

### CAN HE DO IT?

**RYAN COUGHLAN**  
WILL NEW VOTE  
SYSTEM FAVOUR HIM?



**SHAUN KING**  
IT WAS THE HARDEST  
CHALLENGE OF MY LIFE



**A NEW ERA**  
LISMORE'S WOMEN  
ARE LEADING THE WAY,  
AND HERE TO STAY



**THE 2016 AWARD  
WINNERS**  
ALL THE RESULTS FOR  
SEASON 2016

# The 2016 Lismore Swans & Swanettes YEAR BOOK



**The Complete 2016 Year in Review.**

**Celebrating the award winners and the many achievements  
throughout season 2016.**

# SWANS

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# President's Report

Welcome to the 2016 Magazine style Lismore Swans Yearbook. I've personally put together a number of yearbooks now, and this has been the most challenging, but hopefully it has been all worthwhile and you thoroughly enjoy the contents.

The first biggest change, is our logo. Unveiled at Presentation Night the new Swan is the symbol of change to come, but positive change. The Swans are rising, and we are rising towards our goal of becoming the Benchmark Club of the Northern Rivers by 2021.

The Benchmark Club goal will be put in more detail in the upcoming release of the Lismore Swans 2017-2021 Strategic Plan where our vision, values and Pillars to success will be explained in-depth. For now I have attached them to this yearbook for you to see to get a basic idea of where we want to head, and how.

Out of all my years in Lismore as an administrator/committee member, this has been one of the most enjoyable and pleasurable. Nothing will beat the high of the ultimate reward of winning the 2011 Premiership in my first year as President, but from a purely off field point of view, working hard with Secretary Anton Eldridge and Treasurer Daniel Bruce throughout 2016 to bring much needed change was fun, challenging and rewarding.

One of our big off field wins this year has been paying debts that have lingered for a few years, plus producing a fantastic surplus financially that will push us in to 2017 in a position to bring much more deeper transformation. Mr Bruce will outline this in more detail in his Treasurer Report in the next few pages. Mr Bruce has been amazing in how detailed he is with our finances, and he deserves so much credit.

Also, a lot of this has to do with the work of Mr Eldridge who really produced some monster meat and seafood raffle trays that always produced lots of attention. His work throughout this year has simply been amazing, and I know I have enjoyed learning of his ability to be bold and push for new ideas.

Has there been a year with so many new clothing options than 2016? New guernsey's thanks to Sean Webb who I have had the pleasure of working with closely this year, who is also someone I learn so much off. We have new polo's, new away shorts, new training shorts, new training singlets and new fleece jumpers. However the best one out of them all, is the special designed Dean Webb Cup guernsey's, once again thanks to Sean Webb, which we wore proudly on that very special day on June 18.



I will never forget 2016 for the opportunity that has presented itself regarding Oakes Oval.

I would like to thank the Committee who have assisted thought the year in the dealings with AFLQ and Lismore City Council. At this stage it looks like works will begin on Oakes in September 2017, and ready for us for round 1 in 2018. There is still lots of work to do, but I know the committee of 2017 will ensure our Oakes mission continues.

I want to thank the entire playing group and Coach Nick Jackson for sticking it out in 2016. It has been a tough year numbers wise, and the results have been pretty hard to accept scoreboard wise, but pre-season 2017 is all about recruiting. Many players showed some much determination and grit, and that is the Lismore way.

As always, our fantastic main sponsor in The Richmond Hotel and our regular sponsors who keep on sticking with us. In 2016 we saw new sponsors come onboard and we can only look at securing more in the future.

However for me personally, the highlight was the change we all witnessed around the club, the Swanettes. Pushed and organised by Secretary Eldridge, it was bold and challenging and a privilege to work with him in driving this dream, but the fact the door is now open, and the opportunity is available for women to play is so refreshing and brilliant. Coach Joey Mitchell must be credited for his educational work on teaching the new women to our game. Some of the stories I've heard of how this opportunity has brought these ladies hope of playing AFL, simply just brings back the unity of football and what it is all about.

Lastly, my personal workload didn't stop at the committee level, I had to pull on the boots again and I finally clocked up game 100 after being stuck in the 90's for 2 and a half years. Holding my son Reuben as I walked out on Oakes Oval was a moment I will never forget. Thanks to everyone who organised that, including my partner Mel Connell.

Philip Tsourlinis



## Treasury Report



***After a challenging but thoroughly enjoyable year on the paddock I'm pleased to report the club is forecasting a modest profit for the 2016 season.***

This result has been a significant turn around off the back of two serious deficits in 2014 and 2015.

