



ACROSS MY DESK

by RDFL Operations Manager Steve Williams

Mother's Day & Womens Round

First and foremost, happy Mothers Day to all the Mothers out there for tomorrow. I hope you all have a fantastic day and enjoy your time with your families.

Womens Round is an extremely important weekend for the Riddell District Football Netball League, because it not only provides us with an opportunity to say thank you to all the Mothers in our lives who make such an impact on everything we do, it also helps us recognize the important role our Mum's play in our game and in country Football & Netball leagues and clubs throughout the Region. I'm sure all of the sons, daughters and husbands out there will join me in saying thank you Mum for everything you do for us.

As we celebrate Womens Round in the RDFL this week, an interesting article from AFL Sports Writer, Samantha Lane, which gives some insight to the rapid growth of Womens AFL.

The AFL's game-changing women's league is attracting new heavyweight commercial interest, including from multinationals that have been previously uninterested in investing in the code.

The Western Bulldogs are talking to four prospective major sponsors for the team they want to launch next year after this season's series of preparatory AFL-sanctioned exhibition games.

Bulldogs CEO David Stevenson, formerly a US-based vice-president of sales for Nike, has told Fairfax Media the interest in the women's team his club will bid for is coming from "large multinational companies".

Stevenson said three of the companies are not existing sponsors of the Dogs. The proposition of being meaningfully attached to women's AFL football, he added, makes compelling financial sense.

"One of the interesting statistics that we've looked at is that 70 per cent of household decisions are made by a woman," Stevenson said.

"You educate these companies around some of the tv viewership, participation and growth in the sport figures, and all of a sudden their ears are a lot more open to this opportunity.

"And I think a key point with the existing sponsor is it's not about

reallocating money, we're talking about additional money."

Stevenson was among the crowd of AFL and club bosses at a women in football breakfast hosted by Bulldogs vice-president, philanthropist and major sponsor of female football, Susan Alberti, on Friday morning.

AFL Commission head Mike Fitzpatrick, new commissioner Gabrielle Trainor, and a host of other football directors, executives and notables were present.

AFL CEO Gillon McLachlan discussed the crucial matter of sponsorship for a league almost certainly to begin with eight teams – effectively new female branches of existing men's AFL entities – from 2017.

"I think that, actually, people are going to be surprised about how many companies (are interested) who ordinarily wouldn't want to be involved with our game, or who haven't been historically.

"But because they support gender equality, and because they support women's sport and women's participation, they're going to become involved," he said.

"This will make business sense for our clubs. and for our industry beyond being an elite opportunity and aspiration for women all around the country."

Another club committed to applying for a women's team licence said on Friday it was crucial to have a competition format and – in particular – plans for the broadcasting of the women's matches to take to sponsors. Simply, the club said the more television exposure they could guarantee the more investment for women's football they stood to command.

The proposed competition format for the first season of the women's competition, financial models and club application process will be presented to the AFL Commission later this month.

Eight teams – four in Victoria, one in New South Wales, Queensland, Western Australia and South Australia – is being recommended. Port Adelaide has officially stated it will not bid for a licence in the inaugural season of the women's league.

Steve Williams
Operations Manager
Melton Toyota Riddell District Football and Netball League

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ROUND 4 2015 REWIND

with Chris “Yeendy” Yeend

Sunbury Kangaroos and Macedon proved to be the teams to beat in 2015 after both finished round four as the two undefeated teams.

Romsey played Diggers Rest in a rematch of the 2014 Grand Final, one that generated plenty of excitement.

ROMSEY v DIGGERS REST

The Burras went into this contest full of great confidence after a positive start to the season. Their line-up had great experience and a dangerous Cam McCabe who was ready to explode.

Romsey celebrated Pink Day and enjoyed a 15-point quarter-time lead, 21 to 6. Zac Saad was in fine touch early for the Redbacks.

The second term was as entertaining as the 2014 decider, both teams trading goals, six to five with the Redbacks holding a 21-point lead at the half.

The third term shocked the crowd as Romsey's midfield took complete control. Brad Mitchell (three goals) and Wally Saad (three goals) helped engineer five goals to have the reigning premiers lead by 42-points heading into the last change.

Both teams went through the motions in the final term, the Burra with five goals to one to reduce the final margin to 23-points, 15.12 (102) to 12.7 (79).

Luke Smalles was the star for the Burras with four goals while Jamie Lobb impressed. Romsey moved to two wins from its opening three games.

MACEDON v LANCEFIELD

The new and improved Tigers started strongly against the Cats at home with the first three goals of the game. Disaster struck as Scott Swindells went down with a season disrupting ankle injury and taking away all the momentum for the visitors.

Macedon led by two-points at quarter time. Marcus Kenny (four goals) was unstoppable as the lead gradually increased as the game increased with each quarter.

The Cats kicked four goals to one in the final term to win by 48-points, 12.14 (86) to 5.8 (38). Dale Joseph and Brad Wight were strong down back for the Tigers while Jon Kent kicked three goals.

Jason Davies and the emerging Ed Morrissey were stand-outs for the winners.

SUNBURY KANGAROOS v MELTON CENTRALS

Centrals flexed its muscles in a strong first term against the rampaging Kangaroos. The margin was just three points at the first break with Shane Frederickson and Liam Toohey in brilliant touch.

Sunbury stormed away in the second term with 15 scoring shots to three to lead by 43-points at halftime. Mitch Streiff (five goals) and former Blue, Adam Fenton (three goals) were threatening up forward.

The Roos kicked straight in the second half, 9.5 but the Centrals showed great character to stay competitive. The final margin was 79-points, Sunbury Kangaroos winning

18.17 (125) to 7.6 (48).

Matt Baird was solid off halfback while ‘Dodger’ Roger Allen showcased his trademark run and dash for the winners. Rex Hickman top scored with two goals.

RIDDELL v WALLAN

The Bombers edged passed the Pies in this big round four clash. Both teams were 2-1 before the game.

An inaccurate first term by the Bombers had them lead by five points at the break, 2.7 to 2.2. The Pies applied great pressure.

Riddell kicked eight goals to three in the second term to lead by 39-points at halftime. They went goal-for-goal with the visitors in the third term, before pushing ahead to a 46-point lead heading into the final change.

Brian Ruffell, Brenton Stancombe and James Nolan kicked four goals each to cause headaches for the Pies as Riddell won with confidence, 18.18 (126) to 9.8 (62).

Ricky Schraven was a stand-out for the Pies alongside Leigh Irons. Sam Rexhepi became the fourth player to kick four goals on the day, kicking almost half of Wallan's score.

BROADFORD v KILMORE

The Roos returned to the winners list against Kilmore, after an impressive win over Lancefield in round one.

John Baker (five goals) helped kick start the Roos in the first term who led by 19-points at the first change. The Blues kept their heads up in the second term, adding two goals while Broadford slammed home five. It was a solid quarter for the home team who had let the opposition get a solid run on in previous games.

Broadford kept the scoreboard ticking over, kicking five goals in the final three terms to record an important percentage boosting win, 19.10 (124) to 4.4 (28).

Brandon Austin kicked two goals for the Blues and Ben Tsakmakis was a stand-out.

Six players kicked multiple goals for the winners with Littlewood, Smith, Kaakour, Hetherton and Caccamo joining Baker with multiple goals.

RUPERTSWOOD v WOODEND-HESKET

It was an old fashion arm-wrestle at the Shark Tank. Rupertswood and Woodend/Hesket battled it out in a game that won't be remembered for being a classic, by any stretch.

Both teams recorded six scoring shots in the first term, the home team kicking two majors to none. The Hawks pushed the margin to four points at halftime with three second term goals.

Woodend/Hesket's goals dried up, kicking just four points in the second half, Rupertswood adding four goals to win the match by 25-points, 7.12 (54) to 3.11 (29).

Cam McRorie, Alec Goodson and Jordan Braddy kicked two goals for the winners while Nahs Egan was a stand-out.

Tom O'Loughlin, Jesse Waters and Phil Shaw kicked the goals for the Hawks with Matt 'Chucka' Bourke the stand-out. The Hawks remained on the bottom of the ladder.



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MESSAGE FROM WORKSAFE AFL VICTORIA COUNTRY

WORKSAFE GAME OF THE MONTH IS BACK!

The WorkSafe Game of the Month is back again in season 2016.

This year is set to be bigger and better than ever, with eight exciting WorkSafe Games of the Month planned in leagues across the state with our first WorkSafe Game of the Month kicking off with a bang last month. Hundreds of fans turned out to support the match between Rosedale v Cowwarr in the North Gippsland League, which was highlighted with the company of special guest Danny Frawley.

Into its 14th year, the WorkSafe Game of the Month centre around traditional grudge matches between country football and netball club rivals and attract large crowds of fervent supporters.

WorkSafe AFL Victoria Country partner with Netball Victoria to bring some of football and netball's biggest names to the matches to meet the locals and share their sporting stories including football champions David Parkin, Peter Knights, Danny Frawley, Billy Brownless and current stars Trent Cotchin and Drew Petrie.

Enjoy the local atmosphere with a host of family friendly activities including football and netball themed inflatables, face painting, giveaways, plus see your face on the big screen with the

WorkSafe LED truck scoreboard.

Another highlight is the National Anthem prior to the game sung by a local identity and the post match presentations where our WorkSafe Ambassadors will present the sought after WorkSafe Trophy and best on ground medal.

Just as WorkSafe is committed to supporting country football in Victoria, so too are they committed to its vision of making sure every Victorian returns home safely every day.

See below for this year's WorkSafe Game of the Month locations:

- **Sunday 17th April** – North Gippsland FL – Rosedale v Cowwarr
- **Sunday 8th May** – Warrnambool & DFL – Nirranda v Panmure
- **Sunday 29th May** – Ovens & Murray DFNL-Alpine Saints v Corowa-Rutherglen
- **Sunday 5th June** – Heathcote & DFNL – Mt Pleasant v Colbinabbin
- **Sunday 19th June** – Central Murray – Lake Boga v Woorinen
- **Sunday 24th July** – Geelong & DFL – Inverleigh v North Geelong
- **Sunday 31st July** – Omeo & DFL – Buchan v Swan Reach
- **Sunday 14th August** – Maryborough Castlemaine DFNL – Newstead v Trentham

RDFNL ROUND 4 PREVIEW

with Chris “Yeendy” Yeend

Macedon v Woodend/Hesket

The Cats head into this contest after hard-fought 25-point win over Melton Centrals at Arnolds Creek. The Hawks faded in the last term against Wallan before going down by 50-points.

Macedon recovered well from a bruising affair with Rupertswood on Anzac Day to defeat a spirited Centrals outfit. Matt Knox returned to form with five goals after being held goalless by Rupertswood’s Nash Egan.

Jason Cooke and Shaun Harrison continued their recent run of impressive form with commanding roles in the midfield and kicking goals. Macedon proved once again that when the pressure is on, they find a way to win.

Woodend/Hesket was in the contest for the first three quarters before lack of leadership and increased dominance from the Wallan midfield had them go down by 50-points in windy conditions.

Ben Toman held his head high with three goals while Jarrod Arnold and Michael Crozier used the ball well in the midfield. Tom Gawthrop kicked two goals and continued to show that he has a big future at the club.

The Bill Tunn Cup is on the line, a cup that the Cats have kept safely at home in recent seasons. Expect big hits and big goals. The contest between Macedon’s Tegan Henderson and Woodend/Hesket’s Gawthrop will be a great one of interest while former Hawk Matt Knox will look to step up again up forward and have a telling part on the game.

Macedon’s midfield has more polish and experience. But aside from this area, the Hawks are fairly well matched. This will be a better contest than what the punters expect, and it will be a great test for the Hawks.

Catch this game live on 100.7 Highlands FM from 1:30pm.

Romsey v Lancefield

The Redbacks will look to bounce back after a 51-point loss to Diggers Rest in the Grand Final rematch. The Tigers accounted for Rockbank with confidence at home by 160-points in their most polished performance in recent seasons.

Romsey held its head high in the final term with four last quarter goals against a more experienced Diggers Rest outfit. Wally Saad led from the front with his pace by kicking three goals, while Dean Borg and Aaron Paterson showed great speed and ability.

Nathan Hoy impressed in the ruck and even managed to drift forward and kick a goal after sprinting more than 100 metres from the first contest in the passage of play until kicking truly at the other end.

Lancefield had too much class for Rockbank, kicking 10 goals in the final term to win by 160-points. Jon Kent was unbreakable with 12 goals and Myles Dorman showed the kind of form that he did in the 2009 premiership with four goals. Adam Sayers showed his experience and Brett ‘the Whiz’ Anderson commanded the midfield.

It was a solid performance from Lancefield who needed to bounce back from its loss to Diggers Rest in round two.

All eyes will be on Anderson and Saad as the two speedsters go head-to-head in the dream match up of the season. If these two don’t play on each other, fans, on Pink Day, will be denied of a thrilling experience.

Lancefield will go into this game with a bit of extra confidence. A win here will highlight how well they are travelling and go a long way to securing a place in the top six.

Romsey desperately need a victory here and have enough Senior premiership experience to settle the team and find a way to win. Look out for Jack Jedwab, if he is going to shine for the Redbacks, this is the game.

Riddell v Rupertswood

The Bombers are running hot from its 53-point win over Broadford at Harley Hammond Reserve last week. Rupertswood showed outstanding courage to get within a point of the Sunbury Kangaroos at home.

Brayden Allen’s absence from the Bombers’ line-up was their gain. James Nolan returned from suspension, slotted straight into the ruck and regained some confidence.

Ruffell backed up his haul of 10 goals against the Redbacks with five while Ben Said added three goals to his tally. Matt Panuccio appears to have recovered from a late season injury last year to kick two goals and win plenty of the ball. Ben Sonogan again dominated.

Ten players shared 11 goals for the Sharks against Sunbury as they look to fill the big void left by Leigh Brennan. Alec Goodson kicked two goals while Phil Kaufmann showed solid potential.

Captain Brett Chambers was a welcome return to the team that fought from five goals down at quarter-time to almost pinch victory. Brent Swallow secured back-to-back best on ground performances in the midfield.

Riddell appear to have put the ghosts of round one’s last quarter fade-out to the Burras with eight impressive quarters in the last two weeks. Rupertswood again showed just how hard they are at the contest with brave efforts against Macedon and Sunbury Kangaroos.

RDFNL ROUND 4 PREVIEW

with Chris “Yeendy” Yeend

Rupertswood could have easily been sitting 3-0 after three rounds, a sign that it has still proved its great consistency this season. This is the big blockbuster of the weekend, expect plenty of fireworks and a lower goal tally.

Nash Egan has produced two stunning performances in the backline, can he complete the hat-trick and take down Riddell's Ruffell?

Rockbank v Wallan

The Rams tried hard in the first and third terms last week before going down to Lancefield by 160-points. Wallan kicked nine unanswered goals to incredibly dispatch Woodend/Hesket by 50-points.

The Rams didn't drop their heads last week. Cameron, Mainey and ruckman Steve James never stopped firing and their forward line still hit the scoreboard.

They were outclassed by the Tigers but still applied solid pressure. The opposition was simply awesome and they look forward to challenging a finals aspirant Wallan.

The Pies celebrated 10 players kicking goals last week in the win over the Hawks. Sam Rexhepi kicked three goals while several others kicked multiple goals to provide more options.

Brent Fitzgerald was outstanding with three goals and got better as the game progressed. He is a great find for the club. Dale Kennan was handy and also hit the scoreboard.

Centrals, Hawks and Tigers have all faced Rockbank and are all pressing for a place in the top six. Unfortunately for the Rams, the size of the margin has grown each week and if Wallan wants to show that they are better than those teams, they will come out firing.

Rockbank won't take a backward step and they will give their all. Wallan is building a great side and if Rexhepi gets quality service, he could be in for a big day.

Diggers Rest v Broadford

Diggers Rest got the upper hand over Romsey in the Grand Final rematch with a 51-point win. Broadford has slipped to 0-3 after being overrun by the Bombers in the second half at home, losing by nine goals.

Luke Smailes was strong up forward, Egan, Tuckey and Brandon Kilty kicked multiple goals as Diggers Rest's big guns were on display under lights at Romsey Park. The highlight of the night wasn't their stunning performance but the chicken that graced the field for lengthy moments of the game.

Hine was in stunning touch and couldn't be stopped while Cal Morton showed signs of brilliance. It was polished and pleasing effort, at least for the opening three quarters.

James Philipot was the stand-out for the Roos in the ruck while Corey Hall and Adrian Romanyk held their heads high.

Broadford, hit hard by injuries to key stars, show great fight in the second term to get within a point of the Bombers before fading in the second half.

