



# WESTERN DISTRICTS FOOTBALL CLUB

Grade.....vs.....

Venue.....Date.....

Please report to the change rooms at.....



1<sup>st</sup> Ruck  
.....  
.....  
.....

FULL FORWARD

FORWARD POCKET

HALF FORWARD FLANK

CENTRE HALF FORWARD

HALF FORWARD FLANK

CENTRE WING

CENTRE

CENTRE WING

HALF BACK FLANK

CENTRE HALF BACK

HALF BACK FLANK

BACK POCKET

BACK POCKET

FULL BACK

2nd Ruck  
.....  
.....  
.....

Interchange  
.....  
.....  
.....

Emergency  
.....  
.....  
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Motor Accident Commission