Playing Formats

The table below summarises the national playing formats for boys and girls aged Under 6 & 7:

Goal type

It is preferable that pop-up style portable goals are used where possible however, the use of poles or markers as goals is also suitable.

To comply with Australian Safety Standards, portable goals must be anchored securely to the ground. The use of sandbags or pegs is recommended when using pop-up style portable goals.

For more information on Australian Safety Standards please visit the

Product Safety Australia website: [www.productsafety.gov.au](http://www.productsafety.gov.au).

Goalkeeper

There are no goalkeepers in AIA Vitality MiniRoos under 6 & 7. It is the responsibility of the Game Leader to discourage children from permanently standing in front of the goal.

Ball crossing the side line

There is no throw in. A player from the opposing team to the player that touched the ball last before crossing the touch line will place the ball on the touch line and pass or dribble the ball into play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.

Ball crossing the goal line

There is no corner kick. Regardless of which team touched the ball last, a player from the team whose goal line the ball has crossed will place the ball anywhere along the goal line and pass or dribble the ball into play. Opponents must retreat to the half way line and can move once the ball is in play. The ball must touch a team mate before a goal can be scored.

Offside

There is no offside rule in AIA Vitality MiniRoos under 6 & 7. Game Leaders should strongly discourage children from permanently standing in blatant offside positions.

Fouls and misconduct

Indirect free kicks are awarded for all acts of handball or fouls and misconduct. Opponents must be at least 5m away from the ball when the indirect free kick is taken. (An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal). Most acts of handball or fouls and misconduct at this level are caused by a lack of coordination, with no intent. In this case try and give the advantage to the attacking team and continue play. If you decide a deliberate or serious act of handball, foul or misconduct has occurred, explain to the child they have done the wrong thing and that they should not do this again. Free kicks should be awarded as appropriate.

Match results and points tables

The recording of match results should be conducted for the purpose of assigning teams to appropriate leagues, ensuring the most enjoyable experience for all players. Under no circumstances will match results be published publically by Member Federations, Local Associations or local clubs. Points tables are not applicable in Under 6 & 7 football and do not exist.

The number of players’ 4-a-side with no goalkeeper

Formation 1 – 2 - 1

Maximum of 3 substitutes

The field of play 30m in Length x 20m wide

Goal size 2m wide x 1m high

Ball Size - 3

Duration of the game 15 min halves

Minimum 5 min half-time break

Penalty area No penalty area required

### Under 8 and Under 9. 20 Minute Halves Playing Formation 1-3-3. Size 3 Ball

**5-12. 7 v 7 – including goalkeeper**

**Maximum of three substitutes who may rotate during the entire game.**

**The coach or parent is allowed to make the substitutions while the ball**

**Is in play, but must wait until the substituted player has left the field.**

**Goalkeeper**

**5-13. The goalkeeper is allowed to handle the ball anywhere in the penalty area.**

**To restart play after a save or gathering the ball with their hands, the ball**

**Must be rolled underarm or played from the ground with the feet, within 6 seconds. The goalkeeper is not allowed to kick or drop kick the ball directly from their hands. Opponents must be at least 5m outside the**

**Penalty area and cannot move until the ball is in play. The ball is in play once a second attacking players has played at the ball. The ball must be received inside the defensive third of the field (attacking team.) If ball is rolled or kicked outside the defensive third, play is stopped and the goalkeeper is to start play again.**

**Indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been**

**Deliberately kicked to them by a team mate.**

**Ball crossing the side line**

**5-13a Throw in.**

**Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hands and delivers the ball from behind and over his or her head. The thrower must not touch the ball again until it has touched another player. Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in.**

**Ball crossing the goal line after touching the defending team last**

**5-13b  Goal kick from anywhere within the penalty area. Opponents remain at least 5 metres**

**Outside the penalty area until the ball is in play. Game Leaders should not restart play until they are satisfied all opposition players are at least 5 metres outside the penalty area**

**And they cannot move until the ball is in play. The ball is in play once a second attacking player has played at the ball. The ball must be received inside the defensive third of the field (attacking team.) If ball is rolled or kicked outside the defensive third, play is stopped and the goal kick is to be taken again.**

**Corner kick. Ball crossing the goal line after touching the defending team last**

**5-13c A player from the attacking team places the ball inside the corner arc nearest to the point where the ball crossed the line. Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play when it is kicked and moves.**

**A goal may be scored directly from a corner kick.**

**Fouls and misconduct**

**5-14. Indirect free kicks are awarded for all acts of handball or fouls and misconduct. Opponents**

**Must be at least 5m away from the ball when the indirect free kick is taken. ( Indirect free kicks where a goal can be scored only if the ball subsequently touches another player before it enters the goal).For deliberate or serious acts of handball or fouls or misconduct in the penalty area, a penalty kick is awarded from an 8m penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5m behind the penalty mark**

