefore, to maximise the benefits of these technologies, while at the same time to minimise the dangers and manage the risks.

### **Underlying Principles**

- The policy is written in light of the Mission Statement of AFL Victoria Country Football whereby WorkSafe AFL Victoria Country aims to: Develop, Foster, Co-ordinate and Sustain Australian Football at the Club and League level throughout Country Victoria

### **Policy**

- AFL Barwon and its member clubs will develop and maintain rigorous and effective Cybersafety practices which aim to maximise the benefits of the Internet and ICT and allow for the effective operation of AFL Barwon and member clubs, whilst minimising and managing any risks.
- These Cybersafety practices will aim to not only maintain a cyber safe sporting environment but also to address the needs of the league officials and club members to receive education about the safe and responsible use of present and developing information and communication technologies.
- Associated issues the League will address include the need for relevant education about Cybersafety for AFL Barwon and its clubs, the need for ongoing funding for Cybersafety practices through inclusion in the annual budget, implications for the design and delivery of the cybersafety program, the professional development and training, disciplinary responses to breaches of the cybersafety policy and the availability of appropriate professional support.

AFL Barwon takes seriously its responsibility in providing robust policy, guidelines and education for its members in relation to what is deemed acceptable and appropriate online behaviours. The League and/or club name, motto, crest, logo and/or uniform must not be used in any way which would result in a negative impact for the league or club and its members. Members of AFL Barwon and its clubs have a

responsibility to ensure that all online communications are in keeping with the leagues expectations in relation to appropriate and respectful interactions with officials, coaches, umpires, players, parents, spectators and sponsors. Players will not post inappropriate comments about individual AFL Barwon officials, umpires, players, club or club members; which if said in person during the playing of a game would result in disciplinary action being taken.

*“Cyber bullying is a way of delivering covert psychological bullying. It uses information and communication technologies to support deliberate, repeated and hostile behaviour, by an individual or group that is intended to harm others.”* (Belsey 2007)

Cyber bullying includes, but is not limited to, the following misuses of technology: harassing, teasing, intimidating, racially vilifying or threatening another person by sending or posting inappropriate and hurtful e-mail messages, instant messages, text messages, phone messages, digital pictures or images, or Web site postings (including social network sites eg facebook or blogs) and the sending, receiving and/or possession of naked or sexually explicit images of a person. Club members must also be aware that postings from their individual accounts, whether done by themselves or another person will remain the responsibility of the account owner.

All members of AFL Barwon and individual clubs must be aware that in certain circumstances where a crime has been committed, they may also be subjected to a criminal investigation by Police over which the league and/or club will have no control. This particularly applies to ‘sexting’ where the image is of a person under the age of 18 years whereby Police will be informed immediately a club becomes aware of the situation. This policy applies to AFL Barwon Senior & Junior competitions.

## **Procedure**

AFL Barwon and/or club officials or members who feel that they have been the victims of such misuses of technology should save and store the offending material on their computer, mobile phone or other device. They should then print a copy of the material and immediately report the incident to the relevant club/league representative.

All reports of cyber bullying and other technology misuses will be reported to AFL Barwon Operations Manager.

AFL Barwon will investigate the matter, and where it believes a breach of the Cyber Safety Policy may have occurred AFL Barwon may, after considering the evidence, offer a sanction to the offender/s. Should this sanction be accepted by the offender/s the sanction will be applied immediately and the sanction entered into the players Tribunal history. Where it considers it to be required, AFL Barwon may notify the Police of the incident. Should the sanction not be accepted, AFL Barwon will investigate the matter in accordance with AFL Victoria Country Rule 5.0 and may result in a notification to Police where AFL Barwon or club is legally obliged to do so, and the allegations will be forwarded to AFL Barwon Investigation Officer. If there is evidence, charges will be laid and the complaint will proceed to the league’s Independent Tribunal, exactly the same as if the investigation relates to physical violence or other reportable offences.

## **Penalties**

Any proven charges will automatically lead to a minimum of a two (2) match suspension for a registered player. In deciding the final penalty, consideration will be given to the seriousness of the act, the impact on the victim, the impact on the club/league/WorkSafe VCFL and the prior good history or otherwise of the player.

Players charged with these types of offences for a second or subsequent time and where a suspension has been previously imposed will face deregistration.

