



## Finals, Mad Monday and Preso



It's the business end of the season so clear out your calendars for the main events! First cab off the rank, Seniors take on ADFA this Saturday to get into the GF. Get your blue and white on and get around them!

### Saturday 29 August

-2:15 ANU Seniors vs ADFA in Preliminary Final @ Gungahlin Enclosed Oval

### Saturday 5 September

-10:30am GRAND FINAL DAY @ Gungahlin Enclosed Oval, Ressies kicking off at 10:30am

### Monday 7 September

-9am Mad Monday @ South Oval

### Friday 18 September

-7 for 7:30pm ANUAFC Presentation Night

## Prelim against the old enemy!

Saturday August 29, 2015

-2.15pm: ANU Seniors take on ADFA Rams at Gungahlin Enclosed Oval.



# Determined Lady Griffs never give up

\*By Jimbo



## Semi-Final- ANU: 3.0.18 def. by Molonglo Juggernauts: 10.6.66

What a year it has been. Flicking through the 2015 season guide I count 23 listed ANU Women's footballers, including six players who didn't even pull on the Griffins' jersey. This figure doesn't tell the whole story, however it goes a long way to explaining how we managed to field a squad of 20 for our only finals appearance this year. It took tireless work from Creany in the background to convince three more players into playing on Sunday, after seven girls found better things to do.

Two great sessions down at South meant we had the opportunity to practice the midfield setup and maintaining possession in anticipation of the wide expanses of Gungahlin Exposed (sic) Oval.

Despite winning the majority of the clearances, the lady Griffs were up against a determined Molonglo outfit, who managed a meagre return of five behinds for 20-odd inside 50's in the first 15 minutes of the game. From here onwards the score began to tick over more readily, the midfield combination of Roy, Hutch, Dellar, Chow and Burgess started to hum with some outstanding defensive work and drive, handing Jenny Church an outstanding overhead pack mark. Churchy claimed the stellar mark for all to see and converted cleanly whilst the Molonglo defence threw everything at her.

The 2nd quarter belonged to Molonglo, with the exception of a running Dellar who was on the end of a great kick from Sarah Browne to convert our second goal against the tide.

After half time the defensive unit regrouped as they have done all year, with Nads cleaning up and Maddie taking some great intercept marks. The third quarter was all tied up with one goal apiece, Ali Campbell took another overhead mark right in the goal square to give the girls some hope of a late charge.

But it was simply too much pressure riding on their shoulders, Molonglo ran away with it in the last quarter. The lady Griffs can hold their heads high after grinding out the match with their never-give-up attitude. From a coaching perspective, it was pleasing to see everyone making a solid contribution during the game with Hutchy and Dellar the pick of the bunch and Jenny Church the late bloomer taking home the pewterware down at the Hellenic.

## Local and experienced



LONG before Tim Robb was tearing up forward lines for ANU and kicking bags of 10, his father Gary Robb was getting the job done for the Griffs from the midfield.

A former ANU Best and Fairest winner (1975) and tenacious centremen, Gary also brings nearly four decades of legal experience to the Griffins' family, specialising in conveyancing and personal injury litigation.

Gary previously ran his own very successful plaintiff firm in Canberra for 22 years before joining the team at Hill & Rummery in 2013.

With what seems like 400 years of experience, this North Melbourne fan fights the good fight in all areas of personal injury litigation as well as contractual and commercial disputes.

And he can help Griffins players who are buying or selling property to negotiate their way through property law, as well as offering legal advice on workplace accidents and personal injury.

"We're a general practice firm at Hill and Rummery, but we specialise in NSW and ACT conveyancing and personal injury," Gary says

"We offer the Griffins playing group their first interview free for all matters, and then discounted fees in conveyancing."

Gary can help you with: Personal Injury Litigation; Conveyancing; Commercial Leasing and disputes; Sports Law; and naming every North Melbourne premiership, premiership captain and premiership player.

Contact Gary Robb on 6248 9188 or email him at [garyrobb@hillrummery.com.au](mailto:garyrobb@hillrummery.com.au).