A huge thanks has to go out to the players, the subs collected this year through Sporting Pulse have exceeded any previous year and are our single biggest source of income, having said that they actually came in just short of covering our league fees. Other major expenditures during the season include lighting, ground hire, match footies, training footies, umpires and a lot of strapping tape to hold the old boys together, this is where our fantastic sponsors come in, as without them subs would be double or even triple the current level.

Also thanks to the committee and their support cast for making prudent decisions throughout the year and working hard on a multitude of fundraising activities, which are the reason the club was able to contribute to a series of social events within the season with a further contribution to come for footy trip.

In 2017 the new committee will consider an increase in fees to provide funds for a social event sub committee, the guarantee from the club is that the extra funds would be pooled and 100% returned to the players and social members through initiatives including:

- Match day bus trips paid for
- Potentially two trips to Metricon with bus and tickets included
- Footy Trip substantially subsidised
- Presentation Night tickets paid for
- Poker Night
- Cricket Day

All at the discretion of the social event sub committee in consultation with the playing group.

So an exciting year ahead and rest assured your committee will be working hard in preparation for pre-season and round 1.

Regards,

Your Master of Coin

Daniel Bruce Bruce



## Coaches Report



***“We saw two of our junior players step up into the senior team, Mitch and Kyle showed great commitment and courage all season.”***

After my injury half way through last year, I knew I would never be able to play again. Not my decision, my wife's... so I started to think about coaching. I really appreciated the belief that the committee had in me to take on the role of senior coach. It was a big step for me as I had never coached before, but coming from years of playing I felt I was up for the challenge. I had to change my mindset from player to coach. There was recruitment, game plans, training sessions and teaching players brand new to the game the rules and skills they needed. I found it a challenge but also rewarding.

It was an enjoyable year, frustrating at times but enjoyable. I need to thank a few people. Anton, for your support at training and game days, your pasta and soup nights and all the behind the scenes jobs you take on to make the club run smoothly. Chilli, for your support and assistance throughout the season, I don't think I would have made it through the year without you two. Now to Timmy and Kingy, you two brought the team together both on and off the field through your great leadership and the entertaining social events. Special mention to Ryno for having a dig.

Now to the season. We had lots of ups and downs throughout the season. Pre-season started in December and we had some past players return to the club. Unfortunately only one hung around for the season, thanks Gus. We saw two of our junior players step up into the senior team, Mitch and Kyle showed great commitment and courage all season. We also saw some new faces around the club with Corey at the beginning of the season and more joining the club during the year.

We had some good numbers in December and were looking good at the beginning of the season with about 35 players on the list. Everyone was training hard and had a great positive attitude. Then one week before the first game we lost 4 players. By round 4 we had lost 7 more. We would be fine if we could just get through the season injury free.

We made it to round 8 with no real injury concerns, then lost Marc and Gus. Gus was out for 5 and Marc out for 7. Two weeks later Jimmy was out for the rest of the year.

It was good to see some of the old timers putting their hand up to play when we were short. Big thanks to Dutchy, Smithy, Ox, John Paul, Chilli, Anton and Roger. Was great to see their dedication to our club.

We saw more teams this year, with Grafton, Sawtell, Coffs Harbour and Port Macquarie joining the roster. This season also featured more bus trips with and overnight at Grafton thanks to the hospitality of Timmy's mum.

We had mixed results with some memorable games and some we'd all rather forget. We had a good win at Round Mountain, beating Tweed for the first time in 5 years. We also had one of the biggest wins in the clubs history against Grafton on their home ground.

Alongside our first gamers we had some great achievements with lots of 50 and 100 gamers this year, top effort to all those players.

We finished the season with a good solid core group who have a great attitude and work ethic. I hope I have been able pass on some of my knowledge as a player and now a coach and look forward to seeing what we can achieve in the years to come.

Nick Jackson

# Captain's Report

**“For me this year was about sacrifice, doing what was needed, supporting players, motivating players and trying to be a great leader for this football club.”**



As the 2016 season for the Lismore Swans comes to a close we reflect on the year that we have had and take out of it what we can. This year we had many highs and lows. The lows would be the injuries, the losses and those 3<sup>rd</sup> quarter efforts. The highs would be finally beating Tweed, the bus trips and some unearthed talent.

I believe that this football club is in a fairly strong position, and the reason for this is the work behind the scenes by our committee. This year the committee has had a lot of work to do and they have done it and have one eye on the future, with many new and exciting goals still to be achieved. Thank you committee for your hard work throughout the year, the work you do does not go unnoticed.

