

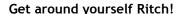
Risky notches his ton

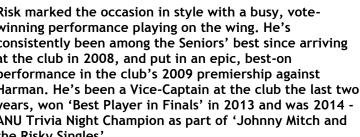
Brent 'Risky' Ritchie recorded his 100th game for the Griffins last Saturday at Stirling Oval as the Senior Griffs overran the Molonglo Juggernauts by 5 goals. One of the quieter members of the squad, Ritch didn't want a fuss and opted for the



milestone to be announced in the sheds after the game (Coach Oberscheidt certainly didn't forget to alert the boys ahead of the milestone match despite receiving numerous email reminders during the week- the Griffin Tale isn't suggesting that).

Risk marked the occasion in style with a busy, votewinning performance playing on the wing. He's consistently been among the Seniors' best since arriving at the club in 2008, and put in an epic, best-on performance in the club's 2009 premiership against Harman. He's been a Vice-Captain at the club the last two years, won 'Best Player in Finals' in 2013 and was 2014 -ANU Trivia Night Champion as part of 'Johnny Mitch and the Risky Singles'.















See you at the Footy!

(TBA) Tuesday July 28, 2015 -6.30pm: ANU Seniors take on **ADFA Rams at ANU South** Oval.

(TBA) Sunday July 26, 2015 -11am: ANU Women take on Molonglo Juggernauts at ANU South Oval.

*Fixtures dependent on weather. Check email and ANU Griffins Facebook page for updates.



ANUSPORT





Gallant Griffs fight the Tigers

*By Burgo



Round 6- ANU: 1.0.6 vs Queanbeyan Tigers: 8.7.55

A full three weeks since the last fixture against Riverina meant that some early cobwebs were always going to be likely, but a highly motivated Lady Griffs outfit was determined to take it to the Tigers in a matchup which would provide a useful indication of where we are at heading into the business end of the season. The timely and much-welcomed injection of many players back into the game day squad bolstered enthusiasm as well as numbers as the team looked ready to play a hard, contested brand of footy in unseasonably hot conditions.

Queanbeyan started well in a toughly contested first term but the Griffs clawed back possession and a goal after the Tigers converted three times early on. Shorty picked up from where she left off before the break by continuing her excellent form in the forward line, tirelessly leading and presenting up the ground all day and receiving deserved reward for effort when she calmly slotted our only major of the day from a tight angle deep in the pocket late in the first quarter.

We headed into quarter time buoyed by a promising finish to the first term off the back of great team pressure and a high possession rate. The second quarter was again fiercely contested in midfield and defence and this continued into the third and fourth terms, but unfortunately, despite some promising forays forward, we couldn't convert on the scoreboard. Playing with 20 players against Queanbeyan's full complement of 22, combined with the hot weather and lack of recent games meant fatigue became more of a factor as the match progressed, and the impact of influential Tigers grew.

Despite ultimately going down in a keenly fought contest there were some notable displays from many Griffs. Pippa Arnott laid some big tackles and set an example for the rest of the team, while Kiwi couldn't stay away from the ball in the second half, racking up the touches. Dellar continued her heroics from the Riverina match with an encore performance, and Chow and Tiger were tenacious all day with great appetite for the fight. The defensive unit also performed well with Nads her ever-reliable self, Mads reading the play nicely in order to make some timely interventions, and Tammie sticking admirably with her shutdown role on Queanbeyan's best performer.

Although we went down on the scoreboard, this game was a valuable measure of the areas in which we need to improve heading into very winnable games in the coming weeks.

Dixon Advisory Player Referral Program



dixonadvisorv

Dixon Advisory have been longtime supporters of the Griffins. They are a local business offering a range of financial services with very strong and personal ties to our club.

Dixon are always looking at ways to provide ANUAFC members with support and in 2015 have introduced a new Player Referral Program which offers a very generous incentive for you.

If you know anyone in need of financial advice regarding investments, estate planning or superannuation you should refer them to Dixon Advisory to arrange an introductory meeting.

This will be on a no cost, no obligation basis. At that point, you will be eligible for a \$50 reduction in your ANU registration fees.

If this person signs up for ongoing services, Dixon Advisory will pay your entire ANU registration fee.

To match this, ANUAFC will contribute a further \$150 to cover uniform or SRA expenses.

This is a total of up to \$320 value.

This is an extremely generous offer from Dixon Advisory and may well be able to provide great value to someone you care about, as well as an added incentive for you.

To make a referral, please call 02 6162 5506 or email Rob.Turner@dixon.com.au















Fired-up Twos run rampant over Juggernauts



*By Jordan 'Metsal' Hayes

Rd 14: ANU Reserves def. Molonglo Juggernauts, 14.7-91 to 3.5-23

The Magoos went into Round 14 full of confidence but wary of a fired-up Molonglo side. After a few footyless weekends, the Magoos were keen to stamp their authority on the match early.

With our trusty Toyota Camry called into first grade duties a couple of Rolls Royces in Spence and Rosco came in to a strong two's line-up. Albeit a bit dinged up, the lads down back were put to the test early and showed their class with the two's goings into quarter time 33 to 13 leaders.

The boys put the foot down in the second with class performances by Dougie and Hutch through the guts. Mr Happy aka Johnny Mitch lead from the front with another dominant performance, backing up from his big wrap from AFL Canberra through the week, polling for his seventh occasion this season. Scotto was his usual dominant self in the ruck, continuing his rich run of form. Bernie (aka Thomas Larkin) was strong although looked as if a little part of him was missing. Once he realised Patty was just playing in the ones, he kicked into gear, taking out his aggression on Molonglo and finishing in the blood bin.

