Website: Traralgon Football Netball Club – FOX SPORTS PULSE

Email: tfnc@bigpond.com
Facebook: tfnc@bigpond.com

Address: Whittakers Rd (PO Box 823), Traralgon, VIC 3844

ABN: 36 062 858012 Phone: (03) 5174 1062

Fax: (03) 5176 1050



<u>President</u>
Andrew Livingstone

Secretary
Lorraine Paulet

Club Record
1883-2016
31 Premierships
3 Night Premierships
2 Pre Season Cups

Brownlow Medalists
Kelvin Templeton
Bernie Quinlan

Gardiner Medal
Jim Stevenson

Major Club Sponsor
P & D Rigging and Crane Hire

Platinum Sponsors
Intersport Traralgon
Porter Davis Homes
Tena-Koe
H.I.M Electrical Services
Astute Finance

Gold Sponsors

Monacellars

Dahlsens Building Centres
Latrobe City Council

Simic's Traralgon Betta Home
Veolia Environmental
East State Credit
Solomons Flooring
Total Tools
National Tiles
Traralgon Vet Centre
LV Forklifts

Maroon News (1) – April 2017 From the PRESIDENT



The 2017 Gippsland League season is now upon us and our club is well positioned to compete strongly on the football fields and on the netball courts. We once again have a strong committee in place as well as excellent coaches to lead our club into the 2017 season.

We were delighted to be successful in our bid to be the home club of the newly formed Women's Gippsland Maroons from 2017 including a development side in the South East Development League. It is a very exciting time in women's football and the TFNC would like to welcome all new players from around Gippsland representing our club. We are extremely proud to have a regional team competing under the Maroons banner in division one of the women's state league. I would like to thank all involved for the massive effort that has taken place so far with the inclusion of the Gippsland Maroons. We look forward to an exciting and successful season ahead.

It has been pleasing to see good numbers at football and netball training during the pre-season which holds us well for the season ahead. In 2017 we will compete in U13, U15, U17, C Grade, B Grade and A Grade on the netball courts and Youth Girls, Gippsland Maroons, U16, U18, Reserves and Seniors in the football. This is a great effort by our club to have this many teams representing the TFNC - good luck to all.

During the off season we have been extremely busy with a number of projects and events including the installation of a new electronic scoreboard, the hosting of the Herald Sun Fox Footy "Full On Footy Tour", the upgrade of our corporate rooms, the introduction of our women's team as well as all the ongoing duties of securing sponsors, running our weekly bingo and much more to ensure we are well positioned leading into another year.

Our new lights are well underway and we wait in excited anticipation the completion of what will be a wonderful addition to our facilities. We are hopeful of a completion date in late April/early May which will be followed by a grand opening, so stay tuned.

I would personally like to thank my fellow committee members and others that make these things happen year after year, it is this kind of support that keeps us at the forefront as a successful club within our league. I would also like to thank in advance the many volunteers we will need during the 2017 season carrying out the numerous tasks that are required on a weekly basis - it is extremely important for all of our players, supporters and members to continue giving a little of your time when needed to ensure the ongoing, long term success that this great club has been afforded. I look forward to seeing you all around the club in 2017......bring on round one!

Andrew (Livo) Livingstone

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<u>Membership Packages 2017:</u> Membership packages are now available and all existing members have now been issued with their 2017 membership renewal.

- Senior Football / Netball (with VNA) \$250
- Woman's Football (Juniors/Seniors) \$150
- Junior Football / Netball (with VNA) \$150

Membership packages for season 2017:

- Gold Membership: \$550
- Silver Membership: \$250
- Bronze Membership: \$120 (\$60 for Pensioners)
- Social Club Membership: \$20 (\$10 for Pensioners)
- 3 game Super Pass: \$50

Memberships can be paid via direct bank deposit, so please be sure to include your name as the reference.

BSB: 013-141 Acct No: 299897940

Please direct any enquires to Katie Smith, Membership Co-ordinator.

Sponsorship Packages: The Traralgon Football Netball Club is renowned for its community involvement and efforts with men's and woman's footballers and netballers.

Our sponsors are very loyal and willing to support the Club in its endeavours and this year we are once again privileged to be finalising new sponsors for the TFNC. We thank both our new and existing sponsors for their continued support in season 2017 as we could not put our plans into place without the generous support of our sponsors

Our committee and club all work extremely hard with the aim to ensure that ALL our sponsors are recognised and are well supported by all players, members and supporters of our club.