This is the match the Roos need to believe that they can win. The Burras have showed the competition that they are one of the key benchmarks this year. If Broadford are to play finals or return as a contender, they must win this game. They have the coaching personnel to make it happen, including Dean Helmers who has coached the last two premiership wins against the Burras.

This will be close, hotly contested and a great game to watch.

Sunbury Kangaroos v Melton Centrals (7pm)

The Kangaroos snuck out of jail with a nail biting one-point win over Rupertswood. The Centrals threw the kitchen sink at Macedon, going down by 25-points.

Zane Williams has enjoyed his time as a Kangaroo, and showcased his class with two goals. Ryan Pretty has enjoyed his return as a Roo with two more goals and shows no signs of slowing up.

Old hands Mitch Streiff, Dan Gregory and Ti Cuffe were some of the usual stars to step up and inspire their team to victory. It was the sort of win that the club will learn a lot from, breaking away to a good lead and then holding off the challenger.

Craig Harvey stood out for the Centrals again last week while Rex Hickman is in scary form. Matt Gilmore kicked six goals to match his haul from round one, a haul that is outstanding considering the competition he was up against, flag contender Macedon.

James Aquilina has bagged 10 goals in two weeks and is shaping as a handy goal sneak. Jared Scott again played some great football.

Football will be played under lights for the first time ever at Boardman Reserve and this will be a classic contest. Both teams played under lights in round one and will go in with great confidence.

A win to the Roos and the margin will show where they are at. A win to the Centrals or a narrow lose will show how much they have improved and may even challenge for a place in the top six.

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FOOTY TIPPING 2016

Each week throughout the 2016 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Macedon v Woodend-H	Sunbury K v Melton C	Riddell v Rupertswood	Diggers Rest v Broadford	Rockbank v Wallan	Romsey v Lancefield	Last Week	Season
Rod Ward AFL Goldfields RGM	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Wallan	Lancefield	4	12
Alan 'Ollie' Matthews RDFNL President	Woodend-Hesket	Melton Centrals	Rupertswood	Broadford	Wallan	Lancefield	5	13
Bernard Shepherd Essendon FC	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Rockbank	Lancefield	5	13
Chris Cavanagh Leader	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Wallan	Lancefield	5	14
Chris Yeend RDFNL Footy Show Host	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Wallan	Lancefield	5	14
Grant Harrison Melton Toyota	Woodend-Hesket	Melton Centrals	Rupertswood	Broadford	Wallan	Lancefield	5	13
Grant McMillan Goldfields Development Manager	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Wallan	Lancefield	4	15
Joseph Santoro Telstra Store Sunbury	Macedon	Sunbury Kangaroos	Rupertswood	Diggers Rest	Wallan	Romsey	5	14
Stuart Braddy RDFNL Board Member	Woodend-Hesket	Melton Centrals	Rupertswood	Broadford	Wallan	Lancefield	5	11
Steve Williams RDFNL Operations Manager	Macedon	Sunbury Kangaroos	Riddell	Diggers Rest	Wallan	Lancefield	5	14
Tara Murray Star Weekly Sports Writer	Macedon 50 points	Sunbury Kangaroos 40 points	Riddell 12 points	Diggers Rest 20 points	Wallan 82 points	Lancefield 35 points	5	14

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RDFNL 2016 SENIOR ROUND 3 RESULTS & LEADING GOALKICKERS

Melton Toyota



Wallan 1.0, 5.7, 7.7, 16.10 **(106)**
Woodend-Hesket 2.1, 5.3, 8.8, 8.8 **(56)**

GOALS

Wallan: Brent Fitzgerald 3, Sam Rexhepi 3, Shannon McCleish 2, Brett Hayes 2, Todd Muldoon 1, Dale Keenan 1, Mathew Thomas 1, Daniel Mackertich 1, Daniel Nolan 1, Andrew Saladino 1

Woodend-Hesket: Benjamin Toman 3, Tom Gawthrop 2, Trent Laverie 1, Joshua Styles 1, Jordan Filakis 1

BEST

Wallan: Brent Fitzgerald, Michael Mannix, Brenton Cox, Damien King, Dale Keenan, Andrew Saladino
 Woodend-Hesket: Benjamin Toman, Jacques Garnaut, Max Ambler, Trent Laverie, Jarrod Arnold, Michael Crozier

Macedon 3.3, 6.9, 13.11, 16.17 **(113)**
Melton Centrals 4.1, 6.4, 7.6, 13.10 **(88)**

GOALS

Macedon: Matthew Knox 5, Aaron Christiansen 3, Jack Kernan 3, Shaun Harrison 2, Darren Goodwin 1, Sebastian Miletic 1, Jason Cooke 1

Melton Centrals: Matt Gilmore 6, James Aquilina 3, Rex Hickman 1, Shane Fitzgerald 1, Tydess Bourke 1, Harley Bongart 1

BEST

Macedon: Jason Cooke, Shaun Harrison, Casey Summerfield, Josh Clough, Aaron Christiansen, Jack Kernan

Melton Centrals: Craig Harvey, Rex Hickman, Matt Gilmore, Tydess Bourke, Jared Scott, Jonathan Ferri

Riddell 4.4, 5.10, 9.16, 15.18 **(108)**
Broadford 1.3, 5.9, 6.9, 7.13 **(55)**

GOALS

Riddell: Brian Ruffell 5, Benjamin Said 3, Matthew Panuccio 3, Matt Sammut 2, Haydn Ross 1, Jason Allen 1

Broadford: Jake Hall 1, Joshua Vilinskis 1, Matthew Bulluss 1, Cameron Dawson 1, Steven Boyall 1, Jai Heers 1, Jacob Hislop 1

BEST

Riddell: Ben Sonogan, James Nolan, Timothy Walsh, Michael Sahlberg, Matthew Panuccio, Michael Treweek

Broadford: James Philpot, Adrian Romanyk, Patrick Coppinger, Joshua Vilinskis, James Hibbens, Corey Hall

Lancefield 3.6, 12.9, 17.14, 27.19 **(181)**
Rockbank 1.0, 1.1, 2.3, 3.3 **(21)**

GOALS

Lancefield: Jonathon Kent 12, Myles Dorman 4, Luke Malone 3, Aaron Andrews 2, Ben Richey 2, Kieran Moran 1, Cameron Wight 1, Daniel Frost 1, Nathan Malone 1

Rockbank: Jared Warwick 1, Ricky Cameron 1, Shannon Cooke 1

BEST

Lancefield: Claran Barton, Jonathon Kent, Myles Dorman, Adam Sayers, Ben Anderson, Daniel Rebbechi

Rockbank: Ricky Cameron, Thomas Mainey, Jake Warwick, Braedon Billing, Steven James, Christian Azzopardi

Diggers Rest 5.5, 8.7, 12.11, 13.13 **(91)**
Romsey 0.0, 1.2, 2.4, 6.4 **(40)**

GOALS

Diggers Rest: Luke Smailes 3, Sean Egan 2, Brandon Kilty 2, Brent Tuckey 2, Michael Evans 1, Patrick Jackson 1, Cale Morton 1, Mark Freeth 1

Romsey: Walid Saad 3, Aaron Paterson 1, Matthew Burkett 1, Nathan Hoy 1

BEST

Diggers Rest: Taylor Hine, Sean Egan, Michael Evans, Brandon Kilty, Tom Evans, Cale Morton

Romsey: Walid Saad, Dean Borg, Brayden Feltham, Harrison Notman, Philip Durston, Nathan Hoy

LEADING GOALKICKERS

NAME	TEAM	GOALS
Jonathon Kent	Lancefield	19
Brian Ruffell	Riddell	15
Matthew Knox	Macedon	15
Matt Gilmore	Melton Centrals	12
James Aquilina	Melton Centrals	11
Sam Rexhepi	Wallan	8
Myles Dorman	Lancefield	7
Benjamin Said	Riddell	7
Daniel Nolan	Wallan	7
Matthew Panuccio	Riddell	6

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RDFNL 2016 A GRADE NETBALL ROUND 3 RESULTS



Broadford 5, 7, 11, 13 **(13)**
Riddells Creek 17, 37, 52, 71 **(71)**

GOALS

Broadford:

Riddells Creek:

BEST

Broadford: N Slade, E Heers, J Neilson

Riddells Creek: L Close, E Close, C Harrison

Melton Centrals 10, 20, 28, 36 **(36)**
Macedon 11, 21, 31, 41 **(41)**

GOALS

Melton Centrals: V Seddon 26, R Morabito 10

Macedon: C Wilson 22, T Burnip 10, C Stewart 5, T Hardiman 4

BEST

Melton Centrals: J May, J Watton, R Morabito

Macedon: C Stewart, J Birch, A Adams

Romsey 19, 24, 29, 39 **(39)**
Diggers Rest 8, 9, 19, 28 **(28)**

GOALS

Romsey: C Ross 28, L Way 16

Diggers Rest:

BEST

Romsey:

Diggers Rest:

Woodend Hasket 57 **(57)**
Wallan 52 **(52)**

GOALS

Woodend Hasket: M Staresina 35, G O'Loughlin 22

Wallan:

BEST

Woodend Hasket: C Tobin, L Sheppard

Wallan:

Rupertswood 20, 43, 58, 82 **(82)**
Sunbury 1, 11, 18, 23 **(23)**

GOALS

Rupertswood: A Maher 46, A Starzer 36

Sunbury: C O'Reilly 13, T Sette 10

BEST

Rupertswood: A Maher, E Ktona, A McCormack

Sunbury: C O'Reilly, R Hunter, F Dunne



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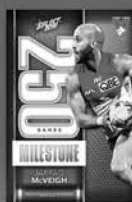
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RDFNL JUNIOR COMPETITION UPDATE

Under 16.5 Grading Complete

Last weekend we completed the 3 weeks of grading for our 2016 Under 16.5 competition. We will now run 3 divisions in this age group, and hopefully narrow some of the extreme margins we have seen at Under 16.5 level in seasons gone by. The competition structure will be as follows:

DIVISION 1	DIVISION 2	DIVISION 3
Gisborne Rookies	Diggers Rest	Gisborne Rookies (Reserves)
Killmore	Lancefield	Melton (Reserves)
Melton	Macedon	Melton Centrals (Reserves)
Melton Centrals	Sunbury Kangaroos	Melton South
Riddells Creek	Sunbury Lions	Rupertswood (Reserves)
Rupertswood	Woodend	Wandong

The first round of games for competition points will begin this Sunday.

Steve Williams

Operations Manager

Melton Toyota Riddell District Football & Netball League



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SENIOR INTERLEAGUE

The below list of players have been selected to train as a squad, ahead of the 2016 RDFNL Senior Interleague Campaign.

Match Details: Saturday 21st May against Alberton FNL at Inverloch-Kongwak Football Club (2-30pm start time).

Coach: Matt Power (0438 286 162)

Training Time: 6:00pm

Training Dates & Venues:

- Wednesday 11th May – Riddell FNC
- Tuesday 17th May – Sunbury Kangaroos FNC
- Thursday 19th May – Sunbury FNC (Clarke Oval)
- Thursday 19th May – Sunbury FNC (Jumper Presentation)

SURNAME	GIVEN NAME	CLUB
Philpott	James	Broadford
Pound	Josh	Broadford
Romnyak	Adrian	Broadford
Evans	Michael	Diggers Rest
Hine	Taylor	Diggers Rest
Jackson	Patrick	Diggers Rest
Kilty	Brandon	Diggers Rest
Krul	Matt	Diggers Rest
Morton	Cale	Diggers Rest
Bowden	Matt	Lancefield
Dorman	Myles	Lancefield
Kent	Jon	Lancefield
Burgess	Clinton	Macedon
Cooke	Jason	Macedon
Harrison	Shaun	Macedon
Knox	Matt	Macedon
Mills	Jack	Macedon
Summerfield	Casey	Macedon
Waters	Tom	Macedon

Wright	James	Macedon
Aqualina	James	Melton Centrals
Gilmore	Matt	Melton Centrals
Hickman	Rex	Melton Centrals
Nolan	James	Riddell
Pannucio	Matt	Riddell
Ross	Haydn	Riddell
Ruffell	Brian	Riddell
Said	Ben	Riddell
Sonoran	Ben	Riddell
Walsh	Tim	Riddell
Walsh	Scott	Riddell
Burkett	Matt	Romsey
Burkett	Chris	Romsey
Tessari	Ayden	Romsey
Way	Ben	Romsey
Berry	Liam	Rupertswood
Braddy	Jordan	Rupertswood
Chambers	Brett	Rupertswood
Egan	Nash	Rupertswood
Sullivan	Matt	Rupertswood
Swallow	Brent	Rupertswood
Gregory	Daniel	Sunbury Kangaroos
Leonard	Matt	Sunbury Kangaroos
Murphy	Kanye	Sunbury Kangaroos
Sutherland	Brenton	Sunbury Kangaroos
Mannix	Michael	Wallan
Nolan	Daniel	Wallan
O'Sullivan	Danny	Wallan
Gawthorp	Tom	Woodend-Hesket
Toman	Ben	Woodend-Hesket

UNDER 18.5 INTERLEAGUE

The below list of players have been selected to train as a squad, ahead of the 2016 RDFNL Under 18 Interleague Campaign.

Match Details: Saturday 21st May against Alberton FNL at Inverloch-Kongwak Football Club (11:45am start time).

Coach: Chris Wilson (0409 407 626)

Training Venue: Romsey Park

Training Time: 6:00pm

Training Dates: Wednesday's commencing April 6th

Practice Match: Wednesday 11th May at Arnolds Creek Reserve, Melton. 7pm kick off

SURNAME	GIVEN NAME	CLUB
Blay	Caleb	Broadford
Valinskis	Josh	Broadford
Wright	Corey	Diggers Rest
Fitrolakis	Ioannis	Macedon
McNicol	Jacob	Macedon
Sims	Toby	Macedon
Smedley	Zach	Macedon
Ferri	Travis	Melton
Bovezza	Nicholas	Riddell
Hansen	Lachlan	Riddell
Mills	Nathan	Riddell
Wilson	Brandon	Riddell
Teal	Jai	Rockbank
Durstan	Phil	Romsey
Jedwab	Jack	Romsey
Paterson	Daniel	Romsey
Reynolds	Brad	Romsey
Stevens	Hunter	Romsey

Boyd	Mitch	Rupertswood
Cannon	Luke	Rupertswood
Canollo	Billy	Rupertswood
Castle	Daniel	Rupertswood
Cicero	Braydon	Rupertswood
Feton	Dylan	Rupertswood
Franti-Glen	Connor	Rupertswood
Quinn	Xavier	Rupertswood
Scanlon	Paddy	Rupertswood
Whelan	Ed	Rupertswood
Millardship	Haydn	Sunbury
Direen	Bill	Wallan
Bianco	Liam	Woodend
Bowen	Codey	Woodend
Bullard	Jayden	Woodend
Chapman	Tyson	Woodend
Lyndsay	Shane	Woodend
Nichols	Brandon	Woodend

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MACEDON FOOTBALL NETBALL CLUB

Club Notes

Last weekend our teams ventured down to Melton Centrals new ground at Arnolds Creek. Great results were achieved by both codes, with the club winning all 7 games. The A Grade netballers fought hard and took home the chocolates winning by 5 goals, B grade won by 13. C grade was another close one, taking it out by 3 goals; our U19 had a convincing win by 31 goals.

Matt Knox once again showed off his goal kicking abilities, booting 5 goals for the day, Azza Christiansen and Jack Kernan added to the goal tally with 3 apiece. The reserves kept Melton Central scoreless after the first quarter. U18.s had 8 individual goal scorers.

This weekend we play Woodend/Hesket for the Bill Tunn Cup. This is always a great day for both teams and we look forward to a large crowd.

Upcoming Events

Today we host our first Presidents Luncheon for the season. Our guest speaker is Steve Van Aperen, who is affectionately referred to as the human lie detector. Our in house chefs Helene and Sigrid will be serving up a gastronomical menu.

Ladies' Day – Saturday 28th May.

High Tea will be served between 12–2pm, raffles, door prizes and lots of giveaways. Get in early as seats are limited, tickets can be purchased via Lee Christiansen 0414 421 710.

Wedding – Saturday 28th May 7pm @

Social rooms. Make sure you all get along to see 2 of our club favourites tie the knot. Show them how much you care with a karaoke tune or two. Entry \$20pp, dress op shop chic.

GO CATS!

SPONSORS



WOODEND-HESKET FOOTBALL NETBALL CLUB

Club Notes

After a switch in the fixture the Hawks made their way down to Wallan, for their round 3 clash with the magpies.

Another great start to the day by the young Hawks in the 19/u netball, putting in their most commanding effort this season to keep their unbeaten start to the season in tact with a 30-5 win.

C grade girls fought to the very end, to only just come up short of back to back wins, going down by 6 at the final siren.

B grade put a there name on the winners list with a polished 15 goal performance to set up their season.