A lot of a football clubs success is based on how they perform on the field and while we didn't win the premiership, there would be no club without its players. I would like to thank you all for playing this year. Every player counts and everyone that played this year has my thanks.

The coach, leadership group and supporting staff have done a fantastic job this year. The conversations we have had, the amount of effort put in pre game and post game all has shown your commitment and passion for the football club. Your support towards the players and each other is invaluable and allowed us to get through the year.



I would also like to thank the fans that support us week in and week out. Not only do you cheer us on during game day, you also support us outside of football whether that be at home, down the street or at the pub. A big thank you to all the partners and families who have allowed us to be involved with the club this year, whether that be a playing or committee capacity. Without your consent, we probably would not have been involved. Thank you for your support at home, celebrating the good wins and leaving us alone when we lose.

For me this year was about sacrifice, doing what was needed, supporting players, motivating players and trying to be a great leader for this football club. I hope that I have represented you all as captain this year in a positive way and I look forward to what lies ahead next year.

Tim Whalan



## Lismore Swans Office Bearers

Year	President	Secretary	Treasurer	Coach	Captain	Finish
1984	J. Raddatz	T. Lennon	G. McCormick	P. Stephens	P. Stephens	1 
1985	P. Stephens	R. Bailey	N. Watts	P. Stephens	P. Stephens	3
1986	N. Watts	M. Peters	N. Watts	D. Robinson	D. Robinson	3
1987	N. Watts	M. Smith	D. Smith	G. Innes	G. Innes	3
1988	N. Watts	T. Camilleri	N. Watts	P. Gallagher	P. Gallagher	6
1989	N. Watts	L. Camilleri	P. Maddox	S. Carey	S. Carey	4
1990	N. Watts	L. Camilleri	P. Maddox	S. Carey	S. Carey	5
1991	S. Carey	L. Camilleri	T. Foster	M. Armstrong	S. Allen	5
1992	M. Buchanan	L. Camilleri	T. Foster	T. Camilleri	B. Patton	6
1993	M. Kmita	L. Camilleri	T. Foster	S. Carey	B. Patton	6
1994	G. Dolan/ L. Delvin	I. Salkeld	M. Watson	R. Tuckett	S. Egan	3
1995	T. Bevan	I. Salkeld	M. Watson	S. Carey	S. Egan	5
1996	T. Foster	I. Salkeld	M. Watson	T. Bevan	S. Peveral	3
1997	T. Foster	I. Salkeld	B. Egan	T. Bevan	G. Jones	5
1998	Vacant	A. Etherson	T. Foster	G. Jones	R. Barrett	6
	(T. Bevan Left)	D. Merretz				
1999	R. Barrett	A. Etherson	T. Foster	R. Blizzard	F. Scroggie	6
2000	R. Barrett	D. Merretz	G. Parry	D. Anderson	G. Westbrook	3
2001	R. Barrett	G. Westbrook	G. Parry	D. Anderson/ R. Meldrum	G. Westbrook	4
2002	N. Winterbon	J. Guthrie	N. Condon	R. Meldrum	I. Holder	3
2003	N. Winterbon	J. Guthrie	N. Box	R. Meldrum	L. Meldrum	2
2004	N. Winterbon	J. Finn	N. Winterbon	R. Meldrum	L. Dyson	3
2005	N. Winterbon	J. Finn	L. Meldrum	R. Meldrum	L. Dyson	2
2006	N. Winterbon	R. Barrett	L. Meldrum	R. Meldrum	L. Dyson	3
2007	M. Weight	J. Box	N. Winterbon	R. Meldrum	L. Meldrum	2
2008	T. Foster	N. Winterbon	G. Massa	R. Meldrum	G. Massa & A. Lovell	3
2009	T. Foster	N. Winterbon	G. Massa	G. Massa	D. Bruce & G. Massa	1
2010	T. Foster	N. Winterbon	N. Box	G. Massa	S. Howard & G. Massa	3
2011	P. Tsourlins	N. Winterbon	G. Massa	S. Huckerby	S. Howard	4 
2012	P. Tsourlinis	N. Winterbon	G. Massa	S. Huckerby	G. Massa	4
2013	P. Tsourlins	W. Seewald	N. Winterbon/ 2016	J. Mitchell	S. Brown	5
2014	W. Seewald	E. Williams	D. Bruce	J. Mitchell	S. Brown	3
2015	W. Seewald	E. Williams	D. Bruce	P. Tsourlins	T. Whalan	4
2016	P. Tsourlinis	A. Eldridge	D. Bruce	N. Jackson	T. Whalan	4