We certainly encourage the local community to get behind the Club as we truly appreciate and value the support we receive.

We continue to work extremely hard in our endeavours to engage with the entire community and this year is no different. We are extremely proud and privileged to welcome on board Leslies Dry Cleaners, Traralgon as a new sponsor of the club. The TFNC is a great place for young sportsmen and women and we need our local community to be involved to share in their achievements. Please get behind Trudy, Ronda and the team at Leslies Dry Cleaners in Church Street, Traralgon (Next to Pro-tek Computers) who are locally owned and operated who will look after all your dry cleaning needs. Also, please remember to take advantage of their 9% pay on the day discount.

Merchandise: New club apparel will be available for Season 2017. Our club with the support of Logo Express will be stocking some new and exciting items, along with the usual sportswear e.g. Hoodies, Pants and Jackets. Apparel order forms are now available from the club and all Team Managers.

<u>Social Club:</u> In 2017 we are looking forward to getting everyone involved within the club.

To date we have various functions already locked away for the year, these include:

- 6th April (Thursday) Season Launch in Social Club
- 8th April (Round 1) BBQ lunch on the Deck
- 8th April (Round 1) Julianne Bremner performing in Social Club
- 6th May (Round 4) Frankee performing in Social Club
- 7th May (Sunday) 4 person Ambrose Golf day at Traralgon Golf Club (contact Glenn "Gumby" Duncan on 0431 355 291 for further details)
- 20th May (Round 5 away) Meals and awards at Traralgon Golf Club
- 27th May (Round 6) Ladies Day on the Deck
- 17th June (Round 9 away) Mid Season Ball at Premier Function Centre
- 24th June (Round 10 away) Meals & Awards at Translgon Golf Club
- 8th July (Round 12 away) Band "Plush" performing in Social Club
- 26th August (Round 18) BBQ lunch on the deck

Make sure you put these dates in your calendars. Supporters, family and friends are always welcome to all functions at the TFNC.

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This season we will once again be having meals in the social room's after all home games. Thanks to Danny, Celeste and the team at the Premier Function Centre and Joe, Damian and the team from Café Evviva. Please join us in the rooms for a bite to eat, a few drinks and player presentation awards.

If anyone is looking to assist the club, we are always looking for people to volunteer as either game day trainers / water carriers, kitchen duties on Thursday nights or the canteen at home games, so please put your hand up. Many hands makes for light work.

If you have any suggestions or questions, please contact either Nell Fothergill, Livo or Vanni.

<u>Past Players:</u> There has been plenty of activity around the Club already in the early part of 2017 and we look forward to a successful year with all football and netball teams.

From a Past Players perspective we will be looking to host at least a couple of events during the course of the year.

Whilst it's still early stages in our planning of events we will be celebrating our 30 year anniversary of our 1987 Premiership successes.

The Past Players Committee also look forward to assisting the Club through our involvement at "Pud's Bar" and through the running of raffles at home games.

We are hopeful that we can grow our membership which in turn will assist the Club continue to remain a strength in our league.

We wish all players, coaches, staff, volunteers and Committee members every success for the 2017 season.

Russell Northe - Past Player

Coaches Report: - Football: It's been a great pre-season full of hard work and confidence building heading into round (1) of the 2017 season. There are plenty of familiar faces with majority of the list returning with the added addition of our up and coming under 18s and our new recruits making the football club home.

The boys have completed a tough (8) week running program and have shown huge improvement from start to finish! We have completed a great preseason camp at Phillip Island which included team bonding / fitness / skills and mental toughness building which the players did so at the best of their ability. We have also had a couple of intra club matches followed by a practice matches against TTU and Pakenham giving ourselves the best opportunity to perform for round (1). Good luck to all the Junior/Senior netball and all the Junior/Senior men's/women's football sides in 2017 and let's make it a successful one!

