



TECHNIKA
COOKING WITH PASSION

KNIGHT LIFE

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COOKING WITH PASSION

Edition 12/16

28th April 2016

TAC CUP—ROUND 5

Date: Sunday 1st May 2016
Time: 11:00am
Versus: Tasmania
Venue: Preston City Oval
Rooms: Home Rooms
Shorts: Black Shorts
Dress: Knights Polo Shirt, Hoodie, Tracksuit Pants
Parents please note: After every game the players will have a warm down and Coaches Review period of 40 minutes
Aftermatch: 'The Grandstand' Function Room. Parents are asked to bring a plate.
Recovery: Thomastown Recreation & Aquatic Centre (TRAC), 52-54 Main St, Thomastown

Players to be at the ground no later than 9:30am.

Please report to Team Manager, Chris Paras on arrival

UPCOMING DATES

Thursday <i>28th April</i>	U/18 Training @ Preston City Oval 5:00pm U/18 Pasta Night @ Preston City Oval 7:15pm
Sunday <i>1st May</i>	TAC Cup Round 5 Northern Knights vs Tasmania @ Preston City Oval 11:00am
Monday <i>2nd May</i>	U18 Medical Screening and Review @ Preston City Oval 5:00pm
Tuesday <i>3rd April</i>	U/18 Training @ Preston City Oval 5:00pm
Thursday <i>5th April</i>	U/18 Training @ Preston City Oval 5:00pm U/18 Pasta Night @ Preston City Oval 7:15pm
Saturday <i>7th April</i>	TAC Cup Round 6 Dandenong Stingrays vs Northern Knights @ Shepley Oval 11:30am

ROUND 4 RESULTS

Geelong Falcons 23.11.149

Best Players: J.McLachlan, P.Dowling, J.Blood, T.Thompson, J.Bennett, J.Worpel
Goal kickers: P.Dowling 4, J.McLachlan 4, B.Blair 4, S.Holroyd 3, L.Noble 3, J.Bennett, M.Diamond, J.Worpel, Z.Zdybel, A.Witherden

Northern Knights 13.4.82

Best Players: L.Bunker, M.Perry, L.Wilson, P.Lipinski, N.Coffield, C.McKay
Goal kickers: P.Lipinski 3, C.McKay 3, C.Roberts 2, S.Christou 2, L.Wilson 2, M.Signorello 1

CONGRATULATIONS TO OUR U17 VIC METRO FUTURES REPRESENTATIVES

Congratulations to the following five players: **Mitch Andrews, Nick Coffield, Alex Federico, Joel Grace & Ethan Penrith** on being invited into the Vic Metro Futures Squad. We wish them the very best for the upcoming game.

TAC CUP Newsletter

TOWARDS  TAC



2016 KNIGHTS DRIVING ACTIVITY

Last Saturday as part of our partnership with the TAC, the Northern Knights participated in a 'Driving to an Away Game' activity, to Simonds Stadium, Geelong. This provides our young Learner Drivers an opportunity to gain over an hour's valuable driving experience on roads and highways in a range of weather conditions.



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TAC CUP Newsletter



FOOTY TIPPING

There is still time to enter the 2016 Northern Knights Footy Tipping Competition!

\$50 up for grabs every week for the best tipper, and a \$800 1st place grand prize for the winner!

No one picked up the weekly \$50 prize this week as 9 correct tips eluded all our competitors.

Details on how to enter the Knights Footy Tipping Competition are on our website www.knights.sportingpulse.net/

#	TIPPER	TOTAL SCORE
1	Mason Blakey	35 (134)
2	James Williams	35 (227)
3	Sam Binion	34 (120)
4	Patrick Lipinski	34 (139)
5	Matt Harman	33 (111)
6	Jack Hart	33 (112)
7	Julie	33 (125)
8	Booth	33 (125)
9	Jsteele	33 (127)
10	Mitch Andrews	33 (141)

PASTA NIGHTS & AFTERMATCHES!

Our 2016 Pasta Night Dinners held on Thursday Nights at Preston City Oval for our U/18 boys and staff, have become a huge success. A big thank you goes out to our Parents who have coordinated the night. The set-up of the tables (salads, bread and drinks) is remarkable and all present have been extremely spoilt. The fantastic support of our parents continued against Queensland where our Aftermatch was filled with food and drinks for both teams and parents to enjoy after a great contest. Once again, many thanks goes out to our terrific parents for coordinating the day.



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