

Corio Bay Basketball Association Inc ("CBBA")

Corio Bay Stingrays Junior Representative Basketball Program ("Stingrays")

Stingrays Team Selection – 2016-17 Representative Season

Congratulations on your selection to represent the Stingrays and the CBBA.

The Stingrays Coaches and Selection Panel greatly appreciated your interest and willingness to compete and develop your skills.

Your position is subject to you and your parent/legal guardian reading The Stingrays Players and Parents Information Pack and returning the signed and completed 'Player Acknowledgment & Acceptance Forms' and 'Parent/Legal Guardian Acknowledgment & Acceptance Forms' to your team manager. You are also required to complete the Player and Medical Information Form and return that to your Team Manager.

It is very important for *ALL* Players and Parents to READ and UNDERSTAND the requirements and expectations of families who enter into this program.

Please also note the following important milestones:

| Date | Milestone |
|-------------------|--|
| 19 September 2016 | Teams are announced |
| 26 September 2016 | You need to accept our offer of a position by 26 th September 2016 online via Sports TG, and pay a non-refundable deposit of \$100. If you choose to you may pay the full \$375 registration fee at this time. |
| | Failure to make the minimum \$100 deposit by 26 th September 2016 will constitute a rejection of our offer and your position will then be offered to another player. |
| 3 October 2016 | The balance of the registration fee of \$275 is payable in full by 3 rd October 2016. |
| | Payment of \$275 is to be made via direct credit to NAB account BSB: 083-625 Acct No: 59-324-5264 . Please include player name and team in transaction details or alternatively email receipt to Joanne Lad at joanne.lad@bigpond.com . |
| | Failure to pay the balance of \$275 by 3 rd October 2016 will constitute a rejection of our offer and your position will then be offered to another player. |

If you require a payment plan for the balance of the registration fee, then please contact Joanne Lad prior to 3 October 16.

Finally but importantly, we would ask that you show sensitivity when dealing with other players who attended try-outs but were unsuccessful in being selected in a Stingrays team for 2016-17.

I wish you and your Stingrays team every success in the 2016-17 season.

Yours sincerely

Di Fersyth

Di Forsyth President Corio Bay Stingrays Junior Representative Basketball Program



Corio Bay Basketball Association Inc ("CBBA")

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STINGRAYS PLAYERS AND PARENTS INFORMATION PACK (2016-17)

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1. Welcome

The Stingrays is the representative basketball program of the CBBA. The Stingrays Teams are chosen from the best players in the CBBA competition

The Stingrays participate in the Melbourne United Victorian Junior Basketball League ("MUVJBL") which is Australia's largest junior basketball competition. Games are played on Friday nights and each week over 1,000 teams compete.

Many of Australia's top basketball players graduated from the MUVJBL. e.g. Matthew Dellavedova, Andrew Bogut, Penny Taylor.

The aim of the Stingrays is to:

- 1. Provide an opportunity for all registered players in the CBBA to represent the Stingrays
- 2. Develop the skills and abilities of players to enable them to compete at the highest level possible.
- 3. Provide role models and positive character examples to assist in a players' personal development.
- 4. Provide a framework of support (Administration, Education & Coaching) for the realisation of a player's potential.

Selection in the Stingrays program is a significant achievement and parents and players should recognise that participation in an elite basketball program is a major commitment of time, effort and money and that there is no guarantee of significant court time.

2. Stingrays Vision Statement

The Stingrays Vision Statement is:

"Fostering an elite, individual, development pathway for players and coaches".

Stingrays provides high level training in skills development, court strategy and tactics, and physical fitness and encourages the qualities of teamwork, respect, discipline, fair play and hard work.

Stingrays may host two (or more) teams in those age groups where it is considered appropriate. The actual numbers selected at each age group will be determined by the Team Coach in consultation with the Coaching Panel.

The following criteria will be taken into consideration by Coaches when selecting players / teams.

- Player's attitude, effort & desire
- Player's individual skill level
- Player's availability for games and all other representative commitments
- · Player's potential for development

NB: The Stingrays is strongly focused on player and team development. Players are selected with development as our main priority. Players selected are not necessarily the 'Best' in their age group but have the potential to improve.