Tim Robb stood prouder than a newlyweds prong down at full forward. The big fella kicked another bag of 8 goals with all the elegance of a street sweeper, brushing off opponents with ease. The rest of the forward line got in on the action with Errol bagging 2, Johnny P kicking with class and yours truly scoring a sneaky little goal from the sideline.

The boys ran out 91 - 23 winners. With a short turnaround before our Wednesday night game against ADFA the Magoos will gain a lot of confidence from a solid performance against an admirable opponent.















Seniors start finals run with gutsy win over Juggs



*By Joshua Cliff

Rd 14: ANU Seniors def. Molonglo Juggernauts, 13.10-88 to 9.5-59

For the second time this year the mighty Griffs ventured out to the wide open spaces of Stirling Oval to take on Molonglo. The talk of the week was that the road to finals had begun, and it was time to prove to the competition why we would be the team to beat this year.

The Griffs had the breeze in the first quarter and played uncompromising footy. The backline lead by Shorty and Singles ran the ball from defence and the 100 gamer, Seniors vice-captain, Risk, constantly reminded us all to stay on task.

The second quarter was much of the same as the Griffs battled into the breeze. Lead by AK in the engine room and some hard running from the big boys, Sloan and Mr West, the boys managed to win the clearances for the quarter. If not for a loss of focus in the last 5 minutes where Juggers got on top, the boys would have held a handy lead at half time.

Schitty reminded us all at the major break to refocus and prove to ourselves that when we are challenged we can and will rise above. After a stalemate for the first 5 minutes the Griffs took complete control. Hard running and good decision making led to the boys dominating the inside 50 count, accruing 15 inside 50's to 6, resulting in a 5 goal quarter for the men in blue and white.

The lads were up against it in the last quarter as Juggers came home with the breeze. Hard work and pressure was the focus, as we controlled the ball and kept Juggers to two goals. Senior vice-captain Risky topped off his 100th game for the club with a best on ground performance, congrats to a great servant of the club!

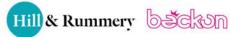














Griffins in profile

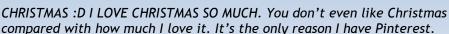
Billi McCarthy-Price

Nickname: Bill, Billba, Bilbo Baggins, B-Unit, Billi Bongwater

What's something your fellow Griffs might not know about you?

That I love each and every one of them with all my heart and I'm so happy that I got to meet them and be a part of the (best) team (ever).

What's something you're looking forward to this year?



My dream job is...dolphin trainer. No wait, scuba instructor. No wait, astronaut. No wait, perfumier.

My special talent is...I will crush you on every lap on every cup in MarioKart on

If you could have one super power what would it be? Time travel

Jordy Hayes

Nickname: Metsal, Metz

What's something your fellow griffs

might not know about you?

My name is Jordan. Metsal is a nickname.

What do you like to do when you're not pulling on the blue and white for the

Griffs?

Getting down the coast and throwing out a line or just generally getting around some salt and sand.

What's something you're looking forward to this year? Someone stepping up to the plate and putting their stamp on the Golden Boot.

What's your favourite footy memory? Winning the 2012 flag with the Griffos.

If you could have one super power what would it be?

Being able to kick left footed.



Stay strong with **Kingston Physiotherapy**



As we head deeper into another football season, remember all Griffins get 15% off at Kingston Physio.

Their services include:

Physiotherapy

- -Thorough assessment with a handson approach to treatment.
- -Long, one-to-one consultations.
- -Special interests include Sports, Hand Therapy, Lymphoedema Care & Hydrotherapy.
- -Evenings & Saturday appointments available.

Podiatry

-Biomechanical assessments, Orthotic prescription and Foot care treatment.

Massage Therapy

-Remedial, Relaxation and Sports Massage.

Acupuncture

- -Specialising in Women's Health including Fertility, Pregnancy & Menopause.
- -Musculoskeletal complaints
- *Visit them online at kingstonphysio.com.au, or to book, phone 6260 8244.



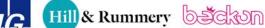














Hear more about





You're probably sick of hearing Rosco and Schitty tell you how awesome they are at sourcing residential finance, so we thought it's about time you heard it from some of the **Griffs instead:**

"Daniel and Schitty made buying our first home simple and took the stress out of it. The whole process ran smoothly and I was even brought papers to sign at training so that we could get things done on time! I honestly don't think we would have bought our place without their help and advice and we love our new home." - Robbie Sale

"Alanna and I sought the advice of Rosco at MMO when we wanted to explore a better deal on our mortgage financing. We were very pleased with Rosco's professional advice and service — he handled negotiations with banks, talked us through the pros and cons of different financing options and kept us abreast of developments. With MMO's advice, we found a financing solution that noticeably reduced our repayments and gave us much more flexibility to plan for the future. I commend the MMO team to others considering mortgage financing." -Matty Crawshaw

"We dealt with Greg and the MMO team to work out the best mortgage option for our apartment purchase. Greg was very helpful, guiding us through the whole process from start to finish in plain English, and making sure we understood what was happening at each step. MMO's mortgage comparison tool compared a range of different mortgage products, and gave us confidence that we were getting the best deal for our circumstances. Overall, I found Greg and the MMO team helpful, friendly, and willing to put in the time and effort to get the best result, and would highly recommend them to anyone who is looking to make a property purchase." -Sam Bishop

Get kitted up

Season fees:

Students: \$150 (SRA covered) Non-students: \$170 + \$120 (SRA)

= \$290



Uniform prices:

Playing jersey - \$60

Alternative strip - \$60

Team polo - \$20

Shorts - \$45

Socks - \$15

Training singlet - \$25

Please speak to club Treasurer, Sam Bishop, or any other committee representative if you need to discuss alternative payment options.

Account name: ANU Australian

Football Club

Account number: 464 641 279

BSB: 112-908

Reference: E.g. MCrawshaw fees















