



## **Commitment for High Performance athletes**

### **Under 16 (Top Age)**

Trials NITP/Cup/State Friday September 23<sup>rd</sup> Shepparton

Commence weekly NITP session Oct 3<sup>rd</sup> – June 30<sup>th</sup> (day and venue TBC)

NITP camp October 9<sup>th</sup>

NITP All State camp October 29<sup>th</sup> Melbourne

Pre cup camp November 12<sup>th</sup>

Pre cup camp December 17<sup>th</sup>

ACJBC January 15<sup>th</sup> – 21<sup>st</sup>

All State camp March 11<sup>th</sup> (selected from cup) State team selected

NITP camp 25<sup>th</sup> March

NITP camp 20<sup>th</sup> May

State training commences April 30<sup>th</sup>, May 7<sup>th</sup>, 14<sup>th</sup> 21<sup>st</sup>, 28<sup>th</sup>, June 4<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, July 1<sup>st</sup>

Under 16 Nationals July 8<sup>th</sup> -15<sup>th</sup>

### **Under 18 (Top & Bottom age)**

Trials NITP/Cup/State Thursday September 22<sup>nd</sup> Shepparton

Commence weekly NITP session's Oct 3<sup>rd</sup> – June 30<sup>th</sup> (day and venue TBC)

NITP camp October 9<sup>th</sup>

NITP All State camp October 29<sup>th</sup> Melbourne

Pre cup camp November 12<sup>th</sup>

Pre cup camp December 17<sup>th</sup>

ACJBC January 15<sup>th</sup> – 21<sup>st</sup>

State training commences February 5<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, April 2<sup>nd</sup>,

NITP camp 25<sup>th</sup> March

Under 18 Nationals April 8<sup>th</sup> -13<sup>th</sup>

NITP camp 20<sup>th</sup> May



## Under 15 (Top Age)

Attend and complete Under 14 Academy program (April- August)

Gold Nugget camp September 24<sup>th</sup> & 25<sup>th</sup> Shepparton (selection for SCC and NITP)

Commence weekly session Oct 3rd – June 30th Night and venue TBC

NITP camp October 9th

NITP All State camp October 29th Melbourne

Pre cup camp November 12th

Pre cup camp December 17th

SCC January 12<sup>th</sup> – 16<sup>th</sup>

All State camp March 11th (selected from cup) State team selected

NITP camp 25th March

NITP camp 20th May

State training commences April 30th, May 7th, 14th 21st, 28th, June 4th, 18th, 25th, July 1st

Under 16 Nationals July 8th -15th

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