## 2016 Games, Goals and Career Stats

First Name	Family Name	2016 QAFA Northern Rivers Games	Total Games For Swans	2016 Goals	Total Goals For Swans
Taylor	Alexander	7	23	2	5
William	Alexander	12	76	7	35
Stephen	Askew-Smith	4	54	0	8
Thomas	Bertrand	12	12	0	0
Jason	Bevan	4	135	2	85
Paul	Blain	16	59	4	7
Daniel	Brieger	4	4	0	0
Daniel	Bruce	13	179	2	139
Marcus	Buhringer	11	11	11	11
Zachary	Cottam	14	55	2	10
Ryan	Coughlan	16	28	7	8
Anton	Eldridge	1	5	0	0
Jake	Goodlet	1	1	0	0
Shawn	Holland	8	64	0	8
Simon	Howard	10	231	0	57
Andrew	James	15	61	9	49
Shaun	King	15	60	6	24
Angus	Legoe	13	112	3	16
Josh	Mcguinness	1	25	1	7
Matthew	Meadows	16	28	6	12
Thomas	Merrett	9	67	2	28
James	Mortensen	4	4	1	1
Benjamin	Pfister	6	11	0	0
Thomas	Rehn	1	1	0	0
Roger	Snodgrass	3	6	4	7
Kyle	Stones	1	1	0	0
John	Thompson	5	69	1	2
Whalan	Tim	16	46	6	15
Philip	Tsourlinis	6	102	0	11
Marc	Verrier	9	36	2	4
Nicholas	Webb	1	1	1	1
Corey	Wilford	15	15	2	2
Adrian	Wilsem	13	20	3	3
Anthony	Wilson	5	5	1	1
Blake	Woodgate	5	5	0	0
Lewis	Wright	13	27	3	5
Mitchell	Wright	12	12	3	3
Scott	Wright	12	23	0	2
Daniel	Youlden	5	9	0	1



## The Complete 2016 List of Winners

Congratulations to all the below award winners for 2016. Your names have been added to the list of many brave, courageous, skilful and deserving winners throughout the club's rich history.

### 2016 Shane Carey Leading Goal Kickers

Marcus Buhringer	11
Andy James	9
Ryan Coughlan	7
Will Alexander	7



Marcus Buhringer is the Kyogle Kicker, a young talent with so much potential who can kick straight, long and also take a great grab. Claiming the Shane Carey Trophy in his first year is simply a brilliant achievement.

### 2016 List of Awards and Winners

2016 Presidents Award-	John Paul Thompson
2016 Karl Herman Rookie Of The Year Award-	Mitch Wright
2016 Most Improved Player Award-	Corey Wilford
2016 Captains Award-	Lewis Wright
2016 Coaches Award-	Paul Blain
2016 Players Player-	Ryan Coughlan



Corey Wilford's first year went from strength to strength. His pace is a feature and his willingness to learn earned him 35 votes in the B & F.

### 2016 Best and Fairest Winners

#### **2016 Best and Fairest**

Ryan Coughlan                      184 Votes

#### **2016 Runner-Up Best and Fairest**

Shaun King                              80 Votes

#### **2016 2nd Runner Up Best and Fairest**

Matt Meadows                          74 Votes



Ryan Coughlan, the 2016 Best & Fairest was consistent all year and polled in every round except round 4. Always leading from the front, Coughlan demands respect and sets prime examples week in, week out.

### 2016 Clubman Award

Anton Eldridge



Left: Angus Legoe's 100th.