3. Stingrays Codes of Conduct

The Stingrays supports and requires total adherence to the Basketball Victoria ("BV") Codes of Conduct for players, coaches, officials, spectators and parents.

You can learn more about BV Codes of Conduct at http://basketballvictoria.com.au/wp-content/uploads/2016/02/BV-ALL Codes of Conduct.pdf

Stingrays representatives' conduct and language should be above reproach.

A breach of the Code of Conduct or any conditions of the Stingrays Player Agreement may result in disciplinary action, by the Stingrays Committee or VJBL, such as suspension, team omission or deregistration (individually or team).

4. Stingrays Player Eligibility

To be eligible to compete in the CBBRP a player must be:

- a) A registered player in their own age group of an affiliated Club of the Corio Bay Basketball Association ("CBBA").
- b) To be of correct age as of the 31st December in the following year.

5. Stingrays Team Rules

Stingrays players are always expected to exhibit the highest levels of sportsmanship in order to retain the right and honour of wearing a Stingrays uniform and representing the club.

The following team rules are for every Stingrays team. The rules accord with the qualities that the Stingrays expect of everyone associated with our basketball program.

If you are unable to or unwilling to commit to these rules then you should reconsider whether you wish to be part of the Stingrays.

1. TEAMWORK is an essential attribute for a Stingrays player

Great team players understand their role in the team and sacrifice their own ambitions for the team. They always encourage their team mates and never criticise them.

2. A Stingrays player always shows RESPECT.

Respect yourself, your coaches, your team mates and referees at all times.

We will not produce sore losers or bad winners and players will be encouraged to respect the opposition at all times. Players will also treat referees with respect by not yelling, complaining or gesturing after a call. Players will treat the coach with respect by coming to training and games with a positive attitude at all times.

3. Stingrays players have great DISCIPLINE.

Poor behaviour, either on or off the court, will not be tolerated.

4. FAIR PLAY is a hallmark of a Stingrays player

Stingrays players will always play by the rules.

5. Stingrays players understand that HARD WORK is essential to being successful.

Stingrays players are expected to always give 100% both at games and training. Stingrays players are expected to attend all training sessions and games.

Please note that any players who suffer injury or illness during the season will be expected to prove their fitness prior to taking the court on return.

The Stingrays Committee may request medical clearance prior to being allowed to train or play as the long term health and wellbeing of the player must take priority over all other considerations.

6. Stingrays Training Rules

Players who are selected for the Stingrays **must** make a commitment to attend each and every training session as arranged. Players are generally required to attend two training sessions per week. These will be held on Sundays and one night during the week. You will be advised separately of which week night you will be training and at what venue(s).

Players are expected to be at training and ready at least ten (10) minutes prior to starting time, in their reversible training singlet unless otherwise directed by their coach.

Injured players (non-serious) are expected to attend training sessions and home games to maintain team involvement unless excused by the coach.

Players who fail to attend without being excused by their coach may be disciplined. Repeated incidents may see the player risk their place in the Stingrays.

7. Stingrays Court Time Philosophy

Court Time and the Three A's

Court time is an issue that all parents and player are concerned with. A player's time on the court is based on what we refer to as "The Three A's". They are Attendance, Attitude and Aptitude. Playing time is earned and not granted. A spot on a Stingrays team and consequential court time is a privilege, not a right.

Attendance: – Attend every practice. Prepare or practice to play at each player's and our teams highest level. Sacrifices will have to be made to have a good practice. Enthusiasm is a must. Regardless of whatever happened off the court on that particular day. Playing time will be adjusted due to missed practice time. Attend every game and be prepared to give 100% effort in whatever role is given to you. Those roles could change from being a high-scoring starter to a defensive specialist to bench player who needs to support those currently on the floor. All of those roles are very important to your team's success.

Attitude: - Show respect in tone of voice, body language, reaction to instruction and facial expressions towards coaches, officials, opponents and team mates. Maintain a high level of effort at home, in the classroom, and then match that on the court. Coaches are not there to coach effort and concentration. They are there to coach basketball.

Aptitude: - Aptitude is the skill and knowledge of the game and of what the team is trying to accomplish and of each player's abilities in those areas that relate to the success of the team.

