

---

---

## NCFNC Court Time Guidelines

---

---

Persons this document applies to:

- All Coaching staff
- All Players
- All parents/guardians
- Junior/Senior Coordinator
- Netball Committee

---

Purpose:

The purpose of this document is to articulate NCFNC's approach to court time for juniors and seniors.

---

Guidelines Statement:

NCFNC is committed to fielding teams that have the highest probability of success across all grades.

NCFNC is committed to providing opportunities for development of all netballers within the club.

Player welfare is of primary concern for all coaching staff and the netball committee.

Court time is based on the assumption that all players are fit and healthy to take the court each game. No player will be asked to play when ill or injured.

NCFNC abides by the Victorian Code of Conduct for Community Sport where we will offer opportunities for people of all abilities to participate in netball and develop their full potential.

---

Senior Teams:

- Coaching staff will use their discretion in factoring in court time and position to achieve the best possible result for the squad and club.
- Coaches will determine the starting line-up and will make changes throughout the match where appropriate. Match circumstances and opposition match ups will be considered in this decision.
- Coaching staff may use their discretion as to the number of quarters a player has in any one game keeping in mind the above principles
- Players are not guaranteed court time in every game.
- Substitute players who are on the bench (filling in) have equal rights as to any other player in that squad.
- Players may be moved between squads (if within AFL Barwon By-Laws) if it is considered within the best interests of the team and players
- Players must notify the Head Coach and Senior Coordinator of any planned absences

Junior Teams:

- It is recognized that the development of junior players involves regular court time to develop their skills.
- It is expected that players will be given recommended court time throughout the course of the season (pro-rata). If players are unavailable throughout the course of the season then the court time will be calculated on a pro-rata basis.
- Court time for substitute players who are on the bench (filling in) is at the coach's discretion
- Coaching staff may use their discretion as to the number of quarters a player has in any one game keeping in mind the above principle.
- The junior coordinator/s shall monitor the amount of court time throughout the season and liaise with coaching staff if required.

- Players are not guaranteed even court time where this becomes logistically impossible eg. Injuries restrict the number of players for a particular position
- Players will play in any position as requested by the coach
- Finals Matches
  - In finals matches the coaches will decide the starting line up and make changes throughout the match as they deem appropriate
  - Wherever possible they will do their best to get each player some court time but this is not guaranteed.

#### Court time requirements:

- 9 & 11 Under Netball
  - development of players and diversity of playing positions are the primary focus in these age groups
  - Court time is to be distributed evenly across the playing groups
  - Players are encouraged to play in a range of positions
  - Starting positions are at coaches discretion
  - Squad size
    - 9 players – 75% court time
    - 10 players – 70% court time
- 13 & 15 Under Netball
  - players may start to be specialized in positions within a team
  - squad size
    - 9 players – 70% court time
    - 10 players – 65% court time
- 17 Under Netball
  - players may be playing in specialized positions
  - team structure and combinations may want to be used by coaching staff and court time requirements have been adjusted to allow for this flexibility
  - squad size
    - 9 players – 65% court time
    - 10 players – 60% court time

#### Special circumstances:

- if a player is selected in 2 Newtown squads it is expected that they would play approximately 3-5 quarters per week
- communication between the coach/player/parents is essential

---

Authors: Wendy Castle Jason Woolley Kyle (Bav) Dohnt Lee Doherty

---

Review Date: November 2016

---

#### References:

Victorian Code of Conduct for Community Sport  
 Netball Australia – Junior Netball Policy  
 Play By the Rules website

---

Endorsed: NCFNC Netball Committee

---



---