Right: Philip Tsourlinis's 100th

### 50 Gamers Champions Club

Andy James, Shaun King, P Bain & Zach Cottam

### 100 Gamers Legends Club

Gus Legoe & Philip Tsourlinis

## Historic Winners

Year	Best & Fairest	GoalKicking	Players Player	Clubman	Life Members
1984	R. Whitney	J. McClelland			
1985	R. Whitney	M. Nicholson			
1986	E. Connick	D. Robinson			
1987	E. Connick/ T. Cammileri	M. Kimpton			
1988	W. Brown	S. Carey			
1989	P. Monnox	S. Carey			
1990	G. Hankinson	S. Carey		W. Brown	Neville Watts
1991	S. Allen	S. Carey		Oliver Family	
1992	G. Sanford	M. Buchanan		M. Armstrong	
1993	S. Egan	B. Patton		G. Doolan	
1994	S. Egan/ M. Richardson	A. Page		L&E Devlin	Ian Salkeld Trevor Foster Shane Carey
1995	S. Peverell	T. Bevan		I. Salkeld	
1996	R. Bodin	G. Kerr		T. Bevan	
1997	M. Azzopardi	T. Bevan		R. Barrett	Bill Hanlen
1998	J. Barrett	T. Bevan	F. Scroggie	A. Etherson	
1999	L. Meldrum	R. Barrett	L. Meldrum	D. Merretz	
2000	I. Holder	J. Mould	I. Holder	R. Barrett	
2001	G. Rolfe	M. Moore	G. Westbrook	R. Barrett	
2002	G. Westbrook	M. Moore	G. Rolfe	J. Guthrie	
2003	S. Howard	S. Chelman	S. Howard	Dr. B. Gilchrist	
2004	S. Howard	J. Suffolk	S. Howard	R. Meldrum/ R. Winterbon	Malcolm Weight
2005	P. Howard	A. Rhodes	D. Bruce	R. Meldrum	Roly Barrett
2006	J. Howard	A. Rhodes	D. Bruce	J. Box	
2007	G. Massa	A. Rhodes	G. Massa	J. Box	Ronny Meldrum
2008	M. Grivins	W. Seewald	M. Grivins/ D. Bruce	G. Massa/ P. Brown	
2009	D. Bruce	W. Seewald	D. Bruce	G. Massa	
2010	E. Burton	J. Johnson	E. Burton	N. Box	Neil Winterbon Ros Winterbon Luke Meldrum Simon Howard Nathan Box
2011	R. Hindry	D. Webb	R. Hindry	T. Makamaka	
2012	R. Lavery	D. Webb	R. Lavery	G. Massa	George Massa
2013	S. Brown	J. Bone	S. Brown	W. Seewald	
2014	A. James	W. Seewald	A. James	E. Williams	
2015	S. King	A. James	R. Coughlin	A. Eldridge	
2016	R. Coughlan	M. Buhringer	R. Coughlin	A. Eldridge	

# A NEW ERA

## THE RISE OF THE LISMORE SWANETTES

### The Beginnings

Through the warmer late Summer to early Autumn months, the typical Lismore Swans pre-season training consists of sweat, hard work, late evenings and more running. But in 2016 there was something new in the air, something as refreshing as the cool breeze and something that added a new buzz to the training track. Women. No not the players partners, not supporters, but new Lismore Recruits training to learn or improve their Aussie Rules Skills. For the purest AFL supporter, this was the change the Swans were waiting for and the arrival of a new chapter in the clubs life, a new era, the Lismore Swanettes.

The Swanettes driving force came from Club Secretary Anton Eldridge who was keen to push for a Women's team by organising a 'Sign On Day'. President Philip Tsourlinis was also a huge believer and together they pursued the necessary steps to create the team.

"It's important to give these women an opportunity and a pathway towards the looming Women's AFL League, plus get more women involved in the club" Anton explained during the Committee's Strategic Planning session.

Media organisations were notified and the planning begun to get the message out to the community, an important step in ensuring interest.

The Women's Sign-On day was organised for Saturday March 12 2016 at Oakes Oval, and the first set of signatures and commitment begun. There was no turning back now. It would only be a matter of time now until the first female players would be arriving at Mortimer to get a feel of the leather Sherrin footy.

### Participation

When April arrived and clocks were wound back, it was not an unusual occurrence to see half a dozen women learning their own skills of the game, and even joining in the training sessions on the magical holy turf of Mortimer. At this time the club was searching for a full time Women's Coach with Eldridge taking the sessions, and the women even joining in the men's session at times.

"We were never bothered with them joining in to be honest, because it's refreshing when anybody joins in who has a genuine interest in learning the game" men's Captain Timmy Whalan explains.

By late April, the Club had secured former Men's Senior Coach Joey Mitchell as full time Women's coach, a move welcomed by everyone as Mitchell's ability to communicate



The Earliest Arrivals. Many have come and gone in the first year, but this picture is of some of the original starters to the Swanettes.

the everyday requirements of an Aussie Rules athlete both mentally and physically was essential.

"The pure form of the game is seen again because they are so straight down the line in how they train, and they absorb everything so well. It's refreshing" Coach Mitchell adds.

From the very beginning and one of the earliest recruits, Emma Cumming, a medical student at Lismore Base brought much needed encouragement and enthusiasm to the venture. Club President Philip Tsourlinis was impressed by her willingness to simply give the new game in her life a shot.

"She came with such a positive attitude and was always willing to learn, but also ask questions. She always found a way to have a smile on her face, and was an essential part in forming the new group together" Tsourlinis explains.