A grade continued the great day for netball, securing their first win of the season with a hard fought 5-goal win in trying conditions.

A massive congrats to all netball teams who have registered their 1st win of the season, plenty more to come for the remaining of the year!

The football started off with a hard fought win by the unbeaten hawks, with conditions that resembled more of a winters day, the hawks wrestled the momentum early and didn't let their opponent in with a chance, comfortably running out 58 point winners.

The reserves were in front for a total of 119 minutes and 58 seconds, until Wallan kicked a goal on the siren to get up by 4 points.

Heartbreaking loss, but the Hawks look to bounce back this weekend.

The senior team, aided by a strong breeze in the first quarter, didn't capitalize on their opportunity, but showed the type of football coach Sleight is asking of in the 2nd quarter.

The second half saw the game even up again, until Wallan kicked away and ended up winning by 50 points.

The Hawks travel their shortest distance to take on arch rival, Macedon this weekend, that will no doubt be a huge game for both clubs.

FUNCTION ON AFTER THIS WEEKS GAME

iPod Shuffle – BACK TO SCHOOL THEME

Come dressed up in your old school uniform or find one and come in that, plenty of laughs, and even get your own class photo with your school mates like the old days!

Music from 6:30.

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MACEDON FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Jeff Andrews

Reserves Coach: Scott Hamilton

Under 18.5 Coach: Peter Lord

SENIORS / RESERVES

No.	PLAYER	24	Jack Kernan
1	James Wright (Captain)	25	Matt Knox
2	Casey Summerfield	26	Ryan Hickingbotham
3	Wayne Sanders	27	Teghan Henderson
4	Tom Waters	28	Richard Ferry
5	Aaron Christiansen	29	Seb Miletic
6	Jason Cooke	30	Matt Goodwin
7	Al Meldrum	31	Simon Delorenzo
8	Josh Clough	32	Tim Lyon
9	Steve Wylie	33	Jimmy Ferry
10	Sam Kenealy	34	Todd Grbac
11	Jack Mills	35	Damien Fitzpatrick
12	Sean Phillips	36	Beau Corrigan
13	Alastair Collins	37	Stuart O'Connor
14	Pat Fitzgerald	38	Hayden Doricic
15	Matt Dettmann	39	Luke Tebble
16	Clinton Burgess	40	Steve Hayes
17	Darren Goodwin	41	Bill Chapman
18	Seamus Lynch	42	Josh Birkett
19	Hamish Miles	43	Harrison Shipp
20	Chad Walker	44	Rees Harley
21	Lee Harrison	45	Brad Bell
22	Shaun Harrison	46	Shaun Bright
23	Daniel Trotta	47	Josh Eastley
		48	Josh Crawford

NETBALL

A Grade Coach: Ciara Stewart

B Grade Coach: Ciara Stewart

C Grade Coach: Leanna Ali

19 & U Coach: Leanna Ali

U/18.5

No.	PLAYER	49	Mitch Athorn
1	Toby Sims	50	Adam Campbell
2	Ben Blake	51	Tom Hildebrand
3	Zachary Watkins	52	Brendan Faria
4	Oskar Munro	53	Matt Faria
5	Tom Dunphy	54	Karl Lewicki
6	Jack Andrews	55	Miles Harley
7	Daniel Lowe	56	Sam Boyd
8	Karl Foster	57	Aaron Christensen
9	Ed Morrissey	58	Tim Dettmann
10	Richard Niven	59	Zach Leach
11	Cody Manniche	60	Chris Catania
12	Jacob Micaleff	61	Cam Ward
13	Zach Smedley		
14	Sean Reilly		
15	Ryan Fischer		
16	Locky Brooks		
17	Jack Wilson		
18	Jamie Faria		
19	Connor Hamid		
20	Ioannis Fitrolakis		
23	Jack Lord		
26	James O'Malley		
27	Oliver Tautkus		
28	Jacob McNicol		
30	Cassidy Keller		

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Tara Burnip	GS	Alex Marks	GS	Alex Galloway	GS	Amy Gooch
GA	Janelle Birch	GA	Sharna Arceri	GA	Alli Knight	GA	Cassandra Hocking
WA	Chloe Wilson	WA	Sarah Readman	WA	Katie Graham	WA	Bianca Mackay
C	Maddy Huggins	C	Nellie Wilson	C	Ruby Holgate	C	Audrey Renwick
WD	Leanna Ali	WD	Jessie Shipp	WD	Steph Ferrier	WD	Bella Holgate
GD	Kym Grant	GD	Tarryn Mackie	GD	Taylor Bowen	GD	Maggie Little
GK	Holly Burnip	GK	Jess Dugdale-Walker	GK	Julia Arnold	GK	Tillie Mahon
Sub	Ciara Stewart	Sub	Haley Galloway	Sub	Sam Stevenson	Sub	Madelyne Brennan
Sub	Alisha Adams	Sub	Christina Guarino	Sub	Emma Lawrence	Sub	Maddie Holgate

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				



WOODEND-HESKET FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Ross Sleight

Reserves Coach: Jeremy Pennefather

Under 18.5 Coach: Travis Leggett

SENIORS / RESERVES

No.	PLAYER	23	Ethan Gove
1	Danny Harrison	25	Travis Leggett
2	Jesse Waters	26	Rupert Miranda
3	Ross Sleight	27	Phillip Shaw
4	Jarrod Arnold	28	Justin Rodda
5	Tom Gawthrop	29	Benjamin Morrison
6	Trent Lavervie	30	Peter Manser
7	Micka Crozier	32	Dan Guiney
8	Daniel Tunn	33	Jake Cahill
9	Tom O'Loughlin	34	Jimmy Hepburn
10	Tyronne Staley	35	Phill Glasson
11	Mex Ambler	36	Nic Matricardi
12	Luke Macklin	37	Jordan Filakis
12	Jeremy Pennefather *	38	Nath Foster
13	Ric Cerminara	39	Lachy Herriman
14	Josh Smerdon	40	Liam O'Meara
15	Joshua Styles	41	Brett Warner
16	Jesse Sheppard	42	Darcy Cotchin
17	Jaimie Pettigrew	43	Jonah Bucki
18	Matt Bourke	44	Daniel Martin
19	Matt Perkins	45	Josh Mundy
20	Ben Cunningham	47	Scott Nicolai
21	Blake Laverie	48	Luke Bourke
22	Ben Toman	50	Chris Scobell
		51	Justin Schemri

NETBALL

A Grade Coach: Kellie Duff

B Grade Coach: Kellie Duff

C Grade Coach: Michelle Giddings

19 & U Coach: Anne-Louise Lindner

U/18.5

No.	PLAYER	No.	PLAYER
1	Darcy Evans	1	Darcy Evans
2	Jayden Bullard	2	Jayden Bullard
3	Brandon Nicholls	3	Brandon Nicholls
4	Tyson Chapman	4	Tyson Chapman
5	Paddy Graddy	5	Paddy Graddy
6	Cody Bowen	6	Cody Bowen
7	Daniel Reynolds	7	Daniel Reynolds
8	Dylan Tunn	8	Dylan Tunn
9	Miles Miranda	9	Miles Miranda
10	Liam Bianco	10	Liam Bianco
11	Harrison Hall	11	Harrison Hall
12	Simon Ross	12	Simon Ross
13	Brendan Rice	13	Brendan Rice
14	Elliott Becker	14	Elliott Becker
15	Jamison McIver	15	Jamison McIver
16	OJ Sheppardley	16	OJ Sheppardley
17	Jaidyn Owen	17	Jaidyn Owen
18	Dylan Van Gils	18	Dylan Van Gils
20	Jack Lindner	20	Jack Lindner
21	Tom Macklin	21	Tom Macklin
22	Connor Davies	22	Connor Davies
23	Thomas Cahill	23	Thomas Cahill
24	Shane Lindsey	24	Shane Lindsey
25	Amos Ward	25	Amos Ward
26	Snake Towers	26	Snake Towers
27	Alex Mathieson	27	Alex Mathieson
29	Jack Dynon	29	Jack Dynon
30	Jye Skipper	30	Jye Skipper
31	Jay Maloney	31	Jay Maloney

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Georgia O'Loughlin	GS	Carly Manners	GS	Sammy Le Nepveu	GS	Emily Lindner
GA	Maddy Starasina	GA	Grace Elliot	GA	Kristy Cavric	GA	Georgia Fearn
WA	Chelsea Tobin	WA	Simone Morrison	WA	Georgia Linehan	WA	Alice McKinnon
C	Ellie Wortmann	C	Natarsha Hewitt	C	Dee Barker	C	Brittany Bowen
WD	Lia Sheppard	WD	Anna Hardwick	WD	Steph Stembbridge	WD	Darby Kelly
GD	Lisa Johnstone	GD	Katie Liddicoat	GD	Georgia Payne	GD	Sarah Smith
GK	Remy Sheppard	GK	Alex Fearn	GK	Kylie Flemming	GK	Demi Giddings
Sub	Kate Monagde	Sub	Bree Warner	Sub	Anne-Marie Coundon	Sub	Emily James
		Sub	Jess Mundy	Sub	Amanda Lee	Sub	Zoe Basa
				Sub	Briony Duff-Tytler		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

SUNBURY KANGAROOS FOOTBALL NETBALL CLUB

Club Notes

Last Week

Sunbury Kangaroos visited Rupertswood last Saturday. After beginning really well the Kangaroos built a lead of 31 points by qtr time. Rupertswood gradually closed the margin but the Kangaroos were hanging on until 2 late goals in the 3rd qtr brought Rupo within striking distance. 3 early goals in the final qtr saw Rupo hit the lead. 2 goals to the Kangaroos saw a small margin restored but Rupo hit back again to tie the score with only a minute or two remaining. Sunbury Kangaroos were fortunate to scramble a behind and hold on for a 1 point win. Another cracking game between local rivals with Sunbury Kangaroos getting home by the narrowest of margins.

Our young reserves team started well and kept the pressure on for all 4 quarters to achieve a fantastic win. The U18.5s came up against the Rupo juggernaut and lost by over 20 goals. Small consolation is that it was a much better result than the last time these sides met!

In the netball none of our teams were any match for the strong Rupo teams. All round, incredibly tough games. Rupo were strong, quick and accurate in shooting, especially A grade – they didn't miss! Every team fought hard through all games and didn't drop their heads, A grade especially did well – the score didn't really reflect their efforts.

This Week

Sunbury Kangaroos host Melton Centrals for our first taste of night footy. Melton Centrals has had some good early season form so we are expecting strong contests in every football game. If you are in the vicinity why not drop in to witness our first game under lights.

Likewise Centrals have been pretty strong in netball so we are hoping for competitive, consistent performances again this week and maybe a win or two. Good Luck girls.

Social

Cocktail Night – 28th May – at the Pouch.

SPONSORS



MELTON CENTRALS FOOTBALL NETBALL CLUB

Club Notes

Cats Too Strong

It wasn't the weekend for Centrals against Macedon as the Cats showed their might. All of our sides fought gallantly and represented the club with pride. The netball sides

In the Reserves, Melton Centrals Luke Jones dazed on the Arnolds Creek turf. Thankfully, Luke is recovering well. On behalf of Melton Centrals, we would like to thank the trainers of both clubs and those who supported Luke and his family in what was a very testing time. Luke, we wish you all the very best on your recovery and we look forward to seeing you back in the Navy Blue very soon.

We travel to Eric Boardman Reserve to take on the very talented Sunbury Kangaroos. All sides will be looking to bounce back and get on the winners list again.

Go Centrals!



Melton Central FNC presents...
**Wine & Cheese
Ladies Day**

Ladies Day

Ditch your gentlemen and come along for a charitable excuse to drink, indulge and socialise with your girlfriends. The kind of day that most of us need, and all of us deserve! Price of admission will include 3 glasses of the finest, freshest local

wines plus all the picture perfect appetizers you can stomach. If you're interested in joining us please contact Alexis Tavener directly on 0431 373 142 or comment and leave a message below and we'll add you to the guest list. ***All of our functions have been updated on our website.***

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The Melton Central FNC would like to welcome Eight Homes as a Premier Partner for Season 2015 and 2016. Eight Homes make it easy with a completely new approach to building a home in Melbourne. What does Eight Homes stand for? The best value new homes on the market bar none.

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Connect with Centrals

Stay connected with Centrals, be the first to hear breaking news and events and get an insight into what happens at the club by joining our expanding social networks.

All you have to do is 'LIKE' Centrals on Facebook at facebook.com/meltoncentralfnc, 'FOLLOW' us on Twitter at twitter.com/centralsfnc, 'FOLLOW' us on Instagram at instagram.com/meltoncentralfnc and visit our site www.meltoncentralfnc.com.au.

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SUNBURY KANGAROOS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Jarrod Dixon

Reserves Coach: Matt Pettman

Under 18.5 Coach: Jamie Cuffe

SENIORS / RESERVES

No.	PLAYER		
1	Daniel Gregory C	23	Dwayne Tate
2	Tierone Cuffe	24	Jamie Cuffe
3	Daniel Nutt	25	Garth Ploog
4	Ben Puxley	26	Zane Williams
5	Matt Welsh	27	Brenton Sutherland
6	Jacob Opie	28	Scott Puxley
7	Ryan Hatty	29s	Tom Borg
8	Anthony Leonard	29r	Kieren Pepper
9	Kane Murphy	30	James Barnes
10	Mitchell Streiff	31	Matt Baird
11	Jackson Braddley	32	Jarod Pretty
12	Matthew Wallace	33	Brad Fleming
13s	Leigh Sobotnicki	34	Jack Allen
13r	Adam Walsh	36	Nathan Anderson
14s	Jordan Baumgartner	37	Nathan Brien
14r	Luke Guyett	39	Brad Konwalow
15s	Jake Young	40	Luke Watts
15r	Nathan Hole	42	Jack Chambers
16	Matt Loenard	45	Braiden Wilson
17	Mitchell Kook	46	Daniel Ellery
18	Cullam Lever	48	Branden Paul
19	Dylan Cuffe	54	Anthony Lewfatt
21	Curtis Schults	55	Jake Clark
22s	Mitchell Trimboli		Andrew McFarlane
			Hamish Waugh

NETBALL

A Grade Coach: Frankie Dunne

B Grade Coach: Tayla Green

C Grade Coach: Ebony Engellenner

19 & U Coach: Lisa O'Connor

U/18.5

No.	PLAYER		
1	Lachlan Kaye		Dylan La Sala
2	Lachlan Read		Shawn Jamieson
3	Nathan Baker		Josh Birrell
5	Brandon Knotts		Ryan Davies
6	Mitchell Baumgartner		
7	Braiden Kelputis		
8	Braydan Cuffe		
9	Kane Fraser		
11	Josh Kanellos		
12	Aidan Grimes		
14	John Maillia		
15	Lachlan Smith		
16	Harrison Knott		
17	James Farrelly		
18	Mert Erdogan		
20	James Tyquin		
21	Haydn Millardship		
22	Alex Cairns		
25	Kyle Urbaniak		
34	Cory Woolley		

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Claire O'Reilly VC	GS	Tegan Walker	GS	Hayley Edwards	GS	Lexie Steele
GA	Taylah Sette	GA	Ebony Engellenner	GA	Jessica Dore VC	GA	Zoe Cairns
WA	Melanie Cutajar	WA	Kate Ellery C	WA	Amy Sidari	WA	Hollie Grandy
C	Robyn Hunter	C	Toni Fogarty VC	C	Eboni Muir	C	Mia Briggs
WD	Karen O'Connor	WD	Jessica Bertoni	WD	Hannah Wills	WD	Natalie Giudetti
GD	Tayla Green	GD	Monique Sheridan	GD	Bethany Carswell C	GD	Melanie Kosinski C
GK	Rebecca Atherton C	GK	Rachael Shalders	GK	Donna Bullocks	GK	Terena Burridge
Sub	Frankie Dunne	Sub	Jessica Geary	Sub	Lexie Steele	Sub	Simran Kumar-Sampath
Sub	Tayla Allen	Sub	Tayla Young	Sub	Megan Perelaer	Sub	Jordy Groves
Sub	Kelsey Williams	Sub	Bonnie Cullinan	Sub	Danica Murphy		
				Sub	Zoe Sharpe		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				



