



Basketball NSW State Performance Program (SPP) Expression of Interest - 2016/2017

Athlete Contact Details

Athlete Name: _____
Residential Address: _____
Post Code: _____
Parent/Guardian Name: _____
Contact Number: _____
Email Address: _____

Athlete Profile

Gender: _____
Date of Birth (DD/MM/YYYY): _____
Height (cm): _____
Weight (kg): _____
Position (PG/W/F/C): _____
Home Association & Current Team: _____
School Attending & Current Team: _____
Name/Contact Details of coach from association or school: _____

BNSW Registration Number: _____
Uniform Size (Please complete what's applicable to you)
Women (8/10/12/14/16/18): _____
Men (S/M/L/XL/XXL): _____

Questionnaire

Why do you want to be a part of the State Performance Program?

What does it mean to you to represent your state?

What are your basketball goals moving forward?

State Performance Program commitments

The 2016/2017 State Performance Program cycle begins in October and runs through to August, excluding school holidays.

Successful applicants who chose to accept an invitation to the State Performance Program will be committing to the following:

NSW Metropolitan

- Weekly on-court session and strength & conditioning session in the afternoon at a predetermined central venue (TBA).
- A cost of \$600 per athlete applies for involvement in the SPP which off-sets the cost of live-in camps, uniform, and strength & conditioning program.

NSW Country

- Weekly session with an approved SPP Network Coach
- 4 scheduled Regional Hub Camps (one day mini camp with athletes in your geographic region; North, West, South).
- Completion of weekly take-home strength & conditioning program.
- A cost of \$500 per athlete applies for involvement in the SPP which off-sets the cost of live-in camps, uniform, and strength & conditioning program.

Both

- 3 live in camps at a central venue in NSW.

I have read the above commitments and understand that if I am invited and choose to accept my position in the State Performance Program, I will be required to adhere to all of the above commitments.

Athlete Signature

Parent/Guardian Signature

Dated: ____/____/____

Dated: ____/____/____

Completed Forms

Email to racheal.cadee@bnsw.com.au, or

Mail completed form to Coaching & Development, Basketball NSW, PO Box 198,
Sydney Markets, 2129

For Further Information

Contact Shaun Roger on 8765 8555 OR shaun.roger@bnsw.com.au