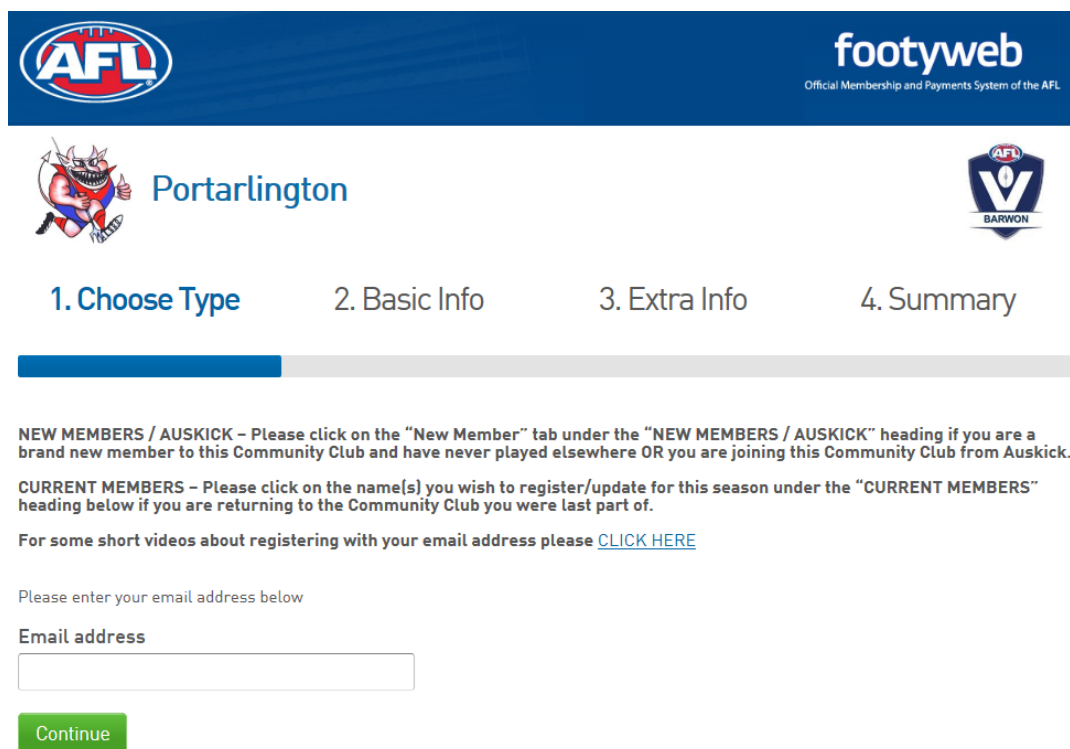
Any player presented before the tribunal for the first or subsequent time on a cyber bullying offence must be aware that the penalties available to the tribunal members will cover the complete range including

deregistration. In the case of a non playing club member being proved to have engaged in harassment or bullying, the club employing, engaging or otherwise associated with the person at the time of the conduct shall be deemed to be vicariously liable for the conduct of the person and shall pay to the League a penalty to be determined by the league.



## 11. Registration Process & Membership Cost

The registration process is for a membership application form to be completed and accompanied by a \$100 registration fee, then visiting the <https://membership.sportstg.com/v6/regofrm.cgi?aID=12597&pKey=08055b23e481cd9ccff6dc4c9b5547ac&cID=36975&formID=36056> to complete the registration process.



The screenshot shows the AFL Footyweb registration interface. At the top, there's a blue header with the AFL logo on the left and the 'footyweb' logo on the right, with the tagline 'Official Membership and Payments System of the AFL'. Below the header, the Portarlington club logo is on the left and the Barwon logo is on the right. A progress bar is visible with four steps: '1. Choose Type', '2. Basic Info', '3. Extra Info', and '4. Summary'. The first step, '1. Choose Type', is currently selected and highlighted in blue. Below the progress bar, there is text for 'NEW MEMBERS / AUSKICK' and 'CURRENT MEMBERS', followed by a link 'CLICK HERE' for more information. At the bottom, there is a form field labeled 'Email address' and a green 'Continue' button.

All players who are transferring from another club or Auskick centre also need to complete a clearance application form then visit <https://membership.sportstg.com/v6/regofrm.cgi?aID=12597&pKey=08055b23e481cd9ccff6dc4c9b5547ac&cID=36975&formID=36056> and complete the online process.

Any players, who have never registered at any club before also need to complete the new player clearance application, provide a copy of their birth certificate then visit <https://membership.sportstg.com/v6/regofrm.cgi?aID=12597&pKey=08055b23e481cd9ccff6dc4c9b5547ac&cID=36975&formID=36056> and complete the online process.

**Any questions please regarding the online registration process please contact Carla Smith on 0475 140 116 or [carlamichellesmith@hotmail.com](mailto:carlamichellesmith@hotmail.com)**

## 12. Junior Football Fixture

### **Season to commence 14 APRIL 2018**

Under 9, 10 & 11 can play either Friday night for Saturday morning

Under 13 & 15 play all games on Sunday mornings.

Depending on the fixture and grading Portarlington may play in Lara, Modewarre, Torquay, Inverleigh and Leopold (not all clubs have been included).

Auskick will commence on Friday 27 April.

Please go to the website below and register with the Portarlington Auskick Group

<http://www.aflauskick.com.au/>

## 13. Complaints

Junior players/parents/guardians, if you have any complaints or concerns, please discuss firstly with your Coach. If you are not satisfied please see a member of the Junior Committee which is listed above.

No verbal, physical or emotional abuse will be tolerated within the Club both on and off the field.

**For any further questions or inquiries please contact:**

**Sam English 0407 482 523 or [Samantha.english0705@gmail.com](mailto:Samantha.english0705@gmail.com)**

**Claire Hughes 0488 579 719 or [scanhughes@yahoo.com.au](mailto:scanhughes@yahoo.com.au)**



***Please note that it is illegal to smoke within 10 metres of the oval during junior training and games. We appreciate everyone abiding by this new rule.***

***No alcohol is to be brought into the reserve or consumed at junior games. This is not only to provide a safe environment for our children but it is also the law. The club will be enforcing this regulation and anyone found to be drinking or intoxicated at junior events maybe asked to leave.***