Examples include:

- Knowledge of our offence, defence and what to do in particular game situations,
- Ability to listen and follow instructions,
- Level of physical conditioning (speed, quickness, endurance, strength, etc.)
- Key basketball skills 1. Play defence, 2. Avoid turnovers, 3. Take good shots, 4. Box out and rebound, 5. Intensity and desire to obtain loose balls.

8. Stingrays Defensive Philosophy

Stingrays recommend that all coaches teach their players the basic fundamentals of good manto-man help and recover defence and play it exclusively. The reason for this request is that manto-man defence creates a better environment for the player to learn the basic fundamental concepts and skills of the game at the defensive end. If a player can adequately play a man-to-man defence, he/she can quite easily learn to play a zone defence strategy at a later time in his/her career. When the learning process is reversed, you can often create lazy defenders who struggle to grasp the work involved with a man-to-man defence.

This philosophy also instils into each individual player a pride and passion in their individual; defence, making them a valuable contributor to the team, regardless of their offensive capabilities and contribution. Good man-to-man defence is built on four building blocks, these are: Stance, Position, Vision and Talk.

9. Stingrays Offensive Philosophy

Stingrays insist that all coaches teach the basic principles of offence by employing a motion offence with the overriding principles of "If & Then / Read & React" and "playing you man".

This can and does include principles of "5 out", "4 out, 1 in", motion and some "3 out 2 in" motion in the older age groups.

Motion offence is regarded world-wide as the best practice for teaching young players offensive principles of play.

It is adopted as the primary team offence of Basketball Australia's elite junior development program, the National Intensive Training Centre Program and is standard in the majority of youth development programs internationally.

The advantages of teaching young players the motion offence are:

- Teaches players offensive principles of play that can be adopted in any offensive system,
- Encourages multi-skilling if players and teaches players multiple positions on the floor,
- Promotes unselfish play,
- Fun to play for your players
- Avoids "pigeon holing" players into positions at a young age,
- Promotes an understanding of reading and reacting to the defence,
- Difficult to "scout" or restrict defensively,
- Allows for versatility and flexibility,
- You do not need 10 players to learn and work on your offence under pressure. Players can earn the basic principles playing 1 on 1, 2 on 2, 3 on 3 and 4 on 4.

10. Stingrays Season and Tournament

The Stingrays participate in the MUVJBL with games played on Friday nights. Games are played in Geelong and Melbourne. Grading games commence in November with the season proper commencing in February and concluding in August/September. Please note that players/parents need to make their own travel arrangements to away games.

The MUVJBL incorporates competitions conducted state-wide and provides the highest level of junior competition in Victoria. MUVJBL boasts 1248 representative teams from 54 associations across Victoria. In the last MUVJBL calendar year they scheduled 14,549 games across 78 venues and had 11,934 registered players participate.

The competition includes the U12 to U20 age groups, in a graded structure from Victorian Junior Championship League to the Regional Competition.

The Victorian Junior Championship League serves as a benchmark for excellence in competition and is the premier competition for junior teams nominated by affiliated associations.

The aims of the MUVJBL are to:

- provide a stimulus for associations to develop teams to the highest competitive level
- provide a format that best promotes the high standards of basketball in Victoria
- provide a relevant step in career paths from domestic basketball through to state,
 national and international level
- extend the opportunity to players, officials and spectators to participate in and attend high-quality competitions

Stingrays teams will also compete in at least one tournament during the season, which are exclusively played on weekends and a number of long weekends. Player/Parent availability for these tournaments is critical to the team's successful development, and is a pre-requisite for selection.

11. Stingrays Awards and Recognition

A **Most Valuable Player (MVP)** for each team will be determined by the allocation of 3-2-1 votes for each round of the VJBL season. The Coach together with the Team Manager will determine who will allocate the votes each week. Where possible, and to ensure independence, it is suggested that you seek the support of the opposing team to determine the votes.

Please note that there can be joint winners of the MVP.

There will also be a **Coaches Award** given to one player in each team as decided by the Coach.

Please note that there can only be one winner of the Coaches Award per team.

12. Stingrays Financial Commitment

There are a number of costs associated with the operation of a basketball program such as the Stingrays. These costs include but are not limited to VJBL entry fees, match fees, stadium entry, training facilities, uniforms, trophies, tournament entry fees, coaching seminars, general expenses, etc.