MELTON CENTRALS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Glen Hopkins

Reserves Coach: Drew Heath

Under 18.5 Coach: Anthony Rhodes

SENIORS / RESERVES

No.	PLAYER	20	Aaron Duncan
1	Kane Bullen	21	Harley Bongart
2	James Aquilina	22	Luke Evans
2	Brendan Densley	23	Matt Gilmore
3	Lloyd Briggs	24	Paul Henderson
4	Jared Scott	26	Luke Castle
5	Rex Hickman	30	Luke Jones
5	Nik Gillie	31	Jake Snowden
6	Craig Harvey	32	Dylan Snowdon
7	Hayden Castle	33	Paul Snowdon
8	James Ould	35	Alex Sweet
9	Jay Culhane	36	Justin Buttigieg
10	Scott Matthews	37	Brody Ritchie
11	Junior Oneone	38	Wayne Hardham
11	Tim O'Brien	39	Matthew Baker
12	Matthew O'Brien	40	Tydess Bourke
13	Matthew Martin	42	Sam Lowe
14	Tom Robinson	44	Johnathan O'Brien
14	Clint Mullins	45	Aaron McNabb
15	Joshua Bamford	46	Jarrod Lawry
16	Allan Hill	47	Darren Hulett
16	Ryan Nelson	50	Gordon Bramley
17	Stuart Lowe	51	Glenn Nankervis
18	Shane Long	55	Shane Fitzgerald
19	Levi Sands	60	David Buchanan

NETBALL

A Grade Coach: Randy Pereira

B Grade Coach: Randy Pereira

C Grade Coach: Randy Pereira

19 & U Coach: Gabby Menabue

U/18.5

No.	PLAYER	62	Corey Mizzi
1	Sam Apineru		
2	Kehlian Fisher		
3	Daniel Hodges		
4	Jordan Boudoloh		
5	Corey McKay		
6	Michael Aumoana		
7	Austen McDonald		
8	Brayden Sicily		
9	Julian Campbell		
10	Aaron Grima		
11	Junior Oneone		
13	Zach Patrick		
14	Brody McDonald		
15	Elias Boudoloh		
16	Matthew Griffin		
17	Travis Ferri		
18	Lorynzo Simpson Soma		
21	Bailey Rhodes		
22	Riley Hilbert		
24	Jordan Apineru		
25	Beau Hilbert		
31	Jake Snowdon		
32	Majur Mamur		

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Vanessa Seddon	GS	Bronwyn Coffey	GS	Norno Maraeara	GS	Brodie Collett
GA	Rebecca Morabito	GA	Lauren Chalwell	GA	Sharnelle Hamilton	GA	Ashleigh Lapsley
WA	Gemma Grimmond	WA	Gabby Menabue	WA	Ashley Hill	WA	Trinity Carroll
C	Jessica May	C	Sarah Thompson	C	Delvene O'Meara	C	Rebecca Russell
WD	Natasha Maea	WD	Stephanie Lanza	WD	Teresa Densley	WD	Nash Bennett
GD	Melissa Laird	GD	Alexis Tavener	GD	Kirstyn Butterworth	GD	Marina Niko
GK	Catherine Hocking	GK	Carly Williams	GK	Kerrie Van Ravenstein	GK	Emily Robinson
Sub	Danica Emery	Sub	Taylor Pereira	Sub	Emma Gleeson	Sub	Cristin Brincat
Sub	Jessica Watton	Sub	Viktoria Bolawaqatabu	Sub	Blanche Thompson	Sub	Riley Harrison
Sub	Aimee Deacon			Sub	Mikaila Reddish		
				Sub	Tennille Marsh		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

RIDDELL FOOTBALL NETBALL CLUB

Club Notes

Our trip to Broadford this week for our Netball girls was a success with strong wins in every grade.

The under 19s had a solid win 61-5. C grade was a bit closer but still a good win 23-18. B grade were always in control with a 37-23 win and A Grade our girls were on top from the start winning 71-13.

In the football our under 18s could only manage to field a side of 16 players and fought well up until half way through the third quarter when Broadford kicked away with a 52 point win. The reserves was a close contest all day but in the end Broadford over ran our guys winning 84-65.

In the main game at half time there was only a point in it but with 2 inspirational goals by Benny Said and Tim Walsh directing play from the back line Riddell started to dominate. Jimmy Nolan was working his magic with his new role in the ruck and Riddell took the game away from Broadford winning 108-55.

We are hosting Rupō for round 4 this week which sure to be a challenge for all sides.

On the 22nd of May we have a club function at the Riddells Creek Hotel. It is a comedy day with Mick Malloy heading the line up along with Des Dowling and the

Nelson Twins finishing the afternoon with The Hit Men playing classic covers. This will be a fantastic afternoon's entertainment beginning at 2:00 pm with all proceeds going to the club.

Tickets are \$60 and can be booked by ringing the pub on 54 286 777 or Jarrod O'Donnell on 0438 320 370



COMEDY DAY

Sunday May 22nd, 2016
at the **Riddells Creek Hotel**
FUNCTION ROOM

\$60.00
per head

MICK MOLLOY

DES DOWLING

THE HITMEN
Classic Rock Hits
You won't know what life ya!

NELSON TWINS

Doors open 2pm Ph: 54 286 777

SPONSORS



RUPERTSWOOD FOOTBALL NETBALL CLUB

Club Notes

FOOTBALL

Seniors

The game started poorly and we let Sunbury get off to a flier. At qtr time we were already five goals down and in need of a response. Fortunately we were able to lift our work rate and over the course of the next three qtrs. and were able to get back into the game. Unfortunately we fell short by the smallest of margins. We need to learn that three qtrs. against a good opposition will result in a loss.

Reserves

Numbers were impacted by illness, injury and unavailability. We lost Harry Travers in the opening seconds of the game, which left an enormous hole in our side and in his leg. As in previous weeks, we started slowly allowing Sunbury to skip out to an early lead. The boys battled on bravely, but were overwhelmed in the end. The back six were terrific again under constant pressure all day. Great first up game for Brandon Spurr. We also lost Jimmy Hine to an ankle injury, leaving us without a bench for the second half. Again we ran out of fit bodies, however we battled on manfully until the final siren. Brendan Doyle was solid in his first hit out, as was Paul Nicholls.

U/18.5

Great conditions for footy made the going good. A solid effort by all for most of the game. Good to see the new additions to the club doing their best work so far. Look forward to seeing what they will be capable of once they get used to our game style. Congratulations to Grubby for joining the leadership group. Look forward to going to Riddell this week, always a tough game against them.

NETBALL

A & B Grades

Against a limited opposition, it was a case of honing skills and putting the things that are done at training into practice under match situations. Much tougher opponents in Riddell this week, so we will have to bring our best game if we are to win.

C Grade

It was a team effort that got C grade the win against Sunbury on Saturday. With three players out, the girls needed to pace themselves and run the game out. Mikhailia Lawson played a strong game in defense and Georgia Hellyer was back to her best, providing plenty of drive through the court.

19/U

Another strong win by the 19s this week. The girls started off slow missing easy shots under the post but managed to steady themselves and shoot and impressive 19-3 third qtr. Lucy Keane shone in defense causing plenty of turnovers while Ellie Keating was strong under the post. Grand final rematch this week against Riddell which will be our toughest test yet.

CONGRATULATIONS 50 GAMERS

Round 1 Sam Hogan & Nathan Caldane

Round 2 Chris Kaye, Harry Travers & John Ross

Round 3 Ben Gipp & Daniel Kavanagh

**SOCIAL: PLAYERS AUCTION BACK AT THE TANK
TONIGHT 7PM START.**

SPONSORS



Communities Designed for Living





RIDDELL FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Jamie Elliott

Reserves Coach: Cam Casson

Under 18.5 Coach: Glenn Elliott

SENIORS / RESERVES

No.	PLAYER	25	Jarryd Gardiner
1	Ben Sonogan	26	Heath Wadden
2	Scott Walsh	27	Michael Dullard
3	Matt Panuccio	28	Harley Tirpkos
4	Cam Casson	29	Brenton Stancombe
5	Haydn Ross	30	Tim Rowsell
5	Jarryd Gardiner	31	Jeremy Formosa
6	Paul Sahlberg	32	Ben Glasson
7	Daniel Sahlberg	33	Tommy Akelmade
8	Peter Robertson	34	Jack Hickey
9	Tim Walsh	35	Nick Walsh
10	Brian Ruffell	36	Joshua Suselj
11	Daniel Jurczyk	37	Aaron Lever
12	Braydon Allen	38	Ben Donnelly
13	Matthew Said	39	Dan Campbell
14	Jason Allen	40	Glen Sheppard
15	Luke Lever	41	Matthew Vandenberg
16	Michael Treweek	42	Adam Sutherland
17	Shaun Neeson	43	Glen Robertson
18	Steve Treweek	44	Matty Sammutt
19	James Nolan	45	Guy Cilauo
20	Ben Said	46	Scott Trezise
21	Lachlan Henson	47	Conner Spratt
22	Ben Nelson	50	Chris Barker
23	Micheal Sahlberg		

NETBALL

A Grade Coach: Jarrad Walker

B Grade Coach: Tanya Croft

C Grade Coach: Christine Harris/Lauren Close

19 & U Coach: Michelle Rix

U/18.5

No.	PLAYER
1	Jack Rowsell
2	Mitchell Scott
3	Luke Knuckey
4	Nicolas Bovezza
6	Corry Barron
7	Lachlan Henson
8	Joel Ryan
9	Mark Cadman
10	Carter Wilson
11	Jordan Prime
12	Jack Morganti
13	Mackenzie Casson
14	Jimmy Evans
15	Mitchell Morhan
16	Dillion Tirpkos
17	Brandan Wilson
21	Harry Power
23	Nathan Mills
25	Liam Hennessy
26	Jack Sharman

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Rebecca Cowell	GS	Chloe Meulenmeesters	GS	Liana Cason	GS	Tanisha Bardzinski
GA	Christine Harris	GA	Yas McGregor	GA	Jayne Close	GA	Maddie Pignolet
WA	Cayley Armstrong	WA	Bec Walsh	WA	Emma Whorlow	WA	Kiara Taylor
C	Meikah Johns	C	Emma Croft	C	Karla McAllister	C	Melissa Steward
WD	Danielle Wilson	WD	Rhomi Webb	WD	Laura Gallus	WD	Sam Allen
GD	Lauren Close	GD	Alexis King	GD	Sonja Morganti	GD	Kira Baldwin
GK	Sarah King	GK	Michelle Rix	GK	Chelsea Andrew	GK	Emma Bardzinski
Sub	Ellen Close	Sub	Shae Chisholm	Sub	Molly Trezise	Sub	Larrisa Rix
Sub	Carley Harrison	Sub	Kristin Richmond	Sub	Lisa Trezise	Sub	Becky Andrew
		Sub	Shelley Farrugia			Sub	Chelsea Mussett
		Sub	Alanna Sharman			Sub	Brianna De Haas

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				



RUPERTSWOOD FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Kevin Fitzgerald

Reserves Coach: Rod Williams

Under 18.5 Coach: Tony Lucas

SENIORS / RESERVES

No.	PLAYER	26	Nash Egan
1	Steve Burlak	28	John Corso
1R	James Hine	29	Keegan Guy
2	Jayden Muscat	30	Ben Kaye
3	Lachlan Muir	31	Dean Halliwell
4	Brett Chambers	32	Sam Hogan
5	Dylan Podolczak	33	Josh Ferraro
6	Austin Cicero	34	Cameron McRorie
7	Brent Swallow	35	Mitch Braddy
8	Phil Kaufmann	36	Brody Pink
9	Matt Sullivan	38	Ben Gipp
10	Ben Riley	40	Ben Sullivan
11	Jorden Braddy	41	Sam Morganti
13	Todd Podolczak	42	Ned Hogan
14	Nathan Caldane	43	Luke Kukuljan
15	Damon Cerini	44	Nick Agnello
17	Aaron Smith	45	Jason Dunn
18	Matt Smith	46	Brendan Smith
19	David Morrice	48	Brad Pietromonaco
20	Cody Ross	52	Michael Sretenovich
21	Liam Berry	58	Steve McKinnon
22	Liam Berry	59	Harry Travers
23	Alec Goodson	62	Jake Johnson
24	Daniel Kavanagh	65	Luke Borg
25	Tom Stefaniw	66	Jayden Swallow

NETBALL

A Grade Coach: Dianne McCormack

B Grade Coach: Dianne McCormack

C Grade Coach: Katie Clarke

19 & U Coach: Katie Clarke

U/18.5

No.	PLAYER
2	Xavier Quinn
3	Aaron Grubb
4	Bryce Caldane
5	Dylan Podolczak VC
6	Mitch Boyd
7	Tyler Morton
8	Billy Canollo
9	Sean Crawford DVC
10	Paddy Scanlon
12	Luke Cannon
13	Jiay Mitchell
14	Matt Brown
15	Riley Hembarrow
16	Jayden Baillie ©
17	Connor Frantti-Glen
19	Dylan Featon
22	Connor Barrett
23	Chris Lucas
25	Daniel Castle
26	Jackson Berry
27	Daniel Webster
29	Michael Fox
30	Will Rich
34	Brayden Cicero
54	Boyd Nalder
55	Jackson Heatherington

NETBALL

Pos	A GRADE
GS	Alex Maher
GA	Amy Starzer
WA	Ailish McCormack
C	Sid Moore
WD	Emily Ktona
GD	Tess Abbott
GK	Katie Clarke
Sub	Kirsten Daley
Sub	Sara Febbo
Sub	Stacey Northey

Pos	B GRADE
GS	Monique Nagle
GA	Bec Said
WA	Eloise Freeman
C	Leshae Hogan
WD	Ebony Lyons
GD	Jess Dominko
GK	Bridget Macciotta
Sub	Kara Keating
Sub	Jorgia Leonard
Sub	Georgia Baseggio
Sub	Michelle Cliffe

Pos	C GRADE
GS	Lucy Batina
GA	Kim Calvert
WA	Tayissa Morovski
C	Sophia Davies
WD	Georgia Hellyer
GD	Tilly White
GK	Lucy Keane
Sub	Mik Lawson
Sub	Holly Keating
Sub	Danni Scardamaglia
Sub	Caitlin Castle

Pos	19 & Under
GS	Grace Kavanagh
GA	Hannah Keane
WA	Ashleen Hunter
C	Bridget Lambert
WD	Tylah Coffin
GD	Olivia Micallef
GK	Niamh Varhland
Sub	Ally Keating

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

RDFNL 2016 FIXTURE

Round 1

Saturday 9th April 2016

Woodend-Hesket 9.15 (69) v **Lancefield 13.8 (86)**

Melton Centrals 18.26 (134) v Rockbank 4.1 (25)

Friday 15th April 2016

Rupertswood 11.15 (81) v Wallan 6.4 (40)

Saturday 16th April 2016

Diggers Rest 11.13 (79) v Riddell 7.6 (48)

Romsey 6.10 (46) v **Sunbury Kangaroos 12.12 (84)**

Sunday 17th April 2016

Broadford 6.18 (54) v **Macedon 18.12 (120)**

Round 2 - ANZAC Round

Saturday 23rd April 2016

Rockbank 2.2 (14) v **Woodend-Hesket 21.17 (143)**

Wallan 16.8 (104) v Melton Centrals 13.11 (89)

Riddell 24.12 (156) v Romsey 6.8 (44)

Lancefield 7.7 (49) v **Diggers Rest 14.14 (98)**

Sunbury Kangaroos 18.13 (121) v Broadford 11.12 (78)

Monday 25th April 2016 (ANZAC Day)

Macedon 10.5 (65) v Rupertswood 8.9 (57)

Round 3

Saturday 30th April 2016

Woodend-Hesket 8.8 (56) v **Wallan 16.10 (106)**

Melton Centrals v Macedon

Rupertswood v Sunbury Kangaroos

Broadford 7.13 (55) v **Riddell 15.18 (108)**

Romsey v Diggers Rest

Lancefield 27.19 (181) v Rockbank 3.3 (21)

Round 4 - Women's Round

Saturday 7th May 2016

Macedon v Woodend-Hesket

Sunbury Kangaroos v Melton Centrals

Riddell v Rupertswood

Diggers Rest v Broadford

Rockbank v Wallan

Romsey v Lancefield

Round 5 - Umpire Appreciation Round

Saturday 14th May 2016

Woodend-Hesket v Sunbury Kangaroos

Melton Centrals v Riddell

Rupertswood v Diggers Rest

Broadford v Romsey

Rockbank v Macedon

Wallan v Lancefield

AFL Victoria Championships

Saturday 21st May 2016

Alberton FNL v Riddell District FNL

Round 6 - Indigenous Round

Saturday 28th May 2016

Riddell v Woodend-Hesket

Diggers Rest v Melton Centrals

Romsey v Rupertswood

Lancefield v Broadford

Sunbury Kangaroos v Rockbank

Macedon v Wallan

Round 7

Saturday 4th June 2016

Woodend-Hesket v Diggers Rest

Melton Centrals v Romsey

Rupertswood v Broadford

Rockbank v Riddell

Wallan v Sunbury Kangaroos

Macedon v Lancefield

Queen's Birthday

Saturday 11th June 2016

No scheduled matches

Round 8

Saturday 18th June 2016

Romsey v Woodend-Hesket

Broadford v Melton Centrals

Lancefield v Rupertswood

Diggers Rest v Rockbank

Riddell v Wallan

Sunbury Kangaroos v Macedon

Round 9

Saturday 25th June 2016

Woodend-Hesket v Broadford

Melton Centrals v Rupertswood

Romsey v Rockbank

Wallan v Diggers Rest

Macedon v Riddell

Sunbury Kangaroos v Lancefield

Round 10

Saturday 2nd July 2016

Rupertswood v Woodend-Hesket

Melton Centrals v Lancefield

Broadford v Rockbank

Romsey v Wallan

Diggers Rest v Macedon

Sunday 3rd July 2016

Riddell v Sunbury Kangaroos

RDFNL 2016 FIXTURE

Round 11 – Multicultural Round

Saturday 4th July 2016

Melton Centrals	v	Diggers Rest
Rockbank	v	Rupertswood
Wallan	v	Broadford
Macedon	v	Romsey
Lancefield	v	Riddell

