



RUNNER ROLE DESCRIPTION

This form is to be shown to any new runner prior to the start of a match

Firstly, a big thanks for taking on the role as runner for this team today. Without the support of many volunteers, our teams would never make it onto the field each week, and believe us we are very grateful for your wonderful support.

The role of runner is a very important one as you are the only person allowed on the ground to deliver messages from the coach directly to players during a game.

Please take a couple of minutes to read through the points below and if you have questions or concerns about any of them please speak to your team manager:

- Please wear the club supplied red vest that has the words "Mt Martha JFC Runner" clearly marked on it.
- Deliver the message and return to the highlighted coaching area.
- Don't linger on the ground
- Do not speak to any opposition players
- Do not speak to any opposition officials
- Do not speak to the umpire.
- Stay outside the 50 metre area when a team is kicking in
- Remain outside the centre square area at a ball up
- ESCORT THE UMPIRE OFF THE GROUND TO THEIR CHANGE ROOMS AT THE END OF THE GAME

If you have any concerns or questions about an opposition player or official during the game please report it to your team manager. Please don't take the matter into your own hands.