An estimation of the costs that you are liable for is included below:

- Registration The annual Stingrays registration fee is \$375 per player. Please note that you are also required to be registered with CBBA and that a separate registration fee is payable to CBBA. The current CBBA registration fee is \$70.
- Game fee The weekly game fee will be at the discretion of each individual team but as a guide you should expect to pay a minimum of \$10 per player each week.
- Stadium admittance All stadiums charge entry fees on Friday nights and these are approximately \$3 per person.
- Compulsory Stingrays Uniform the final cost for season 2016/17 has not yet been finalised but as a guide you should expect to pay a minimum of \$160 per player.
- Tournaments Your team may play in other tournaments throughout the season. The Stingrays program will cover the cost of entrance into one tournament. Subsequent tournament entry will need to be met by the individual team. You may also be required to meet accommodation and other incidental costs.

To assist with the costs of the program you may seek individual player sponsorships. Application forms to assist with individual player sponsorships are available from our website.

N.B. No player is permitted to play for a Stingrays team unless their Registration fee has been paid in full by the due date.

Any player seeking financial assistance should contact Treasurer, Joanne Lad at joanne.lad@bigpond.com prior to the due date for any fees.

The Stingrays Committee may suspend players if fees remain outstanding.

THERE ARE NO REFUNDS OFFERED FOR THE PLAYER REGISTRATION FEE.

13. Stingrays Parental/Family Support

To be able to field a side each week requires player's parents/family members' support. Their support will be required to transport players to games as well as being rostered on to score or be support scorer throughout the season.

A pivotal role that we will seek a parent/family volunteer to undertake is that of Team Manager. The Team Manager is the liaison between the supporter group and the coach. Other roles that the Team Manager is responsible for includes:

- Distribution of game day and other information,
- Collection of weekly game money and payment of the team sheet,
- Completion of the Team Sheet
- Game day water bottles
- Tournament entry

14. Stingrays Dispute Resolution Process

Note that the following procedure where practicable must be followed before the Stingrays Committee will act on any complaints.

All non-playing disputes or complaints should be referred to your Team Manager in the first instance. If this is not appropriate, the matter should be referred in writing to the Stingrays Coaching Panel who will take responsibility for handling the dispute or complaint.

Matters relating to playing and training MUST be first discussed with the Team Coach at the coach's earliest convenience & discretion. Approaching a coach regarding playing/training issues is not to be done pre or post-match/training. You should contact the coach outside of game/training times to arrange a mutually convenient time to meet.

If disputes, complaints, breaches or similar issues are unable to be resolved in these instances the following procedure will be adhered to:

- A member of the Coaching Panel must be contacted or notified in writing of the details of the dispute, complaint or breach of code of conduct as soon as practicable.
- Under the discretion of the Coaching Panel the issue or dispute will attempt to be resolved amicably according to the seriousness of the situation by giving due consideration to all persons involved. If it cannot be resolved at this stage, it will be referred to the Stingrays Committee
- The Stingrays Committee will then convene at the earliest possible time to discuss the matter in question to determine an outcome
- To the best of their ability, any decision made in these circumstances by the Stingrays Committee will be made with the best interests of all parties concerned; however the interests and protection of the Stingrays is of the highest priority and should not be compromised.
- Warnings may be given to players, parents or officials in these circumstances, where appropriate, however depending on the seriousness of the situation only the Stingrays Committee retains the authority to administer heavier penalties such as suspensions or

instant dismissal from the Stingrays where the Stingrays Committee deems such response necessary.

15. Stingrays Photography and Video Policy

The Stingrays Photography and Video Policy has been formed with regard to BV policies on Photography and Privacy refer http://vjbl.com.au/policies/

The Stingrays will permit photographing or videoing for the purposes as outlined in the BV policy.

The Stingrays will:

- take all reasonable precautions to ensure that when photographs/videos are used, that they will not include identifying information
- never give out personal information about the player. This includes Surname, Address, and Telephone Number etc.
- take every step to be very careful with the information that we utilise.
- advise referees or coaches wishing to video games for training or evaluation purposes, that they should advise the opposing team of the intention to do so prior to the game.

16. Useful Links

If you would like to learn more about the Stingrays or CBBA then please visit

- https://www.facebook.com/coriobaybasketball
- http://www.foxsportspulse.com/assoc_page.cgi?c=1-7333-0-0-0

or contact the club at:

• <u>stingraysp@coriobaybasketball.com.au</u>

DID YOU KNOW THAT STINGRAYS HAS ITS OWN APP?