# Mighty Magoos stick it to Harman, win GF spot



**\*By Johnny Mitch**

**Semi-Final: ANU Reserves def. Harman Hogs, 11.16-82 to 3.7-25**

A typically relaxed and free spirited 2nd grade outfit went in confident against the hairy and rotund men from Harman knowing that our best was good enough to get the job done and see us through to the GF. The first surprise of the morning came when the well-dressed Mr Whittaker went to throw a bunch of rags and old footy gear that had been left in the corner of the change room into the bin only to discover that this was actually Duke having a pregame sleep. when questioned about this he revealed he'd "had a busy week and therefore only had time to foot wash his gear in the bottom of the shower that morning. "He then realised he had forgotten one of his newly cleaned socks (one not two) and had to borrow Hutchy's. Dunc, while out injured, still showed his value to the team by checking with Duke if it was his left or right sock that he'd forgotten.

The Griffs kicked with the aid of a decent breeze in the first quarter (one of the skippers few contributions on the day) and while it took us a little while to make best use of the conditions "I'm just resting my eyes" Tuan and "I need to get a second set of keys cut" Robb ensured we were up at quarter time (Editor's note 75.6% of words used already and it's only quarter time)

The second quarter was (in this correspondents view) the match winning quarter for the Griffs. Harman, despite the help of the breeze was only able to kick the solitary goal, which was quickly matched by Sam Scotton's floater at the other end that defied the standard laws of physics. Seriously though, the back six and midfield consistently killed the ball and laid tackle after tackle to frustrate the domesticated swine. There were at least 30+ stoppages that quarter and Nick and Spence were always able to answer the bell in the ruck, while T. Helman and the exaggerated vet chiselled jawline of Tom O'Conner made sure that the Harman runners were having no impact on the game.

This hard work in the second quarter paid dividends in the third, with the Griffs kicking six goals (which should have been 7, thanks Bernie) to one to open up what turned out to be an unassailable lead, forcing the Harman boys to cancel their proposed Laser tag/light beer tasting party that they had planned for this weekend. It was an extremely well fought game with pressure on the ball carrier a real highlight for the Griffs. Coach Robb when addressing the media throng after the game kept a lid on things by physically sitting on the lid that was holding in the things.

# Willing #Seniors unit still fighting despite #semifinal loss



**\*By Greg Oberscheidt**

**Semi-Final: ANU Seniors def. by Woden Blues, 7.9-51 to 12.7-79**

#SemiFinal

#ANUvsWoden #footypark #underdogs #timetoshine #fitnesstests #fullstrength #opportunity

#1stqtr #allgunsblazing #dominatingthetats #tacklinghard #runninghard #jobbsykillingitatgroundlevel  
#singlesleakingclaret #sloppyentries #3.5 #shouldbefurtherinfront #rewardforeffort #justthroughthebigsticksthanks

#2ndqtr #startedabitflat #didyouseethatfarkingbouce? #cheapgoalsoverthetop #panicatthedisco #riskyburningtheturf  
#whatwasthat? #9inside50'sforonescoringshot #schittysgottheshits #remainscalmandcollected #supercoach  
#stillrightintheframe #needtobounceback #finishyourbreakfast

#3rdqtr #premiershipqtr #makingAKworkforitbehindtheball #buttsbeltingin #crawinform #workinghardforthemoney  
#didthemissthat? #bullshit #Bish #surelynot #yeahright #thathurts #hesnotrobinsoncrusoe #longwaybackfromhere

#4thqtr #upandabout #needtotakeeveryhalfchance #creatingopportunities #buggeringthemup #toolittletoolate  
#notgoodenoughontheday #focusonthe positives #Jobbsoutstandingintheruck #creativehandball  
#AKdominatingbehindtheball #justtakeitonabitmoreson #singleslookliketruck #hahahahaha  
#setshotkickingcantgetanyworse #ifitbleedswecankillit

#weveearnedasecondbite #ANUvsADFA #doyouknowwhatnemesismeans? #wouldnthaveitanyotherway