Round 12

Saturday 16th July 2016

Wallan	v	Woodend-Hesket
Macedon	v	Melton Centrals
Sunbury Kangaroos	v	Rupertswood
Riddell	v	Broadford
Diggers Rest	v	Romsey
Rockbank	v	Lancefield

Round 13

Saturday 23rd July 2016

Woodend-Hesket	v	Melton Centrals
Rupertswood	v	Romsey
Broadford	v	Lancefield
Sunbury Kangaroos	v	Diggers Rest

Round 14

Saturday 30th July 2016

Rockbank	v	Sunbury Kangaroos
Wallan	v	Macedon
Woodend-Hesket	v	Riddell

Round 15

Saturday 6th August 2016

Diggers Rest	v	Woodend-Hesket
Romsey	v	Melton Centrals
Broadford	v	Rupertswood
Riddell	v	Rockbank
Macedon	v	Sunbury Kangaroos
Lancefield	v	Wallan

Round 16

Saturday 13th August 2016

Lancefield	v	Woodend-Hesket
Rockbank	v	Melton Centrals
Rupertswood	v	Macedon
Broadford	v	Wallan
Sunbury Kangaroos	v	Romsey
Riddell	v	Diggers Rest

Round 17

Saturday 20th August 2016

Diggers Rest	v	Sunbury Kangaroos
Wallan	v	Rockbank
Woodend-Hesket	v	Macedon
Lancefield	v	Romsey
Melton Centrals	v	Broadford
Rupertswood	v	Riddell

Finals Week 1

Saturday 27th August

1st Elimination Final
Qualifying Final

Sunday 27th August

1st Elimination Final

Sunday 28th August

2nd Elimination Final

Finals Week 2

Saturday 3rd September

2nd Semi-Final

Sunday 4th September

1st Semi-Final

Finals Week 3

Saturday 10th September

Preliminary Final

Finals Week 4

Sunday 18th September

Melton Toyota RDFNL Grand Final



DIGGERS REST FOOTBALL NETBALL CLUB

Club Notes

Our Burra social committee has been working hard to put together some great functions for all members, family and friends of the Diggers Rest Football Netball Club this year.

Be sure to lock the following dates in your calendar!

28 May 2016

Surprise Function – stayed tuned for details to be released shortly

3 July 2016

Annual Burra Day – \$100 entry for two people, includes lunch, drinks and the chance to win huge cash prizes

23 July 2016

Trots night at Tabcorp Park – Tabcorp Park will be treating us to a night filled with food, drinks, racing and much, much more

13 August 2016

Annual Auction night at The Black Horse Hotel Motel – Hosted by resident auctioneers, Lefty and Goof, auction night is always a hit, with added entertainment this year it one not to be missed.

SPONSORS



ROCKLEIGH *Tours*

BROADFORD FOOTBALL NETBALL CLUB

Club Notes

Avoiding Colds & Flu

As the weather becomes cooler and the cold and flu season peaks, it is important to look after yourself.

Australian Football players may be fit, but this does not provide protection against picking up bugs. In fact, athletes are often at a higher risk of developing colds and upper respiratory tract infections.

It has been found that the combination of large volumes of training and extremely low body fat levels can increase the tendency to pick up a cold.

Moderate exercise is actually good for our immune system but Australian Football players with heavy training schedules can experience extra stress on all body systems, including the immune system.

Colds and flu can have a negative effect on training and performance. The aim is to keep your immune system as strong as possible to help reduce the risk.

How does a healthy diet improve resistance to colds and flu?

Consuming adequate vitamins and minerals is essential for a healthy immune system. This can be achieved by following some easy steps:

- Eat plenty of fresh fruit and vegetables
- Enjoy hearty vegetable soups
- Keep up your fluids
- Ensure adequate protein intake
- Minimal high fat/sugar processed foods

Food for Thought

The revelation a few seasons ago that Hawthorn players were downing pizzas after their matches came as a surprise to many.

In an era where nothing is left to chance in elite sports performance, why would a club sully its finely tuned athletes with greasy takeaway as recovery fuel? Had a run of poor performances driven them to emotional eating? Or had they discovered something about pizza the rest of us didn't know?

Before you reach for the phone to order that thick crust

barbecue meat-lovers with extra cheese, allow a food expert to explain what the Hawks were thinking.

Pizza can be okay

Sports dietitian and fitness consultant Lisa Sutherland was behind the scenes at Hawthorn for five years, and explains that the lower fat pizzas with quality, healthy toppings were carefully selected to ensure players' optimal recovery. The key thing is to get some carbohydrates in, plus some protein. And for players, they actually lose a lot of salt in their sweat, so having something that's got a little bit of salt in it after exercise is actually quite a good thing," she explains.

Over the past 10 years, Sutherland has worked with VFL club Port Melbourne and Essendon, Hawthorn and now St Kilda in the AFL. She says the role of an AFL dietitian involves planning, research and preparation to ensure players are getting the most out of their bodies.

Pre-season is always a busy time, assessing new players and conducting talks and cooking lessons primarily aimed at educating the younger players about nutrition. Individual eating patterns are discussed and meal plans developed to help players meet specific goals related to fitness and performance requirements.

Stop in at Pizza Plus Broadford on your way home tonight.

Netball

Unfortunately it wasn't the most successful day on the court for our 4 netball teams against Riddells Creek, however we can only learn, develop and continue to improve from here on in. There were still plenty of positives taken from the day and the coaches were happy to praise the efforts and determination of the players. This week we come up against Diggers Rest where we will be hoping to put on a top performance display in all grades.

Awards for best players last week were: Steph Elliot, Danielle Hall, Jess Toohey and Naomi Slade.

Special thanks to our new Social Committee who organised their first function for the year. Upcoming functions TBA very soon!

SPONSORS





DIGGERS REST FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Shaun Sims
Reserves Coach: Ant Power
Under 18.5 Coach: Bernie Griffiths

SENIORS / RESERVES

No.	PLAYER	19	Stuart Clarke
1	Dylan Hannan	20	Rhys Hannan
2	Joeseeph Piccolo	21	Tom Evans
3	John Ryan (SNR) Dylan Brosnan (RES)	22	Matt Krul (SNR) Okan Ericka (RES)
4	Tom Gleeson (SNR) Mark Freeth (RES)	23	Cole Laurie
5	Benjamin Hannan	24	Stephan Ruane
6	Craig Thompson	25	Joshua Wallace
7	Jeff Heritage	26	Brad Kemp
8	Mark Freeth (SNR) Dean Churchyett (RES)	27	Taylor Hine (SNR) Aidan Goodwin (RES)
9	Jamie Lobb (SNR) Shaun Griffiths (RES)	28	Stephan Fogarty
10	Brent Tuckey	29	Brad Cunningham
11	Brett Caton	31	Robert Burns
12	Cameron McCabe	32	Brandon Kilty
13	Patrick Jackson	33	William Fellows
14	Brad Sluggett	34	Chris Samagalski
15	Jason Williams	35	Michael Kilty
16	Andrew Tyquin	36	Michael Evans
17	Luke Smailes (SNR) Zac Fisher (RES)	37	Shaun Sims
18	Cale Morton (SNR) Chris Payne (RES)	40	Sean Egan
		41	Bradley Wilson
		42	Lane Tucker
		43	Scott Lardi
		45	Ryan Peters

NETBALL

A Grade Coach: Amy Carroll
B Grade Coach: Sarah Carroll
C Grade Coach: Sarah Carroll
19 & U Coach: Amy Schwegler

U/18.5

No.	PLAYER	No.	PLAYER
1	Robert Tabone	1	Robert Tabone
5	Kevin Royal	5	Kevin Royal
6	Adam McDonald	6	Adam McDonald
7	Dylan Byrne	7	Dylan Byrne
8	Corey Wright	8	Corey Wright
9	Josh Whatman	9	Josh Whatman
10	Kyle Owens	10	Kyle Owens
11	Corey Goforth	11	Corey Goforth
12	Jake Hiam	12	Jake Hiam
14	Jack Hainsworth	14	Jack Hainsworth
15	James McMahon	15	James McMahon
16	Daniel Campbell	16	Daniel Campbell
17	Nathan Cross	17	Nathan Cross
19	Nathan Maisano	19	Nathan Maisano
21	Liam Stubbs	21	Liam Stubbs
22	Wayne Lock	22	Wayne Lock
23	Travers Hayward	23	Travers Hayward
24	Kyle Wallace	24	Kyle Wallace
25	Damien Schulze	25	Damien Schulze
26	Chris Lawton	26	Chris Lawton
30	Micth Barnes	30	Micth Barnes
31	Thomas Tyquin	31	Thomas Tyquin

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Shelby Strong	GS	Caytlan Wittingslow	GS	Emma Brooking	GS	Alyssa McConnell
GA	Amy Carroll	GA	Alicija Rawlings	GA	Peta Kendall	GA	Brianna Gribble
WA	Vivien Leong	WA	Teagan Dowsett	WA	Delys Holland	WA	Bianca Tenaglia (VC)
C	Jayde Peters (VC)	C	Katie Dreger	C	Amy Schwegler	C	Carla Tenaglia
WD	Tayla Behan	WD	Ashlee Plant	WD	Adele Downey (VC)	WD	Jazmin Jonkers
GD	Jena Boboth	GD	Kate Hollins (VC)	GD	Karrah Caton (C)	GD	Abbey Wright (C)
GK	Stephanie Barnes (C)	GK	Georgia Vicendese (C)	GK	Shannon Heritage	GK	Taylah Charma
Sub	Alyssa Cole	Sub	Renee Hibbs	Sub	Leah Thompson	Sub	Sarah Grano
Sub	Maggie Payne			Sub	Brooke Reardon	Sub	Natalie Wennell

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				



BROADFORD FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: A Bray & D Helners

Reserves Coach: D Scattolin & S Duggan

Under 18.5 Coach: Jamie Hetherton & Arron Gleeson

SENIORS / RESERVES

No.	PLAYER	25	Brodie Holland
1	Cam Dawson	26	Bryson Scales
2	Jai Heers	27	David Forbes
3	Lance Picioane	28	Jake Hall
4	Matthew Rae	29	Todd Makins
5	Rhys Smith	31	Matthew Bullus
6	Corey Viani	32	Corey Hall
7	Josh Pound	33	Matt Dunbar
8	Tyson Mihocek	34	James Philpot
9	Adrian Romnyak	34	John Hussey
10	Chris Cates	36	Adan Svarc
11	Steven Boyall	38	Justin Webb
12	Tevita Fonau	43	Brayden Hickey
13	Jacob Hislop	46	Dean Hilbert
14	Matthew Williams	1	Albert Davey
15	Brendan Walsh	3	James Hibbens
16	Grant Wearne	5	Daniel Scattolin
17	Marc Peduto	6	Brandon Thomas
18	James Hibbens	7	Jaiden Nesbitt
19	James Edwards	4	Blake Hooper
20	Brent Littlewood	12	Ben Duncanson
21	Jamie Hetherton	16	Sam Dixon
22	Josh Vilinskis	20	Mick Ward
23	Sean Duggan	22	Jason Walsh
24	Damien Johnstone	26	Brad Cornellie

NETBALL

A Grade Coach: Rebecca Hunter

B Grade Coach: Naomi Slade

C Grade Coach: Sarah Heers

U/18 Coach: Kirbie Theuma

U/18.5

No.	PLAYER
1	Josh Vilinskis
2	Ricky Millar
3	Patty Coppinger
9	Dylan Galea
7	Tyson Barton
8	Murray Furlong
11	Josh Hamilton
12	Lachie Rae
13	Liam Stewart
14	Tim Kearns
15	Matthew McCarthy
16	Mitch Barclay
17	Joel Mann
18	James Scully
19	Nick Jones
20	Jack Connell
30	Kyle Hopkins
23	Angus Norris
26	Caleb Blay
55	Zaine Hoy
42	Brad Bennetts
29	Mitch Plummer
49	Dylan Lahlen-Howe
	Rory Harrington

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Lauren Byrnes	GS	Emmalinka Cooper	GS	Lillian Arnold Rendell	GS	Kristy Bennett
GA	Brooke Currell	GA	Jordyn Donovan	GA	Brooke Bennett	GA	Jasmine Brereton
WA	Kristelle Elton	WA	Sarah Heers	WA	Emily Coote	WA	Alyssah Chibnall
C	Ebony Heers	C	Jamie Hooper	C	Juanita Davis	C	Paris Duncan
WD	Rebecca Hunter	WD	Carina Mills	WD	Stevie Dickman	WD	Sarah Durnford
GD	Jenny Neilson	GD	Hayley Milner	GD	Melissa Duncan	GD	Abby Eager
GK	Naomi Slade	GK	Beth Perry	GK	Danielle Hall	GK	Steph Elliot
Sub	Kirbie Theuma	Sub	Amanda Rothwell	Sub	Erica Heers	Sub	Teagan Hercus
		Sub	Jessica Toohey	Sub	Kate McCarthy	Sub	April Maunder

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

ROCKBANK FOOTBALL NETBALL CLUB

Club Notes

Today we welcome Wallan to Welsh Developments Ian Cowie Reserve and after a tough start to the season results wise, all teams look to continue to grow and develop over the course of the season.

We ask that all players, supporters and members continue to encourage our playing groups as they continue to learn, despite the results so far, there is a fantastic feeling around the group and every person that has committed themselves to the club for the 2016 season and beyond are committed to learning and enjoying the journey that sits in front of us.

Under 19 Netball

The girls continued to improve and they are taking it up to their opposition every week. Another tight game last week against Lancefield, unfortunately falling short of a win, but the girls are coming along quickly and their first win isn't far away. Keep working girls.

C Grade Netball

The C Grade girls have had three tough games to start the season, but they are working hard as a competitive unit. It's been fantastic to see the girls working hard together as a team and involving themselves in everything around the club.

B Grade Netball

The B Grade girls have had a great start to the season, a narrow loss in Round 1 was followed by a fantastic win in Round 2. Round 3 saw a loss to Lancefield, but the girls are going to improve every week and we look forward to a big game this week.

Under 18 Football

The boys have had a tough start to the year with

games against Melton Centrals and Woodend/Hesket and had a bye last week. Despite struggling for numbers, the boys have slowly built a side and are getting closer to having a full squad. Their commitment to training and the club as a whole has been outstanding and we look forward to watching the improvement again this week.

Reserves Football

After starting the season short of players, we have seen the numbers in the Reserves swell to the point where we had to leave players out of last weeks game. With more players joining the club this week, the Reserves will only get better. The numbers on the track have been fantastic and the boys will be ready to give their all again against Wallan this week.

Senior Football

Despite what the final score says, the players representing the Rockbank Football Sporting Club both on and off the field have been fantastic. Their commitment and buy in to what the club wants to achieve moving forward has been outstanding. There is no doubt they will continue to improve as the season goes on and we are looking forward to a big effort against Wallan this week.

Social Function

Tonight at the club we have an acoustic session. This is a compulsory function for all players. \$5 entry and \$10 for a meal, drinks at bar prices. Let's continue the momentum off the field and see a big turnout for what is certain to be a fantastic night.

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WALLAN FOOTBALL NETBALL CLUB

Club Notes

This Week

We venture to Rockbank to battle for the Ray Ogston Shield. The shield is dedicated to the memory of Ray who was tragically killed during a match against Wallan. We know what this day means to the Rockbank club and know they will be fired up for this week's games.

Last Week

Netball

Whilst the sides battled hard Wallan came away with just one victory from 4 games. Great to see the C Grade team get their first win of the year and hopefully the teams can keep improving and win more games during the next few weeks.

Football

Three great games of football last week with the seniors having one poor and one brilliant quarter with the wind which saw us come away victorious. The Under 18s were in the game until midway through the third when fitness caught up with them.

Very pleasing to see the numbers on the track and the effort shown by the 17s who come in and help out each week.