Download our awesome new app and stay up to date with all the latest Stingrays Information.

- 1. Download Team App from the Apple or Google Play app store
- 2. Sign up to Team App
- 3. Log into the App and search for Corio Bay Stingrays Junior Rep
- 4. Choose your applicable access group



For more information about MUVJBL then please refer to http://vjbl.com.au/

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Corio Bay Stingrays Junior Representative Basketball Program

PARENT/LEGAL GUARDIAN ACKNOWLEDGMENT AND ACCEPTANCE FORM

| I/We | |
|---------------|---|
| Ackı | nowledge and agree to abide by all the conditions as outlined in this Parent/Legal Guardian nowledgment and Acceptance Form and evidence this by signing and returning this document to the grays Committee. |
| | |
| Pare | ent/Legal Guardian Indemnity and Acknowledgment: |
| of th | onsideration of your acceptance of my Child in the above team I/we agree to indemnify representatives e Stingrays/Stingrays Committee/CBBA from and against any claim for damages which may arise their participation in any activity or function connected with the team preparation, training or game edule. |
| any appr | e further authorise representatives of the Stingrays/Stingrays Committee/CBBA that, in the event of accident or illness, to obtain all necessary medical assistance and hospital accommodation as is opriate. In the event that my child requires operative treatment, I/we authorise you to sign any release is on their behalf acting on proper medical advice. |
| acco treat | e hereby agree to indemnify you against all such Doctors fees, Ambulance fees, Hospital ommodation and any other associated expenses which may arise from the provision of medical timent and I/we further agree to indemnify you against any claims which may be brought as a result of provision of that treatment. |
| <u>Pare</u> | ent/Legal Guardian Undertakings (please evidence your acceptance by ticking each box) |
| | I/We have received a copy of, and I/We have read the Stingrays Players and Parents Information Pack (version date 25 August 2016) |
| | I/We agree to abide by the rules set out in the Stingrays Players and Parents Information Pack |
| | I/We will always encourage my/our children to participate for their own interest and enjoyment, not mine/ours. |
| | I/We will always encourage children to play by the rules |
| | I/We will always teach children that an honest effort is always as important as a victory |
| | I/We will always focus on developing skills and playing the game |
| | I/We will always applaud good play by all teams |
| | I/We will not criticise my/our child or others' children in front of others |
| | I/We will always accept decisions of all referees as being fair and called to the best of their ability |
| | I/We will always set a good example by my/our own conduct, behaviour and appearance |
| | I/We will always support all efforts to remove verbal and physical abuse from sporting activities |
| | I/We will always respect the rights, dignity and worth of every person |
| | I/We will always show appreciation for volunteer coaches, officials and administrators |
| | I/We will always keep children in my/our care under control |
| | I/We understand that court time is not a given and must be earnt. |
| | I/We will always deal with any dispute as per the Stingrays Dispute Resolution Process |
| | I/We will support necessary volunteer and fund raising activities |

| De | <u>Declaration:</u> | | | |
|---------------|--|--|----------------------------|----------------------|
| | I/We understand the time and costs associated with playing basketball within | the Stingra | ys pro | gram. |
| $\overline{}$ | I/We agree to pay all fees by the due dates and acknowledge that I/we am/ar refund of monies paid to the Stingrays if I/we withdraw my/our child from the | re not eligible | e for a | any |
| | I/We that my/our child must also be registered and playing in a CBBA comperegistration fee is payable to CBBA. | | • | |
| | I/We warrant that my/our child will behave in a reasonable and appropriate measure and control of the Stingrays and I/we acknowledge that in the event that behave in such a manner then the child may at your absolute discretion be we I/we further acknowledge and accept that the Stingrays Committee may at its thereafter ban or suspend the child from further competitions for such a period absolute discretion may deem appropriate. | my/our chile rithdrawn fro absolute di | d does m the scretic | s not team. on |
| | I/We agree to maintain the confidentiality of matters between me/us as a Stinguardian and the Stingrays Committee at all times. | igrays parer | ıt/lega | ıl |
| | I/We agree that where necessary the Stingrays may provide my personal inf Junior Basketball League, Basketball Victoria or Basketball Australia. | ormation to | the Vi | ctorian |
| | I/We understand that the personal and medical information provided on this f Registration, Insurance and Participant/Stingrays/Team Management purpos injury/illness. | | | |
| | I understand that if I do not provide the information requested on this form, the able to process my registration and I may not be eligible to participate in the state of the | | | |
| Sig | ned: | | | |
| Par | rent/Legal Guardian: | _ Date: | _/ | _/ |
| Signed: | | | | |
| Pai | rent/Legal Guardian: | _ Date: | _/ | _/ |
| | | | | |
| | | | | |