#preliminaryfinal #gunahlintowncentre #2.15.Sat.29thAugust

#getaroundus #weneedyoursupport

**#PRYDE**



# Griffins in profile

## Laura Lehany

**Nickname:** *Lau/ Lehanes. In a previous life some called me Le'Heinous.*

**What's something your fellow Griffs might not know about you?**

*I just started studying Physio (and it's rad!)*

**What do you like to do when you're not pulling on the blue and white for the Griffs?**

*I've been giving mountain biking a whirl and trying to learn to surf (by trying - I mean attempting once per year)*

**What's something you're looking forward to this year?**

*Some +15c weather and beach times*

**What's your favourite footy memory?** *The Tiger's wins against Freo and Hawthorn this year were pretty pleasing.*

**Who's your Griffs hero?** *Actually every single Lady Griff - bunch of champions.*

**As a child I was...** *A mess.*



## Spencer Whitaker

**Nickname:** *Spence, Spanner*

**What do you like to do when you're not pulling on the blue and white for**

**the Griffs?** *Attending as many art openings as humanly possible*

**What's something you're looking forward to this year?**

*It was the Blues winning the premiership, but probably now an upcoming trip to Japan.*

**Who's your Griffs hero?** *Johnny Mitch - regardless of how shocking my disposal is he's always in space and always seems to get on the end of it.*

**Best trait?** *Definitely the hair.*

**If I was stuck on a desert island, the three items I would take are...**

*Generator, hair dryer and hair gel.*



## Stay strong with Kingston Physiotherapy

**KINGSTON  
PHYSIOTHERAPY  
& SPORTS INJURY CENTRE**



As we head deeper into another football season, remember all Griffins get 15% off at Kingston Physio.

Their services include:

### Physiotherapy

-Thorough assessment with a hands-on approach to treatment.

-Long, one-to-one consultations.

-Special interests include Sports, Hand Therapy, Lymphoedema Care & Hydrotherapy.

-Evenings & Saturday appointments available.

### Podiatry

-Biomechanical assessments, Orthotic prescription and Foot care treatment.

### Massage Therapy

-Remedial, Relaxation and Sports Massage.

### Acupuncture

-Specialising in Women's Health including Fertility, Pregnancy & Menopause.

-Musculoskeletal complaints

\*Visit them online at [kingstonphysio.com.au](http://kingstonphysio.com.au), or to book, phone 6260 8244.

Hear more  
about



You're probably sick of hearing Rosco and Schitty tell you how awesome they are at sourcing residential finance, so we thought it's about time you heard it from some of the Griffs instead:

*"I have been a long term client of MMO, specifically Rosco and have seen him develop into one of the best mortgage brokers in the business. He is a genuine expert in his field and his reputation and professionalism is second to none. His ability to understand my personal needs and financial situation/goals is fantastic and while not able to provide financial advice he has been able to explain the options available to me and how structures to loans can be managed to achieve the best outcome for me personally.*

*I can't recommend Rosco and the MMO team highly enough. They are 100% committed to getting the best outcome for you the client, and not themselves."- Ryan Forsyth*

*"MMO, and Rosco particularly, guided us effortlessly through the process of purchasing our first home. Having played with Rosco for several seasons with the Griffins I had no hesitation in seeking MMO's assistance and advice when we decided to purchase.*

*"Rosco provided us with sound counsel and support, masterfully managed our exuberance, and was upfront and transparent about the process. MMO's services were key to us purchasing the right home."- Dylan Bushnell*

## Get kitted up

Season fees:

Students: \$150 (SRA covered)

Non-students: \$170 + \$120 (SRA)  
= \$290



Uniform prices:

Playing jersey - \$60

Alternative strip - \$60

Team polo - \$20

Shorts - \$45

Socks - \$15

Training singlet - \$25



Please speak to club Treasurer, Sam Bishop, or any other committee representative if you need to discuss alternative payment options.

Account name: ANU Australian Football Club

Account number: 464 641 279

BSB: 112-908

Reference: E.g. MCrawshaw fees