Great to see Whitey break his duck and have his first win on Saturday in one of the freakiest wins ever. A great snap from Luke Zerella with just two seconds on the clock put the boys in front for the first time all day.

Upcoming Events

Band night tonight. Everyone get back to the club for "Threerzacrowd".

Next week V Lancefield is past players, officials and members day. All former players, committee, trainers, members, are invited down to the ground to renew acquaintances, talk crap about the old days and support the current netball and football teams.

Sportsmans night May 21st at the clubrooms.

**FOR MORE INFO ON ALL EVENTS
REFER TO THE WEBSITE**

www.wallanmagpies.com.au

SPONSORS





ROCKBANK FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Gavin Sporle

Reserves Coach: Simon Lake

Under 18.5 Coach: Saxon Woodroffe

SENIORS / RESERVES

No.	PLAYER	29	Jai Teal
1	Jared Warwick	30	James Stokes
2	Hayden Wilson	31	Ben Scott
3	Christian Azzopardi	32	Daniel Robinson
4	Alan Greenwood	33	Brad Humphries
5	Tom Greenwood	34	Jamie Austin
7	Harley Cameron	36	Saxon Woodroffe
8	Mark Stevens	38	Ricky Cameron
9	Patrick Lake	40	Adam Eastwell
10	Jake Warwick	43	Josh Mallia
11	Aiden O'Neil	44	Mitch Murphy
12	Aysan Irgat	45	Shaun Scalzo
13	Matthew Anderson	46	Matt Fowle
14	Talon Sexton	47	Alex Tuck
16	Tom Mainey	48	John Donker
17	Shannon Cooke	49	Luke Cadman
18	Hayden Hunt	50	Nathan Turner
19	Matthew Voigt	51	Josh Warwick
20	Ben Green	52	Ben Hanschan-Brown
22	Josh Lake	54	Jacob Cochrane
23	Steven James	56	Anthony Bowyer
25	Brett Radcliffe		
26	Daniel Wright		
27	Tom Murray		

NETBALL

A Grade Coach:

B Grade Coach: Tara Crisp

C Grade Coach: Kylie Cameron

19 & U Coach: Michelle Barclay

U/18.5

No.	PLAYER
1	Luke Roberts
2	Lachie Wills
3	Brock Billing
4	Adam Eastwell
5	Braeden Billing
6	Damon Mariluch
7	Jordan Cameron
8	Brandon Cameron
9	Jai Teal
10	Michael Warriner
11	Marc Sinclair
12	Jesse Psaila
13	Jake Stratton
14	Jordan Brewer
15	Shaun Scalzo
16	Ben Scott
17	Brodie Manning
18	Anthony Bridgeman
19	Andrew Steele
20	Doyle Lacey

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
		GS	Danielle Pompey	GS	Carmelle Skipper	GS	Jamie Sobotnicki
		GA	Jamie Sobotnicki	GA	Erin Cain	GA	Krystelle Rush
		WA	Santana Rikiti	WA	Christina Afoa	WA	Shaydie Paulo
		C	Natasha Spry	C	Elisha Green	C	Jess Johnson
		WD	Alana Blyth	WD	Alanna Porter	WD	Jayden Saltmarsh
		GD	Renay Noa	GD	Emily Porter	GD	Alex Smith
		GK	Darcy Mangion	GK	Catherine Oneil	GK	Danielle Rush
				Sub	Elizabeth Noa	Sub	Chloe Barclay
				Sub	Kelly Melville	Sub	Darcy Smith
				Sub	Tia Tauri	Sub	Ashlea Henley

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				



WALLAN FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Daniel Nolan & Damien Zanic

Reserves Coach: Matt Whiteside

Under 18.5 Coach: Jimmy Christall

SENIORS / RESERVES

No.	PLAYER	26	Keegan Haigh
1	Cody Cullinan	27	Matt Bell
2	Dale Keenan	28	Steve Bell
3	Todd Muldoon	30	Luke Zerella
4	Sam Rexhepi	31	Josh Ruth
5	Danny O'Sullivan	32	Matt Stevens
6	Andrew Saladino	33	Brenton Cox
7	Graeme Torney	34	Slade Cresswell
8	Brenton Hanson	35	Michael Wilson
9	Daniel Nolan	36	Shannon Dowsett
10	Brett Hayes	37	Gavin Bell
11	Damien Korp	38	Luke Bird
12	Damien King	39	Jayden Wright
13	Ben Schraven	40	Jordan Freestone
14	Jake Layley	41	Matt Frattasio
15	Dillon Gillard	42	Justin Brown
16	Alex Potocnik	43	Craig Allen
17	Adam Carlson	44	Alex Moloney
18	Toby O'Meara	45	Jonathon Brew
19	Shaun Standley	46	Blake Knight
20	Matt Thomas	47	Matt McGregor
21	Brent Fitzgerald	48	Andrew Bingham
22	Shaun Stewart	51	Matt Whiteside
24	Shannon McLeish	53	Liam Lucas
25	Michael Mannix	55	Adrian Palmieri

NETBALL

Pos	A GRADE
GS	Michelle Millhouse
GA	Danika Arney
WA	Kate Burnett
C	Kayla Barbic
WD	Sarah Ryan
GD	Bianca Wallgoria
GK	Cassandra Leech
Sub	Jess Smyth
Sub	Ebony Kinnear
Sub	Tara Butler

Pos	B GRADE
GS	Jess Smyth
GA	Cassandra Leech
WA	Lauren Parkinson
C	Genevieve Argent
WD	Sarah Martin
GD	Ebony Kinnear
GK	Megan Quinn
Sub	Hayley Baker
Sub	Madeline Whiteside

NETBALL

A Grade Coach: Stacey Lynn

B Grade Coach:

C Grade Coach:

19 & U Coach:

U/18.5

56	Brendan Hamilton
66	George Sanderson
67	Alex Tomsy
68	Brad Jenner
71	Ricky Schraven
72	Liam Lucas
90	Daniel Mackertich
91	Keith Pascoe
95	Gareth Rees
96	Aaron Brown
99	Grant Williams

No.	PLAYER
1	Cody Cullinan
3	Mackenzie Doyle
6	Bill Dreen
7	Jack Ferguson
8	Rylie Skinner
9	Dylan Standley
12	Kobey Christall
13	Jake Neilson
14	Rylie Evans
17	Connor Byrne
18	Nathan Fowler
21	Jake Inness
23	Cameron Nickson
26	Daniel Norman
27	Brett Bell
29	Malcolm Hunter
32	Stewart Henske
33	Callum Browning
35	Lucas Taylor
41	Stewart Henske
42	Brady Christall
43	Tom Knight
49	Jack Dreen
52	Mitch Vandeduim
56	Josh Watson

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Michelle Millhouse	GS	Jess Smyth	GS	Jacqueline Smith	GS	Chelsea Perry
GA	Danika Arney	GA	Cassandra Leech	GA	Morgan Farmer	GA	Emmalee Taylor
WA	Kate Burnett	WA	Lauren Parkinson	WA	Katrina Struc	WA	Rebecca Hobbs
C	Kayla Barbic	C	Genevieve Argent	C	Krista Tucker	C	Jasmin Coyle
WD	Sarah Ryan	WD	Sarah Martin	WD	Cassidy Carlyon	WD	Charlie Coyle
GD	Bianca Wallgoria	GD	Ebony Kinnear	GD	Katelyn Brockwell		
GK	Cassandra Leech	GK	Megan Quinn	GK	Karina Patten		
Sub	Jess Smyth	Sub	Hayley Baker				
Sub	Ebony Kinnear	Sub	Madeline Whiteside				
Sub	Tara Butler						

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

ROMSEY FOOTBALL NETBALL CLUB

Club Notes

Hello Redback supporters.

For our last night game this season vs Diggers Rest FNC the weather gods were on our side this time with the rain holding off for all games.

The netball results were 50/50 with our 19 & Unders and A Grade teams coming away with very strong wins. The young girls held their own and were never really threatened and played 4 quarters of solid netball, coach Jane Smith Feehan was extremely proud of their efforts.

A Grade also showed us what they are capable of, with sharp shooter Hope Evans out, coach Lena Way stepped up and a great game she played, combining well with Chelsea Ross. The game was physical which saw our girls come out on top in the end and come away with a great win. It was great to see so many supporters there to support all our teams too.

It was a different story for all our football sides who did not register a win, the Under 18.5 and Reserves were outclassed all day, it was however pleasing to see them all be competitive to the end.

You can see improvement each week,

numbers at training remain solid, so stay the course and remain positive supporters and I know a win for these players is not that far off.

The Seniors started off slowly allowing Diggers to kick 8 goals to nil in the first term. You could have thought this was going to be another wipeout but it was far from it. The remaining 3 quarters were hard fought and very competitive football, we outscored Diggers kicking 6.4 to 5 goals. It was fantastic effort from this mix of experienced and young local players, the hard work at training is starting to pay off, keep it up boys.

This week we host arch rivals Lancefield FNC, along with our annual BCNA Pink Sports Day and Ladies High Tea charity function. The 'Pinkateers' have been working tirelessly; planning and organising the day in the lead up to this event, can I ask you all to make an effort and support this great cause, donations are warmly welcomed throughout the day, let's help them raise a new record.

I look forward to seeing you all during the day.

Wayne Milburn, *President RFNC*

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LANCEFIELD FOOTBALL NETBALL CLUB

Club Notes

Today we head down the road to take on Romsey in netball and football. Thank you to our loyal supporters who have come along today. We hope to make all at Tigerland proud.

Round 3 Review

Lancefield's Teams scored wins across the board against Rockbank last week. Well done to the Reserves football team on their first win for the season. Thank you to the Rockbank Club for their sportsmanship.

Netball Review B Grade

A sharper and more focused B Grade team took the court against Rockbank. Paula Broadstock in defence imposed herself on the game from the beginning. Goalers Rachel Scully and Meaghan Keogh worked extremely well together. The girls were encouraged to play strong, direct netball and continue to apply the pressure to turn the ball over and they did this with great affect.

C Grade

It was great to see Alison Rowley back on the court after a pre-season injury. She played goal attack with great effect and combining well with goal shooter Brylie McPherson in their first game together. Carolyn Cusack gave her all in defence and our defenders gave a great 4 quarters. The girls scored their second win for the season and continue to improve as they become familiar with each other on the court.

Under 19

The team was depleted due to school

commitments and illness but the 7 girls who took to the court gave a great 4 quarter performance to score their first outright win. Again they continue to improve each week under the tutorship of Paula Broadstock.

Welcome to New Sponsors & 100 Club Members

We have a number of new signage sponsors at Tigerland. These include:

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It is wonderful that so many supporters have come on board the "New" 100 Club. There have been 5 lucky draws to date and 20 to go. Thank you to Catherine Wemyss and Daniel Huggins for their energetic support.

A continued thank you to our major sponsors The Lancefield Hotel and The Grange Cleveland Group.

SPONSORS





ROMSEY FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Andrew Bubb

Reserves Coach: Glen Merrall

Under 18.5 Coach: Adam Rademaker

SENIORS / RESERVES

No.	PLAYER	40	Brad Williams
No.	PLAYER	4	Joel Badger
1	Marc Young	6	Dylan Jones
2	Rowan Stott	7	Daniel Wright
4	Connor Whelan	8	Toby Clement
6	Chris Burkett	10	Sam Newell
7	Jack Jedwab	12	Jamie Taylor
8	Ben Way	16	Shannon Wright
9	Jack O'Sullivan	19	Lee Hussey
10	Brayden Feltham	20	Kyle Hussey
12	Phil Romeril	21	Tyson Morrison
13	Danny Grouios	22	Lachlan Skinner
14	Jackson Mills	23	Leigh McMahon
15	Tyson Lever	24	Kyle Hayes
16	Shannon Wright	27	Troy Ingleton
17	Dean Borg	30	Tom Conlan
18	BJ Notman	31	Jimmy Newell
19	Matt Burkett	33	Luke Spiteri
20	Ayden Tessari	35	Tyler Boyle
21	Nathan Tessari	37	Warren Cairns
26	Aaron Paterson	38	Travis Thorogood
30	Harrison Notman	45	James Bridges
31	Jimmy Newell	47	Matthew Hoyt
32	Bradley Reynolds	48	Ben Krywyn
35	Wally Saad		
36	Nathan Rayment		

NETBALL

A Grade Coach: Lena Way

B Grade Coach: Chelsea Ross

C Grade Coach: Hope Evans & Bec Krywyn

19 & U Coach: Jane Smith

U/18.5

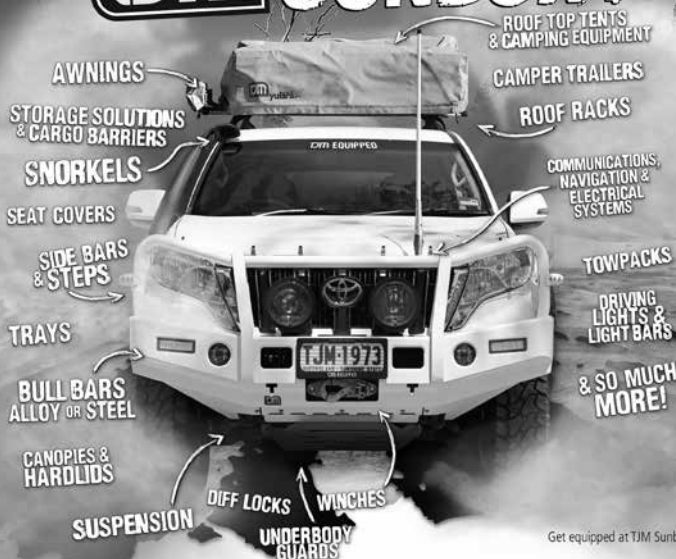
No.	PLAYER	No.	PLAYER
1	Daniel Paterson	1	Daniel Paterson
2	Alex Badger	2	Alex Badger
3	Phillip Durston	3	Phillip Durston
4	Sean Day	4	Sean Day
5	Liam Jackson	5	Liam Jackson
6	David Smales	6	David Smales
7	Josh Martin	7	Josh Martin
8	Dylan Copeland	8	Dylan Copeland
9	Daniel Jordan	9	Daniel Jordan
11	Matt Parker	11	Matt Parker
15	Thomas Ormesher	15	Thomas Ormesher
16	Jack Coburn	16	Jack Coburn
17	Lachlan Hayes	17	Lachlan Hayes
18	Michael Carroll	18	Michael Carroll
20	Ethan Wood	20	Ethan Wood
23	Sam Twinning	23	Sam Twinning
24	Nick Maslan	24	Nick Maslan
25	Adam Frost	25	Adam Frost
27	Sean Hocking	27	Sean Hocking
29	Hunter Stevens	29	Hunter Stevens
32	Corey Tschuck	32	Corey Tschuck
60	Andrew Swann	60	Andrew Swann
61	Scott Swann	61	Scott Swann
62	Joel Townsing	62	Joel Townsing

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Hope Evans C	GS	Christie Brinkhuls	GS	Sara Walters	GS	Christie Brinkhuls
GA	Chelsea Ross	GA	Erin Mitchell	GA	Amanda Lahtinen	GA	Lisa McLean
WA	Lauren Anglin	WA	Caitlyn Mitchell	WA	Natalie Garraway	WA	Addison Schinck
C	Stacey Deimos	C	Brittany Thorogood	C	Madysen Duncan	C	Jess Parker
WD	Carolyn McCarthy	WD	Rheannan Williams	WD	Lisa Paterson	WD	Kaitlynn Paterson
GD	Stefanie Symes	GD	Kathryn Anglin	GD	Chantelle Rayment	GD	Breanna Di Pietro
GK	Katelyn Byron	GK	Mikayla Johnston-Bailey	GK	Bec Krywyn C	GK	Annabel Feehan C
Sub	Rebecca Lally	Sub	Tara O'Sullivan	Sub	Sarah Connell	Sub	Sophie Conlan
Sub	Lena Way	Sub	Kendra Vann	Sub	Casey Jobe	Sub	Erin Mitchell
		Sub	Megan Sampson	Sub	Danica Murphy	Sub	Caitlyn Mitchell
		Sub	Fiona Davies				

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/18.5				

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SENIOR UMPIRES' CORNER

by Riddell Umpires Media Manager Samuel Lucardie



WOMEN'S ROUND

As the RDFNL celebrates Women's Round and the role women play in football, Riddell Umpires would like to acknowledge our wonderful female umpires who officiate in the field, on the boundary and in the goals, week in, week out. AFL umpires Chelsea Roffey, Rosie O'Dea and Eleni Glouftsis are paving the way for females at the highest level, whilst at local level in leagues around Australia female umpires have excelled in umpiring ranks.