Corio Bay Stingrays Junior Representative Basketball Program PLAYER AND MEDICAL INFORMATION FORM

| Player Details: | |
|--------------------------------|------------------|
| Full Name: | |
| Address: | |
| | Post Code: |
| Phone Contact No. | Email: |
| Date of Birth:// | Age (Yrs/Mths):/ |
| | |
| | |
| Parent/Legal Guardian Details: | |
| Full Name: | |
| Relationship to Player: | |
| Address: | |
| | Post Code: |
| Phone Contact No. | Email: |
| | |
| | |
| Parent/Legal Guardian Details: | |
| Full Name: | |
| Relationship to Player: | |
| Address: | |
| | Post Code: |
| Phone Contact No. | Email: |

Corio Bay Stingrays Junior Representative Basketball Program PLAYER AND MEDICAL INFORMATION FORM

Player Medical Information:

| | r child suffer from any medical condition which may require treatment? ndicate treatment and / or attach any relevant action plans |
|----------------|---|
| Details: | |
| | |
| (b) Is your ch | ild covered by private health insurance? If yes, please give |
| Provider: | Membership No: |
| (c) General F | Practitioners Name: |
| Address: | Phone No |
| | No: |
| (e) Do you ha | ave Ambulance cover? If yes please give |
| Membership N | No: |
| Ambulance t | ys & CBBA strongly recommends that all players be covered for ransport. Any charges associated with ambulance transport will nsibility of a player's parent(s)/legal guardian(s)) |
| • | ild currently on any medication, or is there any other medical history our Child which may assist us? If YES: |
| Details: | |
| | |
| | |

Corio Bay Stingrays Junior Representative Basketball Program PLAYER ACKNOWLEDGMENT AND ACCEPTANCE FORM

| Pla | yer: Date:/ |
|------------|---|
| Sig | ned: |
| | I understand that if I do not provide the information requested on this form, the Stingrays might not be able to process my registration and I may not be eligible to participate in the Stingrays' program. |
| _ | I understand that the personal and medical information provided on this form will be used for Registration, Insurance and Participant/Stingrays/Team Management purposes and in the event of injury/illness. |
| _ | I agree that where necessary the Stingrays may provide my personal information to the Victorian Junior Basketball League, Basketball Victoria or Basketball Australia. |
| - | I agree to pay all fees by the due dates. I agree that this Stingrays sporting commitment will be my priority for the year I agree to maintain the confidentiality of matters between me as a Stingrays player and the Stingrays Committee at all times. |
| <u>Pla</u> | yer Declaration: |
| | I will always control my temper I will always work equally hard for myself as well as my team I will always be a good sport I will always treat all players as I would like to be treated I will always play for the "enjoyment of it" and not just to please parents and coaches I will always respect the rights, dignity and worth of every person I will be prepared to lose sometimes I will always listen to the advice of my coach and try to apply it at practice and in games I will always respect the use of facilities and equipment provided I will attend every training session and game, unless excused by my coach. I understand that court time is not a given and must be earnt. |
| | I agree to abide by the rules set out in the Stingrays Players and Parents Information Pack I will always conduct myself in a manner that supports and enhances the Stingrays brand I understand the rules of basketball and will always play by them I will always respect referees and other officials |
| _ | I have received a copy of and I have read the Stingrays Players and Parents Information Pack (version date 25 August 2016) |
| this | de by all the conditions as outlined in this Player Acknowledgment and Acceptance Form and evidence by signing and returning this document to the Stingrays Committee. yer Undertakings (please evidence your acceptance by ticking each box) |
| ١ | (players full name), acknowledge and agree to |