Mark Collison - Senior Coach

Coaches Report: - Netball: Traralgon Maroons Netball is looking forward to the season starting for 2017. We had very strong junior and senior trial campaigns and welcome the new and existing players and families back to the club. This year we have three junior players also participating in Open grades to continue focusing on our junior development and we look forward to watching them in this challenge. Early in the season we have focused on endurance, speed and agility with Andrew Crozier from Revolution Spin and the girls are keen for the season to begin. I also would like to take this opportunity to congratulate Ramayer Gourley on her successful ANL Fury campaign over summer and looking forward to having her assist in the coaching of under 17s this year.

Can't wait to watch the girls display some high quality netball again for the season of 2017.

Kate French - Senior Coach

Woman's Football: Season 2017 is an exciting year for the Maroon and White family with the addition of two open aged women's teams into the club. At a committee meeting late last year the club decided to formerly lodge an application to administer the two time premiership winning Gippsland Galaxy in 2017 and were successful in the application.

The team has been re-branded as the Gippsland Maroons and will play out of division one in a new

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league being administered by AFL South East commission. Such is the interest in women's football

at the moment there will also be a development team entered to cater for the demand and will play out of division three.

Nikki Schroeter will again lead the team as senior coach in her third season at the helm ably supported by senior assistant coach Matt Ogilvie who has also taken on the newly created role of Women's Football Manager overseeing operations of the women's teams and also the youth girl's team as well. Brett Van Berkel will again lead the very talented youth girls team into another season where they will be also be looking for a third consecutive premiership in as many years.

This is a very exciting period for the club as they try to build and develop a pathway for female football within the club and also in Gippsland region. All teams will primarily play on a Sunday with competitions looking to start in late April or early May and it would be great to see some Marooners there to support the teams and watch some exciting football.

Matt Ogilvie - Woman's Football Manager

<u>Football Operations:</u> The season is now upon us and we have been working extremely hard to get all current and new footballers registered for 2017.

The Senior squad has just enough numbers at this stage due to some long term injuries, however, it is very pleasing to note that we have retained 90% of our thirds boys that are stepping up to senior ranks this season. At stage of writing, we have only received applications for (3) clearances, Michael Geary who didn't play in 2016, Matt Lewellin and Danny Campbell who are all going to Yinnar to assist former player Jaime Aitken who is the senior coach. We are very excited about some clearances for players coming to the club to replace Matt and Danny and this year. We welcome back to Traralgon FNC, Jay Neagle, Jordy Sandy and Ryan Burns. Although we are still negotiating Ryan's clearance, these three players will add strength, size and senior experience to our already talented squad.

Our Under 18 and Under 16 sides are also looking very strong and have been training extremely well under their new coaches. Grant Little is in charge of

the Under 18 squad and Kevin Foley has taken the job of coaching the Under 16's. There are some big strong lads amongst our juniors and with more development this season it stands the club in really good stead for the future.

All positions with regards to team managers have been filled but if anyone would like to get more involved, please don't hesitate to chat with the coaching staff or with Q.

Our main concern as a football department is too many people don't get out of their cars and offer to help the existing group of volunteers, some of which don't even have family playing in any of the sides. This has never been more evident than with the lack of trainers the club is seeing at present with the number dwindling over the past few years. Unfortunately this season we have Leah and myself with the help of Gemma McMahon when available to look after 4 football and 6 netball sides.

This is a plea for help, all you need to know is basic First Aid and we can teach you how to tape ankles etc. if you would like to learn these skills. Even help from parents to run drinks for each game would then allow us to attend to the injured players during the games. No-one gets paid as we are all volunteers, but without trainers, the player's welfare suffers and ultimately the club suffers. Due to high demand, AFL Gippsland will also be holding a second trainers accreditation course on Sunday, 9th April at Yinnar FNC. If you are interested and would like to attend, please register at:

https://membership.sportstg.com/regoform.cgi?forml D=68507l. The club will reimburse you the cost of the course. I am also arranging a Level (2) First Aid course to be held at the Fed Uni Traralgon campus on May 16th 23rd 30th and June 6th if anyone is interested in helping out. The club will also pay the cost of the course which is run over 4 nights (must attend all 4) on the dates stated from approximately 6 pm to 10 pm each night.

If you would like to help out or need more information, please contact Andrew (Q) Quenault on 0417015592 or via email at footyclub@bigpond.com or andrew.quenault@edr.net.au

See you all round one when we take on Wonthaggi at the Traralgon Rec Reserve. 'Go Maroons'

Andrew 'Q' Quenault - Football & Netball Operations.