"I have had so much fun training with the Lismore Swans and Swanettes this year. I never thought I would learn how to play AFL when I moved to Lismore. One of my biggest achievements was finally understanding the "H-pattern" drill! Thanks to all the guys and girls for being so welcoming, it's been a blast" Emma responds.



Emma Cumming handballing with a smile on her face. Anton Eldridge to the right.

Ruby Morris is furthest right.

## Opportunity

Throughout 2016 recruits came and went, some simply realising that Aussie Rules was not for them, others having no choice due to personal life, but some stayed the entire course from start to finish.

One of those was Ruby Morris. A taller bodied player, Morris was present at majority of sessions, and was always one of the first to arrive, and last to leave. One of the great things about football is the unknown stories that lay behind so many people's desire to play. Morris is one of them.

Living in Kyogle, she has had an interest in Aussie Rules for many years now, starting at under 14's for Lismore with the boys, than progressing to an under 18's women's team on the Gold Coast.

"When I heard that Lismore was starting a women's team, I came down to training".

With possibly clocking up the most frequent traveller points driving from Kyogle, her passion and desire cannot be questioned. It is one of the great reasons why ensuring a pathway for women to play football requires the absolute upmost attention and commitment from a committee point of view. Ruby Morris is pictured below.



As well as Morris, there were others who were showing signs that it was the right time to get them game time. such as Jessica Gilfillen. Obviously Lismore still didn't have the numbers, so Secretary Eldridge pursued other options such as contacting Kedron Lions in the Brisbane League to see if our girls could play games on permit for them. Kedron agreed and the scene was set for our Lismore women to take the field for Kedron. Although logistically it was a nightmare, the experience was still worthwhile especially for Jessica Gilfillan who has never

played a game of AFL before. Joining them was also Laura Small, a new recruit who was keen to try a new sport.

The Kedron experiment didn't last too long as logistically the travel was too far and the numbers uncertain, but it simply made the realisation of allowing these women more game time an important measure.

With Coach Mitchell also pushing for more game time, and more exposure, he took it upon himself to drive the women to Coolangatta to train with the Bluebirds, and eventually assist in securing them games.

What also became clear is the genuine talent Lismore was unearthing. Ruby Morris has been a star in the making for almost

a decade, but new comers to our game such as Jessica Gilfillen used their skills as sprinters and long distance runners to instantly mould in to good players. All of a sudden, recruiters were on the prowl and our Lismore talent is in consideration. The excitement for Jessica to kick her first goal and the sense of achievement was for all to see. Footy won another person over.

As the season rolled towards an end, numbers rolling up than back down, Lismore can be absolutely proud that it put it's foot forward in attempting to become the first club between the Gold Coast and the Central Coast NSW to field a Women's side.

When that day happens is still unclear, but in 2016 great progress was made and opportunity created, and we must acknowledge and thank first and foremost Anton Eldridge for putting in so much time and effort in creating this great opportunity. Credit must also go to the Committee, Coach Joey Mitchell, the Men's Senior team for welcoming the women, and of course the women themselves, who became part of history and begun the foundations of something brilliant, something special and something we will always hold proud.

The Swanettes are here.



Ruby, Jessica and Laura after a win playing for the Coolangatta Bluebirds

From the a newcomer to our game Jessica Gilfillen;

*"Firstly, for me it gave me a place that I felt as though I belonged and wasn't judged.*

*I rocked up had no idea how to pass a ball or kick it properly and was taught so quickly by the other girls, joey and the guys, with no judgment.*

*Secondly, for someone like myself that has done mostly individual sports, it really opened my eyes up to team sport and team play, and the enjoyment and rewards you get out of that alone. Encouraging each other and thinking of the team as a whole becomes priority.*

*Thirdly, to have the chance and experience an AFL game/s after only a few months of training was an amazing opportunity and loved having ruby by my side.*

*Finally, the Swans club is run fantastically with huge dedication, from players and people such as Anton, Chilli (Philip) and Joey."*

# SWANETTES IN ACTION



Far left- Jessica. To her left is Ruby. Bottom right is Laura. Celebrating after a Bluebirds win.



Ruby, Laura and Jessica



Jessica can kick



Erika Creighton arrived to Lismore and made a massive impact by not only her enthusiasm to want to play, but to help out a long the way. By doing this, she won two weekly President's Awards.



Ruby, Jessica & Laura playing for Kedron Lions



One of the earliest members of the new team.