At Riddell Umpires we are fortunate to have a talented band of female umpires. At the forefront is Brittany Giles (Co-Boundary Coach), our first every female coach who stepped up into the role in 2015 and has done a marvellous job coordinating and coaching our boundary umpires in partnership with fellow boundary coach Andrew O'Keefe. Britt comes from an umpiring family having commenced umpiring in 2009 following in the footsteps of her father, Steve (current Riddell Umpires General Manager, former Head coach, President and Life member). Britt officiated in the RDFNL 2014 Reserves Grand Finals. Britt epitomises all that is good with umpiring: dedicated, enthusiastic, friendly, positive role model. Britt is a highly respected member of our Umpiring Association.

Also following family umpiring traditions is our Female Umpires Ambassador, Kelly Humphries, who joined Riddell Umpires in 2015 along with dad, Peter, brothers Luke and Dylan, after stints umpiring in NSW and Ballarat. Having umpired Senior Football on the boundary whilst juggling

VCE studies and field umpiring in 2015, Kelly made her Senior Field debut alongside her father last week. Kelly is also participating in the AFL Mates Program with brother Luke, receiving mentoring from AFL umpires. Kelly is a true inspiration to her fellow umpires, both male and female.

A heroine and stalwart of our Umpires Association is Lita Cooney (Female Games Record Holder) approaching 250 Senior Games and 600 total games. Lita commenced umpiring in 1998 and has been an integral force both on and off the field and behind the scenes. Lita has officiated grand finals both on the boundary and in the goals. Lita has been the recipient of multiple Bob Croxford Riddell Umpires' Best Club Person awards and continues to work tirelessly and generously for the Riddell Umpires Association members.

We congratulate Riddell Umpires Kiara Taylor who has been selected to be part of the 2016 AFL Victoria Females Umpire Academy. She will have mentors coming out to her games throughout the season. Kiara travels to Ikon Stadium every fortnight on a Monday night for an intensive coaching and training session. During 2016 Kiara will also be umpiring Under 18 Youth Girls. Last year she represented Victoria as a field umpire for School Sports Australia and has been asked back again for this year. Kiara would like to further her development as an umpire and follow in the footsteps of AFL field umpire Eleni Glouftsis.

Our current female umpires are:

Field Kelly Humphries, Kiara Taylor, 2016 recruit Elise Muller

Boundary Britt Giles, Tiarne Hickey (2014 Senior Grand Final), Jordan Athorn (2015 Riddell Umpires Female Umpire of the Year), Madeline Odgers, Brittany Middleton (approaching 50 total games)

Goals Lita Cooney, Karlee Farrell

Riddell Umpires wish all mums a very Happy Mother's Day.

For more information, email enquiries@riddellumpires.com.au or visit our website www.riddellumpires.com.au

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2016 WOODGROVE SHOPPING CENTRE ROUND 3 RESERVES RESULTS

Woodgrove SHOPPING CENTRE

Wallan 0.0, 2.0, 4.1, 9.5 **(59)**
Woodend-Hesket 5.5, 6.6, 7.7, 8.7 **(55)**

GOALS

Wallan: Graeme Torney 3, Luke Zerella 3, Luke Bird 2, Mitchell Kermath 1

Woodend-Hesket: Justin Rodda 2, Liam O'Meara 2, Peter Manser 1, Nicholas Matricardi 1, Jake Cahill 1, Travis Leggett 1

BEST

Wallan: Liam Lucas, Kieran Taylor, Luke Zerella, Dillon Gillard, Luke Bird, Jayden Wright

Woodend-Hesket: Justin Rodda, Luke Bourke, Joshua Mundy, Jonah Bucki, Nicholas Matricardi, Daniel Guiney

Macedon 0.1, 3.3, 4.5, 4.5 **(29)**
Melton Centrals 2.2, 2.2, 2.2, 2.2 **(14)**

GOALS

Macedon: Ioannis Fitrolakis 1, Josh Birkett 1, Cale Bethune 1, Matthew Faria 1

Melton Centrals: Glenn Nankervis 1, Paul Snowden 1

BEST

Macedon: Alistair Meldrum, Steve Wylie, Alastair Collins, Josh Birkett, Wayne Sanders, Cale Bethune
 Melton Centrals: Simon Treiber, Matthew O'Brien, Paul Henderson, Matt Martin, Glenn Nankervis, Scott Matthews

Sunbury Kangaroos 4.2, 7.5, 8.7, 12.10 **(82)**
Rupertswood 2.2, 3.2, 4.3, 4.3 **(27)**

GOALS

Sunbury Kangaroos: Daniel Ellery 2, Benjamin Puxley 2, Dwayne Tate 2, Adam Walsh 1, Robbie Lynch 1, Bradley Konwalow 1, Callum Lever 1, Shawn Jamieson 1, Matthew Baird 1

Rupertswood: Ned Hogan 2, Brandon Spurr 1, Luke Kukuljan 1

BEST

Sunbury Kangaroos: Matthew Baird, Nathan Brien, Dwayne Tate, Adam Walsh, Callum Lever, Luke Watts
 Rupertswood: Daniel Kavanagh, Michael Sretenovich, Brandon Spurr, Alex McConville, Keegan Guy, Luke Kukuljan

Broadford 2.4, 5.4, 9.4, 13.6 **(84)**
Riddell 2.0, 7.0, 9.3, 10.6 **(66)**

GOALS

Broadford:

Riddell: Jarryd Gardiner 3, Matthew Said 1, Ben Glasson 1, Braeden Whittard 1, Jack Rowsell 1, Jack Hickey 1, Korey Barker 1, Chris Barker 1

BEST

Broadford:

Riddell: Ben Salt, Brandon Willingham, Jack Hickey, Joshua Suselj, Korey Barker, Glen Shepherd

Lancefield 6.1, 9.1, 14.7, 19.11 **(125)**

Rockbank 1.1, 1.4, 1.4, 2.4 **(16)**

GOALS

Lancefield: Scott Lambert 6, Matthew Richardt 4, Patrick Grellis 3, Robert Cini 3, Andrew Richardt 1, Scott Condon 1, Blair Trevaskis 1

Rockbank: Saverio Scalzo 1, Jai Ruseler 1

BEST

Lancefield: Blair Trevaskis, Andrew Richardt, Patrick Grellis, Glen Budde, Scott Lambert, Mark Caton
 Rockbank: Jake Cochrane, Zachary Parker, Brett Radcliffe, Jai Ruseler, Benjamin Scott, Brandon Thomas

Diggers Rest 7.4, 14.7, 18.10, 21.17 **(143)**
Romsey 0.1, 0.1, 0.1, 1.1 **(7)**

GOALS

Diggers Rest: Joseph Piccolo 5, Cameron McCabe 4, Joshua Wallace 3, Daniel Royal 2, Mitchell Lawton 2, Steven Freeth 2, Michael Sammut 1, Rhys Hannan 1, Bradley Wilson 1

Romsey: Warren Cairns 1

BEST

Diggers Rest: Rhys Hannan, Jeff Heritage, Joseph Piccolo, Joshua Wallace, Steven Freeth, Brad Sluggett
 Romsey: Warren Cairns, David Quillerat, Sam Newell, Tom Conlan, Lachlan Skinner, Lee Hussey

LEADING GOALKICKERS

NAME	TEAM	GOALS
Joseph Piccolo	Diggers Rest	13
Cameron McCabe	Diggers Rest	12
Liam O'Meara	Woodend-Hesket	10
Kieren Haddad	Woodend-Hesket	8
Steven Freeth	Diggers Rest	8
Jake Cahill	Woodend-Hesket	6
Scott Lambert	Lancefield	6
Robbie Lynch	Sunbury Kangaroos	6
Glenn Nankervis	Melton Centrals	5
Scott Matthews	Melton Centrals	5
Alistair Meldrum	Macedon	5
Bradley Wilson	Diggers Rest	5
Matthew O'Brien	Melton Centrals	5
Matthew Richardt	Lancefield	5

2016 BUFFALO SPORTS ROUND 3 UNDER 18.5 RESULTS



Woodend-Hesket 3.5, 6.5, 10.6, 14.8 **(92)**
Wallan 1.1, 3.7, 3.8, 4.10 **(34)**

GOALS

Woodend-Hesket: Jake Towers 5, Brandon Nicholls 3, Darcy Evans 1, Daniel Reynolds 1, Tyson Chapman 1, Jack Dynon 1, Cody Bowen 1, Jayden Bullard 1

Wallan: Malcolm Hunter 2, Cameron Nickson 2

BEST

Woodend-Hesket: Shane Lindsay, Harrison Hall, Jamisen McIver, Jack Lindner, Jake Towers, Simon Ross
 Wallan: Daniel Norman, William Direen, Malcolm Hunter, Stewart Henske, Brett Bell, Jake Inness

Macedon 3.5, 5.8, 10.9, 11.11 **(77)**
Melton Centrals 0.1, 1.3, 2.3, 3.5 **(23)**

GOALS

Macedon: Cody Manniche 2, Jack Wilson 2, Ioannis Fitrolakis 2, Jacob Micallef 1, Thomas Dunphy 1, Ryan Fischer 1, Jacob McNicol 1, Daniel Lowe 1

Melton Centrals: Matt Griffin 3

BEST

Macedon: Ryan Fischer, Thomas Dunphy, Cody Manniche, Jack Wilson, Jack Lord, Zachary Watkins
 Melton Centrals: Aaron Grima, Samuel Apineru, Travis Ferri, Kehlman Fisher, Beau Hilbert, Daniel Hodges

Rupertswood 4.6, 10.8, 16.12, 20.13 **(133)**
Sunbury Kangaroos 0.1, 0.2, 0.2, 0.4 **(4)**

GOALS

Rupertswood: Jiaya Mitchell 3, Dylan Featon 2, Jayden Baillie 2, Luke Cannon 2, Matthew Brown 1, Xavier Quinn 1, Daniel Castle 1, Edward Whelan 1, Boyd Nalder 1, Jackson Berry 1, Christopher Lucas 1, Connor Barrett 1, Mitchell Boyd 1, Tyler Morton 1, Riley Hemburrow 1

Sunbury Kangaroos:

BEST

Rupertswood: Luke Cannon, Jayden Baillie, Connor Frantti-Glen, Daniel Castle, Xavier Quinn, Aaron Grubb
 Sunbury Kangaroos: Lachlan Kaye, Mitchell Baumgartner, Brandon Watts, Braydan Cuffe, Corey Woolley, Harrison Knott

Broadford 1.3, 5.4, 8.8, 12.11 **(83)**
Riddell 1.3, 2.6, 4.6, 4.6 **(30)**

GOALS

Broadford:

Riddell: Daniel Livermore 2, Jack Taggart 1, Mitchell Morham 1

BEST

Broadford:

Riddell: Mitchell Morham, Nicolas Bovezza, Jack Taggart, Brandon Wilson, Nathan Mills, Mitchell Scott

Diggers Rest 2.2, 4.5, 7.7, 12.7 **(79)**
Romsey 2.0, 3.0, 4.3, 5.4 **(34)**

GOALS

Diggers Rest: Josh Whatman 5, Nathan Maisano 2, Jake Hiam 2, Nathan Miller 2, Liam Watson 1

Romsey: Daniel Paterson 2, Dylan Copeland 2, Sean Hocking 1

BEST

Diggers Rest: Nathan Miller, James McMahon, Liam Watson, Kyle Owens, Kyle Wallace, Robert Tabone
 Romsey: Joel Townsing, Daniel Paterson, Scott Swann, Hunter Stevens, Dylan Copeland, Jake Patton

LEADING GOALKICKERS

NAME	TEAM	GOALS
Josh Whatman	Diggers Rest	9
Cameron Nickson	Wallan	9
Jake Snowdon	Melton Centrals	7
Corey Woolley	Sunbury Kangaroos	6
Jayden Baillie	Rupertswood	5
Mackenzie Casson	Riddell	5
Jiaya Mitchell	Rupertswood	5
Jake Towers	Woodend-Hesket	5
Jake Hiam	Diggers Rest	5
Boyd Nalder	Rupertswood	5
Dylan Featon	Rupertswood	5

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ELEVATING GRASSROOTS TO THE ELITE

WESTERN WATER NETBALL REPORT

by RDFNL Netball Manager Kim Bailey

This weekend is Women Rounds, celebrating the role of women in football netball leagues in our community.

It is not unusual to see female umpires in our league at both senior and junior football level, as well as girls donning the club jumper and running around the field on a Sunday morning.

But this weekend is also about celebrating the tireless work that is done behind the scene. Football Netball clubs have numerous female committee members working tirelessly in various roles, from Presidents of clubs, where we have two current serving Presidents – Leanne Backwell from Lancefield seniors and Kat Muir, a junior President of the Sunbury Lions JFNC, to the ladies running water, training or working in the canteens. In a mainly male dominated sport, women are becoming vital to everyday running of clubs throughout the state.

It is also a big weekend for the Romsey Football Netball Club Pink Sports Day Committee, who are holding their 6th annual Ladies High Tea, in support of Breast Cancer research at Romsey Park today.

Breast cancer is the most common cancer affecting Australian women. In 2016, it is estimated that 15,600 women will be diagnosed with breast cancer. It is important to remember that most women survive breast cancer. The latest statistics (2011) show that the five-year survival rate for women diagnosed with breast cancer is more than 89 per cent. Of course, many women live long and healthy lives well beyond this period.

Breast cancer in men is rare, although it does occur. It is estimated that 145 men will be diagnosed in Australia in 2016.

A snapshot of breast cancer in Australia show women have a 1 in 8 lifetime risk of developing breast cancer. The risk of developing breast cancer increases with age. The average age of first diagnosis of breast cancer in women is 60 years. 75 per cent of new cases of breast cancer develop in women over the age of 50.

However, we know too well, this is a disease that does not discriminate, and all of our clubs have been touched by this insidious disease at some stage, whether it is a team mate, mother, sister, coach, grandmother – the list goes on.

The Romsey FNC has been the forerunner for the

RDFNL with Hope Hamilton and her committee of pink ladies organising another 'Pink Day' at Romsey Park this weekend.

Their committee is a dedicated group of Romsey netballers, supporters and local community members who are passionate about raising awareness and funds in support of the BCNA and those affected by breast cancer.

Over the past 5 years we have raised an amazing amount in excess of over \$65,000.

The Breast Cancer Network Australia (BCNA) has acknowledged our efforts in 2013, raising the 4th highest total amount of any sporting club in Australia. Let's hope they can get to number one in 2016.

The committee are very proud, as is the RDFNL community, of this result and feel fortunate enough to be part of such a significant event for our local community, not only raising funds for the BCNA but also more importantly raising awareness of the disease to all our women in the RDFNL community.

All proceeds of the Ladies High Tea will be going to the BCNA. During the course of the afternoon, raffles and auctions will be held to further add to the total and for the 6th year running, some of our brave and inspiring friends will be shaving their heads for this very worthy cause.

And of course there are some cracking games of netball. With a VNL round scheduled today, a lot of teams will be altering their line ups to cover their outs. The match of the round will be Riddell v Rupertswood. Whilst it is disappointing that we won't be seeing both clubs full line ups but both clubs have amazing depth, and should be a compelling game. Another game that will be effected by the VNL round is the Romsey v Lancefield round. Romsey are coming off a great victory over Diggers Rest last weekend and will be looking to consolidate its position with a win today.

Woodend Hesket got their first win on the board last week with a victory over Wallan in a high scoring game, winning 57 to 52 last week. 109 goals in a game is an amazing effort. This week however, they come up against an extremely strong Macedon team, so will have to be at their best to secure the victory.

Looking forward to another great weekend of netball.

Happy Netballing



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NETBALL PREVIEW

As we look at Round 4 in the Western Water A Grade netball competition this weekend, it would be remiss of me not to reflect on the fact that not only is it Women's Round in the RDFNL this weekend, but also that it's Mother's Day tomorrow, and we send a big thank you out to all of the mothers that drive their sons and daughters to footy and netball not just on Saturday's, but to training during the week; that watch their kids play through thick and thin – except when they have a shift at the canteen – and all those mum's that take to the court each week, despite worrying who's looking after the kids, and help make our netball competitions so strong. You're the backbone of this league, and somehow saying "thank you" just doesn't seem like enough. Anyway, enough of this gooey sh... show of emotions, let's get into the preview!!

MACEDON got back on the winners' list last week after an impressive win over Centrals at Arnold's Creek, and will be confident of making it two in a row as they welcome **WOODEND-HESKET** to Tony Clarke Reserve this weekend, with the Hawks coming off their first win of the season last weekend, a 57-52 result over Wallan with Maddy Staresina dominating with 35 goals and Chelsea Tobin and Lisa Sheppard starring for the Hawks. Ciara Stewart set a great example for her young players with a best-on-court performance for Macedon last weekend, especially after a close loss against Rupertswood just five days earlier, and whilst the Hawks will be confident after last weekend's win, the Cats will be just as keen to keep their form going.

