



Basketball SA presents the

FUTURE FORCES BASKETBALL CAMP

Elevate your game! This camp is for both boys and girls aged 8 – 16



Camp Head Coach: *David Ingham*

David is the current State High Performance Manager and has extensive coaching experience having been an NBL Head coach previously and has International experience overseas in Qatar and China.



Sponsored by:



Strength and conditioning for Elite level athletes is a major part of today's game, all camp participants will learn from Scott Condon and his Fitness Habitat team. Scott has a background in developing elite level athletes, he will assist all campers with ways to elevate their game and work at their peak.



Register with MARS

P 83632966

E mars_sc@aapt.net.au

Other coaches include State and NITP Coaches, along with NITP Squad members.

Our main points of emphasis with this camp will be correct shooting and ball handling technique. Other skills and aspects of the game covered will be:

- Game situations to improve game performance
- Guard & Post player specific sessions.
- Unique drills used by the Australian National team program

MVP & All-Star 5 teams awarded, along with prizes and giveaways for all participants. A camp experience like no other! Not to be missed. Register today to reserve your spot.

Monday 13th – Tuesday 14th July 2015
10.00am – 4.00pm each day
Camp cost \$75 for both days