## Women's Awards

**Coaches Award-** Emma Cumming

**Most Consistent-** Ruby Morris

**Most Improved-** Jessica Gilfillen

**Club Person-** Erika Creighton



# THE DEAN WEBB CUP



## From the President

On June 18, 2016 we hosted the inaugural Dean Webb Cup, named after our team mate, friend, champion, family member and 2011 premiership player who passed away late 2015 from melanoma.

A huge thanks to Sean Webb who was instrumental in putting the whole day together and the Webb Family, plus Rachael for her great work making those beautiful ribbons. It was certainly not the easiest event to put together due to the circumstances of the day, but the honour to create a day in his name and remember him was not just worth it, but so so important.

The day was filled with laughter, fun, pride, honour and of course vital funds towards finding a cure for melanoma. The result of the game was not really all that mattered for me personally, it was to make sure everything ran as smoothly as possible for the Webb family, and Dean's finance Rachael.

For the entire year, the Swans raised a total of \$2800 to the Melanoma Institute of Australia.

The highlight of the day however, was the 'Old Boys Game', where for the first time since my arrival at Lismore in 2007, we had so many former Swans putting the guernsey back on. Certainly in 2017 the day will be even bigger and better, and we'll hopefully even shame Byron this time around. CHEER CHEER.

Philip Tsourlinis



The Lismore & Griffith Moorooka Old Boys

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## THE MISSING SHAWN HOLLAND FILES

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Shawn The Flying Up Dutchman Holland (STFUDH, otherwise known as Shut The Fuck Up Dirt Hole) had an issue. It was eating at him weekly. He would see players running out for their milestone game all proud of themselves, but it would leave him feeling empty and confused.

“I think I started in 2004, no 2005, or was it 2006? It’s just that I have no idea how many games I have played”.

An umpire on most weeks when he isn’t filling in with his knee strapped up, but his hair still managed to be in perfect form, it would appear there is plenty of games Shawn has had under his belt since coming to Lismore. A search had to be conducted, and mid way through the year that’s what exactly happened.

We can happily reveal, after a search of books dating back from 2007, STFUDH has played a total amount of 64 games for the Lismore Swans. Now, who wants to research how many games he has umpired?

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## WHO IS THIS FACE?

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# Guess?

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## THE PHOTOGRAPHER PHOTOGRAPHER

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So how many photos did you take this year again Adrian?

“I took 27000”.

YOU TOOK HOW MANY?

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## THE BEST, FAIR TO SAY?

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### RYAN COUGHLAN'S YEAR & THE NEW VOTING SYSTEM

One cannot argue with Coughlan's determination on the footy field, that grit, skill and his natural poise. You know he will give you everything every week, putting his body on the line with eyes only for the footy.

2016 introduced a new count system using the 6 votes method as opposed to the 3 vote. Potentially this would only serve to undermine the favourite as others who normally wouldn't score votes in the 3 vote method, now can always sneak some more votes with an extra 9 votes cast per round.

It would take the Best & Fairest winner to be consistent to take out the award, always ensuring you are leaving your mark in the eyes of the 3 voters per game. In 2016, it is fair to say that Coughlan was not only consistent, he was remarkable consistent. Polling votes in every round except round 4, he was always going to be hard to beat. He has put together an outstanding year and one in which will be remembered for many years to come.

Congratulations Ryan Coughlan, the 2016 Lismore Swans Best & Fairest. CHEER CHEER.





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# SHAUN KING'S MASSIVE CHALLENGE

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Besides playing some really good football, and finishing second in the Best & Fairest, the Vice Captain was also posing himself off the footy field, in a challenge that couldn't be argued is seriously mentally and physically massive. But in typical Kingy way, he succeeded and it was all for a good cause.



**Northern Star**

Advertisement



Gain more time

NEWS

## Why Shaun's doing 20,000 push-ups and pull-ups

4th August 2016 11:31 AM



Southern Cross University SCU Fitness 4 U gym and pool employee Shaun King is doing 20,000 push-ups and pull-ups in total to raise money for Beyondblue.