PREDICTION: Can't see MACEDON having too much trouble scoring a win here.

The **SUNBURY KANGAROOS** welcome **MELTON CENTRALS** to Boardman Reserve today, with both teams looking to rebound after losses last week – the Kangaroos at the hands of Rupertswood, and Centrals at the hands of Macedon. The Kangas improvement was on display last week – when they faced Rupertswood in Round 1 last year, the scoreline was 82-14 in favour of Rupo, and last week's score was 82-23... baby steps maybe, but it shows that the Kangas are on the right track. They'll find it tough today against a Centrals side that will be looking to rebound from last week and who had both Bec Morabito and Jess May in form last week, but they'll learn plenty from their more experienced opponents.

PREDICTION: MELTON CENTRALS should be able to climb back onto the winners list today.

Match of the season to date takes place against the only two remaining undefeated teams in the league in **RIDDELL** and **RUPERTSWOOD** today... and the fuxing gods haven't been kind to us with this one, with a weekend VNL round this weekend taking a fair chunk of both team's better players away for this one (and probably both senior coaches as well!). Both teams had big wins last week – Riddell with a 71-13 result over Broadford and Rupertswood

with an 82-23 win over the Sunbury Kangaroos, and it will be a good test for the depth of both clubs, as the Bombers will be without the Close sisters, who will both be required for duty with the Southern Saints, and Rupo will miss Tess Abbott, Sid Moore (Sovereigns) and centre court Ailish McCormack (Monash Storm) at the very least today. We should see both teams goalers intact though – Alex Maher and Amy Starzer have both been in excellent form for Rupertswood this year, but so have Christine Harris and Bec Colwell for Riddell.

PREDICTION: Just feel that RIDDELL have been less decimated by VNL unavailabilites, and will get the win at home today.

DIGGERS REST will be keen to rebound after travelling to Romsey last weekend and returning without the four points, as the Redbacks got out to a flying start against them to notch a 39-28 win, and they'll be looking to do so as they welcome **BROADFORD** to Bloomdale Oval today, themselves coming off a loss to reigning premiers Riddell last weekend. The Roos will see themselves as a genuine chance to win today, although to do so, they'll need to shut down Amy Carroll in goals for Diggers. They'll be a little blessed by the unavailability of Burras' midcourter Toni Lind through VNL duties today, but most of the Burras' starting seven will be on deck for today, which should secure favoritism for them.

PREDICTION: DIGGERS REST to be too strong at home against a gallant Roos outfit

The final match of the round could be one of the most interesting as well, as **ROMSEY** face off against **LANCEFIELD** on the back of an impressive 39-28 win over Diggers Rest last weekend. With star shooter Hope Evans sunning herself in the Sunshine State, coach Lena Way stepped into the goal ring last week and helped orchestrate not just a 19 goal opening quarter that set Diggers Rest back on their heels and ensured the game would be played on Romsey's terms. Much of that was due to shooter Chelsea Ross, who netted sixteen of her seventeen opening quarter shots on goal and only missed another two goals for the day as Romsey's outstanding shooting accuracy continued once again. Way will be hoping that Evans' holiday ends ahead of today's game, as Ross will likely be missing from the game due to requirements with the ACU Sovereigns in the VNL this weekend, and whilst Lancefield will also have player availability issues due to the VNL round, they'll be rested after a bye last week and coach Alan Watson would have undoubtedly used the week to scout the Redbacks and give his girls the ammunition they need to topple the Redbacks.

PREDICTION: It all depends on whether Hope's had enough sun, as if both her and Chelsea are unavailable, it could leave the Redbacks shorthanded in goals. If Hope plays, ROMSEY win in an upset, if not, LANCEFIELD get up.

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RDFNL 2016 NETBALL ROUND 3 RESULTS



B GRADE

Broadford	3, 11, 15, 23	(23)
Riddells Creek	15, 21, 27, 36	(36)

GOALS

Broadford:

Riddells Creek:

BEST

Broadford: J Toohey, A Rothwell-Hiscock, C Mills

Riddells Creek: R Walsh, S Chisholm, E Croft

Lancefield	13, 23, 34, 49	(49)
Rockbank	2, 4, 14, 20	(20)

GOALS

Lancefield: R Scully 23, M Keogh 15, J Furness 9, A Leahy 2

Rockbank: D Tauri-Pompey 8, J Sobotnicki 6

BEST

Lancefield: R Scully, M Lyons, K Jackson

Rockbank: J Sobotnicki, A Blyth, N Rogers

Melton Centrals	4, 6, 10, 13	(13)
Macedon	10, 13, 22, 26	(26)

GOALS

Melton Centrals: B Coffey 6, L Chalwell 6, S Thompson 1

Macedon: A Marks 21, H Galloway 4, N Wilson 1

BEST

Melton Centrals: C Williams, S Thompson, A Tavener

Macedon: S Readman, T Mackie, J Dugdale-Walker

Romsey	7, 11, 14, 20	(20)
Diggers Rest	4, 11, 16, 25	(25)

GOALS

Romsey: C Brinkhuis 14, EG Mitchell 3, C Mitchell 2, F Davies 1

Diggers Rest:

BEST

Romsey:

Diggers Rest:

Woodend Heskett	36	(36)
Wallan	21	(21)

GOALS

Woodend Heskett: G Elliot 19, C Manners 17

Wallan:

BEST

Woodend Heskett: A Fearn, G Elliot, C Manners

Wallan:

Rupertswood	15, 27, 36, 48	(48)
Sunbury	6, 9, 13, 19	(19)

GOALS

Rupertswood: M Nagle 27, R Said 13, M Cliffe 8

Sunbury: T Walker 16, J Geary 2, E Engellenner 1

BEST

Rupertswood: E Freeman, G Baseggio, J Dominko

Sunbury: J Geary, E Engellenner, R Shalders

C GRADE

Broadford	2, 7, 11, 18	(18)
Riddells Creek	7, 11, 20, 23	(23)

GOALS

Broadford:

Riddells Creek:

BEST

Broadford: D Hall, K McCarthy, S Dickman

Riddells Creek: J Close, L Cason, M Trezise

Lancefield	7, 12, 17, 23	(23)
Rockbank	4, 8, 13, 17	(17)

GOALS

Lancefield: A Rowley 16, B Macpherson 7

Rockbank: C Afoa 6, C Skipper 6, E Cain 1

BEST

Lancefield: A Rowley, C Cusack, B Macpherson

Rockbank: C Skipper, E Green, C O'Neil

Melton Centrals	2, 11, 15, 17	(17)
Macedon	6, 12, 16, 20	(20)

GOALS

Melton Centrals: S Hamilton 13, M Reddish 4

Macedon: A Knight 8, A Nugent 8, A Galloway 4

BEST

Melton Centrals: K Butterworth, D O'Meara, B Thompson

Macedon: K Graham, R Holgate

Romsey	0, 1, 3, 4	(4)
Diggers Rest	11, 19, 31, 38	(38)

GOALS

Romsey: C Jobe 2, S Walters 2

Diggers Rest:

BEST

Romsey:

Diggers Rest:

Woodend Heskett	14	(14)
Wallan	20	(20)

GOALS

Woodend Heskett: S Le Nepveu 9, A Coundon 5

Wallan:

BEST

Woodend Heskett: B Duff-tytler, K Fleming, S Le Nepveu

Wallan:

Rupertswood	9, 24, 36, 46	(46)
Sunbury	0, 3, 11, 14	(14)

GOALS

Rupertswood: L Batina 19, D Scardamaglia 18, K Calvert 9

Sunbury: L Steele 10, H Edwards 4

BEST

Rupertswood: L Keane, G Hellyer, S Davies

Sunbury: J Dore, Z Sharpe, E Muir

RDFNL 2016 NETBALL ROUND 3 RESULTS



19 & UNDER

Broadford 2, 4, 5, 5 **(5)**
Riddells Creek 17, 30, 47, 61 **(61)**

GOALS

Broadford:

Riddells Creek:

BEST

Broadford: S Elliott, A Maunder, K Watt

Riddells Creek: T Bardzinski, M Steward, K Baldwin

Lancefield 8, 14, 22, 26 **(26)**
Rockbank 7, 14, 18, 22 **(22)**

GOALS

Lancefield: H Drusko 13, A Byrnes 13

Rockbank: J Sobotnicki 11, K Rush 7, J Johnson 3, J

Saltmarsh 1

BEST

Lancefield: A Byrnes, R Sinclair, E Barr

Rockbank: D Rush, C Gill, J Saltmarsh

Melton Centrals 1, 2, 4, 8 **(8)**
Macedon 11, 20, 29, 40 **(40)**

GOALS

Melton Centrals: T Talavou 4, S Camilleri 3, H Walker 1

Macedon: A Renwick 21, A Gooch 19

BEST

Melton Centrals: T Talavou, T Carroll, C Woodfield

Macedon: B Mackay, A Renwick, T Mahon

Romsey 6, 14, 22, 29 **(29)**
Diggers Rest 2, 4, 8, 14 **(14)**

GOALS

Romsey: EG Mitchell 17, C Brinkhuis 12

Diggers Rest:

BEST

Romsey:

Diggers Rest:

Woodend Hesket 35 **(35)**
Wallan 5 **(5)**

GOALS

Woodend Hesket: E Lindner 17, G Fearn 10, E James 8

Wallan:

BEST

Woodend Hesket: B Bowen, S Smith, G Fearn

Wallan:

Rupertswood 10, 27, 46, 59 **(59)**
Sunbury 2, 8, 11, 16 **(16)**

GOALS

Rupertswood: A Keating 33, H Keane 22, G Kavanagh 4

Sunbury: L Steele 12, M Kosinski 4

BEST

Rupertswood: H Keane, B Lambert, O Micallef

Sunbury: H Grandy, T Burrridge, M Kosinski



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2016 RDFNL WESTERN WATER NETBALL LADDERS

A Grade

TEAM	P	BYE	W	D	L	F	A	PTS	%
Rupertswood	3	0	3	0	0	201	78	12	257.69
Riddells Creek	3	0	3	0	0	185	79	12	234.18
Macedon	3	0	2	0	1	134	92	8	145.65
Melton Centrals	2	1	1	0	1	94	67	8	140.30
Romsey	3	0	2	0	1	136	116	8	117.24
Lancefield	2	0	1	0	1	109	80	4	136.25
Diggers Rest	3	0	1	0	2	102	119	4	85.71
Woodend Hasket	2	0	1	0	1	90	133	4	67.67
Broadford	3	0	1	0	2	78	145	4	53.79
Wallan	3	0	0	0	3	96	192	0	50.00
Sunbury	3	0	0	0	3	67	191	0	35.08
Rockbank	0	0	0	0	0	0	0	0	0.00



B Grade

TEAM	P	W	D	L	F	A	PTS	%
Rupertswood	3	3	0	0	143	50	12	286.00
Riddells Creek	3	3	0	0	122	78	12	156.41
Lancefield	3	2	0	1	126	74	8	170.27
Diggers Rest	3	2	0	1	90	76	8	118.42
Macedon	3	2	0	1	86	75	8	114.67
Melton Centrals	3	2	0	1	77	85	8	90.59
Rockbank	3	1	0	2	90	102	4	88.24
Broadford	3	1	0	2	83	107	4	77.57
Sunbury	3	1	0	2	77	105	4	73.33
Woodend Hasket	3	1	0	2	80	123	4	65.04
Romsey	3	0	0	3	67	102	0	65.69
Wallan	3	0	0	3	66	130	0	50.77



C Grade

TEAM	P	W	D	L	F	A	PTS	%
Rupertswood	3	3	0	0	143	37	12	386.49
Riddells Creek	3	3	0	0	92	46	12	200.00
Diggers Rest	3	2	0	1	90	42	8	214.29
Melton Centrals	3	2	0	1	90	43	8	209.30
Macedon	3	2	0	1	61	67	8	91.04
Lancefield	3	2	0	1	51	63	8	80.95
Woodend Hasket	3	1	0	2	51	55	4	92.73
Broadford	3	1	0	2	64	71	4	90.14
Sunbury	3	1	0	2	56	85	4	65.88
Wallan	3	1	0	2	37	117	4	31.62
Rockbank	3	0	0	3	49	77	0	63.64
Romsey	3	0	0	3	19	100	0	19.00



19 & Under

TEAM	P	W	D	L	F	A	PTS	%
Riddells Creek	3	3	0	0	166	16	12	1037.50
Woodend Hasket	3	3	0	0	101	23	12	439.13
Rupertswood	3	3	0	0	137	49	12	279.59
Macedon	3	2	0	1	101	46	8	219.57
Romsey	3	2	0	1	62	91	8	68.13
Lancefield	3	1	1	1	54	73	6	73.97
Melton Centrals	3	1	0	2	59	80	4	73.75
Sunbury	3	1	0	2	64	109	4	58.72
Wallan	3	1	0	2	38	102	4	37.25
Diggers Rest	3	0	1	2	41	102	2	40.20
Rockbank	3	0	0	3	49	93	0	52.69
Broadford	3	0	0	3	34	122	0	27.87





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Tune into 100.7 Highlands FM this weekend as Chris "Yeendy" Yeend and the team continue their award-winning RDFNL match day coverage with the big clash at Romsey Park today between two new-look sides in the Hawks and the Cats, with all of the action coming to you LIVE from 1:30pm

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BROADFORD v ROMSEY

ROMSEY



ON
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OKR (98.3FM and at Wallan 97.1FM) broadcast Broadford and Wallan home games. Join our top team, Tony, Nathan, Riley, Cath and Robin for all the action LIVE from 1:30 Saturday.

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2016 RDFNL FOOTBALL LADDERS

Melton Toyota



Melton Toyota Senior Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Diggers Rest	3	3	0	0	0	0	268	137	195.62	12
Macedon	3	3	0	0	0	0	298	199	149.75	12
Riddell	3	2	1	0	0	0	312	178	175.28	8
Lancefield	3	2	1	0	0	0	316	188	168.09	8
Wallan	3	2	1	0	0	0	250	226	110.62	8
Sunbury Kangaroos	3	2	1	0	0	0	193	195	98.97	8
Woodend-Hesket	3	1	2	0	0	0	268	206	130.10	4
Melton Centrals	3	1	2	0	0	0	311	242	128.51	4
Rupertswood	3	1	2	0	0	0	209	177	118.08	4
Romsey	3	1	2	0	0	0	130	247	52.63	4
Broadford	3	0	3	0	0	0	187	349	53.58	0
Rockbank	3	0	3	0	0	0	60	458	13.10	0

Melton Toyota

Melton Toyota

Melton Toyota

Melton Toyota

Woodgrove Shopping Centre Reserves Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Diggers Rest	3	3	0	0	0	0	427	21	2033.33	12
Sunbury Kangaroos	3	3	0	0	0	0	254	56	453.57	12
Macedon	3	3	0	0	0	0	193	63	306.35	12
Melton Centrals	3	2	1	0	0	0	226	81	279.01	8
Woodend-Hesket	3	2	1	0	0	0	296	113	261.95	8
Wallan	3	1	2	0	0	0	142	178	79.78	4
Lancefield	3	1	2	0	0	0	187	247	75.71	4
Rupertswood	3	1	2	0	0	0	130	196	66.33	4
Riddell	3	1	2	0	0	0	124	238	52.10	4
Broadford	3	1	2	0	0	0	126	261	48.28	4
Romsey	3	0	3	0	0	0	41	260	15.77	0
Rockbank	3	0	3	0	0	0	23	455	5.05	0

Melton Toyota

Melton Toyota

Melton Toyota

Melton Toyota

Melton Toyota

Buffalo Sports Under 18.5 Competition

TEAM	P	W	L	D	B	FF	For	Agst	%	W%
Rupertswood	3	3	0	0	0	0	351	51	688.24	100.00
Woodend-Hesket	2	2	0	0	0	0	244	53	460.38	100.00
Diggers Rest	2	2	0	0	0	0	167	61	273.77	100.00
Broadford	3	2	1	0	0	0	190	139	136.69	66.67
Sunbury Kangaroos	3	2	1	0	0	0	101	210	48.10	66.67
Melton Centrals	3	1	2	0	0	0	196	185	105.95	33.33
Macedon	3	1	2	0	0	0	167	191	87.43	33.33
Riddell	3	1	2	0	0	0	136	184	73.91	33.33
Wallan	3	1	2	0	0	0	160	263	60.84	33.33
Romsey	3	0	3	0	0	0	89	217	41.01	0.00
Rockbank	2	0	2	0	0	0	29	276	10.51	0.00
Lancefield	0	0	0	0	0	0	0	0	0.00	0.00

Melton Toyota

Melton Toyota

Melton Toyota

Melton Toyota