**5-14a. Fouls and misconduct are:**

**• Kicks or attempts to kick an opponent**

**• Trips or attempts to trip an opponent**

**• Jumps at an opponent**

**• charges an opponent**

**• Strikes or attempts to strike an opponent**

**• pushes an opponent**

**• tackles an opponent from behind to gain possession of the ball**

**• making contact with the opponent before touching the ball**

**• holds an opponent**

**• spits at an opponent**

**• handles the ball deliberately**

**• plays in a dangerous manner**

**• impedes the progress of a player...**

**5-15. Field Of Play Dimension**

**Length: Forty (45) to fifty (50) metres**

**Width: thirty (35) Forty (40) metres**

**Goal Size: Height 1.8 metre. To two (2) metres**

**Width: two point five (2. 5) metres to three (3) metres**

**Penalty Area: Five (5) metres Depth 12 metres wide**

**Under 10 and Under 11 25 Minute Halves Playing Format 1-3-2-3**

**5-16a. There shall be nine players in a team, one of whom will be a goalkeeper.**

**Maximum of 3 substitutes who may rotate during the entire game.**

**The coach or parent is allowed to make the substitutions while the ball**

**Is in play, but must wait until the substituted player has left the field**

**Goalkeeper**

**5-17.The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be rolled underarm or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or drop-kick the ball directly from their hands. Opponents must be at least 10 metres outside the penalty area and cannot move until the ball is in play. The ball is in play once a second attacking players has played at the ball. The ball must be received inside the defensive third of the field (attacking team.) If ball is rolled or kicked outside the defensive third, play is stopped and the goalkeeper is to start play again.**

**5-17a. An indirect free kick is awarded if the goalkeeper touches the ball with his**

**Hands after it has been deliberately kicked to him by a team-mate.**

**Ball crossing the side line.**

**5-17b Throw in.**

**Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hands and delivers the ball from behind and over their head. The thrower must not touch the ball again until it has touched another player. Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in .Ball crossing the goal line after touching the defending team last**

**Corner kick. Ball crossing the goal line after touching the attacking team last**

**5-17c A player from the attacking team places the ball inside the corner arc nearest**

**To the point where the ball crossed the line. Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play when it is kicked and moves. A goal may be scored directly from a corner kick.**

**5-17d  Goal kick from anywhere within the penalty area.**

**Opponents remain at least 10 metres**

**Outside the penalty area until the ball is in play. Game Leaders should not restart play until they are satisfied all opposition players are at least 10 metres outside the penalty area**

**And they cannot move until the ball is in play. The ball is in play once a second attacking player has played at the ball. The ball must be received inside the defensive third of the field (attacking team.) If ball is rolled or kicked outside the defensive third, play is stopped and the goal kick is to be taken again.**

**Offside**

**5-17e All fields to have cones placed on sidelines at both ends 15 metres from goal line.**

**The offside rule applies in this area.**

**5-18. Indirect free kicks are awarded for all acts of: handball or fouls and misconduct. Opponents**

**Must be at least 5m away from the ball when the indirect free kick is taken. (Indirect free kicks a goal can be scored only if the ball subsequently touches another player before it enters the goal).**

**For deliberate or serious acts of handball, fouls or misconduct in the penalty area, a penalty kick is awarded from an 8m penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5m behind the penalty mark Fouls and misconduct.**

**5-19. Fouls and misconduct are:**

**• Kicks or attempts to kick an opponent**

**• Trips or attempts to trip an opponent**

**• Jumps at an opponent**

**• charges an opponent**

**• Strikes or attempts to strike an opponent**

**• pushes an opponent**

**• tackles an opponent from behind to gain possession of the ball**

**• making contact with the opponent before touching the ball**

**• holds an opponent**

**• spits at an opponent**

**• handles the ball deliberately**

**• plays in a dangerous manner**

**• impedes the progress of a player**

**5-20. An under 10 or under 11 team must have at least six (6) players to participate in a match.**

**5-21. Field of Play Dimensions**

**Length: Sixty (65) to seventy (70) metres**

**Width: Forty (45) to Fifty (50) metres**

**Goal Size: One point eight (1.8) to Two (2) metres high, and four point five (4.5) to five (5) metres wide maximum.**

**Centre Circle: Five (5) metres**

**Penalty Area: Five metres (5) deep and twelve (12) metres width**

**Substitutions**

**5-22. The interchange format will apply**