Marc Stapelberg

TOP  
BLOODY  
EFFORT

*“It was definitely the hardest mental battle I’ve ever faced. It was fantastic to have support from the community and the footy boys”*

# TOWARDS 2021

## Values & Vision

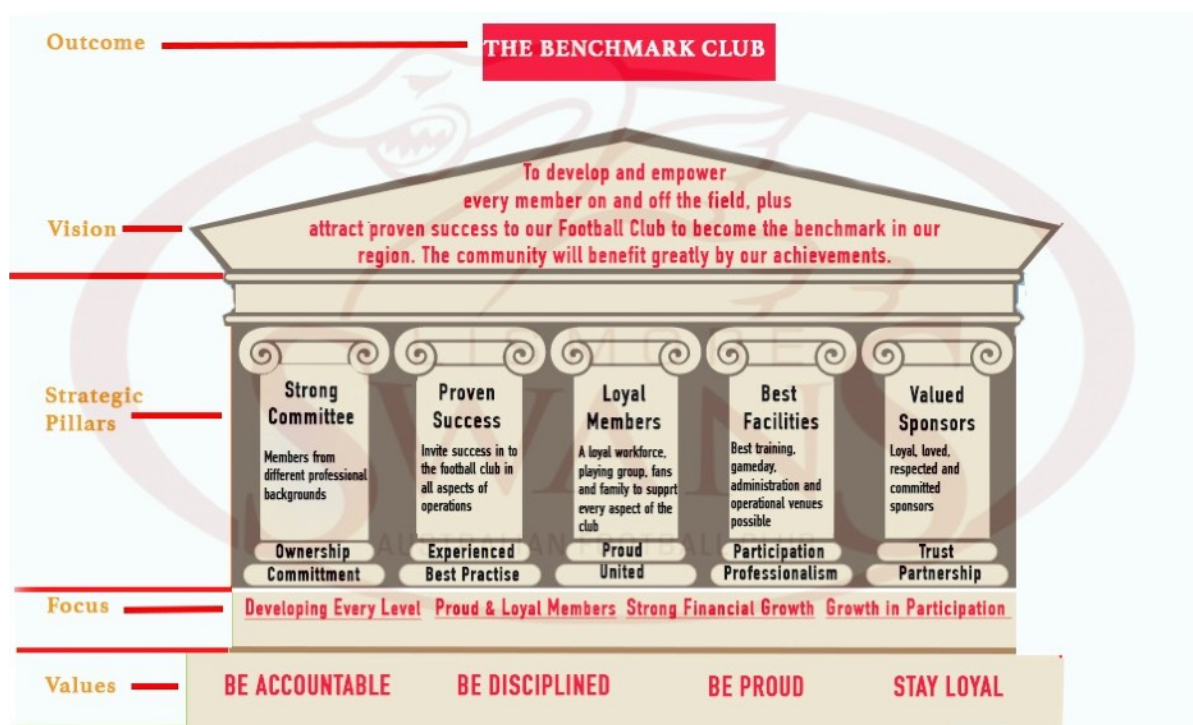
### Values

- #Be Accountable
- #Be Disciplined
- #Be Proud
- #Stay Loyal

### Vision

*To develop and empower every member on and off the field, plus attract proven success to our Football Club to become the benchmark in our region. The community will benefit greatly.*

## The Pillars to Success



# NEW LOGO



Australian Football Club  
EST 1984



Lismore Swans Logo





You are invited to the **2016 Lismore Swans Presentation Night**

When: Saturday 10 September  
 Time: AGM 5.30pm  
 Presentation 6pm

Where: **Richmond Hotel.**

Dress Code: Formal  
 Cost: \$25



The first ever both Senior Men's and Women's Presentation Night. Bring your partner for a great night of celebration. Please contact Philip Tsourlinis for more details.

**All votes for 2016**

R. Coughlan	184
S. King	80
M. Meadows	74
A. James	68
G. Legoe	64
T. Whalan	58
T. Merrett	41
M. Buhringer	41
J. Mortensen	35
C. Wilford	35
M. Wright	35
T. Bertrand	30
S. Howard	29
P. Blain	25
L. Wright	22
B. Pfister	21
A. Wilson	13
D. Bruce	13
M. Verrier	10
Z. Cottam	9
B. Woodgate	8
J. Webb	7
A. Wilsen	6
T. Alexander	5
W. Alexander	5
S. Wright	5
J. Bevan	4
D. Youlden	3
R. Snodgrass	3
S. Holland	3
J. Thompson	2
J. McGuinness	1



**CROSS CONFERENCE COMES TO LISMORE**

AFL QUEENSLAND vs AFL NORTH COAST

LISMORE SWANS vs COFFS HARBOUR BREAKERS

SPONSORED BY Richmond Hotel.

**OAKES OVAL**

**JULY 30 2016**

11.30AM- TWEED TIGERS VS GRAFTON TIGERS

2PM- LISMORE SWANS VS COFFS HARBOUR BREAKERS



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## SWANS WINE

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### ORDER SOME IN 2017

In 2016, Lismore wine became real, and you can order some in 2017. Purchase options will be advertised soon.



